Tribhuvan University Faculty of Education Office of the Dean



Revised Curriculum of M.Ed. Fourth Semester

2078 (2021)

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## **CORE COURSES**

## Ed. 545: Contemporary Educational Issues

Course Code: Ed.545	
Nature of Course: Theoretical and Practical	
Level: M. Ed.	Credit Hours: 3 (1Th +2 Pr)
Semester: Fourth	Teaching Hours:80 hrs (16 Th.+ 64 Pr.)

#### 1. Course Introduction

This course aims to provide students with opportunities to identify explore and understand issues relevantto the school education in Nepal. The course enables students to review the educational policies, research reports, and theoretical literature. This course also helps students directly link their knowledge with the current practices in the educational sector. It allows students to write and present comprehensive seminar paper based on the analysis of the selected educational issues comparing, relating, and reflecting upon the theoretical perspectives, policy provisions, and research findings.

#### 2. General Objectives

- To identify contemporary educational issues.
- To develop critical perspectives about the selected educational issues.
- To review the theoretical literature, policy documents and research reports.
- To prepare a comprehensive seminar paper.

3.	Course	Details

Part I: Conceptual Understanding of Educational Issues (8 hours)			
Specific ObjectivesContentsContent Coverage (under each content area at least th following broadquestions should be		<b>Content Coverage</b> (under each content area at least the following broadquestions should be dealt with)	
<ul> <li>To get orientedabout different issues in school education with specific reference to Nepal.</li> <li>To develop critical insight/perspecti ves on each</li> </ul>	1.1 Access, equity, inclusion, and medium of instruction	<ol> <li>How can e.g. gender, disability, caste, ethnicity, socio-economic status, geography, sexual orientation (Lesbian, Gay, Bisexual, Transgender, Queer, and Intersex) be challenges or resources in teaching learning?</li> <li>What should be the medium of instruction in earlygrades (bilingual, multilingual, English, Nepali)? Why?</li> <li>Should mother tongue be medium of instruction orsubject? Why?</li> <li>Above questions are only examples. Please enable students to raise and explore other questions/issues.</li> </ol>	

issue	1.2 Classroom	1. What kind of issues can emerge in a	
• To be able	teaching, learning,	diverse classroom? How to manage such	
toframe	assessment, and	issues in teaching learning and student	
issues.	relevance of	evaluation according to learner'sneeds?	
	curriculum	2. Is National Curriculum required? Why?	
		How much of the curriculum should be	
		national and how much should be local?	
		(Local vs. central) Why?	
		3. What is the implication of curriculum	
		localization? Why?	
		4. How curriculum development is	
		influenced by political belief system?	
		How does it affect studentlearning?	
		5. Should curriculum allow each and	
		every student to pursue her or his	
		interests and aptitude? Why? If it	
		should then how?	

	Above questions are only examples. Please		
	enable		
	students to raise and explore other		
	questions/issues.		
	1. Can education be completely free? Who		
1.3 Free and	pays for children's education? What should		
compulsory	be free in free education? (Tuition fees,		
education	books and stationeries, tiffin, uniform,).		
cutcution			
	Appropriateness of compulsory education		
	policy to ensure education for all.		
	2. Who should take responsibility of		
	implementing compulsory education		
	provision (e.g. Local government;		
	Provincial government; Federal		
	government)?		
	3. Is compulsory education policy		
	enough to bringchildren to school?		
	Why?		
	4. Up to which level should education		
	be free and compulsory?		
	Above questions are only examples.		
	Please enable students to raise and		
	explore other questions/issues.		

1.4 Modes of	Different modes of schooling include Private,	
schooling	Community, Cooperative, Open, Faith based	
Schooling		
	education institutions, etc. Some issues or	
	questions that can be explored are:	
	1. Should education be only the	
	government's responsibility or non-	
	state (Private, cooperative, religious	
	faith based) providers should also be	
	encouraged? Why?	
	2. Should curriculum (Content, pedagogy,	
	assessment, etc.) be different in different	
	modes of education? Why?	
	3. What are the issues and challenges in	
	teaching learning and curriculum in	
	Madarsa, Gurukul andGompa?	
	Above questions are only examples.	
	Please enable students to raise and	
	explore other questions/issues.	
1.5 Shadow educati	ion Shadow education refers to Private tuition	
	center/institutes	
	1. What does it mean by Shadow education?	
	2. How prevalent is shadow education in	
	Nepal?	
	3. What are its implications in public education	
	system?	
	Above questions are only examples.	
	Please enable students to raise and	
	explore other questions/issues.	
1.6 Teacher	Teacher Development refers to or	
development	includes teachermanagement, career	
	development, professional development,	
	etc.	
	1. What constitutes teacher professional	
	development?	
	2. Should teacher professional	
	development beindividual's	
	responsibility or employer's	
	responsibility? Why?	
	3. Who should be responsible for teacher	
	recruitment, transfer, promotion teachers	
	in federal system? Why?	
	Above questions are only examples.	
	Please enable students to raise and	
	explore other questions/issues.	

1.7 School governance	School governance here refers to school	
and accountability	ownership, management, community	
	participation, etc.	
	1. Who should be responsible for the	
	operation of schools in federal Nepal	
	(Local or Provincial or Federal	
	government?) Why?	
	2. What constitutes good governance	
	(Transparency, accountability,	
	participation, etc.)?	
	3. Who should be responsible for school	
	management?	
	4. Should school management inclusive of	
	gender, caste, and ethnicity? Why?	
	5. What does corruption constitute?	
	What doescorruption in education	
	mean?	
	Above questions are only examples.	
	Please enable students to raise and	
	explore other questions/issues.	
<b>1.8 ICT in education</b>	ICT in education refers to both ICT education and	
	use of ICT in education	
	1. What are the ways of teacher preparation	
	and continuous opportunity for upgrading	
	knowledge and skills in ICT?	
	2. How much is enough in terms of	
	the core ICTknowledge and skills?	
	3. What is the nature of ICT knowledge	
	and its integration in school	
	knowledge- primary or secondary	
	(Where to start? separated subject or	
	integrated?)	
	4. How to address the rapid explosion and	
	obsolescenceof ICT knowledge?	
	5. How to reduce disparity and to enhance	
	equity in ICT(issue of digital divide and	
	its' impact in children's learning and	
	education)?	
	6. What are the issues related to testing and	
	assessmentof ICT knowledge and skills?	
	and how to address them?	
	Above questions are only examples.	
	Please enable students to raise and	
	explore other questions/issues.	
<b>Teaching Learning Strategies</b>		
	fforts (8 hrs) Outcome	

<ul> <li>To orient students about theidentified areas through classroom teaching.</li> <li>To assist students identify andframe issues in a given area.</li> </ul>	<ul> <li>Attend all the classes regularly.</li> <li>Participate in classroom discussion and groupwork to understand and identify issues.</li> <li>Do practice at home and generate issues in each area.</li> </ul>	• Students will produce list of issues for further discussion and exploration in each area.
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each area.
Part II: Conceptual Understanding of the Issues as Reflected in the
Policy/Plan/Documents.(8 hrs workshop, one hour to each issue area)
Teaching Learning Strategies

Teaching Dearning Strategies			
Documents	Teacher's Inputs	Students' Efforts	Outcome
Examples Only:	support	• To explore and identify the provisions related to the issues	• Identify issue to further explore.

1.         2.         3.         4.         5.         6.         7.         8.	SchoolSectorDevelopmentProgram (SSDP),EducationPolicy2076.Equity strategy 2071NationalCurriculumFrameworkCurriculumFrameworkCurrentEducationAct& RegulationsScholarship guidelinesOpen and distanceeducationpolicyThe Prevention ofCorruptionAct,2059 (2002 A.D)Teacherprofessionaldevelopment	<ul> <li>Assist students inlocating document s</li> <li>Assist students identify theissue.</li> </ul>	<ul> <li>in different</li> <li>educational policies</li> <li>and plans in Nepal.</li> <li>To analytically review the policy and plan documents from the perspectives of the identified issues (how the selected issues are discussed and addressed in the reviewed document/s).</li> <li>To relate theoretical/conceptua l perspectives (sociological, psychological, curricular, learning management theories etc.) studied in the previous semesters with the particular</li> </ul>	<ul> <li>Identify minimum 2 policy documents for further in depthreview.</li> <li>Identify theoretical/conc eptual perspective relevant to the identify issue.</li> <li>Identify researchreports relevant to the selected issue.</li> </ul>
8.	Teacher professional		management theories etc.) studied in the	
9. 10.	guidelines The current Development Plan Inclusive education policy		order toundertake document-based study.	
11.	2017 (2073) Cooperative Act &			

Deculation			
Regulation			
12. Madarsa, Gompa			
and Gurukulrelated			
Acts and Policy			
documents.			
The above are only			
examples. Please			
identify the latest			
policydocuments in			
related to the selected			
issue.			
	vities on Educational Issues (64 hours)		
	earning Strategies		
Teacher's Inputs	Students' Efforts: Proposal Preparation (8 hrs)	Outcome	
Assist		Seminar paper	
students to		proposalin the	
prepare		given format.	
seminar	<ul> <li>To finalize the proposal (plan</li> </ul>	given format.	
paper proposal.	and strategy) in consultation		
proposal.	and approval of the department/mentor.		
<b>Teacher's Inputs</b>		Outcome	
	Preparation(40 hrs)		
• Assist	• Review at least 3 policies, plan and	• Students will	
students to	strategydocuments relevant for the	select the issue	
critically	selected issue from the list (or	for review from	
write the	beyond) provided above.	the given content	
review paper.		areas.	
• Assist students to	• Review theoretical/conceptual literature.	Students will locate	э,
discuss, compare and	Review research	collect and review	
contrast ideas/concepts	report/dissertationrelevant to	the materials related	d
and findings found in	the selected issue.	to theissues that the	ey
different types of	• Discuss analytically how all the	selected.	
literature	above documents and concept view	• Prepare and	
(Policy/plan/strategies,	or speak about the issues selected for	submita	
theory/concept and	review. Compare and contrast all	comprehensive	
findings of	three types of documents/concept	review paper.	
research/studyreports).	while analyzing them.		
Teacher's Inputs	Students 'Efforts: Seminar Paper	Outcome	
-	Preparation(80 hrs)		
• Assist students to	• Do a mini research (telephone or	Seminar paper	
develop seminar	face toface interview with 1 or 2	inthefollowing	
paperon the selected	person or observe a classroom, etc.)	format.	
issue.	<ul> <li>Develop and finalize the seminar paper</li> </ul>		
	in the given format individually under the		
	Guidance of the mentor.		
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## 4. Evaluation Criteria (Internal 40%, External 60%)

Students' learning will be evaluated based on 40% internal assessment and 60% external examination.

Evaluation criteria will be as explained below: *Internal Evaluation* 

Evaluatio	Nature	Points	Criteria (Points)	Description
(%)	Theory	15	<ul><li>a. Attendance (5)</li><li>b. Written test(10)</li></ul>	<ul> <li>a. The percentage of attendance in theory class and participation in workshop will be rewarded as: 70-80=3, 81-90=4, 91-100=5 points.Supervisor may score these points even in decimal value.</li> <li>b. Department/campus will conduct internal written test which consists 2 questions each of 5 points.</li> </ul>
Internal Assessment (40%)	Practical	25	<ul><li>a. Participation (5)</li><li>b. Review (5)</li><li>c. Seminar paper(15)</li></ul>	<ul> <li>a. Supervisor will provide 5 points on the basis of students' regularityon proposal, review work and effort in developing seminar paper.</li> <li>b. The review report will be evaluated on the basis of use of APA, review, and reflection of selected document.</li> <li>c. Seminar paper will be evaluated on the basis of technical aspect (5), analytical aspect (5), and presentation (5).</li> </ul>

#### External Evaluation

Evaluat	Nature	•	Criteria (Points)	Description
External	Theory		Written examination	Faculty of Education, Dean's Office will conduct written examination at the end of semester. The test will consist of 3 subjective questions with 1 OR question, each of 5 points and 5 objective questions each of 1 point.

		External	a.	Structure and component of the report (20 points)
		Evaluation		1. Technical aspects: Cover page, report
		andviva		uniformity, languageerror, page setting,
				margin, indentation, heading, etc. (5)
4	40			2. Content coverage and organization (5)
				3. Sufficient literature, citation and linkage with
				reference (7)
				4. APA Referencing (3)
cal			b.	Presentation (20 points)
tica				1. Ability to communicate the objectives and method
actic				(8)
Pr				2. Ability to communicate findings and

conclusion/reflection (8)	
3. APA referencing practical (4)	

Note: **Number of students per class**: The number of students for theory class will be 50 per section. For the purpose of practical classes (seminar paper writing and instruction including student guidance, supervision and other practical activities) the number of students will be 15 per group per teacher. The sections will not break up to 20 students, andthe sections will be broken when the number will cross 21. For example, if there are 80 students in the class then 80/15 = 5.33, there will be 5 sections. If there are 81 students the section will be 6.

#### References

- a. Internet search for scholarly articles on the concepts related to the content areas.
- b. Important and relevant documents/materials (e.g. visit web sites of the Ministry of Education, Science andTechnology and other agencies within the Ministry; web site of Nepal Law Commission and web site of UN agencies and I/NGOs working in education sector for additional documents/materials). All the materials may not be available in the web sites. Therefore, visiting libraries of the organizations is also necessary.
- c. National and international dissertations and other research and evaluation reports related to the issues.

#### Seminar Paper Proposal Format (Only One Page)

#### Issue Area

Write an area of issue among eight areas in the course.

#### Issue Title

Write an issue title that you generate during the workshop discussion and going to prepare seminar paper.

You read all the areas but you will select an issue from any one area of your interest and content command.

#### Objectives

Write one or two objectives of your seminar paper.

#### Method and Process

Mention exactly what you are planning to do during seminar paper writing.

#### Literature

Write the name of possible literatures that you are going to reviewed in your paper.

#### References

- d. Daily newspapers, monthly and weekly education related authentic print as well as online magazines, newspapers/portals.
- e. Any other authentic resources and sources in addition to the above. Wikipedia and other similar sources are not acceptable.

## **Five Step Guidelines for Practical Part**

Step 1: Submit your seminar paper proposal (brief) in the following format.

## Step 2: Review document and prepare report (5 points).

Under the guidance of your supervisor review selected document, research based article or research reportusing the following guideline

Guideline for policy and other relevant literature review on the issues selected

- A. Select an area of the issue: Which is already done in your seminar paper proposal
- B. **Write an issue:** More conventional in statement form but you can write either in a question form or instatement form– what you want to study/explore/analyze.
- C. **Locate and find out the document:** For literature review find latest policy documents, regulations, etc.
- D. **Study and analyze the literature:** Review research reports, research articles, journal articles, etc.
- E. **Prepare review report:** Prepare review paper using the following format
  - a. *Introduction*: What are your main aims/objectives/focus.. what are the document/literature reviewed, howreview is carried out, what else are there in the preceding sections etc (just one or two paragraph).
  - b. *Major provisions*: Write the major provisions related to the area of an issue you selected (whatactually you find in the policy and literature about your issue)
  - c. *Discussion of the findings*: Drawn from other literature (what you have understood, what is your thought, what are not stated/hidden, what alternative could be suggested etc.
  - d. *Conclusion*: What is your final thought and reflection?
  - e. *References:* Provide the list of resources in APA format that you cited in the review report.
- F. **Submit the report** with your personal details (Name, Roll No., Specialization, Section, etc.)

*Note*: Report may be of 1000 to 1500 words length.

Step 3: Prepare seminar paper under the guidance of your supervisor.

Students may use following guideline orformat for writing seminar paper

Cover Page: First page should be in the following format (Model)

## Seminar Paper Title(Seminar Paper)

## Submitted to: Department of Foundations of Education, Name of Your Campus, Address,

## for the PartialFulfillment of Contemporary Educational Issues (Ed 541)

M. Ed. Fourth Semester

## Submitted by: Name of Student Symbol No Major Subject Year

Writing Guidelines for Seminar Papers

+	Title	Your exact title (but don't write the heading 'title').	
Preliminarypart	Abstract	OMFC (1 or 2 sentences for Objectives, 1-2 sentence for Method, 2-4 sentencesFindings, 1-2 sentence Conclusion). For more information regarding abstract writing see APA guidelines. $(150 - 200 words)$ .	
Prelin	Keywords	4-6 words of great significance in your paper; can be used for indexing or search	
	Introduction	Your aims or objectives of the study (e.g. The aim of this paper is to), introduce the key theme/s that appear/s in your issue (what does it mean in yourconcern-based on your understanding and literature), debates on the issue, contextual information/data, rationale and significance, sections and headings/subheadings (what components are in your paper- structure/organization of the paper) (Maximum 500 words)	
W	Issue and Objectives	State issue topic exactly what you wrote in your proposal under 'issue' and 'objectives'. You may add one more objective if it requires.	

Method	<ul> <li>Document analysis – which documents did your review? How did you study and analyze? (e.g. skimming, focused reading, summary taking, content analysis, comparing, connecting, and contrasting ideas or policy provisions, presenting opinion/thoughts of the self, etc.) (one or two paragraph)</li> <li>Field study or empirical study – how did you collect and analyze data -where, who, when, how (one or two paragraph)</li> <li>(Maximum 300 words)</li> </ul>
Literature review	Include the document review paragraph you did earlier in the reviewpaper and add some more relevant literature in chronological order.
Findings and discussion	<ul> <li>Discuss the findings objective wise if there is more than one objective.</li> <li>Findings should be based on the theme related to the objective. Createsubtheme if it requires. Support or refute each theme or subtheme by field data, literature, theory (if any), or previous research findings.</li> <li>You may write the finding paragraph in the following structure:</li> <li>Findings and discussion related to objective 1</li> <li>Topic Sentence         It states the main idea.         It limits the topic (by means of a controlling idea).         Supporting Sentences.         It proves and developes the topic sentence. It contains examples, statistics, details, a quote, etc.     </li> </ul>
	Concluding Sentence         It signals the end of the paragraph. It leaves the reader important ideas to remember.         First topic sentence, add example, evidences and quotes (first hand data collected from the field or evidences from the literature)in between, stateconclusion.

What else in discussion? – what did they understand, what was in the policy in line with what you reviewed in the earlier section (or/and you candiscuss the findings linking with other literature) and what was found in the practice, what could be alternatives/ suggestions.
-Findings and discussion related to objective 2(same as above) (Maximum 1500 words in total)

	Conclusion	Very short essence of your findings relating with the policy or literature reviewedearlier. <b>Your final thought and reflection are</b>		
		<b>crucial</b> . Your conclusion must fulfill the intent of the objectives you formulated earlier ( <i>Maximum 500 words</i> )		
Referenæ part	References	At the end of your paper include the list of all resources in APA format that you used in citations. For citation and referencing rule, you can use any research book in third semester or the <b>American</b> <b>Psychological Association</b> (APA) writing guidelines7 <sup>th</sup> edition.		

# **Step 4:** *Submit your final seminar paper to your supervisor for internal evaluation* (15 points)

Upon completion of seminar paper student need to engage in seminar presentation. For this the college/department will form seminar organizing committee of students. The role of school/department and committee is as given below.

students. The role of school/department and committee is as given below.

## **Role of Campus/Department**

- 1. Publish the notice specifying the week of seminar presentation.
- 2. Develop the seminar presentation template (model) and different aspects to be included in it.
- 3. Form a **Seminar Organizing Committee** of students (5 to 7 members). If the number of students islarge there may by more than one organizing committee based on the students' areas of issue.
- 4. Define and specify the role of seminar organizing committee.
- 5. Perform other administrative activities as required

## **Role of Seminar Organizing Committee**

- 1. Run the meeting of seminar organizing committee
- 2. Decide the date, time, and venue of seminar paper presentation.
- 3. Manage room, hall, projector, etc. for the seminar paper presentation.
- 4. Inform and invite participants, supervisor/facilitator/mentor, and expert at the seminar presentationmentioning the objective of seminar.
- 5. Manage for registration and attendance of participants.
- 6. Prepare presentation schedule of each participants (better to provide 10-15 min to each participants).
- 7. Facilitate the presentation of the colleague; help incorporate the feedback and support for finalreport.
- 8. Collect all the presented slides, keep them separately in area wise folder, and send to the internal/department.
- 9. Provide support in slide preparation and seminar presentation if necessary.

## Role of Internal Supervisor

- 1. Support students to incorporate the feedback given by the internal expert during seminar paperpresentation.
- 2. Recommend the seminar paper written by students for external

evaluation (During external evaluation student must present the finale seminar paper with the clear date and signature of interna supervisor on the cover page).

Note: At the end of this step 4 supervisor have to accumulate internal scores obtained during the processand activities mentioned above (from Step 1 to 4) by each student (Re: out of 40 points) and submit the score to the campus/department. Submission of this score will make student eligible for written examination to be conducted by the Dean's Office, Faculty of Education, Balkhu.

## Step 5: External evaluation (40 points)

After completion of all the written examination, the Dean's Office will arrange for external evaluator with the facilitation of respective campus/department for practical part. Student should attend final viva for external evaluation. During external evaluation includes the following tasks.

- 1. Student should submit all the checked/corrected versions of literature review, seminar paper and theslides presented internally to the external evaluator.
- 2. External Evaluator must read students' reports and the corrected versions of their literature review, seminar paper and the slides presented internally.
- 3. Students will sit for external viva where external evaluator will evaluate both the oral presentation and reports.

Ed. 542: Teaching Practice	Nature of course: Practical
Course No: Ed. 542	Credit Hours: 3
Level: M.Ed.	Duration: 3 weeks on-campus practice,
Semester: Fourth	4 weeks in school/campus practice and 1
	week for report preparation

## 1. Course Description

This course is designed to provide hands-on experiences to the students in the area of their profession for enabling them to be better teachers/professionals. It creates enabling conditions to the students for bringing professionalism through rigorous practice. The students will gain professional experiences in their own campus and in cooperating schools or campuses under the close supervision of faculty members of concerned campus/college. In this course, students undertake six major activities in sequential phases: i. orientation of practice teaching; ii. development of observation guidelines and observation of teaching of school/campus teachers; iii. experience sharing among the students; iv. oncampus micro-teaching; v. teaching at school/campus; and vi. preparation of overall report.

## 2. General Objectives

The general objectives of this course are as follows:

- To enable the students to get insight into the overarching aims and phases of teaching practice programme
- To provide adequate learning experiences to the students for making them competent in preparing effective lesson plans with appropriate teaching techniques and teaching aids according to the content to be taught
- To provide practical experiences for observation of teaching of teachers to capture their good practices
- To enable the students to construct, administer, analyze and interpret appropriate tests according to the contents to assess the effectiveness of their own teaching
- To provide the students an appropriate platform for sharing and learning different aspects of teaching practice with the school/campus subject teachers and their own peers
- To make them familiar with challenges and issues of teaching practice programme and ways to address them
- To develop skills of report preparation of teaching practice programme

Specific Objectives	Major Activities
<ul> <li>Elaborate on the activities to be carried out in different phases of teaching practice programme</li> <li>State the requirements to be fulfilled to complete the teaching practice</li> </ul>	<ul> <li>Phase I: Orientation of Practice Teaching 2 days</li> <li>1.1 Introduction to the phases of teaching practice programme</li> <li>1.2 Requirements to be fulfilled</li> </ul>
<ul> <li>Prepare observation guidelines for collecting information during observation of teaching by school/campus teachers</li> <li>Collect pertinent information during observation of teaching</li> <li>Analyse them to find out good practices that can be shared among the peers</li> </ul>	<ul> <li>Phase II: Observation of Teaching of School/Campus Teachers <ol> <li>week</li> </ol> </li> <li>Preparation of observation guidelines for observing the teaching of concerned subject teachers</li> <li>Observation of teaching of effective teachers</li> <li>Analysis of information collected during observation of teaching</li> <li>Identification of good practices</li> </ul>

#### 3. Specific objectives and Major activities

Drange observation report	Phase III: Experience Sharing
Prepare observation report	4 days
• Present the report to share the	3.1 Brief report preparation of observation of teaching
findings of the observation	3.2 Presentation of reports for sharing experiences
Prepare good lesson plans with	Phase IV: On-Campus Micro-teaching 1
teaching aids	week
<ul> <li>Prepare power point presentation</li> </ul>	4.1 Preparation of at least five lessons using different
	teaching methods
of lesson plans to show it in the	4.2 Preparation of teaching aids
classroom	4.3 Preparation of power point presentation of lessons
	4.4 Micro-teaching practice
• Demonstrate how teaching can be	Phase V: Teaching at Schools/Campuses/Colleges 4
made competency-based	weeks
• Observe and record the teaching of	
their peers	4.1 Teaching (30 lessons)
• Analyse the teaching of peers and	4.1.1 Teaching related subjects in cooperating school/college
find the difference between their	4.1.2 Observation of teaching of students by
observation and that of campus	campus supervisor and concerned teacher
supervisor	4.1.3 Conference with the student-teacher for
-	feedback
• Find good practices of teaching	4.2 Peer Observation (5 lessons)
demonstrated by their peers and	4.2.1 Observation of teaching by peers with
adopt and adapt according to their	campus supervisor
needs	4.2.2 Analysis of teaching by peers and campus
• Prepare tests, and administer and	supervisor and feedback to student teacher
analyze them	and peers
	4.2.3 Identification of good practices
	4.3 Tests
	4.3.1 Test construction of both subjective as well
	as objective test item on the basis of the
	lessons taught 4.3.2 Administration of test (any one type:
	subjective or objective)
	4.3.3 Analysis and interpretation of test results
Prepare overall report of teaching	Phase VI: Preparation of Overall Report
practice including all the	These the reparation of Oreran Report
	1 week
components as mentioned in Unit	
5 in the next column	5.1 Preparation of overall report of teaching practice in
	a given format
	Title page
	Acknowledgments
	Acronyms and Abbreviations
	Table of Contents
	Part I: On-campus activities
	Background
	Preparation of instruments for class observation
	Analysis of observation
	Brief report including lesson learnt
	Part II: Activities in School/Campus/College
	Analysis of teaching activities carried out
	in school/campus

Analysis of peer observation Assessment of teaching Lessons learnt Part III: Test Construction, Administration and
Analysis and Interpretation of Test Results References if any Appendices

## 4. Guidelines for Conducting Major Activities

Phase I: Orientation of Teaching Practice (3 days)

- Phases of teaching practice programme
  - Conduct a workshop for those campus tutors/supervisors who will be involved in teaching practice and it will be facilitated by experts from Faculty of Education and/or chairperson of practice teaching instruction committee of respective campus
  - Conduct subject-wise orientation of the students by the subject-wise campus supervisors/tutors on different phases of teaching practice
- Requirements to be fulfilled by the student-teachers (Daily attendance is compulsory during teaching practice period)
  - On-campus activities
     Preparation of guidelines for observing the teaching
     Micro-teaching practices with the support of campus mentor
     Campus level experience sharing
  - Activities to be carried at cooperating schools/campuses
     Preparation of at least 30 lesson plans using variety of instructional techniques
     Preparation of teaching aids
     Teaching of at least 30 lessons
     Observation of at least five lessons of peers' teaching and prepare its report;
     Prepare subjective as well as objectives tests
     Administer the tests
     Analyse and interpret the test results
     Preparation of full report of teaching practice including all the activities conducted in the school/campus during teaching practice period.
  - Student-teachers should be regarded as unpaid full-time members of the staff of the school/campus and are required to be free of all other commitments during the school/campus day (usually 10:00 4:00), and are expected to make themselves available for a limited amount of extra-curricular responsibility when requested to do so.

Phase II: Observation of Teaching of School or Campus Teachers (1 week)

- Students will prepare individually or in groups the guidelines for observing the teaching of school or campus teachers with the support of concerned subject campus supervisor/tutor
- Single students or students will observe the teaching of school or campus teachers and will make a report of each teaching
- Students make a list of skills or teaching competencies that can be learnt from the observation of the teaching

Phase III: Experience Sharing (4 days)

- Students will prepare a brief report from the observation of teaching of school/campus teachers focusing on the lesson learnt which will be useful for improving their teaching
- Students will present for sharing their experiences which they utilize for improving their teaching competencies

- Let the students include those skills or competencies identified in the teaching of school/campus teachers in their micro-teaching lessons
- Teach those lessons to develop teaching skills using the micro-teaching cycle

Phase V: Teaching at Schools/Campuses (5 weeks)

- Prepare lessons using different instructional techniques with the support of campus supervisor
- Improve the lessons through continual repetitions with the suggestions of campus supervisor and concerned subject teacher
- Teach in related classes
- Observe the lessons of the peers in the presence of campus supervisor, analyze the results and provide knowledge of results to both students
- Develop subjective and objective tests
- Administer the tests (any one type)
- Analyse and interpret the test results

Phase VI: Preparation of Overall Report (1 week)

• Students will prepare overall report.

## 5. Evaluation of Teaching Practice

Headings	Internal	Concerned teacher of	External
Treatings			
	Supervis	cooperating school or	Examinatio
	or (50%)	campus (10%)	n
			(40%)
Observation report of teaching of	10		5
school/campus teachers			
Lesson plan and teaching aids	5	5	5
Micro-teaching practice	5		-
Teaching performance in	15	5	15
school/campus			
Peer observation and its report	5		5
Test construction, administration,	5		5
analysis and interpretation			
Overall report of teaching practice	5		5

Distribution of marks (Full Marks: 100)

## 6. Recommended Books and Reference Materials

- American Psychological Association.(2009). *Publication manual of American Psychological Association*. (6<sup>th</sup> ed.). Washington DC: APA.
- Baharain Teachers College. (2008). Teaching practice: Student teacher handbook. Baharain: Baharain University

http://www.btc.uob.edu.bh/UltimateEditorInclude/UserFiles/StuTeach%20TP1.pdf (Retrieved 8/23/2015)

Cohen, L., Menion, L., & Morrison, K.,(2010). *Teaching practice*. India: Routledge.

School of Education. (2013). Teaching practice handbook. Cape Town: University of Cape Town

Faculty of Education. (2014). *Teaching practice handbook*. Hongkong: The University of Hongkong. <u>http://web.edu.hku.hk/community/school-university-partnerships/teaching-practice/teaching-practice/teaching-practice-handbook</u> (Retrieved 8/23/2015)

Ed. PM. 542: Practicum in Education Planning and Management	Nature of the course: Practical
Course No.: Ed. PM. 542	Credit hours: 3
Level: M.Ed. Di	aration: 8 weeks
Semester: Fourth	

#### 1. Course Description

Practicum is an integral part of M.Ed. in Educational Planning and Management through which the students are expected to gain insight into planning, managing and leading higher secondary schools/campuses with teaching competencies gained in teaching subjects in real classrooms. Considering this perspective, this course is designed with three major components: First component deals with the observation and study of educational planning, management and leadership practices of head teacher or principal as interns in the cooperating schools/campuses. The second component engages the students in teaching practice using new teaching approaches. In the third component, students organize in-school seminar as opportunity for work-based learning.

## 2. General Objectives

The course is designed to accomplish the following general objectives:

- To develop students with abilities to analyze the activities of higher secondary school/campus managers/leaders applying theories of educational planning, management and leadership.
- To provide opportunities to students to work as interns for gaining hands-on experiences in planning and managerial activities.
- To expose students to leadership roles to be played by higher secondary school/campus head teachers/principals in the development of their own institution.
- To enable the students to prepare in-depth case study in one of the areas of higher secondary school/campus in relation to planning, managerial and leadership practices
- To provide the students with an opportunity to gain hands-on experience of real teaching at cooperating higher secondary school/campus
- To enable the students to share and learn different dimensions of teaching practice with the teachers of cooperating higher secondary school/campus and their own peers.
- To give students practical experience in conducting seminar on current issues of the institution they are associated with.

**Component I** · Internshin

## 3. Specific Objectives and Activities

• Examine teacher management and	1.3.4 Benefits to teachers during and after service
development activities being	1.4 Leading practices
practiced in cooperating	1.4.1 Motivating teachers
school/campus	1.4.2 Leadership styles and practices of head
• Assess leading practices of	teacher/principal
cooperating school/campus on the	1.5 Monitoring and evaluation
basis of their motivation and	1.5.1 Monitoring system and feedback
leadership styles	1.5.2 Evaluation of school
• Explain monitoring and evaluation	1.5.3 Performance evaluation of teachers
practices of cooperating	1.6 Preparation of in-depth case study in any one
school/campus	areas of planning, managerial and leadership
• Prepare an in-depth case study	practices of cooperating higher secondary
<ul> <li>Prepare internship report</li> </ul>	school/campus
riepaie mornismp report	1.7 Preparation of internship report

## **Component 2: Teaching Practice**

Specific Objectives Activities		
<ul> <li>Specific Objectives</li> <li>Prepare observation guidelines for collecting information during observation of teaching by school/campus teachers</li> <li>Collect pertinent information during observation of teaching</li> <li>Analyze them to find out good practices that can be shared among the peers</li> <li>Prepare good lesson plans for micro-teaching with teaching aids</li> <li>Prepare good lesson plans for teaching at school/campus using appropriate instructional techniques with teaching aids</li> <li>Observe and record the teaching of their peers</li> <li>Analyze the teaching of peers and find the difference between their observation and that of campus supervisor</li> </ul>	Activities         2.       Teaching Practice Activities       (4 weeks)         2.1       Experience as a learner         2.1.1       Preparation of observation guidelines for observing the teaching of teachers         2.1.2       Observation of teaching of effective teachers of cooperating schools/campuses         2.1.3       Analysis of information collected during observation of teaching         2.1.4       Identification of good practices and lessons learnt         2.1.5       Experience sharing of brief observation report of teaching at their own campus         2.2       Experience as a teacher in micro-teaching practice using lessons learnt during observation         2.2.1       Planning micro-lessons for developing specific skills         2.2.2       Teaching using micro-lessons         2.2.3       Post micro-teaching consultation         2.3       Experience as a full-teacher at cooperating higher secondary school/campus         2.3.1       Preparation of full lessons in consultation with campus supervisor	
<ul> <li>teaching at school/campus using appropriate instructional techniques with teaching aids</li> <li>Observe and record the teaching of their peers</li> <li>Analyze the teaching of peers and find the difference between their observation and that of campus</li> </ul>	<ul> <li>2.2 Experience as a teacher in micro-teaching practice using lessons learnt during observation</li> <li>2.2.1 Planning micro-lessons for developing specific skills</li> <li>2.2.2 Teaching using micro-lessons</li> <li>2.2.3 Post micro-teaching consultation</li> <li>2.3 Experience as a full-teacher at cooperating higher secondary school/campus</li> <li>2.3.1 Preparation of full lessons in consultation</li> </ul>	

Specific Objectives	Activities
Organize seminar	3. Organizing seminar (1 week)
• Prepare seminar report	3.1 Campus level experience sharing program to share
	their experiences gained through observation of
	teaching of teachers of higher secondary
	school/campus
	3.2 Seminar at cooperating higher secondary school/
	campus in which each student will present the
	seminar paper in a synoptic way.

## **Component 3: Organizing Seminar**

## 4. Guidelines for Conducting Major Activities

- 4.1 Orientation of Practicum
  - Conduct a workshop for those campus tutors/supervisors who will be involved in practicum and it will be facilitated by experts from Faculty of Education and/or Chairperson of practice teaching instruction committee of respective campus
  - Conduct orientation of EPM students by EPM campus supervisors addressing three components
- 4.2 Requirements to be fulfilled by the student-teachers (Daily attendance is compulsory during practicum period)
  - On-campus activities
    - Participation in orientation program
    - Preparation of operation plan for conducting internship at cooperating higher secondary school/campus
    - Preparation of guidelines for observing teaching
    - Micro-teaching practices with the support of campus supervisor: Let the students include those skills or competencies identified in the teaching of school/campus teachers in their micro-teaching lessons.
      - Teach those lessons to develop teaching skills using the micro-teaching cycle
    - Campus level experience sharing: Students will share their experiences which they will utilize for improving their teaching competencies

For this, students will prepare a brief report from the observation of teaching of school/campus teachers focusing on the lesson learnt which will be useful for improving their teaching

- Activities to be carried at cooperating higher secondary schools/campuses
  - Observation of teaching of school or campus teachers
  - Study of managerial activities and leadership roles of head teacher/principal of cooperating school/campus
  - Preparation of at least 10 lesson plans using variety of instructional techniques
  - Preparation of teaching aids
  - Teaching of at least 10 lessons (Prepare lessons using different instructional techniques with the support of campus supervisor)
     Improve the lessons through continual repetitions with the suggestions of campus supervisor and concerned subject teacher
    - Teach in related classes
- Observation of at least five lessons of peers' teaching and preparation of its report after analyzing the results with feedback
- Preparation of a report of in-depth case study
- Organizing seminar at cooperating higher secondary school/campus or their own campus
- Report preparation along with the record of all the activities conducted during practicum period

- 4.3 Student-teachers should be regarded as unpaid full-time teachers of the school/campus and are required to be free from all other commitments during the school/campus day (usually 10:00 - 4:00); they are also expected to make themselves available for extracurricular responsibility when requested to do so.
- 4.4 Prepare a comprehensive practicum report including internship, teaching practice and seminar reports and submit it to the concerned department (Dept of EPM) for evaluation.

## 5. Evaluation of Practicum

	Distribution of mar	ks (Full Mark	s: 100)	1
Iain Components	Headings	Internal	Concerned teacher of	External
		Supervisor	cooperating school or	Examination
		(50%)	campus (10%)	(40%)
Internship	Internship report	10	5	10
	In-depth case study report	10	-	5
<b>Feaching Practice</b>	Lesson plan and teaching aids	5	-	5
	Micro-teaching practice(with	5	-	-
	lessons)			
	Teaching performance in	5	5	5
	school/campus			
	Peer observation and its report	5	-	5
rganizing Seminar	Seminar	10	-	10
	Total	50	10	40

## 6. Recommended Books and Reference Materials

American Psychological Association.(2009). Publication manual of American Psychological Association. (6<sup>th</sup> ed.). Washington DC: APA.

Baharain Teachers College. (2008). Teaching practice: Student teacher handbook. Baharain: Baharain University

http://www.btc.uob.edu.bh/UltimateEditorInclude/UserFiles/StuTeach%20TP1.pdf (Retrieved 8/23/2015)

Cohen, L., Menion, L., & Morrioson, K., (2010). Teaching practice. India: Routledge.

School of Education. (2013). Teaching practice handbook. Cape Town: University of Cape Town Faculty of Education. (2014). *Teaching practice handbook*. Hongkong: The University of Hongkong.

http://web.edu.hku.hk/community/school-university-partnerships/teaching-practice/teachingpractice-handbook (Retrieved 8/23/2015)

Nature of the course: Practical Credit hours: 3 Duration: 8 weeks

## 1. Course Description

This course is designed to equip students for becoming good teachers and practitioners of Special Needs/Inclusive Education by enabling them to develop teaching competencies while teaching children with special needs in real classrooms and at the same time helping them to develop skills related to management of special schools and integrated schools. The course has three major parts. First part deals with involvement of the students in micro-teaching and teaching school subjects in special schools and integrated schools. Second part is related to exposure visit of students to organizations serving children with special needs and lessons learnt from it. In the third part, students' engagement in the study of institutional practices in special school and integrated schools will be focused. In this course, active participation of students will be ensured through experiential and work-oriented learning exercises.

#### 2. General Objectives

The course is designed to accomplish the following general objectives:

- To provide the students with an opportunity to have hands-on experience of real teaching at special school or integrated school after gaining prerequisite knowledge and skills by observing teaching of teachers in special school or integrated school and teaching micro-teaching lessons
- To expose the students to the activities of organizations serving children with special needs
- To prepare students with abilities to analyze. share and learn different dimensions of teaching practice at special school or integrated school
- To provide opportunities to students to work as interns for gaining practical experiences on management of teachers, students and instructional facilities in special schools and integrated schools
- To enable the students to prepare in-depth case study in one of the critical areas of special school/integrated school

**Part I: Teaching Practice** 

Furth. Feaching Fractice		
Specific Objectives	Teaching Practice Activities (5 weeks)	
• Prepare observation guidelines for collecting information from	<ol> <li>Experience as a Learner</li> <li>1.1 Preparation of observation guidelines for</li> </ol>	
<ul> <li>concerning information from teaching of teachers of special schools and integrated schools</li> <li>Collect pertinent information during observation of teaching</li> <li>Prepare a brief report of collected information to find out good practices and sharing it among the peers</li> <li>Prepare good lesson plans for</li> </ul>	<ul> <li>observing the teaching of teachers who are teaching the children with visual impairment, hearing impairment, intellectual disability and physical disabilities in a special school or an integrated schools or a school with resource class</li> <li>1.2 Observation of teaching of effective teachers of special school/integrated school/campus/ school with resource class at least one from</li> </ul>	
micro-teaching with teaching aids	each area of special needs mentioned in 1.1	

#### 3. Specific Objectives and Activities

<ul> <li>Conduct micro-teaching practice in their campuses following micro-teaching cycle</li> <li>Prepare good lesson plans for teaching using appropriate instructional techniques with teaching aids</li> <li>Observe and record the teaching of their peers</li> <li>Analyse the teaching of peers and find the difference between their observation and that of campus supervisor</li> <li>Find good practices of teaching demonstrated by their peers and provide feedback to them</li> <li>Construct and administer a test which is applicable to students with special needs</li> <li>Analyze the test results and provide feedback to students</li> <li>Prepare report of teaching practice</li> </ul>	<ol> <li>Analysis of information collected from observation of teaching</li> <li>I.4 Identification of good practices and lesson learnt</li> <li>Experience sharing of brief observation report of teaching at their own campus</li> <li>Experience as a Teacher in Micro-teaching Practice Using Lessons Learnt during Observation</li> <li>Planning micro-lessons for developing specific skills focusing on simulation and role play</li> <li>Z Teaching micro-lessons following micro- teaching cycle</li> <li>Experience as a full-teacher at special school/ integrated school/campus/school with resource class</li> <li>Preparation of full lessons at least four lessons from each area of disability mentioned in 1.1 in consultation with campus supervisor</li> <li>Preparation of instructional aids</li> <li>Teaching at assigned schools along with observation of their peers in most of the lessons</li> <li>Feedback of the campus supervisor and feedback in selected lessons and with observation and re-teaching</li> <li>Construction, administration and analysis of test results</li> <li>Construction and administration of a test including subjective and objective items applicable to children with special needs</li> <li>Analysis and interpretation of test results</li> <li>Analysis and interpretation of test results</li> </ol>
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## **Part II: Observation of Organizations Serving Children with Special Needs** (1 week)

Specific Objectives	Activities
• Prepare guidelines for observing	1. Preparation of observation guidelines
organization serving children with	2. Observation of one of the following organization
special needs	Autism Care Centre or Celebral Palsy Centre or
• Prepare observation report based on	Down Syndrome Society or any other organization
observation data	with school for children with special needs

• Share observation report along with	3.	Preparation of observation report along with lesson
lesson learnt from observation of		learnt
organization serving children with	4.	Sharing of observation report among the peers,
special needs		internal supervisor and campus teachers

Specific Objectives	Management of Special Schools and Integrated Schools (2 weeks)
<ul> <li>Specific Objectives</li> <li>Examine teacher management and development activities being practiced in special schools and integrated schools</li> <li>Point out problems and issues in teacher management and development in special schools and integrated schools</li> <li>Assess the ways of managing instructional facilities at special schools and integrated schools</li> <li>Explain the ways of managing residential facilities, scholarships and health and nutrition of students in special schools and integrated schools</li> <li>Prepare an in-depth case study report</li> <li>Prepare internship report</li> </ul>	Schools (2 weeks)         1.8 Teacher management and development in special schools and integrated schools         1.1 Teacher selection practices         1.2 Teacher development practices         1.3 Problems and issues in teacher management and development         1.9 Ways of managing instructional facilities at special schools and integrated schools         2.1 Classroom management in special schools and integrated schools         2.2 Equipment and resources in special schools and integrated schools         1.10Managing students in special schools and integrated schools         4. Residential facilities         5. Scholarships to the students         6. Health and nutrition         • Preparation of in-depth case study report in any one critical area of special school/integrated school         1. Source of information:         1. Interview with individual student
	<ul> <li>3. Resource teacher</li> <li>4. A micro-level community survey</li> <li>Preparation of internship report</li> </ul>

## **Part III: Institutional Practices at Cooperating Schools**

Note: The figures within parenthesis indicate approximate teaching hours allocated to respective units.

## 4. Guidelines for Conducting Major Activities

## 4.1 Orientation of Practicum

- Conduct a workshop for those campus tutors/supervisors who will be involved in practicum and it will be facilitated by experts from Faculty of Education and/or chairperson of practice teaching instruction committee of respective campus
- Conduct orientation of practicum for students by campus supervisors addressing three parts of the course
- 4.2 Requirements to be fulfilled by the student-teachers (Daily attendance is compulsory during practicum period)

- On-campus activities
  - Participation in orientation programme
  - Preparation of guidelines for observing the teaching
  - Campus level experience sharing: Students will share their experiences which they can utilize for improving their teaching competencies (For this, students will prepare a brief report from the observation of teaching of school/campus teachers focusing on the lesson learnt which will be useful for improving their teaching)
  - Micro-teaching practices with the support of campus supervisor: Let the students include those skills or competencies identified in the teaching of teachers of special schools and integrated schools in their micro-teaching lessons.

Teach at least 10 lessons to develop teaching skills using the micro-teaching cycle

- Preparation of guidelines for observing the organization serving children with special needs
- Campus level sharing of observation report
- Activities to be carried at an organization serving for children with special needs
  - Observation of organization using the guidelines
  - Collection of data/information through guidelines and informal discussion with concerned officials
- Activities to be carried at special school/integrated school/school resource class
  - Observation of teaching of school or campus teachers
  - Study of management of special schools and integrated schools
  - Preparation of at least 20 lesson plans using variety of instructional techniques
  - Preparation of teaching aids
  - Teaching of at least 20 lessons (Prepare lessons using different instructional techniques with the support of campus supervisor
    - Improve the lessons through continual repetitions with the suggestions of campus supervisor and concerned subject teacher
- Observation of at least five lessons of peers' teaching and prepare its report after analyzing the results and provide knowledge of results to both students
- Preparation of a report of in-depth case study
- Report preparation along with the record of all the activities conducted during practicum period
- 4.3 Student-teachers should be regarded as unpaid full-time teachers of the school/campus and are required to be free from all other commitments during the school/campus day (usually 10:00 4:00), and are expected to make themselves available for extra-curricular responsibility when requested to do so.
- 4.4 Prepare a comprehensive practicum report including teaching practice, observation of organization serving children with special needs, institutional practices in special school/integrated school and submit it to concerned department for evaluation

## 5 Evaluation of Practicum

	Distribution of Point	is (Total Poin	ls: 100)	
Main Parts	Headings	Internal	Concerned	External
		Supervisor	Teacher of	Examination
		(50%)	Cooperating	(40%)
			School or Campus	
			(10%)	
Teaching	Experience as a learner	5	-	5 (Based on
Practice				report)

## Distribution of Points (Total Points: 100)

	<ul> <li>Observation report</li> </ul>			
	<ul> <li>Sharing of experiences</li> </ul>			
	Experience as a teacher in	10	-	-
	Micro-teaching practice			
	• Lesson plan			
	<ul> <li>Micro-teaching practice</li> </ul>			
	Experience as a full-teacher at special schools and integrated school/campus • Lesson plan	15	10	15
	<ul> <li>Teaching aids</li> </ul>			
	• Classroom performance			
	• Report on feedback to			
	peers			
	• Test construction,			
	administration and analysis			
	of test results			
Observation		5	-	5
of	<ul> <li>Observation report</li> </ul>			
organization	• Presentation of report			
serving children				
with special				
needs				
Internship	Internship report	10	-	10
1	In-depth case study report	5	-	5
	Total	50	10	40

Note: Students' performance in all headings mentioned in above table should be evaluated addressing practical activities as well as their respective report. Detailed evaluation forms will be developed for evaluating the performance of the students in three different parts.

## 6 Recommended Books and Reference Materials

- American Psychological Association. (2009). *Publication manual of American Psychological Association*. (6<sup>th</sup> ed.). Washington DC: APA.
- Baharain Teachers College. (2008). Teaching practice: Student teacher handbook. Baharain: Baharain University

http://www.btc.uob.edu.bh/UltimateEditorInclude/UserFiles/StuTeach%20TP1.pdf (Retrieved 8/23/2015)

Cohen, L., Menion, L., & Morrison, K. (2010). *Teaching practice*. India: Routledge.

Department of Education. (2008-2009). *Special Education Practicum Handbook*. Staten Island: College of Staten Island/CUNY.

http://csivc.csi.cuny.edu/education/files/pdf/edp630\_practium\_handbook.pdf

- Faculty of Education. (2014). *Teaching practice handbook*. Hongkong: The University of Hongkong. <u>http://web.edu.hku.hk/community/school-university-partnerships/teaching-practice/teaching-practice/teaching-practice-handbook</u> (Retrieved 8/23/2015)
- School of Education. (2013). *Teaching practice handbook*. Cape Town: University of Cape Town

The Open University (Posted in 27th August 2015). *Learning to teach: Becoming a reflective practitioner*. <u>http://www.open.edu/openlearn/education/learning-teach-becoming-reflective-practitioner/content-section-2.1</u>

Ed. 544: Thesis Writing	Nature of course: Practical (Specialization)	
Course No: Ed. 544	Credit Hours: 6 (Course work Proposal 3,	
Level: M.Ed.	Thesis writing 3)	
Semester: Fourth	Teaching hours: 48 (For Part A)	
Duration: Part A: Course work (Ess	sentials of thesis/academic writing and	
proposal development and duration: 3 months		
Part B: Thesis Writing and duration: 3 months		

**1. Course Description:** This is a *specialization course* for master's degree students that aim to provide them with both theoretical knowledge and hands-on experience for conducting original research. Accomplishing this work, each student will produce a thesis on some novel issues of their specialization, which will contribute to their fields of knowledge.

This course is divided into two parts: Part A. Course work (Essentials of thesis writing and proposal development): Credit -3, Credit hours: 48, and duration: 3 months)

Part B. Thesis: 3 Credit (expected duration: 3 months)

## Part A. Course work (with proposal development)

The first part is a taught course, an integral part of thesis writing course. It is also considered as a part of specialization course, which will be delivered by the subject teacher(s) assigned by the concerned department and/or campus. Generally, for each group or section of the students, one or more teachers who have sound knowledge and skills for doing research will be assigned to this work. This course focuses on writing and research skills required for successful completion of thesis writing course. During course work, teachers will facilitate students to develop proposal, prepare data collection tools and write thesis. The workload can be divided between the teachers accordingly, if two or more teachers are assigned for facilitating one group of students (generally one section).

## 2. General Objectives:

The primary objective of the coursework is to equip students with the essential knowledge and abilities to compose each part of the proposal. To achieve this, objective both learning and writing will occur concurrently. During the writing of each section, students will create their own illustrative examples and generate the necessary written components, which they will subsequently integrate into their proposal.

## 3. Specific Objectives and Contents

Specific Objectives	<b>Contents</b> (Total 48 hrs time duration allocated under	
	time management schedule)	
• Develop basic ideas and	Essential of Thesis/Academic Writing	
skills for writing thesis	1. Ways to improve academic writing.	
including developing paragraph, avoiding	2. Paragraph structure (topic sentence, supporting sentences, concluding and transition sentence)	
plagiarism and using	3. Exercise for paragraph writing	
academic vocabularies and	4. Exercise for paraphrasing and avoid plagiarism	
language		
• Develop the skills of writing	Getting ideas for Writing a Research Proposal	
a research proposal and be	• Selecting research area and topic	
able to write introduction	• Search and relevant literature, find	
section of a research	problem,	
proposal.	• Dissect and analyse research problem,	

<ul> <li>Raise Research questions and</li> <li>Formulate research objectives.</li> <li>1. Write background/context of the study</li> <li>2. Write statement of the research problem</li> <li>3. Write and refine research objectives and research questions</li> <li>4. Write significance of the study</li> <li>5. Write Delimitation of the study</li> </ul>
<ul> <li>Writing Review of Literature</li> <li>Review of conceptual, theoretical and empirical literature</li> <li>Ways for writing review of literature</li> <li>Exercise for writing review of literature in class</li> <li>Exercise for developing and writing conceptual framework</li> </ul>
Writing research methodology Choosing appropriate research methods and procedures Write about research approach and design Identifying study areas/sites and population/participants Exercise for writing about study population/research participants Exercise for write about sampling frame and sampling design for quantitative study Developing and writing criteria for selecting informants/research participants in qualitative study Choosing data collections methods and tools Exercise for preparing data collection tools based on research objectives and research questions Writing data collection and analysis procedures Writing ethical procedure
<ul> <li>Preparing complete proposal for thesis writing based on following format.</li> <li>Preliminary Part</li> <li>Cover page with the title, details of the researcher, the level for which it is written, and the department/campus.</li> <li>Table of Contents</li> <li>Acronyms/Abbreviations</li> </ul> Chapter I: Introduction <ol> <li>Background of the Study</li> <li>Statement of the Problem</li> <li>Objectives of the Study</li> <li>Research Question/s (if necessary)</li> <li>Significance of the study</li> <li>Delimitations of the Study</li> </ol>

Chapter II: Review of related literature and	
conceptual framework	
1. Review of Related Literature	
1.1.Theoretical	
1.2.Empirical	
2. Conceptual Framework	
Chapter III: Methods And Procedures	
3.1 Research design (qualitative, quantitative and	
mixed design)	
3.2 Population and sample	
3.3 Sampling strategy and procedures	
3.3 Research tools	
3.4 Sources of data (primary and secondary)	
3.5 Data collection procedures	
3.6 Data analysis procedures	
3.7 Ethical considerations	
Reference Refences (APA	
format)	
Appendices (Questionnaire, Interview	
questions or any other relevant tools etc.)	

## Time management and schedule:

The department will make a routine for this coursework in the following way:

- Each class will last for 2 hours, and there will be two classes in a week.
- In this way, the course and proposal development tasks will be completed in 48 contact hours in 12 weeks (3 months).

## Organization of learning activities and teacher's facilitation:

The learning activities and tasks will be divided according to the following weekly activities:

#### Academic writing

## Week 1.1. General structure of a chapter section and ways for improving academic writing

This week, students will become familiar with how to structure a section with appropriate paragraphs and sentences. The teacher will provide some relevant examples of a section of writing (e.g. introduction) with paragraphs and suggest students practicing to write a few paragraphs accordingly. Generally, each section of writing comprises of a number of embedded ideas, and for each idea, the students make at least one paragraph. The sentences in paragraphs should be simple, meaningful and formal without jargon.

There are several strategies and ways to improve academic writing skills. Teacher will discuss about essential of academic writing and discuss on writing style and ways for improving writing focusing on following tips with examples:

- Read actively, widely and extensively,
- Paraphrase and summarize after reading,
- Plan and organize writing,
- Practice writing with contents and arguments,
- Write formally and with clarity and consistence,

- Write precisely, concisely and coherently,
- Use academic vocabulary and use of academic language,
- Avoid informal vocabulary/colloquialism and spoken language,
- Avoid contractions (aren't, don't..)
- Avoid repetition (use different sentence structures),
- Write with source/evidence,
- Avoid plagiarism,
- Take care of grammar and punctuation,
- Follow writing process: getting ideas, reading and note-taking, pre-writing/free writing, make outline/skeleton, writing draft, revising, editing and finalizing;
- Get feedback from teachers and others/experts

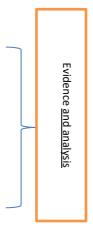
## Paragraph structure and paragraph writing

A paragraph should consist of a topic sentence or thesis sentence that introduces the main idea. Following the topic sentence, it is essential to provide evidence and arguments that support the main idea. This evidence can be in the form of facts, examples, statistics, or logical reasoning. The paragraph should conclude with a sentence that summarizes the main point and possibly transitions to the next paragraph if needed. This concluding sentence should bring closure to the paragraph and reinforce the central idea.

If you are writing an 'introduction' section about learning style of students, first you should decide how many ideas about learning style you want to convey and then you should make the paragraph accordingly. Let's say, you have four ideas -1) learning style is personal which differ from person and person, 2) learning style affects the memory of learning, 3) learning style can be both in-born and acquired, and 4) learning style is a neglected topic in educational research. Then, you can make at least one paragraph for each of these ideas. Example of the first paragraph is below (you can practice remaining paragraph accordingly):

#### Example

Learning style is an individual phenomenon which differs from person to person based on their interests and social characteristics (topic sentence). In other words, how students learn best depends upon the ways they prefer to use their sense and motor activities for learning. Research by Kolb (2012), for example, suggests that individuals may have different preferences for learning, such as being more reflective or active in their approach. Additionally, VARK (Visual, Auditory, Reading/Writing, and Kinesthetic) theory (Fleming & Mills, 2002) underscores how students can have varying preferences for receiving and processing information. Considering these differences in learning styles is essential for educators to contextualize their teaching methods and materials to meet the diverse needs of students. In conclusion, acknowledging and addressing these variations in learning styles is crucial for promoting effective and inclusive education (concluding sentence).



In this session, students will learn how to paraphrase others' work in their writing. Paraphrasing is the process of summarizing others' ideas in author's own words. Paraphrasing requires understanding the literature and summarizing the meaning in author's own styles and languages. A proper citation is required to acknowledge the author(s) whose ideas you are paraphrasing. While paraphrasing literature, the students should draw key ideas of the author(s) and write this topic idea in your first sentence, followed by discussion and analysis. The teacher first shows the relevant examples and asks the students to practice paraphrasing the literature they want to use.

#### Example

Original: "One of the most significant issues in learning to learn is an individual's taking the responsibility for his/her own learning. The individuals should know what their own learning styles are and what characteristics this style has and they should thereby behave according to this style. In this way, the individual can acquire the constantly changing and increasing amount of information without need for the assistance of others. When the learner takes the responsibility of his/her own learning, s/he attributes meaning to the process of learning. S/he develops an understanding of his/her own form of learning style and becomes much more satisfied with the environment s/he interacts with. Every opportunity for learning is a chance for him/her." (Gilakjani, 2012, p. 104)

Paraphrased: Learning becomes easier when people understand how they learn best and take charge of their own learning (Gilakjani, 2012). This means knowing their learning style and adjusting their study habits to match it. When they do this, they can learn more on their own without needing as much help from others, making the learning process more meaningful and satisfying.

#### Writing introduction section of the proposal

#### Week 2.1. General overview and structure of the master degree thesis

This week, students will become familiar with the structure and components of the master's thesis.

The teachers and students will collect sample theses from the department or library. The teacher will divide students into smaller groups (3-4 students in each group) and ask them to review the structure of the thesis. The teacher will ask students to review the table of contents carefully and make a list of components that should be included in the thesis.

When students are familiar with the basic structure of the thesis, the teacher will ask them to review the title of each thesis and ask them to come up with some areas or issues of their interest in the next class that they want to explore through their masteral research. The teacher will encourage students to bring specific, local, and contextual issues rather than a topic or issue of greater scope. The teacher will encourage students to be "microscopic rather than telescopic".

#### Week 2.2. Selecting a research area and research topic

In this session, each student will share their research topic or issues of interest individually. Then, the teacher will provide feedback on their examples, first generally, then specifically.

The general feedback could be as follows

Be as specific as possible, and bring unique and novel ideas:

#### Example

Less appropriate - Learning problems of students in mathematics classroom in Nepal

Appropriate - Learning problems of Chepang students in Grade 5 arithmetic

Less appropriate - Students' knowledge, skills and attitude towards balanced diet

Appropriate - Cultural practices of food and nutrition among Tharu students

### Week 3.1. Narrowing the topic with novel and unique issue(s)

Continuing the process of sharing, revising, and editing, the students will be able to bring novel and specific research issues. Sharing, discussion, and feedback will be the general pedagogical procedure in the class.

## Week 3.2. Writing objective and research questions

Although the objectives and research questions can be framed in different ways, the basic idea to teach students is to make one general objective and break down this objective into two or three research questions. For this process, the teacher will first show examples in the following way:

Example

## **Objective:**

• To explore the common cultural practices of food and nutrition among Tharu communities. Research questions:

- What are the common foods and nutrients Tharu households consume in a typical week?
- What are the cultural and ethnic food types and habits in Tharu communities?
- In what ways do cultural practices of food and nutrition vary between older and younger generations in Tharu communities?

With such examples, the teachers will ask students to formulate their objectives and research questions and share them in the class. The teacher will provide feedback to each student and mentor the needy ones to finalize their objectives and research questions.

#### Week 4.1. Refining objective and research questions

Continuing from the previous week, students will share their examples and receive feedback from the teachers. This process will help students finalize their working title, objectives, and research questions, which are the core components of their proposal.

#### Week 4.2. Writing Introduction (Background and statement of the problem)

The teacher will show examples of writing the background and statement of the problem sections and encourage students to practice this kind of writing.

## Background:

This part sets the scene for students' work. The teacher will ask students to write about the context and available knowledge in the field, then gradually narrow down the writing towards the issues under study.

Example

In the context of primary education in Nepal, understanding and catering to the diverse learning styles of students is of paramount importance (Smith & Sharma, 2022). Nepal's primary school system encompasses a wide range of linguistic and cultural backgrounds, presenting a unique challenge for educators (Dahal & Rai, 2019). To optimize the learning experience for these young learners, it is crucial to explore how different learning styles manifest within this diverse landscape (Koirala et al., 2020). By delving into the learning preferences and strategies employed by primarygrade students in Nepal, this research proposal seeks to contribute valuable insights to the field of education and inform the development of more effective and inclusive teaching practices tailored to the specific needs of these students.

## Week 5.1. Writing the statement of problems

In this section, starting with what knowledge is available in the field, the teacher will ask students to write what is 'lacking' in the field of knowledge. The main focus is to specify what is little known, and what is questionable.

Students can phrase the problem sentences in the following ways:

Questions have been raised about the ......

Scholars have long debated the....

Previous studies of X have not fully dealt with .....

Previous published studies are limited to ...

Up to now, far too little attention has been paid to ...

There is little published knowledge on ...

What is less clear is the nature of .....

Much uncertainty still exists about .....

## Example

There are multiple issues and knowledge gap in the field of students' learning style in primary school. Primarily, questions have been raised about the effectiveness of current teaching methods in addressing the diverse learning styles of primary school students (Smith & Jones, 2021). Scholars have long debated the optimal approaches to accommodate these varying styles within the classroom (Brown & Patel, 2019). Previous studies of learning styles among primary school students have not fully addressed the influence of cultural and linguistic factors on their learning preferences (Gupta et al., 2020). Previous published studies primarily focus on a limited range of learning style factors and lack a comprehensive examination of their impact on academic performance (Lee & Kim, 2018). Up to now, far too little attention has been paid to understanding the specific learning preferences of primary school students in our regional context (Khan & Rahman, 2022). There is limited published knowledge on how socioeconomic factors intersect with learning styles among primary school children (Wang & Zhang, 2020). What is less clear is the types of learning styles students use while preparing for exams. This knowledge is rare and minimal in the context of Nepal's school education.

## Week 5.2. Writing significance of the study, delimitations and operational definition

## Significance of the study

The students can write the significance in two to three paragraphs:

• First paragraph - What knowledge are they contributing to the field?

- Second paragraph Who are the potential users of their work and how do they apply this knowledge?
- Third paragraph In what ways does their research contribute to policy? or what changes their knowledge bring to the field?

## Example

First paragraph - This study aims to make a significant contribution to the field of education by enhancing our understanding of the learning styles of primary school children in Nepal. Existing research in this area has been limited in scope and often overlooks the cultural and linguistic factors that influence the learning preferences of these young learners. This research seeks to fill this gap by providing a comprehensive analysis of the diverse learning styles among Nepalese primary school children. By shedding light on these nuanced aspects of learning, I will contribute to the existing body of knowledge, enabling educators and researchers to develop more effective teaching strategies and support systems tailored to the needs of these students.

Second paragraph - The potential beneficiaries of this work extend to a range of stakeholders, including educators, curriculum developers, policymakers, and parents. Educators can apply the knowledge gained from our study to adapt their teaching methods and classroom environments to better accommodate the diverse learning styles of primary school children in Nepal. Curriculum developers can use our findings to create more inclusive and culturally sensitive educational materials. Policymakers can benefit from our research by using it to inform education policies that foster inclusive and equitable learning environments. Parents can also utilize our insights to better support their children's learning at home, aligning with their unique learning styles.

Third paragraph - This research has the potential to bring about significant changes in the field of education, particularly in the context of Nepal. By providing a evidence-based understanding of learning styles among primary school children, we can inform the development of evidence-based educational policies and practices that prioritize inclusivity and diversity. This knowledge can lead to the creation of more culturally relevant and effective teaching approaches, ultimately enhancing the quality of education for primary school children in Nepal. Furthermore, this research may contribute to the broader discourse on education and diversity, influencing educational policies and practices not only in Nepal but also in other regions facing similar challenges in accommodating diverse learning styles among young learners.

## **Delimitations**

In this sub-section, the teacher asks students to write down the boundaries or scope of their work. This helps clarify what their research will and will not cover.

#### Example

In this study, I will focus exclusively on high school students in urban areas of Biratnagar City. I acknowledge that there are students in rural areas with potentially different experiences, and they are not within the scope of this research. Additionally, I am limiting my investigation to the learning style and its relationship with academic performance of students and will not cover the 'effective' aspects of learning styles that focus on the strategies to learn emotionally.

# **Operational definitions of key terms**

This is not a dictionary definition, but the way students operationalize the terminology. For example, if a student select to carry out this study- Variation in learning styles and learning achievement among primary school children. In this example, three keywords—learning styles, learning achievement and

primary children—are to be defined in the ways that the researcher uses them in his/her thesis. For example:

#### Example

Learning style: Students' preferred techniques for preparing their exams

Learning achievement - score obtained in the achievement test

Primary school children - students studying in grades 4 and 5.

## Writing Literature Review

## Week 6.1. Writing conceptual and theoretical literature review

In this section, students will review the conceptual literature related to their topic and problems. For this, they have to identify and retrieve relevant books, journal articles, and policies in the related field. Then they will read and make notes on the ideas and categorize them into some themes. For example, if they are studying 'learning style of primary children in Nepal' their theoretical literature can be categorized into three sections: meaning and concepts of learning styles; types of learning styles, and theories of learning style. Students should write the section in paragraphs. They have to note the following examples while writing the review:

कमसल	राम्रो
भट्टराई) २०७९ (ले आफ्नो अध्ययन 'पुरस्कारले विद्यार्थीको शैक्षिक उपलब्धिमा पारेको प्रभाव' शीर्षकमा गरेको अध्ययनमा शिक्षकहरुले जति विद्यार्थीहरुलाई उत्साह र हौसला प्रदान गर्नुहुन्छ विद्यार्थीहरु त्यत्ति नै सिकाइका लागि उत्प्रेरित र क्रियाशील हुन्छन् भन्ने जानकारी अगाडि ल्याएको छ। यसरी यस अध्ययनले विद्यार्थीहरुलाई प्रदान गरिने सकारात्मक उद्दिपकले सिकाइ सहभागिता र त्यसको प्रभावकारिता मात्र होइन सिकाइ उपलब्धिमा समेत परिमाणात्मक र गुणात्मक परिवर्तन ल्याउन सक्दछ भन्ने तथ्यलाई उजागर गरेको छ।	शिक्षकहरुले जति विद्यार्थीहरुलाई उत्साह र हौसला प्रदान गर्नुहुन्छ विद्यार्थीहरु त्यत्ति नै सिकाइका लागि उत्प्रेरित र क्रियाशील हुन्छन् । भट्टराई) २०७९ (ले गरेको अध्ययनले विद्यार्थीहरुलाई प्रदान गरिने सकारात्मक उद्दिपकले सिकाइ सहभागिता र त्यसको प्रभावकारिता मात्र होइन सिकाइ उपलब्धिमा समेत परिमाणात्मक र गुणात्मक परिवर्तन ल्याउन सक्दछ भन्ने तथ्यलाई उजागर गरेको छ।
Asmelash (2019) mentioned that Heavy social media use can be linked to depression and other mental disorders in teens. (No position, only citation) Heavy social media use can be linked to depression and other mental disorders in teens (Asmelash, 2019). (Little better, but still no position)	Social media has invited several undesirable consequences. For example, social media is linked to with mental disorders such as depression and anxiety (Asmelash, 2019) (Strong position with a topic sentence)

#### Example

#### Learning styles: Theoretical underpinning

Students prefer different learning styles and understanding the learning styles of primary children is important for effective educational practices. Honey and Mumford (1982) proposed a widely recognized model categorizing learning styles into four types: Activist, Reflector, Theorist, and Pragmatist, each characterizing distinct preferences for how students engage with and process information. Furthermore, Gardner's theory of multiple intelligences (1983) has significantly contributed to our understanding of the diverse ways in which primary children can excel academically, emphasizing individual strengths in areas such as verbal-linguistic, logicalmathematical, and bodily-kinesthetic intelligences. Additionally, Vygotsky's sociocultural theory (1978) has underscored the importance of social interactions and cultural contexts in shaping primary children's learning styles. As we delve into the learning styles of primary children, these influential theories provide a foundational framework for exploring how various teaching methods and strategies can accommodate and optimize their diverse learning preferences (Honey & Mumford, 1982; Gardner, 1983; Vygotsky, 1978).

Considering these theoretical knowledge bases, I use Gardner's theory of multiple intelligences and Vygotsky's sociocultural theory to look into the learning styles of students. As I understood from these two theories, I understand that learning styles align with the intelligence dimension that is socially constructed. Therefore, I will look into verbal, visual-spatial and kinesthetic learning, focusing on how these strategies work in a sociocultural environment.

#### Week 6.2. Writing review of empirical literature

In this section too, the students will identify, collect and review the published (research-based journal articles) and unpublished research works (such as theses and research reports), read them carefully, make notes, compare and categorize the major ideas into a few groups, and draw themes. Then, they will write the empirical review under each theme.

Example

Learning style in practice

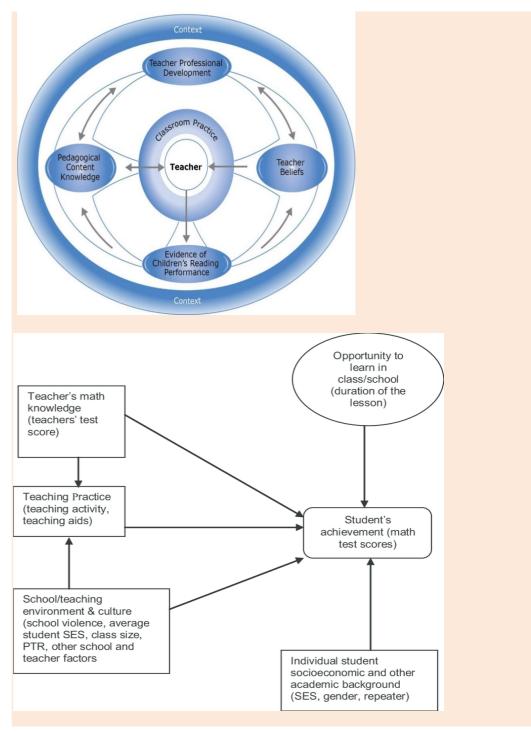
Empirical studies on the learning styles of primary children in Nepal have yielded valuable insights into the educational landscape of the country. Sharma and Rai (2015) examined the prevalence of different learning styles among primary school students in urban and rural areas of Nepal, revealing notable variations. Their findings indicated that primary children in urban schools tend to exhibit a preference for kinesthetic learning styles, while those in rural areas lean towards visual and auditory styles. Similarly, a more recent study investigated the influence of cultural factors on learning styles among primary children in the Kathmandu Valley (Gurung & Shrestha, 2020). Their research highlighted the significant impact of cultural practices, such as community-based learning, on shaping learning preferences. Furthermore, another study explored the relationship between teacher instructional methods and the learning styles of primary students in Nepal (Bhattarai & Adhikari, 2017). They found that an interactive teaching approach aligns well with the kinesthetic and auditory learning preferences commonly observed among Nepali primary children. These empirical studies underscore the importance of considering regional and cultural factors when designing effective educational strategies tailored to the learning styles of primary children in Nepal (Sharma & Rai, 2015; Gurung & Shrestha, 2020; Bhattarai & Adhikari, 2017). While this research focuses on generic aspects of learning style of children, there is a knowledge gap on how students use their learning styles while preparing for exams. In my research, I will contribute to this knowledge gap.

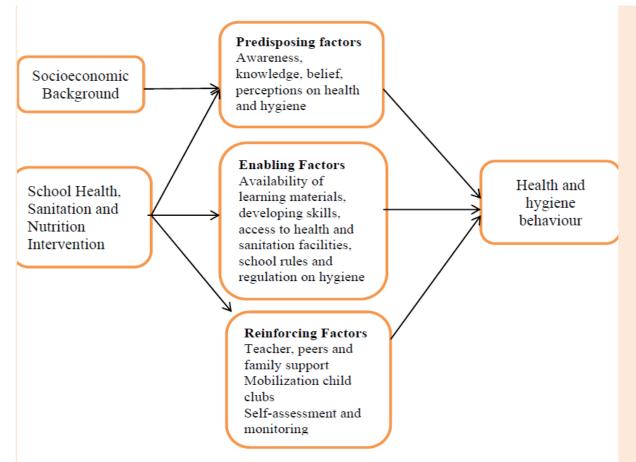
## Week 7.1. Preparing a conceptual framework

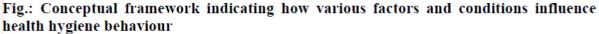
Conceptual framework is generally a diagrammatic representation of the study, which visualizes key concepts and variables and their potential relationships. The following points should be taken into consideration while designing the conceptual framework:

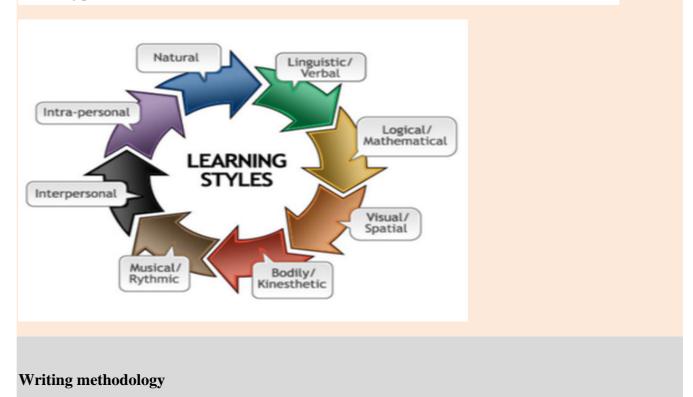
- Identify key concepts and variables; define relationships among them.
- Use clear, concise labeling.
- Ensure alignment with research goals.
- Maintain consistency and precision.
- Seek feedback for clarity and accuracy.

## Example: Conceptual framework for the study of continuous professional learning of teachers









#### Week 7.2. Writing research design, population and sampling

In this section, students should indicate which research design they will use (qualitative, quantitative, or mixed). They will read the research methodology book carefully. There are several designs under qualitative, quantitative, and mixed methods and students will appropriate design for their study. Students will identify the target participants from whom they expect to collect the data. This is their

population. They will read various sampling strategies from the research methodology book and choose the appropriate one for their research. If they are doing a quantitative survey research, they need to calculate the sample size using some formula. With this information, they will write the paragraph.

## Example

Research Design: For the study on the learning styles of primary school children in Nepal, a parallel mixed-methods research design will be employed. This design will enable me to gather both quantitative and qualitative data to gain a comprehensive understanding of the topic. The study will consist of two main phases: a quantitative survey to assess the prevalence of different learning styles and a qualitative phase involving interviews and observations to provide deeper insights into the factors influencing these learning styles.

Population: The target population for this research will be primary school children in Nepal in Chandragiri municipality. Considering the fact that students are studying in both public and private schools in this municipality, samples will be drawn from both schools to ensure representation. The age range will encompass primary school children, typically aged between 6 and 12 years old. Since primary education in Nepal is provided in various languages and follows different curricula, this diversity will be considered when selecting the sample to ensure a broad representation of students.

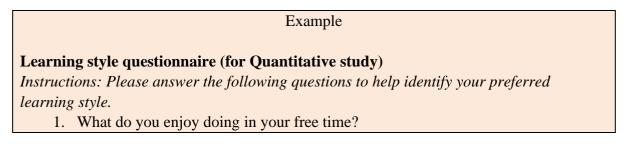
Sampling: To ensure the research's validity and generalizability, a stratified random sampling technique will be employed. First, a list of public and private schools will be prepared, and then, from each stratum, a random sample of ten public and ten primary schools will be selected. Using Yate's formula, a total of 400 sample sizes are decided. Using a lottery method, 200 samples will be drawn from the list of children studying in 10 public schools and another 200 from 10 private schools.

For the qualitative interview, one student of age 12 studying in grade 5 will be purposefully selected from each school for the interview, totaling 20 students. In so doing, five girls and five boys will be selected from each school type.

Criteria for selecting research participants in qualitative study: Random sampling method is not suitable in selecting sample or research participants. Researcher should develop criteria for selecting a few persons from a large group or population to minimize biasness.

## Week 8.1 Preparing data collection tools

In this session, students will prepare their data collection tools. The commonly used quantitative research tool is questionnaire and test, while interview and FGD questions are prepared before starting the fieldwork. The teacher shows examples of survey questionnaire and interview questions (in paper or online such as Google form, and asks students to prepare the similar tools they intend to use in their research.



- a. Reading books or comics
- b. Playing sports or games outside
- c. Drawing or creating art
- d. Watching educational videos or documentaries
- 2. When you have to learn something new, which method helps you the most?
  - a. Listening to someone explain it
  - b. Trying it out yourself with hands-on activities
  - c. Reading about it in a book
  - d. Watching a video about it
- 3. Which of the following activities do you find interesting? (You can select more than one)
  - a. Solving puzzles or brainteasers
  - b. Working with a group of friends on a project
  - c. Listening to stories or audiobooks
  - d. Organizing and categorizing things
- 4. What types of materials do you like using when learning? (You can select more than one)
  - a. Books
  - b. Computers or tablets
  - c. Art supplies like markers, crayons, or paper
  - d. Outdoor materials like a ball or nature items

5. On a scale of 1 to 5, how comfortable are you with using a computer or tablet for learning, where 1 is not comfortable at all, and 5 is very comfortable?1 2 3 4 5

- 6. How much do you enjoy learning new things at school?
  - 1 (I don't enjoy it) 2 3 4 5 (I love learning new things)
- 7. How well do you work when you're in a group with other students?1 (I don't work well in groups) 2 3 4 5 (I work great in groups)
- 8. Rate your interest in reading books for fun.
  - 1 (Not interested) 2 3 4 5 (Very interested)
- 9. How much do you like doing hands-on activities, like experiments or art projects? 1 (I don't like them) 2 3 4 5 (I love them)
- 10. Rate your interest in listening to stories or podcasts.
  - 1 (Not interested) 2 3 4 5 (Very interested)

## Interview questions (for Qualitative research)

- 1. What's your favourite way to learn something new? Do you like reading about it, doing hands-on activities, listening to someone explain it, or watching videos?
- 2. When you're working on a school project or homework, do you prefer to work alone or with friends? Why?
- 3. Can you tell me about a time when you learned something really well? How did you do it?
- 4. Do you like to draw, write, or make things when you're learning? Can you give me an example of something you've created for school?
- 5. What subjects or topics do you find the most interesting at school? Why do you think you like those subjects?
- 6. Do you like it when your teacher explains things in class, or do you prefer to figure things out on your own?

- 7. How do you feel about reading books? Do you enjoy reading for fun?
- 8. When you have a big test or assignment, how do you usually study or prepare for it?
- 9. Are there any subjects or activities at school that you find challenging? What do you think makes them challenging for you?
- 10. Are there any specific tools or technologies (like computers, tablets, or educational apps) that you find helpful for your learning?
- 11. When you have to remember something important, what strategies do you use to remember it?
- 12. Do you enjoy group projects at school? Why or why not?

## Week 8.2 Writing about data collection tools and strategies

In this sub-section, students should detail which instruments and strategies they are going to use for collecting data from the field. It is essential for the students to draft the tool(s) in this phase, which they should mandatorily put in the appendix. If they are doing a quantitative study, they will provide a brief description of questionnaire or test that they will be using and refer this to the Appendix. If they are doing a qualitative study, they will provide a brief description of unstructured interview, focus group discussion, and participant observation notes that they propose to use which they should also refer to the Appendix. In a mixed method study, they should make and describe both.

## Example

I will utilize a survey questionnaire and a test to assess the learning styles of students in grades 4 and 5 (see Appendix A). I will distribute the questionnaire to collect information about their preferred learning modalities and study habits. Additionally, I will administer a test designed to gauge their comprehension and retention abilities using various learning approaches. This combination of tools will help me comprehensively evaluate the learning styles of these students and gain valuable insights into their educational needs.

## Week 9.1 Writing data analysis strategies

If students are doing a quantitative study, they should be able to explain which software (Excel or SPSS) they will use and how they will edit, code, and enter the data from the filled-out questionnaires into software. In addition, they should explain what statistical analysis do they use and how. If they are doing a qualitative study, they need to explain how they will transcribe, code, compare, group and derive themes from the interview and FGD data. If they are doing a mixed-methods research, they should be able to explain how they analyze the quantitative and qualitative data and how they mix them and make meaningful conclusions.

Example

# Quantitative:

In my research proposal for studying the learning styles of primary school children in Nepal, I will employ quantitative data analysis techniques using SPSS software. Once I collect data through questionnaires, I will edit and code the responses for clarity and consistency before entering them into SPSS. To analyze the data, I will initially utilize descriptive statistics like mean, standard deviation, and frequency distribution to summarize the prevalence of various learning styles. Subsequently, inferential statistical tests t-tests will be employed to determine significant differences in learning styles among demographic groups like gender, grade level, and linguistic background. By following

this approach, I aim to generate objective insights into the learning styles of Nepalese primary school children, providing a solid foundation for meaningful conclusions in my mixed-methods research.

## Qualitative:

In my research proposal for exploring the learning styles of primary school children in Nepal, I will employ qualitative data analysis techniques, focusing on thematic analysis of interviews and focus group discussions with the children. Firstly, I will meticulously transcribe the audio-recorded interviews and discussions to ensure accuracy and facilitate analysis. Then, I will use a systematic coding process to identify recurring patterns, ideas, and concepts within the transcripts. These codes will be grouped and compared to derive overarching themes that encapsulate the children's perspectives on learning styles. By following this structured approach, I aim to extract meaningful insights from the qualitative data, shedding light on the nuanced aspects of learning styles among primary school children in Nepal and contributing to a holistic understanding of the subject.

## Mixed:

I will use a mixed-method data analysis technique to examine the learning styles of primary school children in Nepal using a mixed-methods approach. In so doing, I will integrate both quantitative and qualitative data analysis techniques. For the quantitative aspect, I will employ SPSS software to edit, code, and analyze the data collected from the questionnaires. This will involve summarizing the prevalence of different learning styles using descriptive statistics and conducting inferential statistical test, t-tests to identify significant differences among demographic groups. Simultaneously, in the qualitative phase, I will transcribe, code, compare, and group the data obtained from interviews and focus group discussions with the children. Thematic analysis will be applied to derive overarching themes from the qualitative findings, allowing for a comprehensive understanding of learning styles among primary school children in Nepal and enabling meaningful conclusions to emerge from the mixed-methods analysis.

#### Week 9.2. Writing ethical considerations

In this section, they will envision what ethical issues may arise while working with the participants and how they will addess these issues. Generally, they should consider the following fundamental ethical issues: informed consent, confidentiality, no-harm, trust, no data manipulation and reciprocity.

#### Example:

In conducting this research on the learning styles of primary school students, I will be very much careful for maintaining the major ethical issues. First, I will prioritize obtaining informed consent from both the participating students and their parents or guardians, ensuring that they fully understand the research objectives, procedures, and potential risks involved. Confidentiality will be rigorously maintained, with all collected data anonymized and stored securely. Moreover, I am committed to the principle of "do no harm," and every effort will be made to minimize any potential discomfort or stress for the participants. Building trust and rapport with the students and their communities will be paramount, emphasizing open communication and mutual respect. Data manipulation will be strictly avoided, and my analysis will adhere to rigorous ethical standards. Lastly, I will ensure reciprocity by sharing our research findings with the participants and their schools, fostering a sense of collaboration and benefit for all involved parties. I hope that these ethical strategies safeguard the rights and well-being of the primary school students and their communities throughout the study.

## Week 10.1 & 10.2. Compiling and editing all chapters of the proposal

In the tenth week, students join together all chapters and subchapters of the proposal. They will make the proposal logical, connected and coherent. They will also proofread and finalize every section and sub-section of their proposal. They will continually share their work with the teacher and seek feedback for finalizing their contents.

## Week 11.1 & 11.2. Chapter formatting, citation and referencing using APA 7<sup>th</sup> edition

Finally, students will format the proposal following the guidelines of APA 7th edition. In this process, the teachers will provide them theoretical knowledge of APA guidelines, mainly the structure, headings, citations and referencing. With teachers' feedback, students make appropriate formatting, citation and referencing using APA 7<sup>th</sup> edition. Then, they will type and make copies of proposal ready for submission and evaluation.

## Week 12. Proposal presentation, defense, and evaluation of Part A (3 credit hours)

In these final two weeks, the department/college will arrange students' presentation and viva. An expert evaluator having specialization and expertise in the same subject or similar subject will be hired from within campus or nearby campus to evaluate the proposal. A senior faculty can be hired in case the department cannot hire relevant expert from the nearby campus. The regular teacher / supervisor will evaluate students' proposal in the capacity of internal expert. Both of these examiners (internal expert and expert evaluator) will evaluate the proposal based on the following criteria (Table 1):

Assessment criteria	Internal evaluation	Expert evaluation	Total
	(Full marks 60)	(Full mark 40)	100
Defense on viva questions	10	6	16
Originality, novelty and contributory to the	6	4	10
field			
Appropriateness of introduction section,	10	6	16
Researchable problems, objectives and			
questions			
Appropriateness of literature review:	6	4	10
thematic & relevant, Appropriateness of			
conceptual framework			
Appropriateness of methodology	8	6	14
Data collection tools (in Appendix)	6	4	10
Writing: academic style, clarity, coherent &	8	6	14
error-free			
Formatting, citation and referencing	6	4	10
according to APA			
Total	60	40	100

Table 1. Proposal evaluation criteria (Internal Assessment)

Each student required to submit a proposal for writing thesis with the recommendation of his/her teacher/supervisor to the department for internal assessment of thesis writing course. Internal evaluation should be done before filling up fourth semester examination form. The department/campus must send evaluation marks of each student of Part A, three credit hours (100 marks) with examination form. One printed copy of final proposal of each student, bearing the signatures of both internal and external evaluators as well as the official seals of the campus and department, must be retained for official documentation purposes. The Dean's Office reserves the right to periodically audit these

proposal records. Additionally, it is imperative to maintain detailed meeting minutes of the final examination, including the students' names, proposal titles, viva dates, and awarded scores. As part of this process, the department is responsible for submitting individual student scores to the Dean's Office prior to the final examination.

## Part B. Thesis: 3 credit (expected duration: 3 months)

# 1. Course Description:

The research and writing the thesis is expected to complete in the remaining three months of the semester. The Dean' Office expects that students submit the thesis for final viva after completed (Passed) the all theories and Practical papers of the final exam.

Following the presentation and evaluation of their proposals, each student will be assigned a supervisor by the department or campus. Then, students will engage in the following tasks in close consultation with their supervisors in order to finalize their research activities and write their theses.

# 2. General Objectives

The general objectives of this part B are to enable student to:

- Prepare data collection tools or strategies and finalize them by incorporating the thesis supervisor's suggestions.
- Conduct fieldwork, collect data from the field, and analyze them using the strategies mentioned in their proposal.
- Collaborate closely with the supervisor to write the findings, discussion, and conclusion sections.
- Revisit and refine the introduction, literature review, and methodology sections of their proposal, making edits and adding information as needed to align them with the final thesis.
- Compile all thesis components, ensuring they are interconnected, logical, and coherent.
- Share their progress with the supervisor, seeking feedback and suggestions for thesis improvement through the process of writing.
- Once the supervisor is satisfied with the thesis's quality and outcomes, they will recommend it for evaluation through a viva examination.

# 3. Specific Objectives and Contents

Specific Objectives	Contents
• State the ingredients of a	Preliminary Part
thesis in a research way	Cover page with the thesis title, details of the
• Write the thesis by	researcher, the level (M.Ed.) for which it is
following the given format	written, and department/campus.
• Follow the APA style of research report writing while	<b>Recommendation letter</b> (Letter from the head of
writing the thesis	the department/campus)
• Present the thesis in an	Approval letter (Letter head of the
organized way to face the	department/campus)
viva voce in a confident way.	Acknowledgement (Few words of gratitude to
	the contributors of the thesis )

Abstract (An abstract of the thesis with not more
than one and half pages or in 350 to 400
words, including topic, major objectives,
method and procedure, main findings,
knowledge contribution and key
implications of the study).
Table of contents
Acronyms/abbreviations
List of tables (If necessary)
List of figures (If necessary)
<b>List of charts and graphs</b> (If necessary)
CHAPTER ONE : INTRODUCTION
1.1 Background of the study
1.2 Statement of the problem
<ul><li>1.3 Objectives of the study</li><li>1.4 Research question/s (if necessary)</li></ul>
1.5 Significant of the study
1.6 Delimitations of the study
1.7 Definition of the key terms
CHAPTER TWO:REVIEW OF RELATED
LITERATURE AND THEORETICAL
FRAMEWORK
2.1 Review of related literature
2.2Theoretical/Conceptual framework
2.3 Implications of the review for the research
<b>CHAPTER THREE :METHODS AND</b>
PROCEDURES
3.1 Research design(qualitative, or quantitative or
mixed method )
3.2 Population and sample/research participants
3.3 Sampling strategy and procedures
3.3 Research tools
3.4 Sources of data
3.5 Data collection procedures
3.6 Data analysis procedures
3.7 Ethical considerations
3.7 Ethical considerations
3.7 Ethical considerations CHAPTER FOUR: RESULT AND DISCUSSION
3.7 Ethical considerations CHAPTER FOUR: RESULT AND DISCUSSION (ANALYSIS AND INTERPRETATION OF

## Presentation and evaluation of the final thesis

When students finish their theses, a group made up of the department chair, the thesis supervisor, and another expert member from another Department or Campus will assess the thesis. A senior faculty can be hired in case the department cannot hire relevant expert from the nearby campus. They will use the criteria in Table 2 to evaluate 40 the marks of Part B. After that, a hard copy of the thesis singed by

the member of thesis evaluation committee with internal marks will be sent to the Dean's Office for a final evaluation.

Table 2. Internal thesis evaluation criteria (Three member thesis evaluation committee: Department Head, Supervisor and Expert will evaluate thesis based on following criteria)

Assessment criteria	Evaluation by Department Thesis Evaluation Committee (Full marks 40)
Appropriateness of introduction section, researchable problems,	5
objectives//questions, significance and delimitation of the study	
Appropriateness of literature review: thematic & relevant;	4
appropriateness of conceptual framework	
Appropriateness of methodology and tools	5
Appropriateness of presentation of results/findings	4
Appropriateness of interpretation of results/findings in line with objectives/research questions	3
Appropriateness of conclusion and recommendations	4
Academic Writing: clarity, coherent, argument, style, grammar	5
and error-free in writing	
Formatting, citation and referencing according to APA	4
Oral presentation and defending style in viva	6
Total	40

# **Final Evaluation of thesis**

The hardbound thesis submitted to the Department/Campus will be sent to the Examination Division, Office of the Dean, Faculty of Education for final evaluation. The Office of the Dean, with consultation of the relevant Subject Committee, will appoint two professors/teachers to evaluate the thesis using the criteria in Table 3, accounting for the remaining 60 marks of Part B. The marks given by the two evaluators will be averaged and combined with the marks given by the campus/department as internal evaluation of the Thesis writing. Out of 200 marks in thesis writing course, 70% (140 marks) will be evaluated by the department/campus and only 30% (60 marks) will be externally evaluated by the office of the Dean, Kathmandu.

Table 3: External evaluation criteria

SN	Assessment criteria	Full marks
		60
1	Appropriateness of title	3
2	Appropriateness of abstract	5
3	Appropriateness of introduction section: background, researchable problems,	10
	objectives//questions, significance and delimitation of the study	
4	Appropriateness of literature review: thematic & relevant; appropriateness of	
	conceptual framework	
5	Appropriateness of research method design	5
6	Appropriateness of sampling/selection of research participants including data	5
	collection and analysis	

7	Appropriateness of presentation of results/findings using tables, graphs, figures,	5
	statistics, verbatims, cases and narratives	
8	Appropriateness of analysis of interpretation of results/findings in line with	5
	objectives/research questions	
9	Appropriateness of conclusion and recommendations	5
10	Clarity, coherent, argument, style, grammar and error-free in writing	5
11	Formatting, citation and referencing according to APA	5
	Total	60

## **Submission of Final Thesis**

Students are allowed to submit their Master Thesis by the end of fourth semester or after examination of the fourth semester final examination before publishing the result of fourth semester exam papers.

## Grand total and grading

The Dean's Office will aggregate the marks obtained in proposal (Part A) and thesis writing (Part B) and provide an appropriate grade to individual student based on the university criteria. The following forms will be used for the final grading purpose:

S.N.	Exam Roll No.	Name of the students	Marks in proposal	Marks in thesis (T)	Total marks P+T	Grade
			(P) 100	100	200	

# Key references:

Bailey, S. (2003). *Academic writing: A practical guide for students*. London: Routledge Falmer. Bui, Y.N. (2020). *How to write a master's thesis* (3rd ed.) Sage.

Creswell, J.W., & Gutterman, T.C. (2019). *Educational research: Planning, conducting, and evaluating quantitative and qualitative research* (6th ed.). Pearson.

Nature of course: Theoretical Credit hours: 3 Teaching hours: 48

## 1. Course Description

This course deals with the introduction to ethnobiological perspectives, ethnic people and their indigenous knowledge, skills and technology, and participatory innovation development. It also deals with different research methods and their application in collecting, documenting and managing ethnobiological knowledge, skill and technology; various ways of communicating ethnobiological data in print and electronic media; use of ethnobiological databases for community development; application of ethnobiological knowledge and skill in community development and biological resource conservation and understanding policies and strategies of conservation of indigenous knowledge and technology.

#### 2. General Objectives

General objectives of this course are as follows:

- To introduce the students with general concepts and development of ethnobiological discipline
- To impart knowledge on people, their culture and their knowledge and local innovation on agriculture, forests and resource management
- To acquaint the students with ethnobiological research methods and research findings
- To impart knowledge about the sources of data on ethnobiology
- To provide ethnobiological knowledge and skills in conservation and community development
- To make the students aware of conservation policies on traditional biological knowledge, skill and technology

# 3. Specific Objectives and Contents

	Specific objectives	Contents
		Unit I. Introduction Ethnobiology (10)
•	Explain concept, scope and	1.1. Concept, scope and subdivisions of
	subdivisions of ethnobiology.	ethnobiology
•	Explain ethnobiological nomenclature	1.2. Ethnobiological nomenclature and
	classify ethnobiological specimens.	classification: ethnotaxonomy
•	Describe local, traditional and	1.3. Local, traditional and indigenous
	indigenous knowledge, local	knowledge on biological resources
	innovations and development process	(wild and domesticated plants and
	in Nepalese perspectives.	animals); Traditional Ecological
•	Explain the role of local knowledge and	Knowledge (TEK); local innovation
	innovations in resource management.	and development process
•	Discuss the status of ethnobiology	1.4. Local innovations and their role in
	education in higher secondary and	biological resource management
	school research centers university	1.5. Status of ethnobiology in academia
		and research organizations
		Unit II. Ethnobiology Research
		Methods (14)
•	Describe the development of	2.1 Development of ethnobiology research
	ethnobiology research.	in contemporary global perspectives
•	Describe important research methods	2.2 Important research methods of
	of ethnobiology.	ethnobiology
•	Explain collection and management	2.3 Collection and management
	techniques of biological specimens and	techniques of biological specimens
	artifacts.	and artifacts
•	Explain communication process of	2.4 Communicating ethnobiological data
	ethnobiological data.	in print and electronic media
		Unit III. Ethnobiological Databases
•	Describe the ethnobiological	and Application (16)
	databases and different types of	3.1 Concepts and types of Ethnobiological
	ethnobiological databases.	Databases
•	Explain ethnobiological database on	3.2 Ethnobiological database on the use of
	the use of wild and domesticated	wild and domesticated biological
	biological resources.	resources

• List and explain different types of	3.2.1 Food,
ethnobiological knowledge centers.	3.2.2 Medicine,
• Explain the ways of applying of	3.2.3 Fodder and forage,
ethnobiological knowledge, skill and	3.2.4 Biopesticides,
technology in education, research and	3.2.5 Building materials,
development.	3.2.6 Decorating plants and animals
• Discuss conservation methods of	3.3 Ethnobiology knowledge centers:
traditional knowledge and skills in	3.3.1 Herbarium,
Nepal.	3.3.2 Museums,
• Explain the application of	3.3.3 Artifact collections,
ethnobiological knowledge, skill and	3.3.4 Ethnobotanical gardens,
technology in museum, botanical	3.3.5 Zoos,
gardens and zoos	3.3.6 National parks and wildlife
	reserves,
	3.3.7 Libraries,
	3.3.8 laboratories
	3.4 Ways of applying of ethnobiological
	knowledge, skills and technology in
	education, research and development
	3.5 Different conservation methods used
	in Nepal,
	3.5.1 <i>in-situ</i>
	3.5.2 <i>ex-situ</i> conservation of plants
	and animals
	3.6 Integrating ethnobiological knowledge
	and technology in museum, botanical
	gardens and zoos
	Unit IV. Conservation Policies and
	Strategies (8)
• Explain conservation policies,	4.1 Conservation policies, legislations and
legislations and strategies for	strategies focusing on indigenous
ethnobiological knowledge, skill and	knowledge, skill and techniques
traditions.	4.2 Intellectual property rights and
• Explain the intellectual property rights	indigenous knowledge
and its relation with indigenous	4.3 Framework of conservation and
knowledge conservation.	management of traditional biological

•	Explain framework for conservation	knowledge, skill and technology in
	and management of traditional	government, universities and
	biological knowledge, skill and	community-based organizations.
	technology.	

Note: The figures in the parentheses indicate the approximate teaching hours allocated to respective units.

## 4. Instructional Techniques

The instructional techniques are divided into two groups. The first group consists of general instructional technique applicable to most of the units. The second group consists of specific instructional techniques applicable to the specific units.

## **4.1 General instructional techniques**

- Lecture method
- Demonstrational method
- Discussion method
- Inquiry method
- Collaborative method

## 4.1 Specific instructional techniques:

Units	Activities	
Unit I	Chart preparation and presentation, field visits	
Unit II	Web surfing	
Unit III	Video preparation and show, leaflet preparation	
Unit IV	Interview, web surfing, field visits, case study, seminar conduction	

## 5. Evaluation

## **5.1.Evaluation (Internal Assessment and External Examination)**

Nature of	Internal Assessment	Semester	Total Marks	
course		Examination		
Theory	40 Marks	60 Marks	100 Marks	

*Note*: *Students must pass separately in internal assessment and semester examination.* 

5.1.1	Internal Evaluation	40 Marks			
	Internal evaluation will be conducted by course teacher based on following activities:				
1.	Attendance	5 Marks			
2.	Participation in learning activities	5 Marks			
3.	First assignment (written assignment)	10 Marks			
4.	Second assignment (Project work/ report writing and presentation)	10 Marks			
5.	Third assignment/ Term exam	10 Marks			
	Total	40 Marks			

**Note:** First assignment/assessment might be book review /article review, quiz, home assignment etc. according to nature of course. Second assignment/assessment might be project work, case study, seminar, survey/field study and individual/group report writing, term paper based on secondary data or review of literature and documents etc. and third assignment will be term exam.

#### **5.1.2 External Evaluation (Final Examination)**

Examination Division, office of the Dean, Faculty of Education will conduct final examination at the end of semester. The marks distribution will be

1.	Objective questions (Multiple Choice Questions 10 x 1mark)	10 Marks
2.	Subjective short questions (6 questions with 2 'OR 'questions x 5 marks)	30 Marks
3.	Subjective long questions (2 questions with 1 'OR 'questions x 10 marks)	20 Marks
	Total	60 Marks

#### **Recommended Books and Reference**

#### **Recommended Books**

- Albuquerque, U. P., Ramos, M. A., de Lucena, R. F. P., & Alencar, N. L. (2014). Methods and techniques used to collect ethnobiological data. *Methods and techniques in ethnobiology and ethnoecology*, 15-37.
- Alexiades, M. N. (1996). Protocol for conducting ethnobotanical research in the tropics. Advances in Economic Botany, 10, 5-18. (For Unit III)
- Alexiades, M. N., & Sheldon, J. W. (1996). Selected guidelines for ethnobotanical research: a field manual. (*No Title*). (For Unit II)

Belbase, N., Wells, K., Adhikari, P., & Pandit, S. (1999). National Implementation of the convention on biological diversity: Policy and legislative requirements. (For Unit IV)

Berlin, B. (2014). Ethnobiological classification: Principles of categorization of plants and animals in traditional societies (Vol. 185). Princeton University Press. (For Unit I)

60 Marks

- Castetter, E. F. (1944). The domain of ethnobiology. *The American Naturalist*, 78(775), 158-170. (For Unit I)
- Cotton, C. M. (1996). *Ethnobotany: principles and applications*. John Wiley & Sons. (For Unit I, II, III)
- Cunningham, A. B. (2001). *Applied ethnobotany: people, wild plant use and conservation*. Earthscan. (For Unit I, II, IV)
- Ellen, R. F. (1993). The cultural relations of classification: an analysis of Nuaulu animal categories from central Seram. *(No Title)*. (For Unit I)
- Jain, S. K. (1996). Ethnobiology in Human welfare. In *International Congress of Ethnobiology* 1994: Lucknow, India). Deep publications. (For Unit I, II, III)

Manandhar, N. P. (2002). Plants and people of Nepal. Timber press. (For Unit I, II, III)

- Martin, G. J. (1995). Ethnobotany: a methods manual, Chapman y Hall. *Nowy Jork*. (For Unit II)
- Minnis, P. E. (Ed.). (2000). *Ethnobotany: a reader*. University of Oklahoma Press. (For Unit I, III)
- Posey, D. (1999). Cultural and spiritual values of biodiversity. London, United Nations Environmental Programme & Intermediate Technology Publications. (For Unit III)
- Rajbhandari, K. R. (2001). Ethnobotany of Nepal Kathmandu. *Ethnobotanical Society of Nepal* (ESON). (For Unit I, III)
- Sillitoe, P. (2006). Ethnobiology and applied anthropology: rapprochement of the academic with the practical. *Journal of the Royal Anthropological Institute*, *12*, S119-S142. (For Unit III)

#### **Reference Books**

Ballee, W. (1998). Advances in historical ecology. New York: Columbia University

- Conklin, H. C. (1968). Lexicographical treatment of folk taxonomies. *Readings in the Sociology of Language*, 1968, 414-433.
- Dodson, M., & Barr, O. (2007). Breaking the deadlock: Developing an indigenous response to protecting indigenous traditional knowledge. *Austl. Indigenous L. Rev.*, 11, 19. <u>http://www.un.org/esa/socdev/unpfii/documents/6\_session\_dodson.pdf</u>.
- Ellen, R. (2006). *Special Edition of the* Journal of the Royal Anthropological Institute. *S1-S22*.<u>http://www.kent.ac.uk/anthropology/files/jrai\_270.pdf</u>
- Harrington, J.P. (1947). Ethnobiology. Acta Americana. Number 5. Pages 244-247

Haudricourt, Andre-Georges (1973) "Botanical nomenclature and its translation. In M. Teich & R Young (Eds) *Changing perspectives in the history of science: Essays in honour of Joseph Needham* Heinemann. London, 265-273. IUCN.Laird, S. A. (2002). Biodiversity and Traditional Knowledge–Equitable Partnerships in Practice. *Environmental Management and Health*, *13*(3), 317-317.

Johannes, R. E. (1989). Traditional ecological knowledge: a collection of essays.

- Plotkin, M. J. (1995). The importance of ethnobotany for tropical forest conservation. *Ethnobotany*. *Dioscorides Press, Portland*, 147-156.
- Schultes, R. E., & Von Reis, S. (1995). Evolution of a Discipline (Vol. 414). Portland, Ore: Dioscorides Press.
- Stevenson, M. C. (1915). *Ethnobotany of the Zuni Indians* (Vol. 30). US Government Printing Office.
- Tuxill, J. D., & Nabhan, G. P. (2001). People, plants, and protected areas: A guide to in situ management (Vol. 3).
- Earthscan.Zerner, C. (Ed.). (2000). *People, plants, and justice: the politics of nature conservation*. Columbia University Press.

Dio. Du. 517. Matural Resource Conservation and Management		
Course No: Bio. Ed. 547 (Elective)	Nature of course: Theoretical	
Level: M. Ed.	Credit hours: 3	
Semester: Fourth	Teaching hours: 48	

## Bio. Ed. 547: Natural Resource Conservation and Management

### 1. Course Description

This course is designed to acquaint the students with the knowledge and skills on "Natural Resource Conservation and Their Management". The major aims of the course are to give advanced knowledge on the status of natural resources and their conservation with reference to Nepal. The course covers both renewable and non-renewable resources focusing on biological, water, soil, minerals and energy resources including their use and application for the livelihood enhancement of the people.

## 2. General Objectives:

The general objectives of this course are as follows:

- To acquaint the students with biological resources, their status and conservation
- To give brief description of water resources status, use, issues and opportunities
- To give exposure to the students on the status of soil and minerals resources, their nexus with environment and society
- To make students familiar with the status of energy resources, their consumption and impacts on the environment
- To make the students familiar with the relationship between natural resources, indigenous knowledge and environmental conservation
- To produce self-reliant and practically oriented resource managers

#### 3. Specific Objectives and Contents

Specific objectives	Contents	
• Explain briefly the introduction and the	Unit I. Natural Resources Conservation	
concept of natural resources	and Management (6)	
• Describe major types natural resources	1.1 Introduction	
• Discuss briefly the types of biodiversity	1.2 Types	
• Explain the scope and importance of	1.3 Scope and importance	
natural resources	1.4 Production practices of natural	
• Explain about the production practices of	resources	
natural resources	1.5 Key philosophies and principles of	
	traditional and modern practices	

•	Explain the key philosophies and			
	principles related to natural resources			
	conservation and management			
•	Explain the concept of biological	Unit II: Biological Resources (8)		
	resources	2.1 Concept		
•	Describe the status of biological diversity	2.2 Status of biological resources in global		
	in global and national context	and national context		
•	Discuss briefly the ecological and	2.3 Ecological and economic benefits of		
	economic benefits of biological diversity	biological diversity		
•	Discuss on forest types and their	2.4 Forest types and their distribution in		
	distribution in Nepal	Nepal		
•	Highlight the major issues concerning	2.5 Issues concerning to conservation of		
	with the conservation of biodiversity	biodiversity		
•	Study the national initiatives on	2.6 National initiatives on sustainable use		
	biological resources conservation and	and management with relevant case		
	their sustainable use with suitable case	studies		
	studies			
•	Give brief description of sources and	Unit III Water Resources (8)		
	status of fresh water in global and	3.1 Concept and status of fresh water		
	Nepalese context	resources in the world and Nepal		
•	Explain interrelation of water resources	3.2 Interrelation of water resource with		
	with other natural resources and	other natural resources and		
	environment	environment		
•	Acquaint with the major issues	3.3 Issues concerning of water resource,		
	associated with the water resources	it's distribution and use including		
•	Explain the concept of watersheds and	transboundary aspects		
	their management	3.4 Concept of sustainable use of water		
		and integrated water resource		
		management (IWRM)/watershed		
		management		
•	Explain the concept, nature and types of	Unit IV: Soil and Mineral Resources (9)		
	soil resources	4.1 Nature and types of soil		
•	Discuss soil as resource in Nepalese	4.2 Soil in Nepal		
	context	4.3 Soil conservation methods		
•	Explain soil conservation methods			

•	Describe the sloping agricultural land	4.4 Sloping agricultural land technique
	technique (SALT) and its importance in	(SALT) and its importance in context
	context of Nepal	of Nepal
•	Discuss the major minerals and their	4.5 Classification of minerals
	classification	4.6 Distribution, abundance and use of
•	Explain the distribution, abundance and	mineral in Nepal
	use of mineral resources in context of	4.7 Environmental impacts of mineral
	Nepal	exploitation and use
•	Explain the major environmental	4.8 Sustainable use of mineral
	impacts of mineral exploitation and use	
•	Discuss the sustainable use of mineral	
	resources	
•	Explain the introduction and types of	Unit V: Energy Resources (9)
	energy resources	5.1 Introduction and their classification
•	Discuss current consumption pattern of	5.1.1 renewable
	energy resources and their advantages	5.1.2 non-renewable,
	and disadvantages in Nepalese context	5.1.3 alternative
•	Describe nexus of environment-energy	5.2 Current consumption pattern of
	and major issues concerning with it	energy resources and their advantages
•	Introduce the major alternative sources	and disadvantages in Nepalese context
	of energy	5.3 Environment-energy nexus and
•	Discuss the sustainable use of energy	concerning issues
	sources in Nepal	5.4 Introduction to potential sources of
		alternative energy
		5.4.1 solar,
		5.4.2 wind,
		5.4.3 hydro,
		5.4.4 geothermal,
		5.4.5 wave and tidal,
		5.4.6 nuclear
		5.4.7 biofuels
		5.5 Approaches of sustainable use of
		energy resources in Nepal
<u> </u>		

•	Introduce the concepts of social	Unit VI: Society, Culture and Natural
	conventions and norms, cultural values	<b>Resources Management</b> (8)
	and institutions	6.1 Introduction to the concepts of social
•	Study the human-environment	conventions and norms, cultural
	relationship with reference to developing	values and institutions.
	and developed countries	6.2 Human-environment relationship: its
•	Highlight the basic concept of common	history and different perspectives in
	pool resources, tragedy of commons and	developing and developed countries
	prisoner's dilemma	6.3 Basic concept on common pool
•	Discuss the Impact of natural resource	resources, tragedy of commons and
	development projects on lives of	prisoner's dilemma
	indigenous people	6.4 Impact of natural resource
•	Describe the role of society, culture,	development projects (mines, hydro,
	institutions indigenous knowledge for	tourism) on lives of indigenous people
	natural resource management	6.5 Role of society, culture, institutions
	C	indigenous knowledge for natural
		resource management

*Note:* The figures within parenthesis indicate the appropriate teaching hours allocated to respective units.

# 4. Instructional Techniques

The instructional techniques for this course are divided into two groups. First group consists of general instructional techniques applicable to most of the units. The second group consists of specific instructional techniques applicable to specific units.

## **4.1 General Instructional Techniques**

- Lecture method
- Discussion method
- Demonstration method and
- Collaborative method;

## 4.2 pecific Instructional Techniques/Activities

Units	Activities	
Unit I	Chart preparation and presentation, field visits	
Unit II	Web surfing	
Unit III	Video preparation and show, leaflet preparation	
Unit IV	Interview, web surfing, field visits, case study, seminar conduction	
Unit V	Web surfing, Group work and Field work	
Unit VI	Project work, preparation of charts	

## 6. Evaluation

## **6.1.Evaluation (Internal Assessment and External Examination)**

Nature of	Internal Assessment	Semester	Total Marks
course		Examination	
Theory	40 Marks	60 Marks	100 Marks

*Note*: *Students must pass separately in internal assessment and semester examination.* 

#### 5.1.2 Internal Evaluation

#### 40 Marks

Internal evaluation will be conducted by course teacher based on following activities:

1.	Attendance	5 Marks
2.	Participation in learning activities	5 Marks
3.	First assignment (written assignment)	10 Marks
4.	Second assignment (Project work/ report writing and presentation)	10 Marks
5.	Third assignment/ Term exam	10 Marks
	Total	40 Marks

**Note:** *First assignment/assessment might be book review /article review, quiz, home assignment* etc. according to nature of course. Second assignment/assessment might be project work, case study, seminar, survey/field study and individual/group report writing, term paper based on secondary data or review of literature and documents etc. and third assignment will be term exam.

## **5.1.2 External Evaluation (Final Examination)**

#### 60 Marks

Examination Division, office of the Dean, Faculty of Education will conduct final

examination at the end of semester. The marks distribution will be

4.	Objective questions (Multiple Choice Questions 10 x 1mark)	10 Marks
5.	Subjective short questions (6 questions with 2 'OR 'questions x 5 marks)	30 Marks
6.	Subjective long questions (2 questions with 1 'OR 'questions x 10 marks)	20 Marks
	Total	60 Marks

#### **Recommended Books and Reference**

#### **Recommended Books**

Chaudhary, R. P. (1998). *Biodiversity in Nepal: Status and Conservation*. Shanpur (UP):
Tempers Books. (All Units)
Brady, N. C., & Well, R. R. (2007). *The Nature and Properties of Soils*. New Delhi: Pearson
Prentice Hall. (Unit IV)
Christensen, J. W. (1984). *Global Science: Energy, Resource and Environment*.
Dubuque, Lowa: Kendall-Hunt Publishing Co. (Unit V)
Government of Nepal. (2004). *Mineral Resources of Nepal*. Kathmandu: Department of
Mines and Geology, Government of Nepal. (Unit IV)
Jha, P. K., Karmacharya, S. B., Baral, S. R., & Lacoul, P. (2000). Environment and
Agriculture at the Crossroads of the New Millennium. *Ecological Society (ECOS), Kathmandu*. (Unit VI)
Water and Energy Commission Secretariat (WECS). (2010). *Energy Sector Synopsis Report*.
Retrieved from Kathmandu: Government of Nepal (GoN). (Unit III)

#### References

- Bhuju U.R., Shakya P.R., Basnet, T.B. and Shrestha, S. (2007) Nepal Biodiversity Resource Book:
   Protected Areas, Ramsar Sites, and World Heritage Sites. ICIMOD and MOEST, Government of Nepal in cooperation with UNEP, Kathmandu, Nepal.
- Bailey, J. A. (1984). Principles of Wildlife Management. New York: John Wiley.
- Central Bureau of Statistics (CBS). (2011). *Environment Statistics of Nepal*. Kathmandu: Government of Nepal (GoN).
- Chandler, W. U., Geller, H. S., & Ledbetter, M. R. (1988). Energy efficiency: A new agenda.
- McCoy, R. (1985). *National Parks for a New Generation: Visions. Realities. Prospects*. Washington DC: The Conservation Foundation.
- Council on Economics and National Security. (1981). *Strategic Minerals: A Resources Crisis*. Washington DC.: Council on Economics and National Security
- Davidson, J. (1987). The New Solar Electric Home. Ann Arbor: Aatec Publications.
- Fowler, J. M. (1984). Energy and the Environment. New York: McGraw-Hill.
- Groom, J. M., Meffe, G. K., & Carrroll, C. R. (2006). *Principles of Conservation Biology.* (3rdEdition). USA: Sinauer Associates Publication.
- Hendee, J. (1977). Principles of Wilderness Management. Washington, DC: Government Printing Office.

- Joshi, A. R., Shrestha, S. L., & Joshi, K. (2003). *Environmental Management and Sustainable* Development at the Crossroad. Kathmandu: Ankush.
- Klee, G. A. (1991). Conservation of Natural Resources. USA: Prentice Hall Publication Co.
- McNeely, J. A. (1989). Conserving the World's Biological Resource: A Primer on Principles and Practice for Development Action. Washington DC: World Resource Institute.
- Miller, J. G. T. (2003). Living in the Environment. USA: Wadsworth Publication.
- National Academy of Sciences. (1986). Soil Conservation. Washington DC: National Academy Press.
- Vatn, A. (2005). Institution and the Environment. USA: Edward Elgar Publishing, Inc.
- Waring, R. H., & Schlesinget, W. R. (1985). Forest Ecosystem: Concepts and Management. Florida: Academic Press.
- Water and Energy Commission Secretariat (WECS). (2010). *Energy Sector Synopsis Report*. Kathmandu: Government of Nepal (GoN)
- Water and Energy Commission Secretariat (WECS). (2011). *Water Resources of Nepal in the Context of Climate Change*. Kathmandu: Government of Nepal (GoN)

## Chem. Ed. 546: Nuclear Chemistry

Course No.: Chem. Ed. 546 (Elective) Level: M.Ed. in Chemistry Semester: Fourth Nature of course: Theoretical Credit hours: 3 Teaching hours: 48 Period per week: 3

### **1.** Course Description

This course aims to provide students with both basic and advanced knowledge in the field of nuclear chemistry. It covers a wide range of topics including nuclear structure and systematics, isotopes and nuclear forces, nuclear radiations and their effects, nuclear emission and radioactive decay, detection methods for nuclear radiations, and nuclear reactions. The course consists six units. Unit I emphasize to the composition, and structure of nuclei. Unit II Covers the isotopic preparation and application and different types of nuclear forces operate inside the nucleus of atom. Unit III provides knowledge of different types of nuclear radiations, their interaction with matter and their effects. Unit IV provides the information regarding different types of nuclear emission, their decay processes and theory related to nuclear emission. Unit V is about the detection methods for nuclear radiations and unit VI is about nuclear reactions.

#### 2. General Objectives

The general objectives of this course are as follows:

- To develop a conceptual understanding of nuclear chemistry among students.
- To familiarize students with the structure of the nucleus and nuclear systematics.
- To equip students with knowledge of isotopes and nuclear forces.
- To facilitate students' understanding of nuclear emission and radioactive decay.
- To acquaint students with different types of radiation, their effects, and various methods for detecting nuclear radiation.
- To familiarize students with different types of nuclear reactions.

## **3.** Specific Objectives and Contents

Specific Objectives Contents		
Classify the elementary particles and	Unit I: Elements of the Nuclear Structure	
discuss their properties.	and Systematic (8)	
• Explain the comparative account of	1.1 Elementary particles and their	
particle and anti-particle	classification	
• Discuss the interaction between	1.2 Particle and anti-particles	
elementary particle and their types	1.3 Interaction between elementary particle	
• Explain the structure of nucleus	1.4 Structure of nuclei: size, charge, mass,	
• Describe principle and radial quantum	shape and angular momentum of nucleus.	
numbers	1.5 Principle and radial quantum numbers	
	1.6 Electron proton concept	

	1 4 - 22	
• Discuss the different concepts of	1.7 Neutron proton concept	
nucleus	1.8 Magnetic and electric properties of the nucleus	
• Illustrate the Magnetic and electric	1.9 Nuclear models	
properties of the nucleus	1.9 Nuclear models 1.9.1 Shell Model,	
• Explain the salient feature of different	1.9.2 The liquid drop model,	
nuclear models.	1.9.3 Fermi gas model and	
• Describe nuclear polarization and	1.9.4 the collective model	
nuclear scattering	1.9.5 optical model	
	1.10 Nuclear Polarization, Nuclear Scattering	
Describe isotopes and isotopie	Unit: II Isotopes and Nuclear Forces (10)	
Describe isotopes and isotopic constituents of the elements	2.1 Isotopes and isotopic constituents of the	
	Elements	
Describe the preparation of various     radioisatenes	2.2 Reactions involved in the preparation of	
radioisotopes	radioisotopes ( <sup>3</sup> H, <sup>14</sup> C, <sup>22</sup> Na, <sup>32</sup> P, <sup>35</sup> S, <sup>131</sup> I)	
• Explain the experimental procedure of	2.3 Separation of isotopes and tracer	
separation of isotopes and tracer technique	technique	
<ul> <li>Discuss the application of isotopes as</li> </ul>	2.4 Application of radioisotopes as Tracers	
tracer technique	(Chemical Analysis, Physio-chemical,	
<ul> <li>Explain the properties of deuteron</li> </ul>	analytical, Age determination, Medical,	
	Agricultural, Prospecting of natural	
• Illustrate low energy neutron – proton	resources, Industrial applications)	
scattering	2.5 The deuteron	
Discuss change independence of nuclear force	2.6 Low energy neutron – Proton scattering	
	2.7 Proton- Proton system scattering	
• Explain nucleon –nucleon forces and	2.8 Change independence of nuclear force	
stability of nucleus	2.9 Nucleon- nucleon forces	
• Explain the Meson theory of nuclear force	2.10 Meson theory of nuclear force	
	2.11 The semi-empirical mass equation:	
• Explain Semi- empirical mass equation	- Volume energy,	
under different energy terms	- Surface energy,	
• Write the applications of semi- empirical	- Asymmetry energy,	
mass equation	- Pairing energy and Total binding	
	energy	
	2.12 Applications of the semi- empirical	
	mass equation	
	Unit:III Nuclear Radiations and Its Effect	
• Illustrate the natural and artificial	(6)	
radioactivity		
<ul> <li>Discuss the units of radioactivity</li> </ul>	3.1 Natural and artificial radioactivity	
	Discuss the properties of different types of radiations	
<ul> <li>Discuss the interaction of radiation</li> </ul>	3.4 Interaction of radiation with matter,	
with matter	dosimetry, radiolysis of water,	
<ul> <li>Explain the dosimetry and radiolysis of</li> </ul>	3.5 Radiation hazards, radio-toxicity and its	
water	type,	
water	3.6 Environmental radioactivity	

<ul> <li>Discuss radiation hazards</li> <li>Define radio-toxicity and explain its types</li> </ul>	<ul><li>3.7 Biological effects of radiation</li><li>3.7.1 Genetic effect of radiation</li><li>3.7.2 Effect of radiation in DNA and its constituents.</li></ul>	
<ul> <li>Explain the environmental radioactivity</li> <li>Describe the biological effects of radiation</li> <li>Explain the genetic effect of radiation and effect of radiation in DNA and its constituents</li> </ul>	<ul> <li>3.7.3 Mechanism of radiation reaction on human cell</li> <li>3.8 Maximum permissible dose</li> <li>3.9 Nuclear waste management techniques</li> <li>3.10 Nuclear related international treaty</li> </ul>	
<ul> <li>Discuss Maximum permissible dose</li> <li>Discuss the technique of nuclear waste management</li> </ul>		
• Discuss the half- life period and mean	Unit IV Nuclear Emission and Radioactive	
life for radioactive elements	decay (7)	
<ul> <li>Discuss different radioactive elements</li> <li>Explain different types of radioactive decays</li> <li>Describe the systematics of α – decay</li> <li>Describe different types of natural and artificial decay series</li> <li>Explain the selection rule for Gamma emission</li> <li>Explain Fermi's theory of Beta- decay</li> <li>Illustrate the chemical change in beta decay process</li> </ul>	<ul> <li>4.1 Half-life period and mean life</li> <li>4.2 Radioactive elements</li> <li>4.3 Introduction of α, β and γ decay</li> <li>4.4 Systematic of α – decay</li> <li>4.5 Radioactivity decay series</li> <li>4.6 Selection rule for gamma emission</li> <li>4.7 Fermi's theory of beta decay</li> <li>4.8 Chemical change in β- decay process</li> <li>4.9 Pauli's neutrino hypothesis</li> <li>4.10 Compound nucleus and reciprocity theorem</li> </ul>	
• Explain the Pauli's neutrino hypothesis		
<ul><li>and reciprocity theorem</li><li>Explain the different methods for</li></ul>	Unit: V Detection Methods for Nuclear	
• Explain the different methods for detecting nuclear radiation	Radiations (7)	
<ul> <li>Describe Ionization chamber and solid state detectors.</li> <li>Explain Proportional and Geigermuller counter</li> <li>Explain the principle of Scintillation counters.</li> </ul>	<ul> <li>5.1 Ionization chamber and solid state detectors.</li> <li>5.2 Proportional and Geiger- muller counter.</li> <li>5.3 Scintillation counters.</li> <li>5.4 Photographic emulsion.</li> </ul>	
• Describe Photographic emulsion.		
<ul> <li>Discuss the nuclear reaction</li> <li>Explain the Bethe's notation of atomic</li> </ul>	Unit: VI Nuclear Reactions(10)6.1 Introduction	
<ul><li>nuclei</li><li>Discuss Conservation law in nuclear</li></ul>	<ul><li>6.2 Bethe's notation</li><li>6.3 Conservation law in nuclear reactions</li></ul>	
reactions	6.4 Reaction cross sections	
Explain reaction cross sections	<ul><li>6.5 General feature of cross Rectors</li><li>6.6 Inversion – reaction</li></ul>	
<ul><li>State the general feature of cross sectors</li><li>Describe inversion reaction</li></ul>	6.7 Nuclear fusion and fission reactions	

<ul> <li>Illustrate nuclear fusion and nuclear fission reactions</li> <li>Define and calculate the nuclear reaction energy values for different atomic nuclei</li> </ul>	<ul> <li>6.8 Nuclear reaction energy value</li> <li>6.9 Threshold energy for a nuclear reaction</li> <li>6.10 Fission energy</li> <li>6.11 Bohr and wheeler theory of nuclear fission</li> </ul>
<ul> <li>Derive threshold energy equation for nuclear reactions</li> <li>Discuss fission energy, Bohr and wheeler theory</li> <li>Describe specific reactions due to neutrons, protons, deuterons, alpha, tritons and heavy ions</li> <li>Explain the compound nucleus theory</li> <li>Describe photonuclear reactions</li> <li>Describe thermonuclear reactions</li> <li>Explain the conservations of protons, neutrons and energy in nuclear reactions</li> <li>Explain different fission reactors</li> <li>Classify the reactors</li> <li>Explain the typical reactors</li> <li>Explain the feature of fast breeder reactors test reactors</li> </ul>	<ul> <li>6.12 Specific nuclear reactions due to neutrons, protons, deuterons, alpha, tritons and heavy ions</li> <li>6.13 The compound nucleus theory</li> <li>6.14 Photonuclear reactions</li> <li>6.15 Thermonuclear reaction</li> <li>6.16 Conservations in nuclear reactions: Protons, neutrons and energy</li> <li>6.17 Nuclear reactors: basic principle, reactor criticality, short down mechanism, thermodynamics efficiency</li> <li>6.18 The classification of reactors</li> <li>6.19 Typical reactors and Breeder reactors (Feature of FBTR)</li> </ul>

Note: The figures with in the parentheses indicate the approximate periods for respective units.

# 4. Instructional Techniques

The instructional techniques for this course are divided into two groups. First group consists of general instructional techniques applicable to most of the units. The second group consists of specific instructional techniques applicable to the particular units.

# 4.1 General Instructional Techniques

- Discussion
- Demonstration and Presentation
- Inquiry
- Project work
- Cooperative and collaborative work
- Internet (web) surfing
- Group work

# 4.2 Specific Instructional Techniques

SpSecific Instructional Techniques
Classroom presentation
Report writing and presentation followed by discussion
Presentation by studying the handouts provided by the teacher followed by teachers' suggestions
Video display of and reflect on it with comments
Paper writing and presentation followed by discussion

### 5. Evaluation

#### **Evaluation (Internal Assessment and External Examination)**

Nature of course	Internal Assessment	Semester Examination	Total Marks
Theory	40 Marks	60 Marks	100rks

Note: Students must pass separately in internal assessment and semester examination.

Inte	rnal evaluation will be conducted by course teacher based on following	activities:
1.	Attendance	5 Marks
2.	Participation in learning activities	5 Marks
3.	First assignment (written assignment)	10 Marks
4.	Second assignment (Project work/ report writing and presentation)	10 Marks
5.	Third assignment/ Term exam	10 Marks
	Total	40 Marks

**Note:** First assignment/assessment might be book review /article review, quiz, home assignment etc. according to nature of course. Second assignment/assessment might be project work, case study, seminar, survey/field study and individual/group report writing, term paper based on secondary data or review of literature and documents etc. and third assignment will be term exam.

#### External Evaluation (Final Examination)

Examination Division, office of the Dean, Faculty of Education will conduct final examination at the end of semester. The marks distribution will be

60 Marks

1.	Objective questions (Multiple Choice Questions 10 x 1mark)	10 Marks
2.	Subjective short questions (6 questions with 2 'OR 'questions x 5 marks)	30 Marks
3.	Subjective long questions (2 questions with 1 'OR 'questions x 10 marks)	20 Marks
	Total	60 arks

### 6. Recommended Books and References

#### **Recommended Books**

- Arnikar, H. J. (2011). *Essentials of nuclear chemistry (4th revised ed.)*. India: New Age International Publishers (For all units)
- Arora, M.G. & Singh, M. (1998) Nuclear Chemistry. New Delhi: Anmol publications Pvt. Ltd. (For all units)

Srivstava, A.K., & Jain, P.C. (1983) *Elements of nuclear chemistry*. India: S. Chand and Company Limited (For unit I)

#### References

- Choppin, G. R., & Rydberg, J. (1980). *Nuclear chemistry: Theory and applications*. Pergrman Press
- Friedlander, G., Kennedy, J. W., Mahap, E. S., & Miller, J. M. (1973). *Nuclear and Radio chemistry (3rd ed.)*. John-Wiley and Sons
- Kaplan, I. (1987). Nuclear physics (2nd edition). India: Narosa Publishing House

Kellor, C. (1988). Radio chemistry. Ellis Norwood Limited

- Lefort, M. (1968) *Nuclear chemistry (In Yaffe, L. edition)*. London and New York : Academic press
- Rao, K. N. & Arnikar, H. J. (1986). Artificial radioactivity. Tata Mc Graw-Hill.

Sonntag, C.V. (1987). The chemical basis of Radiation Biology. Taylor and Francis. Spinks, J. W. T. &

Woods, R. J. (1976). An introduction to radiation chemistry. John Wiley

# Chem. Ed. 547: Polymer Chemistry

Course No.: Chem. Ed. 547 (Elective) Level: M.Ed. in Chemistry Semester: Fourth Nature of course: Theoretical Credit hours: 3 Teaching hours: 48 Periods per week: 3

#### 1. Course Description

This course is designed to acquaint the students with the knowledge and skills of Polymer chemistry. The main aim of the course is to widen the horizon of knowledge and understanding of students on polymer chemistry. It deals with polymer chemistry with special emphasis on kinetics of polymerization, Polymerization techniques and rheology, chemical and geometrical structure of polymer molecule, individual polymers, polymer reactions, polymer synthesis and its application, and polymer degradation and environment issues.

#### 2. General Objectives

The general objectives of this course are as follows:

- To provide students with in-depth knowledge of polymer chemistry.
- To familiarize the students with the basic concepts of polymer science, polymer structure, and polymerization techniques.
- To enable the students to elaborate on chain, free radical, ionic, coordination, and step polymerization.
- To make the students familiar with polymerization techniques and their rheology
- To provide students with knowledge of the kinetics of free-radical chain, cationic, and anionic polymerization
- To make the students familiar with the chemical and geometrical structure of polymer molecules.
- To make the students knowledgeable about polyethylene, polyester, polycarbonate, etc., and their applications.
- To enable the students to elaborate on polymer synthesis and its application.
- To inculcate knowledge and skills in polymer chemistry through the study of degradation and environmental issues in polymers among the students.

Specific objectives	Contents
• Introduce polymer chemistry and kinetics	Unit I: Chemistry of Polymerization
of polymerization	and Kinetics (8)

#### 3. Specific Objectives and Contents

•		
Ĩ	Classify polymer on the basis of	1.1 Introduction
	homopolymer and copolymer, addition	1.2 Classification of polymers
	and condensation, thermosetting and	1.3 Chain Polymerization
	thermoplastic polymer, and biodegradable	1.4 Free radical polymerization
	and non-biodegradable polymer.	1.5 Ionic Polymerization
•	Describe the process of chain, free radical,	1.6 Coordination Polymerization
	and Ionic polymerization.	1.7 Step Polymerization
•	Explain coordination polymerization with	1.8 Kinetics of Free-radical chain
	Ziegler-Natta catalysts.	polymerization
•	Elaborate step polymerization on the basis	1.9 Equation of kinetics chain length and
	of polycondensation, Polyaddition and	Mayo equation
	ring opening polymerization.	1.10 Kinetics of Cationic, Anionic
•	Explain the kinetics of free-radical chain	polymerization.
	polymerization.	
•	Deduce the equation of kinetic chain	
	length and Mayo equation.	
•	Describe the kinetics of Cationic and	
	Anionic polymerization.	
•	Describe the different techniques of	Unit II: Polymerization Technique
	polymerization on the basis of bulk,	and Rheology (6)
	solution, Suspension and emulsion	2.1 Bulk polymerization
	polymerization.	2.2 Solution polymerization
•	Define and explain Solid-state, Gas phase	
		2.3 Suspension Polymerization
1	and Plasma polymerization techniques.	<ul><li>2.3 Suspension Polymerization</li><li>2.4 Emulsion polymerization</li></ul>
•	and Plasma polymerization techniques. Describe rheology of polymeric materials	
•	· · ·	2.4 Emulsion polymerization
•	Describe rheology of polymeric materials	<ul><li>2.4 Emulsion polymerization</li><li>2.5 Solid-state, Gas phase and Plasma</li></ul>
•	Describe rheology of polymeric materials on the basis of Hooke's and Newton's	<ul><li>2.4 Emulsion polymerization</li><li>2.5 Solid-state, Gas phase and Plasma polymerization</li></ul>
•	Describe rheology of polymeric materials on the basis of Hooke's and Newton's equation.	<ul> <li>2.4 Emulsion polymerization</li> <li>2.5 Solid-state, Gas phase and Plasma polymerization</li> <li>2.6 Rheology of polymeric materials</li> </ul>
•	Describe rheology of polymeric materials on the basis of Hooke's and Newton's equation. Explain The Maxwell and Voigt models	<ul> <li>2.4 Emulsion polymerization</li> <li>2.5 Solid-state, Gas phase and Plasma polymerization</li> <li>2.6 Rheology of polymeric materials</li> <li>2.6.1 Hooke's equation</li> </ul>
•	Describe rheology of polymeric materials on the basis of Hooke's and Newton's equation. Explain The Maxwell and Voigt models for visco-elasticity	<ul> <li>2.4 Emulsion polymerization</li> <li>2.5 Solid-state, Gas phase and Plasma polymerization</li> <li>2.6 Rheology of polymeric materials</li> <li>2.6.1 Hooke's equation</li> <li>2.6.2 Newton's equation</li> </ul>
•	Describe rheology of polymeric materials on the basis of Hooke's and Newton's equation. Explain The Maxwell and Voigt models for visco-elasticity Illustrate the deformation behavior of	<ul> <li>2.4 Emulsion polymerization</li> <li>2.5 Solid-state, Gas phase and Plasma polymerization</li> <li>2.6 Rheology of polymeric materials</li> <li>2.6.1 Hooke's equation</li> <li>2.6.2 Newton's equation</li> <li>2.7 The Maxwell and Voigt models for</li> </ul>
•	Describe rheology of polymeric materials on the basis of Hooke's and Newton's equation. Explain The Maxwell and Voigt models for visco-elasticity Illustrate the deformation behavior of polymeric materials	<ul> <li>2.4 Emulsion polymerization</li> <li>2.5 Solid-state, Gas phase and Plasma polymerization</li> <li>2.6 Rheology of polymeric materials</li> <li>2.6.1 Hooke's equation</li> <li>2.6.2 Newton's equation</li> <li>2.7 The Maxwell and Voigt models for visco-elasticity</li> </ul>
•	Describe rheology of polymeric materials on the basis of Hooke's and Newton's equation. Explain The Maxwell and Voigt models for visco-elasticity Illustrate the deformation behavior of polymeric materials Describe the relaxation and retardation	<ul> <li>2.4 Emulsion polymerization</li> <li>2.5 Solid-state, Gas phase and Plasma polymerization</li> <li>2.6 Rheology of polymeric materials</li> <li>2.6.1 Hooke's equation</li> <li>2.6.2 Newton's equation</li> <li>2.7 The Maxwell and Voigt models for visco-elasticity</li> <li>2.8 Deformation behavior of polymeric</li> </ul>
•	Describe rheology of polymeric materials on the basis of Hooke's and Newton's equation. Explain The Maxwell and Voigt models for visco-elasticity Illustrate the deformation behavior of polymeric materials Describe the relaxation and retardation	<ul> <li>2.4 Emulsion polymerization</li> <li>2.5 Solid-state, Gas phase and Plasma polymerization</li> <li>2.6 Rheology of polymeric materials</li> <li>2.6.1 Hooke's equation</li> <li>2.6.2 Newton's equation</li> <li>2.7 The Maxwell and Voigt models for visco-elasticity</li> <li>2.8 Deformation behavior of polymeric materials</li> </ul>

		Unit III: Chemical and Geometrical
•	Explain the meaning and application of	Structure of Polymer
	polymer microstructure.	Molecules (4)
•	Illustrate the microstructure of polymer on	3.1 Polymer microstructure
	the basis of chemical structure.	3.2 Microstructure based on the
•	Elaborate polymer microstructure on the	chemical structure
	basis of geometrical structure.	3.3 Microstructure based on the
		geometrical structure
•	Explain Polyethylene polymer on basis of	
	its structure, uses and intermolecular and	Unit IV: Individual Polymers (8)
	intramolecular chain transfer reaction.	4.1 Polyethylene
•	Describe polyesters and its application with	4.2 Polyesters
	its general structure and characteristics.	4.3 Polyureas
•	Explain polyureas, its general	4.4 Polyvinyl alcohols
	characteristics and application.	4.5 Polyvinyl carbonate
•	Elaborate the structure of polyvinyl	4.6 Polyvinyl chlorides
	alcohol and carbonate with their	4.7 Silicon polymers and its uses
	characteristics and uses	4.8 Epoxy Polymers
•	Explain the meaning, structure, general	
	characteristics and application of PVC.	
•	Discuss silicon polymers and its uses.	
•	Explain epoxy polymers and its uses.	
•	Illustrate the reaction of polymers which	Unit V: Polymer Reactions (7)
	emphasizes on hydrolysis, acidolysis,	5.1 Introduction
	aminolysis, and hydrogenation.	5.2 Hydrolysis reaction
•	Explain the addition and substitution	5.3 Acidolysis reaction
	reaction of polymer.	5.4 Aminolysis reaction
•	Describe the reaction of hydroxyl,	5.5 Hydrogenation reaction
	aldehyde, ketonic, and carboxylic.	5.6 Addition and substitution reactions
•	Explain the cyclisation reactions of	5.7 Reaction of various specific groups
	polymer.	5.8 Cyclisation reactions
•	Elaborate cross-linking reaction on the	5.9 Cross linking reactions
	basis of cross-linking during	5.10 Substitution reaction of
	polymerization, Valcanisation and cure	commercial PVC
	reactions.	

•	Describe the substitution reaction of	
	commercial PVC	
•	Define polymer synthesis.	Unit VI: Polymer Synthesis and its
•	Describe the synthesis process on the basis	Application (7)
	of monomer purification, bulk	6.1 Introduction
	polymerization of styrene and emulsion	6.2 Polymer synthesis
	polymerization of styrene.	6.3 Polymer synthesis process
•	Explain the process of isolation and	6.4 Isolation and purification of
	purification of polymer.	polymers
•	Explain the application for polymeric	6.5 Application for Membrane
	materials for the membrane separations on	separations
	filtration, gas, liquid and other separations.	6.6 Biomedical applications of polymers
•	Explain biomedical applications for	6.7 Applications in electronics
	artificial organs, controlled drug delivery	6.8 Application of drag reduction
	and Hemodialysis and Hemofiltration.	
•	Describe the applications in electronics on	
	the basis of electrically conductive	
	polymers, electronic shielding and	
	encapsulation.	
•	Illustrate the drag reduction application of	
	polymer.	
•	Define polymer degradation	Unit VII: Polymer Degradation and
•	List the various types of degradation.	<b>Environmental Issue (8)</b>
•	Describe thermal degradation on the basis	7.1 Introduction
	of factors affecting the C-C bond stability,	7.2 Types of degradation
	other factors affecting thermal stability	7.3 Thermal degradation
	and polymer degradation involving	7.4 Mechanical degradation
	substituent groups.	7.4 Degradation by Ultrasonic waves
•	Illustrate the mechanical and degradation	7.5 Photo-degradation
	by ultrasonic waves.	7.6 Degradation of High energy
•	Explain photo degradation on the basis of	radiation
	photostabilisers.	7.8 Oxidative degradation
•	Illustrate the degradation process of high	7.9 The management of plastics in the
	energy radiation polymer.	environment

•	Define oxidative degradation and explain	
	the mechanism of Rubber and ozone	
	oxidation.	
•	Illustrate the oxidative degradation of	
	saturated polymers.	
•	Describe the management of plastics in	
	the environment on the basis of recycling,	
	incineration and biodegradation.	

*Note: The figure with in the parentheses indicates the approximate periods for respective units.* 

# 4. Instructional Techniques

The instructional techniques for this course are divided into two groups. First group consists of general instructional techniques applicable to most of the units. The second group consists of specific instructional techniques applicable to the particular units.

# **4.1 General Instructional Techniques**

- Discussion
- Demonstration
- Presentation
- Inquiry
- Project work
- Cooperative and collaborative work
- Internet (web) surfing
- Group work

# **4.2 Specific Instructional Techniques**

Units	Specific Instructional Techniques	
Ι	Classroom presentation on thermosetting and thermoplastics,	
	biodegradable and non-biodegradable polymers	
II	Report writing and presentation followed by discussion	
III	Presentation by studying the handouts provided by the teacher	
	followed by teachers' suggestions	
IV	Presentation by studying the handouts provided by the teacher	
	followed by teachers' suggestions	
V	Paper writing and presentation followed by discussion	
VI	Presentation by studying the handouts provided by the teacher	
	followed by teachers' suggestions on polymer synthesis issue.	
V II	Presentation by studying the handouts provided by the teacher	
	followed by teachers' suggestions on polymer degradation topic	

#### 5. Evaluation

Nature of course	Internal Assessment	Semester Examination	Total Marks
Theory	40 Marks	60 Marks	100 Marks

**Evaluation (Internal Assessment and External Examination)** 

*Note*: *Students must pass separately in internal assessment and semester examination.* 

#### **Internal Evaluation**

40 Marks

Internal evaluation will be conducted by course teacher based on following activities:

1.	Attendance	5 Marks
2.	Participation in learning activities	5 Marks
3.	First assignment (written assignment)	10 Marks
4.	Second assignment (Project work/ report writing and presentation)	10 Marks
5.	Third assignment/ Term exam	10 Marks
	Total	40 Marks

**Note:** First assignment/assessment might be book review /article review, quiz, home assignment etc. according to nature of course. Second assignment/assessment might be project work, case study, seminar, survey/field study and individual/group report writing, term paper based on secondary data or review of literature and documents etc. and third assignment will be term exam.

# External Evaluation (Final Examination) 60 Marks

Examination Division, office of the Dean, Faculty of Education will conduct final examination at the end of semester. The marks distribution will be

4.	Objective questions (Multiple Choice Questions 10 x 1mark)	10 Marks
5.	Subjective short questions (6 questions with 2 'OR 'questions x 5 marks)	30 Marks
6.	Subjective long questions (2 questions with 1 'OR 'questions x 10 marks)	20 Marks
	Total	60 arks

#### **Recommended Books and References**

#### **Recommended Books**

Fried, J. R. (2000). Polymer science and technology. New Delhi: Prentice Hall of India Pvt. Ltd. (For all units)

Gowariker, V. R., Vishwanathan, N. V. & Sreedhar, J. (2001). Polymer science.

New Delhi: New age international Pvt. Ltd. Publishers. (For all the units)

# References

- Pandit, C. N., Subedi, R. R. & Tiwari, P. (2071). *A textbook of chemistry*; Kathmandu: Cambridge Publications.
- Prakash, S., Tuli, G. D. & Madan, R. D. (2012). *Advanced inorganic chemistry*; New Delhi: S. Chand and Company.

Nature of course: Theoretical Credit hours: 3 Teaching hours: 48

#### **1.** Course Description

The major aim of this research is to help students acquire essential knowledge and skills required for undertaking research in the field of curriculum and assessment and design a qualitative research project in this field using an appropriate qualitative design. In particular, this course aims to provide students with a basic understanding of qualitative research and enable them to design appropriate qualitative research for studying the issues of curriculum and assessment. While doing so, the students will be able to choose an appropriate paradigm within which they frame their research for exploring the issues of curriculum, testing, assessment, and evaluation. They will be able to select relevant approaches, designs, and tools for conducting research through qualitative methods. This course helps students engage in the field as qualitative researcher and enables them to collect rich, emic data from participants and the field. This course will make students aware of ethical issues and the strategies to deal with them. By participating in the course, the students will also be able to process the qualitative information or data and make meaning from the data. Finally, this course enables the students to write qualitative research proposals and reports in APA format.

#### 2. General Objectives

The general objectives of this course are as follows:

- to make students familiar with different research paradigms in relation to the research in curriculum and assessment.
- to introduce the concept of qualitative research methods with reference to various qualitative paradigms and draw implications of these methods and paradigms for undertaking research in curriculum and assessment
- to acquaint the students with major considerations in conducting qualitative research and equip them with knowledge and skills to conduct research in curriculum and assessment.
- to help students choose appropriate qualitative research design.
- to help students develop skills in tool construction for research in curriculum and assessment using qualitative approach.
- to equip the students with skills in collecting, analyzing, and interpreting qualitative data that help them derive new knowledge in the field of curriculum and evaluation.
- to develop skills for preparing qualitative research reports in some fields of curriculum and assessment.

# 3. Specific Objectives and Contents

Specific Objectives	Contents
<ul> <li>provide the basic concept of research paradigm in relation to research in curriculum and assessment</li> <li>Identify, explain and critically evaluate the strengths of the major types of research paradigms used in the field of curriculum and assessment.</li> <li>Clarify the connection / relationship between paradigms and qualitative research.</li> <li>Use the concepts of research paradigm for curriculum and assessment-related research</li> </ul>	<ul> <li>Unit 1: Research and research Methodologies for Studying the Issues Related to Curriculum and/or Assessment (10)</li> <li>1.1 Overview of the research paradigm and its need for undertaking research in curriculum and assessment.</li> <li>1.2 Components of the Research Paradigm (Ontology, epistemology, axiology, rhetoric, methodology, and Cosmology) with relation to research in curriculum and assessment</li> <li>1.2 Major qualitative research paradigms used in the research of curriculum and assessment</li> <li>1.2.1 Post-positivism</li> <li>1.2.2 Constructivism/interpretivism</li> <li>1.2.3 Critical theory</li> <li>1.2.4 Transformative paradigm</li> <li>1.3 Use of paradigm for qualitative research in relation to various areas and issues of curriculum and/or assessment</li> </ul>
• Differentiate between qualitative and quantitative research by selecting particular examples from curriculum and assessment.	<ul> <li>Unit 2: Approaches to Qualitative Research to Undertake Research in Curriculum and Assessment (12)</li> <li>2.1 Concepts of qualitative research and its relevance to study curricular issues</li> <li>2.2 Characteristics of qualitative research in reference with curricular issues</li> <li>2.3 Difference between qualitative and quantitative research with examples from curriculum and/or assessment</li> <li>2.4 Qualitative research designs for studying the issues of curriculum and assessment (In terms of definition and background, types, process and examples; students will pick up examples from the field of curriculum and assessment for discussion.)</li> <li>2.4.1 Narrative</li> <li>2.4.2 Phenomenology</li> <li>2.4.3 Grounded theory</li> <li>2.4.4 Ethnography</li> <li>2.4.5 Case studies</li> </ul>

<ul> <li>Select appropriate research topic, issues and problems from the field of curriculum and assessment</li> <li>Derive appropriate objectives and/or research questions from the chosen field of curriculum and/or assessment.</li> <li>Use appropriate purposeful sampling strategies for studying curricular issues</li> <li>Make plan and strategies for doing qualitative interviewing and observation</li> <li>Use qualitative data collection strategies for studying curricular issues</li> <li>Write field-notes during the fieldwork.</li> <li>Maintaining quality and credibility in qualitative study on curricular issues</li> <li>Write field-notes during the fieldwork.</li> <li>Maintaining quality and credibility in qualitative study on curricular issues</li> <li>Selecting appropriate research problems and issues</li> <li>Jelecting appropriate research objectives and research questions</li> <li>Jelectin</li></ul>	
<ul> <li>3.5.1 The process of writing field-notes</li> <li>3.5.2 The form of field-notes</li> <li>3.5.3 Transcribing the data</li> <li>3.6 Enhancing the quality and credibility of research curricular issues</li> </ul>	1 on
<ul> <li>3.6.1 Triangulation</li> <li>3.6.2 Prolonged engagement</li> <li>3.6.3 Persistent observation</li> <li>3.6.4 Peer review/peer debriefing and support</li> <li>3.6.5 Audit trail</li> <li>3.6.6 Member checking</li> <li>3.6.7 Negative case analysis</li> </ul>	
<ul> <li>Reflect on the challenges and features of on Curriculum and</li> </ul>	on
analyzing and interpreting meaning of Assessment (10)	
curriculum and assessment 4.1 The challenges in analysis and interpretation of	
Select appropriate data analysis     curricular issues	
<ul> <li>procedures in researching issues of curriculum and assessment.</li> <li>4.2 Features of analysis and interpretation of meani through qualitative curricular inquiry</li> </ul>	ng
<ul> <li>Elaborate the way of representing,</li> <li>Initial discussion of the second second</li></ul>	
reporting, and interpreting findings of 4.4 Data analysis strategies for qualitative curricular	ſ
<ul> <li>curricular issues.</li> <li>Identify the possible ethical challenges</li> <li>research</li> <li>4.4.1 Exploring the general sense of data</li> </ul>	
and considerations in researching 4.4.2 Coding the data	
curricular issues. 4.4.3 Themes generation	
4.4.4 Representing and reporting findings 4.4.5 Interpretation of findings	
4.4.5 Interpretation of findings 4.5 Ethical Considerations for qualitative research in	n
curriculum and assessment	
4.5.1 Research ethics	
4.5.2 Informed consent 4.5.3 No Deception/honesty	
4.5.3 No Deception/honesty 4.5.4 Privacy and confidentiality	
4.5.5 Accuracy	

• Use appropriate writing style in	Unit 5: Report writing for qualitative research in
qualitative report on curricular issues	curriculum and assessment (6)
• Prepare the format and structure for	5.1.1. General features of qualitative research
qualitative research report	writing on curricular issues
• Use APA citation in qualitative research	5.1.2. Integrating qualitative data into analysis
report	5.1.3. Interpretation, reflection, abstraction and
• Use APA referencing in qualitative	theorizing
report.	5.1.4. Physical structure and content of the report
• Critically appraise the quality of	5.1 APA citations in qualitative research in curriculum
qualitative report	and/or assessment
• Prepare qualitative research report after	5.2 APA referencing in qualitative research in
accomplishing the research in the field of curriculum and/or assessment.	curriculum and/or assessment
of curriculum and/or assessment.	

*Note: The figures in the parenthesis indicate the approximate teaching hours for the respective units.* 

# 4. Instructional Techniques

# 4.1 General Techniques

- Lecture with discussion
- Demonstration
- Home assignment and self-study

# 4.2 Specific Instructional Techniques

<b>†</b>	4.2 Specific Instructional Techniques		
- Unit	- Activity and Instructional Techniques		
Ι	<ul> <li>Divide the students into groups</li> <li>Let each group of students choose one research issue from curriculum or assessment and choose one research paradigms from the following list (a) Post-positivism, (b) Constructivism, (c) Transformative paradigm, (d) Pragmatic Paradigm</li> <li>Let the groups discuss why this paradigm is relevant for this study and prepare 2/3- page report</li> <li>Share the report in the classroom followed by discussion</li> </ul>		
Π	<ul> <li>Divide the students into groups</li> <li>Let each group of students choose one research problem or research issue for each of the following designs: (a) Narrative, (b) Phenomenology, (c) Grounded theory, (d) Ethnography, and (e) Case studies</li> <li>Let the group discuss how such problems are best solved using these designs and prepare 2/3-page report</li> <li>Share the report in the classroom, followed by discussion</li> </ul>		
III	• Ask students to construct qualitative information tools in relation to their research issues in curriculum and assessment.		
V	• Search and review some qualitative research reports from the field of curriculum and/or assessment and comment on the overall structure, writing and analyzing style, and citation and referencing		

# 5. Evaluation

# 5.1 Internal Evaluation 40%

Internal evaluation will be conducted by the course teacher based on the following criteria.

1) Attendance

2)	Participation	5		
3)	First assignment/book review/written as	signment/quizzes		10
4)	Second assignment/paper writing, or pre	sentation	10	
5)	Third assessment/ written test (1 or two)		10	
	Total		40	

#### 5.2 External Evaluation (Final Examination) 60%

The Examination Division, Office of the Dean, Faculty of Education, will conduct the final examination at the end of the semester.

1) Objective type question (Multiple choice questions, 10 x1)	10	
2) Short answer questions (6 questions with 2 OR x 5)		30
3) Long answer questions (2 questions with 1 OR x 10)		20
Total	60	

#### 6. Recommended and Reference books

#### **Recommended Book**

Creswell, J.W., & Poth, C.N. (2018). *Qualitative inquiry and research design: Choosing among five approaches* (4<sup>th</sup> ed.). Sage

#### Reference

Denzin, N. K., & Lincoln, Y. S. (2017). The Sage handbook of qualitative research (5th ed.). Sage.

Miles, M. B., Huberman, A.M., & Saldana, J. (2018). Qualitative data analysis: A method sourcebook (4th Ed.). Sage.

Cohen, L., Manion, L. & Morrison, K. (2011). Research methods in education (7th ed.). Routledge.

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# Ed. CE. 547: Management of Open and Distance Learning

Course No.: Ed. CE. 547 (Elective)	Nature of course: Theoretical
Level: M. Ed.	Credit hours: 3h
Semester: Fourth	Teaching hours: 48h

#### 1. Course Description

This is an elective course designed for the students specializing in Curriculum and Evaluation. This course deals with the concepts of open and distance learning (ODL), creating learning materials for ODL, tutoring and supporting students, and assessing the students in ODL. In this course, students' knowledge in ODL will be enriched through different instructional techniques. The course aims to enable the students in planning and implementing the ODL programmes.

#### 2. General Objectives of the course

The general objectives of this course are as follows:

- to familiarize the students with open and distance learning.
- to equip the students with knowledge and skills in creating ODL materials
- to acquaint the students with tutoring skills and supporting students in ODL.
- to make the students familiar with major methods and problems of assessment in ODL and the ways of dealing with problems in ODL assessment.

#### **3.** Course Outlines

Specific Objectives	Contents	
Clarify the concept of open	Unit I : Introduction to Open and Distance	
learning, distance learning and	Learning (ODL) (6)	
ODL.	1.1 Concept of distance learning, open learning and	
• Identify the key characteristics of	ODL	
ODL.	1.2 Key characteristics of ODL	
• State the advantages of ODL for	1.3 Advantages of ODL for students and providers/	
students and providers/	government	
government.	1.4 Approaches to ODL	
• Describe the various approaches	1.5 Models of distance learning	
to ODL	1.5.1 Examination preparation model	
• Identify and explain the various	1.5.2 Correspondence education model	
models of distance learning.	1.5.3 Group distance education model	
• Explain the ways maximize the	1.5.4 Learner-centered model	
chances of managing change	1.5.5 Multiple mass media model	
successfully.	1.5.6 Current models of distance learning	
	1.6 Change management	
	1.6.1 Resistance to change	
	1.6.2 Overcoming resistance to change	
	1.6.3 Systematic change management	
• Explain the concept of	Unit 2 Creating Learning Materials for ODL	
instructional design.	(20)	
• Describe the theories of	2.1 Concept of instructional design	
instructional design.	2.2 Theories of instructional design	
• Describe the characteristics of	2.3 Adult learners	
adult learners and its implication	2.3.1 Characteristics	
for instructional design of ODL	2.3.2 Implication for instructional design of	
• List the characteristics of good	ODL	
ODL materials	2.4 Characteristics of good ODL materials	
	2.5 Difference at between of ODL materials and	
	other education materials	
	2.6 Comparison of ODL materials and textbook	

<ul> <li>Differentiate between ODL materials and other educational materials.</li> <li>Compare ODL materials with textbook.</li> <li>Explain the different methods of acquiring ODL materials</li> <li>Write a unit for ODL material and update.</li> <li>Explain the purposes and structure of a study and guide the potential contents its.</li> <li>Explain the ICT materials to support learners of ODL.</li> </ul>	<ul> <li>2.7 Acquiring ODL materials: Make, buy or adopt</li> <li>2.8 Writing a unit <ul> <li>2.8.1 Introduction</li> <li>2.8.2 Layout</li> <li>2.8.3 Developmental testing</li> <li>2.8.4 Updating materials</li> </ul> </li> <li>2.9 Study guide <ul> <li>2.9.1 Purposes</li> <li>2.9.2 Potential contents of a study guide</li> <li>2.9.3 Structure of a study guide</li> </ul> </li> <li>2.10 ICT materials to support learners</li> </ul>
<ul> <li>Explain the tutor's role in ODL.</li> <li>Identify the attributes of an idle tutor.</li> <li>Describe the reasons for offering tutoring and providing support to the students.</li> <li>Describe the core ODL tutoring skills of the tutor.</li> <li>Describe the various types of tutoring.</li> <li>Explain the factors of monitoring tutors in ODL.</li> <li>Describe the sustaining responsibilities of the tutors.</li> <li>Describe the counseling functions.</li> <li>Identify the necessary information to be provided to the students.</li> </ul>	Unit 3 : Tutoring and Supporting Students (14) 3.1 Tutor's role in ODL 3.2 Attributes of an idle tutor 3.3 Reasons for offering tutoring and support 3.4 Core ODL tutoring skills 3.4.1 Supporting 3.4.2 Guiding learning 3.4.3 Enabling learning 3.4.4 Administrative skills 3.5 Types of tutoring 3.5.1 Face-to-face 3.5.2 Telephone 3.5.3 On-line tutoring 3.6 Sustaining responsibilities of the tutors 3.7 Monitoring tutors 3.8 Counselling students 3.9 Information to students
<ul> <li>Explain the purposes of assessment and feedback in ODL.</li> <li>Classify the types of assessment in ODL.</li> <li>List the features of good assessment practice.</li> <li>Describe the methods of assessment in ODL</li> <li>Plan the effective assignments and marking scheme for the course.</li> </ul>	Unit 4 : Assessment in ODL(8)4.1 Purposes of assessment and feedback in ODL4.2 Types of assessment4.3 Features of good assessment practice4.4 Methods of assessment4.4.1 Examination4.4.2 Tutor-marked assignments4.4.3 Portfolios4.4.4 On-line assignments4.5 Planning effective assignments4.5.1 Art of marking assignments4.5.2 Dealing with problems in ODLassessments

*Note:* The figures in the parentheses indicate the approximate teaching hours for the respective units.

- Lecture with discussion
- Demonstration
- Self study

# 4.2 Specific Instructional Techniques

7.4	4.2 Specific instructional rechniques		
Unit	Activities and Instructional Techniques		
	• Divide the students into 4 groups		
	• Let each group of students prepare one/two page report on (a)		
	characteristics of ODL, (b) advantages of ODL for students, (c) advantages		
	of ODL for providers/ government, and (d) approaches to ODL		
	<ul> <li>Presentation of report in the classroom followed by discussion</li> </ul>		
	• Students will be divided into pairs.		
	• Each pair will be assigned to write different 2/3 subunits of this course as		
	an ODL material		
	• Let each pair prepare 5/6 page ODL material		
	• ODL material presentation of in the classroom followed by discussion		
	• Divide the students in different groups.		
	• Let 4 group of students prepare one/two page report on Core ODL tutoring Skills (a) Supporting, (b) guiding learning, (c) enabling learning, and (d)		
	administrative skills and 3 groups on Types of tutoring (e) Face-to-face, (f)		
	telephone, and (g) on-line-tutoring.		
	• Presentation of the report in the classroom followed by discussion		
	• Divide the students in different groups.		
	• Let each group of students prepare one/two page report on methods of		
	assessment (a) examination, (b) tutor-marked assignments, (c) portfolios,		
	and (d) on-line assignments.		
	• Presentation of the report in the classroom followed by discussion		

# 5. Evaluation

# 5.1 Internal Evaluation 40%

Internal Evaluation will be conducted by the subject teacher based on following activities.

- Attendance and participation
   First assignment/written assignment/quizzes
   10 points
- 3) Second assignment/ODL material writing and or presentation 10 points
- 4) <u>Third assessment/ written test (at least one)</u> 10 points
   Total 40 points

# 5.2 External Evaluation (Final Examination) 60%

Examination Division, Dean's Officewill conduct final examination at the end of semester.

S.No.	Type of Questions	No. of questions & points	Points
1.	Objective type questions	Multiple choice 10 x1 point	10 points
2.	Short answer questions	6 questions x 5 points with 2	30 points
		or questions	
3.	Long answer questions	2 questions x 10 points with 1	20 points
		or question	
	Total		60 points

# 6. Recommended and Reference Books

# **Recommended Books**

Commonwealth of Learning (2003). *Tutoring in open and distance learning: A handbook for tutors*, Vancouver: Commonwealth of Learning. (For unit I, III, and IV)

- Commonwealth of Learning (2004). *Planning and implementing open and distance learning systems: A handbook for decision makers*, Vancouver: Commonwealth of Learning. (For unit I, II, III, and IV)
- Commonwealth of Learning (2005). *Creating learning materials for open and distance learning: A handbook for authors and instgructional designers*, Vancouver: Commonwealth of Learning. (For unit I)
- Johnson, J. L. (2003). Distance education: The complete guide to design, deilvery, and improvement, New York: teachers College Press (For unit I and IV)
- Mitra, S. (Dr.) (2008). Manual for the tutors of Learning centers in open schools, Vancouver: Commonwealth of Learning. (For unit I and II)

#### **Reference Books**

- Melton, R. F. (2004). *Planning and developing open and distance learning: A quality assurance approach*, London: Taylor and Francis e-library.
- Perraton, H. (2005). *Open and distance learning in the developing world*, London: Taylor and Francis e-library.

Eco. Ed. 546: Managerial EconomicsCourse No.: Eco.Ed. 546Nature of course: TheoreticalLevel: M. Ed.Credit hours: 3Semester: FourthTeaching hours: 48

# **1.** Course Description

This course provides knowledge of tools and techniques of economics and its application in various areas of corporate decision making. The contents included in the course are decision-making criteria and procedures, demand and cost theory, pricing theory (including price positioning), managerial theories and the organizational nature of the business. The course helps the students to appraise business around them and to develop skills related to operate decision on the future prospects of business.

# 2. General objectives

The general objectives of this course are as follows.

- To make the students familiar with nature and scope of business economics,
- To build up the skills of economic way of thinking to individual decisions and business decisions among the students,
- To craft the students able in using the data for estimating and the forecasting of demand taking into account the price and income of the consumers,
- To make the students knowledgeable about production and pricing system in the markets,
- To make the students able in analyzing managerial theories and model of the firms,
- To enable the students in assessing the behavior of organization and the effect of motivation on it,
- To familiarize the students with the role of aggregate variables which play in market economies in affecting the individual firm.

#### Contents **Specific Objectives Unit I: Nature, and Scope of Managerial** To describe the nature, scope and **Economics** decision-making process of managerial (10)1.1 Nature and scope of managerial economics economics. Importance of economic analysis in 1.2 To explain the theory of firm; profit • business decision maximization, cost minimization and 1.3 The managerial decision-making process economic optimization. 1.4 Theory of firm, profit maximization, cost To define the concept of time value of • minimization and economic optimization Concept of time value of money. 1.5 money. **Unit II: Demand Analysis, Estimation and** To explain the concept of demand function. Forecasting (5) 2.1 Modeling of consumer's demand To describe sources and types of data. 2.2 Sources of data: primary vs secondary; To apply demand estimation and • types of data: time series. cross section and forecasting methods in managerial panel data economics. 2.3 Forecasting consumer's demand: consumption level method, moving average method, regression analysis method **Unit III: Production and Cost Analysis** (5) To describe and estimate production • 3.1 Production functions, types and estimation function. 3.2 Economies of scale and economies of scope. To explain economies of scale and its scope To explain break even aanalysis. **Unit IV: Break Even Analysis and Market** • Structure (10)To define monopoly power and 4.1 Break Even Analysis (BEA): regulation. 4.1.1 Assumptions and meaning of BEA.

#### 3. Specific objectives and contents

To complete Collection and Contal	4.1.2 DE abort and its alternative form		
• To explain Collusion and Cartel.	<ul><li>4.1.2 BE chart and its alternative form.</li><li>4.1.3 Formula method for determining BEP.</li></ul>		
• To regulating the Market Economy	4.1.4 Usefulness and limitations of BEA.		
	4.2 Monopoly power and its regulation		
	4.2.1 Monopoly power and its measurement		
	4.2.2 Monopoly regulation in practice		
	4.3 collusion and cartel,		
	4.3.1 Collusion and cartel		
	4.3.2 Nepali type cartel		
	4.4 Regulating the market economy		
	4.4.1 Taxes and subsidies		
	4.4.2 Costs of regulation		
• To analyze the Baumol's theory of sales	Unit V: Managerial Theories and Models of the		
revenue maximigation.	Firm (5)		
• To explain the Marris's model of	5.1 Baumol'stheory of sales revenue		
managerial enterprise, and	maximization		
Williamson's model of managerial	5.2 Marris's model of managerial enterprise		
discretion.	5.3 Williamson's model of managerial		
	discretion.		
• Todescribe the reasons to expand an	Unit VI: Economics of Organization (6)		
enterprise and its classification	6.1 Reasons to expand an enterprise,		
• Toexplain the various forms of	6.2 Classifying business expansion		
transaction costs and its boundaries	6.2.1 Value chains		
• Toassess the behavior of organization	6.2.2 Horizontal and vertical integration		
and the effect of motivation on it.	6.2.3 Conglomerate		
and the effect of motivation on it.	6.3 Transaction costs and boundaries of the		
	firm		
	6.3.1 cost center versus profit centers		
	6.3.2 Transfer pricing		
	6.3.3 Employee motivation		
• To analyse the process of income	Unit VII: National Income Accounting and		
determination in a closed and open	their Implication in Business		
exonomy.	Decision (7)		
• Toexplain the concept of equilibrium in	7.1 Income determination in a closed and open		
goods and money market.	economy		
• Tostate the IS-LM-BP model with			
flexible exchange rate.	money market and bops.		
• Toanalyze the concept of aggregate	7.3 IS-LM-BP model with flexible exchange		
demand and aggregate supply and	rates		
equilibrium in a closed economy.	7.4 Aggregate demand and aggregate supply		
	and equilibrium in a closed economy both in short run and long run		
	in short run and long run		

Note: The figures in the parentheses indicate the approximate periods for the respective units.

# 4. Instructional Techniques

The instructional techniques for this course are divided into two categories. The first category consists of general instructional techniques applicable to most of the units. The second category consists of specific instructional techniques applicable to particular units.

# **4.1 General Techniques**

a. Lecture and illustration

- b. Discussion and demonstration
- c. Individual and group work/project method
- d. Report writing and classroom presentation
- e. Inquiry and question answer
- f. Case study

#### **4.2 Specific Instructional Techniques**

Unit	Specific Instructional Technique	
Unit I	Review of materials on basic concepts by the students and group presentation.	
	Present of review report by the students followed by discussion.	
Unit V	Guest lecture on economic organization and managerial theories	
Unit VI	Project work on the estimation of the variables, such as, consumption,	
	investment, exports, and imports.	

# 5. Evaluation Scheme

#### 5.1 Internal Evaluation 40%

Internal evaluation will be conducted by course teacher based on following activities:

	Nature of Questions	Points
S.N.		
1.	Attendance	5
2.	Participation in learning activities	5
3.	First assessment	10
4.	Second assessment (Paper submission)	10
5.	Final assessment	10

#### 5.2 External Evaluation (Final Examination) 60 %

Examination Division, office of the Dean, Faculty of Education will conduct final examination at the end of semester.

S.N.	Nature of Questions	Number of Questions	Points
1.	Objective type question (Multiple choice)	10× 1	10
2.	Short answer questions (6 questions with 2 OR questions $\times$ 5 points)	6× 5	30
2.	Long answer questions (2 questions with 1 OR question $\times$ 10 points)	2× 10	20

#### 6 Recommended Books and References

#### 6.1 Recommended Books

- Baye, M. (2010), *Managerial Economics and Business Strategy* (7th ed.). Boston: McGraw-Hill Irwin. (For Unit I, II, VI, VII).
- Baye, M. (2010), *Study guide for use with Managerial Economics and Business Strategy* (7th ed.). Boston: McGraw-Hill Irwin. (For Unit VI and VII).

Douglas, E.J. (1990). Managerial Economics. Baltimore: Prentice hall. (For Unit V & VI).

- Hirschey, M. & Pappas, J.L. (1998). *Fundamentals of Managerial Economics*. New Delhi: Dryden press. (For Unit I, II, III& IV).
- Hirschey, M. (2003). *Managerial Economics (10thed.)*. Balitmore: Thomson South-Western. (For Unit I, II &III).
- Keat, P. & Young, P. (1992). *Managerial Economics*. London: MacMillan. (For Unit III, IV, V, VI& VII).
- Kent, P. & Young, P. (2003). *Managerial Economics: Economic Tools for Today's Decision Makers* (4thed.). London: Pearson. (For Unit III, IV, V, VI& VII).
- Koutsoyiannis, A. (1979). Modern Microeconomics. London: MacMillan. (For Unit III & IV).
- Mansfield, E. (1998), *Managerial Economics: Theory, Application and Cases*. New Delhi: Wnortion &co. (For Unit V &VI).
- Michael, R.B. (2000). *Managerial Economics and Business Strategy*. New York: McGraw hills. (For Unit I, II, III, IV& V).
- Mithani, D.M. (2010). *Managerial Economics: Theory and Applications (5th ed.)*. New Delhi: New house. (For Unit IV).
- Salvatore, D. (2001). *Managerial Economics*. New York: McGraw hill. (For Unit I, II, III, IV, V& VI).
- Salvatore, D. (2010). International Economics New Delhi: Willey India. (For Unit VII).
- Thomas, M. (2002). *Managerial Economics: In a Global Economy (7th ed.)*. New York: McGraw hills. (For Unit I & VI).

#### **6.2 References**

- Adhikari, D. (2076). *Economics for Construction Managers*, Kathmandu: Dream land publication pvt.ltd.
- Chevalier, J.A.& Scharfstein, D.S. (1996). *Capital*-market imperfections and countercyclical markups: theory and evidence. *American Economic Review*.5(86), 703-725.
- De Fraja, G. (1996). Entrepreneur or manager: who runs the firm? *Journal of Industrial Economics*.6(44), 89-98.
- Goering, G.E. (1996). Managerial style and the strategic choice of executive incentives. *Managerial & Decision Economics*. 17(1), 71-82.
- Kehoe, M.R. (1996). Quality uncertainty and price in monopoly markets. *Journal of Industrial Economics*.5(44), 25-32.
- Swaney, J. A. (1996). Comparative risk analysis: limitations and opportunities. *Journal of Economic Issues*.3(30), 463-473.

# Ed. PM. 545: Monitoring, Evaluation and Research in Planning and Management

Course No.: Ed. PM. 545	Nature of the course: Theoretical
Level: M.Ed.	Credit Hours: 3
Semester: Fourth	Teaching hours: 48 hours

# **1.** Course Description

This course is designed to provide students with perspectives on monitoring, evaluation and research in planning and management in education. It particularly acquaints the students with the performance and practices in educational planning and management, emphasizing monitoring, evaluation and research perspectives. Dynamics of monitoring and evaluation, research development results, use of qualitative and quantitative research in Educational Planning and Management, and planning educational research are the focus of this course.

# 2. General Objectives

The general objectives of this course are as follows:

- To enable the students to conceptualize the monitoring, evaluation and research.
- To acquaint students with the planning for monitoring, evaluation and research development results.
- To prepare students to use quantitative, and qualitative research designs to evaluate education plans and programs.
- To enable students to analyze qualitative-quantitative data for research and program evaluation in the education sector.
- To familiarize students with the potential use of monitoring, evaluation and research results concerning educational policy plans and programs.

#### 3. Specific objectives and contents

Specific Objectives	Contents
<ul> <li>Clarify the concept of monitoring, evaluation and research</li> <li>Identify the elements of monitoring and evaluation</li> <li>Describe the importance and approaches of monitoring and evaluation</li> <li>Analyze the system-based monitoring evaluation.</li> <li>Describe the challenges of effective monitoring and evaluation</li> <li>Identify the implication of monitoring and evaluation system</li> </ul>	<ul> <li>Unit I: Dynamics of Monitoring and Evaluation (8)</li> <li>1.1 Concept of monitoring, evaluation and research</li> <li>1.2 Elements of monitoring and evaluation: efficiency, effectiveness, relevance and sustainability</li> <li>1.3 Importance of monitoring and evaluation</li> <li>1.4 Approaches of monitoring and evaluation</li> <li>1.5 System-based monitoring evaluation</li> <li>1.5.1 Input monitoring and evaluation</li> <li>1.5.2 Process monitoring and evaluation</li> <li>1.5.3 Outcomes monitoring and evaluation</li> <li>1.6 Challenges for effective monitoring and evaluation</li> <li>1.7 Implication of monitoring and evaluation system</li> </ul>

• Identify planning for monitoring, evaluation and research.	Unit II: Planning for Monitoring, Evaluation and Research (10) 2.1 Planning for monitoring, evaluation and research
<ul> <li>Designing a program for monitoring and evaluation</li> <li>Selecting indicators for input, process, outputs and outcomes (qualitative and quantitative)</li> <li>Formulating evaluation objectives and tools</li> <li>Preparing for data collection and data analysis</li> </ul>	<ul> <li>2.2 Program for monitoring and evaluation</li> <li>2.3 Indicators for input, process, outputs and outcomes (qualitative and quantitative)</li> <li>2.4 Evaluate objectives and tools</li> <li>2.5 Data collection and data analysis</li> <li>2.6 Framework and matrix for planning research</li> <li>2.7 Gantt Chart/Schedule for monitoring and evaluation</li> </ul>
<ul> <li>Applying framework and matrix for planning research</li> <li>Preparation of Gantt Chart/Schedule for monitoring and evaluation</li> <li>Clarify the concept of</li> </ul>	Unit III: Design for Evaluation and Research (12)
<ul> <li>Clarify the concept of quantitative evaluation and research design</li> <li>Clarify the concept of qualitative evaluation and research design</li> <li>State sample and sampling procedures in qualitative and quantitative research</li> </ul>	<ul> <li>3.1 Quantitative evaluation and Research design</li> <li>3.1.1 Descriptive Research</li> <li>3.1.2 Survey research</li> <li>3.1.3 Correlational research</li> <li>3.1.4 Quasi-experimental research</li> <li>3.1.5 Experimental research</li> <li>3.2 Qualitative Evaluation and Research Design</li> <li>3.2.1 Ethnographic Design</li> <li>3.2.2 Case Study</li> <li>3.2.3 Grounded Theory</li> <li>3.2.4 Phenomenology</li> <li>3.2.5 Narrative</li> </ul> 3.3 Population and Sampling Procedure <ul> <li>3.3.1 Probability sampling</li> <li>3.3.2 Non-probability sampling</li> </ul>
<ul> <li>Apply quantitate and data collection procedures</li> <li>Apply qualitative data collection procedures</li> <li>Relate data triangulation</li> </ul>	<ul> <li>Unit IV: Data Collection and Analysis Procedures (8)</li> <li>4.1 Quantitative data collection procedures: Questionnaire/interview schedule, observation, checklist and record review format</li> <li>4.2 Qualitative Data collection procedures: Observation, focus group discussion and in-depth interview</li> <li>4.3 Triangulation of data (Data to data, Theory to Theory)</li> </ul>

• Write a report applying APA format.	Unit IV: Report Writing and Dissemination (10)
• Disseminate the report with	5.1 Report writing
stakeholders.	5.2 APA Referencing and citation format
	5.3 Disseminate the report

Note: The figures in the parenthesis indicate the approximate hours allotted to each unit.

**4. Instructional Techniques**: General and specific instructional techniques have been suggested to deliver the contents in the classroom and carry out experiential exercises. Here is a brief account of these techniques:

# 4.1 General Instructional Techniques

- Lecture
- Discussion
- Question-answer
- Project work

# 4.2 Specific Instructional Techniques

To promote experiential learning in this course, following specific instructional

techniques are recommended for selected units to ensure students' active participation in the teaching-learning process and make the teaching-learning research-oriented.

Units	Specific Instructional Techniques
<ul> <li>Unit I: Dynamics of Monitoring and Evaluation Chaplowe S.G. (2008). <i>Monitoring and evaluation planning</i>. USA: USAID.</li> <li>Cohen, L., Manion, L. and Morrison, K. (2013).<i>Research Methods in Education</i>. USA: Routledge.</li> <li>Lincoln, Y.S. and Denzin, N.K. (2005).<i>Strategies of Qualitative Inquiry</i>.CA:</li> </ul>	Divide the students into different groups and provide reading materials to prepare for the presentation on the specific topic. Let the students provide comments and feedback in the presentation. Highlight important points the students raised in their presentations and provide critical feedback on the presentation for each topic.
Sage. Marriot, N. and Goyder, H. (2009). <i>Manual</i> for monitoring and evaluation education partnership. Paris: UNESCO.	
Microsoft Corporation (2014). <i>Quality</i> <i>assurance: Monitoring and evaluation to</i> <i>inform practice and leadership,</i> <i>transformation framework.</i> US: Author.	
<ul> <li>Payne, D.A. (1994). Designing educational project and programme evaluation. New York: Springer</li> <li>6.1 References</li> </ul>	

Postlethwaite, T.N, (2004). <i>Monitoring</i> <i>educational achievement</i> . Paris: UNESCO.	
UNESCO (2005).Educational research:	
Some basic concepts and terminology.	
Paris: Author. United Nations Children's	
Fund/ UNICEF (2009). Child friendly	
schools. USA: Author.	
United Nations Development Programme (UNDP) (2009). <i>Handbook on planning</i> ,	
monitoring and evaluation for development results. USA: Author (Unit I and II)	
Wholey, J.S., Hatry, H.P, & Newcomer, K.E. (2010). <i>Handbook of practical programme</i>	
<i>evaluation</i> . San Francisco: Jossey-Bass (Unit II, III, IV and V)	
World Bank (2004). Monitoring and	
evaluation: some tools, methods and	
approaches. Washington, DC: Author	
Unit II: Planning for Monitoring Evaluation	Divide the students into different groups and
and Research	provide reading materials to prepare a planning framework in a specific area.
	Let the students present their framework in class.
	Highlight important points the students raised
	in their presentations and provide critical
	feedback on the presentation.
Unit III: Design for Evaluation and	Share the reading materials with the students to
Research	prepare the presentation on the specific topic. Let the students provide comments and feedback
	in the presentation. Highlight important points the students raised
	in their presentations and provide critical
	feedback on the presentation for each topic.

Unit IV: Data collection and	Divide the students into different groups and let them
analysis	prepare different types of tools.
	Let them present in class and allow their peers to
	provide feedback for improvements.
	Let the students visit the field for data collection
	Let the students analyze data and provide feedback for
	them.
Unit V: Report Writing and	Let the students prepare a report applying APA
Dissemination	referencing and citation guidelines.
	Let the students disseminate with stakeholders.

# 5. Evaluation

# 5.1 Internal Evaluation 40%

The concerned teacher will carry out the internal evaluation of the students based on the following criteria.

1.	Attendance	05 Marks
2.	Participation in learning	05 Marks
3.	First assignment/assessment	10 Marks
4.	Second assignment/assessment	10 Marks
5	Third assessment	10 Marks
	Total	40 Marks

# 5.2 External Evaluation (Final Examination) 60%

The examination section, Dean's Office, Faculty of Educational, will conduct the final examination at the end of the semester. The number of items in each category of question and the distribution of points to be included in the final examination paper is as follows:

1.	Objective type questions	(10 Multiple choice questions x 1)	10 Marks
2.	Short answer questions	(6 questions with 2 choice $x 5$ )	30 Marks
3.	Long answer questions	(2 questions with 1 choice x 10)	20 Marks

Total

60 Marks

# Eng. Ed. 543: Translation and Translanguaging

Course No. : Eng. Ed. 543 (Elective)	Nature of course: Theoretical
Level: M. Ed.	Credit hours: 3
Semester: 4th	Teaching hours: 48

# **1.** Course Description

This course is aimed at exposing students to the principles and practices of translation studies and translanguaging in relation to language pedagogy. The course consists of five units. The first unit overviews basic concepts of the discipline and the concepts of translation equivalence, while the second one deals with the procedures employed in translation. The issues, problems and way outs for resolving problems occurred in the process of translation are discussed in the third unit. The remaining two units are on translanguaging whereby the fourth unit introduces translanguaging and the fifth unit is concerned with pedagogical translanguaging in particular.

# 2. General Objectives

The general objectives of the course are as follows:

- To provide the students with an overview of translation studies.
- To help the students understand the major aspects of translation process.
- To make them familiar with the major problems and issues in undertaking translation.
- To familiarize them in original as well as translated versions of Nepali texts (translated into English) and engage them in translating the texts from Nepali to English.
- To acquaint the students with the idea of translanguaging in the use of multiple languages.
- To familiarise them with the process of translanguaging in relation to language pedagogy.

Specific Objectives	Contents
<ul> <li>Provide the students with a general understanding of translation and translation studies;</li> <li>Familiarize the students with the historical background of translation studies;</li> <li>Make them familiar with the translation related acts;</li> <li>Discuss how translation matters in various contexts.</li> </ul>	<ul> <li>Unit 1: Preliminaries of Translation and Translation Studies (8 teaching hrs)</li> <li>Introducing translation and translation studies <ul> <li>The concept of translation</li> <li>What is translation studies?</li> </ul> </li> <li>Historical background <ul> <li>An early history of the discipline</li> <li>The Holmes/Toury Map</li> <li>Later developments</li> </ul> </li> <li>Conceptualizing translation related acts <ul> <li>Kinds of translation</li> <li>Valid and deficient texts</li> <li>Social Translation and Interpreting</li> <li>The Assessment of Translations</li> </ul> </li> <li>Does translation matter? <ul> <li>Why translation matters?</li> <li>Why does translation matter to translators, authors, and readers?</li> </ul> </li> </ul>

# 3. Specific Objective and Contents

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<ul> <li>Provide the idea of equivalence, its types, equivalent effect and equivalent relations.</li> <li>Explain the strategies and procedures of translation.</li> <li>Familiarize the students on the levels of translation</li> <li>Discuss the major issues of translation and translation studies</li> <li>Explain the problems that occur in translation</li> <li>Introduce the concept of gap in translation and suggest the ways for bridging gaps</li> </ul>	<ul> <li>Why does it not matter to most publishers and book reviewers?</li> <li>What is its relevance to the literary tradition in any language?</li> <li>What is its contribution to the civilized life of the world?</li> <li>Unit 2: Translation process (5 teaching hrs)</li> <li>Establishing equivalence         <ul> <li>Formal and dynamic equivalence</li> <li>Principle of equivalent effect</li> <li>Equivalence relations (5 types: Denotative, Connotative, text-normative, formal, pragmatic)</li> </ul> </li> <li>Strategies of translation         <ul> <li>Two strategies</li> <li>Procedures of translation</li> <li>Seven procedures</li> <li>Supplementary translation procedures</li> <li>Levels of translation</li> <li>Language and culture</li> <li>Types of translation</li> <li>Language and culture</li> <li>Types of translation</li> <li>Decoding and recoding</li> <li>Problems of equivalence</li> <li>Loss and gain</li> <li>Untranslatability</li> <li>Science or 'secondary activity'?</li> </ul> </li> <li>Problems of translation</li> <ul> <li>Translating prose</li> <li>Translating dramatic texts</li> <li>Gaps</li> </ul> </ul>
	01
	<b>1</b>
	<ul> <li>Assessment of knowledge gaps</li> <li>Intertemporal gap</li> </ul>
	<ul><li>Intertemporal gap</li><li>Way outs for bridging gaps</li></ul>
	<ul> <li>Bridging cultural differences</li> </ul>
	<ul> <li>Bridging linguistic differences</li> </ul>
• Discuss the application of	Unit 4: Translation in relation to English and Nepali
translation in relation to	(17 teaching hrs)
English and Nepali.	<ul> <li>English as the lingua franca of translation</li> <li>Survey of translation in Nepali</li> </ul>
• Familiarize them in the original as well as translated	<ul> <li>Survey of translation in Nepan</li> <li>Comparative analytical study of selected Nepali</li> </ul>
versions of Nepali texts into	(source language) texts translated into English
English	(target language) (the following texts)
• Engage them in translating	
Nepali texts into English.	

	<ul> <li>Rimal, Gopal Prasad. 2006. Masan (English translation of the drama d;fg (trns. by Sangita Rayamajhi). Kathmandu: Ratna Pustak Bhandar</li> <li>Ghimire, Jhamaak. 2012. A flower in the midst of thorns. (English translation of the autobiographical essays hLjg sfF8f ls km"n by Jhamak (trans. by Nagendra Sharma &amp; Safal Sharma). Kathmandu: Oriental Publication</li> <li>Koirala, Bishweshwar Prasad. (2013) The colonel's horse (English translation of the story कर्नेलको पोडा (trans. by Govinda Raj Bhattarai), in Contemporary Short Stories of the SAARC Region. SAARC Cultural Centre, Sri Lanka.</li> <li>Brajaki, Manu (2020). Solitude (translation of the story एकान (trans. by Tej Ratna Kansakar). Stories from Nepal. Kathmandu: Nepal Academy.</li> <li>Nepal Gazette. (2059.2.16 [30 May 2002]). Education Rules, 2059 (2002) (translation of LZIff IgodfjnL, @)%(). www.lawcommission.gov.np</li> <li>(The students will be engaged in studying the above texts produced in both languages and analyzing</li> </ul>
	them from various angles.)
	<ul> <li>Translation activity from selected Nepali texts (Source language) into English (target language) from the following texts:</li> <li>Ghimire, Jhamaak. hLjg sfF8f ls km"n (Essays I, II &amp; VIII)</li> </ul>
	👃 Koirala, Bishweshwar Prasad. कर्नेलको घोडा.
	♣ Brajaki, Manu एकान्त
	<ul> <li>Nepal Gazette. lzIff lgodfjnL, @)%( (Chapters I &amp; II).</li> </ul>
	(The students will be engaged in translating the selected portions of the texts produced in Napali into
	selected portions of the texts produced in Nepali into English.
• Discuss the origin and aims	Unit 5: Introduction to translanguaging (10 teaching
of translanguaging	hrs)
• Introduce the various	- Beginning of translanguaging
perspectives on	<ul> <li>Origin &amp; aims of translanguaging</li> <li>Perspectives on translanguaging</li> </ul>
<ul><li>translanguaging</li><li>Present the development of</li></ul>	<ul> <li>Translanguaging as planned activity</li> </ul>
• Present the development of advocacy for translanguaging	<ul> <li>Translanguaging as natural use of two languages</li> </ul>
• Explain the models of	• Cummins' developmental interdependence
bilingualism in connection	hypothesis
with translanguaging	- Advocacy for translanguaging: Giving voice to
	those who do not speak

o Overview
<ul> <li>Historical background</li> </ul>
• Developments
• General discussion
- Bilingualism
• Different models of bilingualism
<ul> <li>García's dynamic bilingualism</li> </ul>
- Pedagogical versus spontaneous translanguaging
- Core Characteristics of Pedagogical translanguaging
- Williams's translanguaging Pedagogy
- Pedagogical translanguaging opposed to
monolingual approaches
• Immersion versus translanguaging
• Content and language integrated learning versus
translanguaging

# 4. Instructional Techniques

The instructional techniques for this course are divided into two groups: The group consisting of the general techniques applicable to the entire course, and the second group includes those applicable to the particular units as specified.

#### 4.1 General techniques

- Lecture and discussion
- Self-study and guided study
- Pair work/group work
- Presentation

# 4.2 Specific techniques

Some specific techniques are suggested to ensure the active engagement of the students.

Unit I	Teacher-initiated presentation-cum discussion
	Group work and discussion
	Pair work
	Individual work
Unit II	Lecture and discussion
	Demonstration
	Group work and pair work
	Self-study and presentation
Unit III	Teacher's presentation
	• Lecture
	Demonstration and discussion
Unit IV	• Self reading (students)
	Group work and presentation
	Teacher's presentation
UNIT V	Lecture and discussion
	Group/pair work and presentation

#### 5. Evaluation

#### 5.1 Internal Evaluation 40%

Internal evaluation will be conducted by the subject teacher based on the following activities:

1. Attendance	5 marks
2. Participation in learning activities	5 marks
3. First assessment	10 marks
4. Second assessment	10 marks
5. Third assignment	10 marks
Total	40 Marks

#### 5.2 External Evaluation (Final Examination) 60%

Examination section, Office of the Dean, Faculty of Education, will conduct final examination at the end of the semester. The distribution of points for three types of questions in the exam will be as follows:

1. Objective type question (MCQ 10 x 1 point) =		10 marks
2. Short answer questions (6 questions with 2 OR questions) x 5 points)	=	30 marks
3. Long answer questions (2 questions with 1 OR question) x 10 points)	=	20 points
Total =		60 points

#### 6. Recommended Books

- Munday, Jeremy. (2016). Introducing Translation Studies: Theories and applications. Fourth Edition. London and New York: Routledge.
- Campbell, Stuart and Hale, Sandra. Translation and Interpreting Assessment in the Context of Educational Measurement. In In *Translation Today Trends and Perspectives*, Edited by Anderman, Gunilla and Rogers, Margaret (2003). Clevedon: Multilingual Matters Ltd.
- Neubert, Albrecht. Some of Peter Newmark's Translation Categories Revisited. In *Translation Today Trends and Perspectives*, Edited by Anderman, Gunilla and Rogers, Margaret (2003). Clevedon: Multilingual Matters Ltd.
- Grossman, Edith. (2010) *Why translation matters*. New haven and London: Yale University Press.
- Grossman, Edith. (2010) *Why translation matters*. New haven and London: Yale University Press.
- Bhattarai, Govinda Raj. A Brief Survey of Translation in Nepali. In *History of Translation in India*. (2017) Edited by Tariq Khan & others. Mysuru: National Translation Mission, CIIL.
- Hatim, Basil (2013). *Teaching and Researching Translation*. Second edition. London & New York: Routledge.
- Bassnett, Susan (2002). Translation Studies. Third edition. London & New York: Routledge.
- Beres, Anna M. (2015). An overview of translanguaging: 20 years of 'giving voice to those who do not speak'. *Translation and Translanguaging in Multilingual Contexts*, vol 1.1, pp. 103-118.
- García, Ofelia and Kleyn, Tatyana (Eds). (2016). *Translanguaging with multilingual students: Learning from classroom moments*. New York & London: Routldege. Pp. 2-24.
- Cenoz, Jasone and Gorter, Durk. (2021). *Pedagogical translanguaging*. Cambridge: Cambridge University Press.

- Rabbidge, Michael (2019). *Translanguaging in EFL Contexts: A Call for Change*. London & New York: Routledge.
- Cummins, James (1979). Linguistic Interdependence and the Educational Development of Bilingual Children. *Review of Educational Research*, Vol. 49, No. 2, Pp. 222-251.

#### **Translated Texts**

- Rimal, Gopal Prasad. 2006. *Masan* (English translation of the drama *d;fg* (trns. by Sangita Rayamajhi). Kathmandu: Ratna Pustak Bhandar (Both Nepali and English verions)
- Ghimire, Jhamaak. 2012. A flower in the midst of thorns. (English translation of the autobiographical essays hLjg sfF8f ls km"n by Jhamak (trans. by Nagendra Sharma & Safal Sharma). Kathmandu: Oriental Publication (Both Nepali and English verions)
- Koirala, Bishweshwar Prasad. (2013) The colonel's horse (English translation of the story कर्नेलको घोडा (trans. by Govinda Raj Bhattarai), in Contemporary Short Stories of the SAARC Region. SAARC Cultural Centre, Sri Lanka. (Both Nepali and English verions)
- Brajaki, Manu (2020). Solitude (translation of the story एकान्त (trans. by Tej Ratna Kansakar). Stories from Nepal. Kathmandu: Nepal Academy. (Both Nepali and English verions)
- Nepal Gazette. (2059.2.16 [30 May 2002]). Education Rules, 2059 (2002) (translation of lzIff lgodfjnL, @)%(). www.lawcommission.gov.np (Both Nepali and English verions)

# Eng. Ed. 544: ELT Seminar and Report Writing Course No. : Eng. Ed. 544 (Elective) Credit hours: 3 (1 Th + 2 Pr) Level: M. Ed.

Nature of the course: Theory + Practical Teaching hours: 48 (16+32) Semester: Fourth

# 1. Course Description

The intent of this course is to enhance students' knowledge and skills in developing ELT related seminar papers and their presentation. The course includes both theoretical understanding and practical experiences. It first introduces the students to the theoretical aspects of seminars by engaging them in conceptualizing seminar and seminar skills. Likewise, the course engages students in the process of identifying issues that they would like to explore. It presents some guidelines to write seminar papers, and their evaluation. In addition, the course aims to enrich students with practical skills to analyze ELT issues from multiple perspectives and present their observations in their seminar classes.

# 2. General Objectives

The general objectives of this course are as follows:

- To enhance students' understanding of seminars, seminar skills and procedures.
- To help them explore the ELT issues and to pose with the researchable problems.
- To acquaint them with the guidelines for writing seminar paper.
- To engage them in seminar presentations and discussion on several key ELT issues.
- To help them develop a seminar report.
- To enable them to write reflection of the seminar papers and their presentations.

Specific Objectives	Contents
• Describe seminar, seminar skills and its	Unit I: Seminar and Seminar Skills (4)
procedures	1.1 Conceptualization of seminar (what and
• Discuss different forms of scientific/	why)
academic writing	1.2 Seminar and other forms of scientific/ academic writing
	1.3 Seminar procedures and required skills
	for organizing a seminar
	<i>Task:</i> The subject teacher collects or asks
	the students to collect some research articles,

# 3. Specific Objectives and Contents

	reports/ theses, seminar papers, conference
	papers, synopses and asks students to read
	them before the class. During the class,
	teacher holds discussion on them with
	reference to the format, language, and style
	of writing.
	<i>Project work 1</i> : Write a three paragraphs
	essay on the contribution of seminar to
	professional development.
	Project work 2: Reflect on your learning
	and/or teaching experience. Think of a
	situation where faced issues or challenges
	while learning and/ or teaching English
	language. Identify one of the issues that you
	would like to explore for your seminar.
	Discuss what the issue is; also include why
	you think this an issue and how you plan to
	address it.
• Explore relevant issues for seminar and	Unit II: Exploring Issues and Organizing
expand them into longer essays	Seminar (10)
• Provide feedback in the seminar	2.1 Exploring issues for the seminars
presentations	2.2 Deciding a topic for a seminar: starting
• Respond to the feedback in the seminar	with a research problem and research
	questions
	2.2.1 Framing a researchable problem
	2.2.2 Developing critical questions
	for inquiry process
	2.3 Developing a concept paper
	(problematizing the issue)
	2.4 Identifying gaps pertaining to the issue
	under research
	2.5 Selecting informants
	2.6 Data collection: Methods and procedures
	2.7 Analyzing data: Manually/ using
	software
	2.8 Organizing a seminar: Preparing
	schedules and logistics
	2.9 Preparing and presenting a seminar
	paper
	2.10 Providing feedback in the seminar
	2.11 Responding to teacher's and peer's
	feedback

	Trady The teacher movides the students
	<i>Task</i> : The teacher provides the students with
	some research articles, mini-research
	reports/theses and seminar papers in groups.
	S/he asks them to find out the issues and
	problems in these texts of scientific writing.
	They will discuss and present the review of
	papers.
	Project work 3 (seminar): Organize a small-
	scale seminar on any topic/issue of
	pertaining to Applied Linguistics, English
	Education or any other ELT issue,
	highlighting the problems. Also collect
	feedback from your teacher and peers.
	Present your reflection to the class.
• Illustrate the format of seminar	Unit III: Writing Seminar Report (10)
paper/report	3.1 Components of a seminar report
• Present the guiding principles/	3.2 Creating a research space
guidelines of constructing a seminar	3.2.1 Establishing the research territory in
paper	a seminar paper: highlighting the
• Establish a research territory of issues	context, signposting the purpose,
for seminar paper	finding a good research problem
	3.2.2 Establishing a niche: reading
	literature, analyzing previous
	research critically, identifying the
	research gap, showing author's
	stance
	3.3. Argumentation and coherence in a
	seminar report: using
	reasons/arguments and evidences, use
	of premises, using criticality, hedging
	and presenting in a coherent way
	3.4 Addressing the issue: suggesting the
	measures to address the issues raised by
	the research questions
	3.5 The language of a seminar report:
	Grammar, selection of diction, avoiding
	plagiarism, redundancy, vagueness and
	biased language
	3.6 Finalizing the seminar report
	<i>Tasks</i> : Collect any two recently published
	research articles on English education and
	do the following tasks.

<ul> <li>Describe/ use the criteria to evaluate the seminar report</li> </ul>	<ul> <li>4.3 Making effective seminar presentation</li> <li>4.4 Criteria to evaluate the seminar report</li> <li>4.4.1 Contents and originality</li> <li>4.4.2 Format and organization</li> <li>4.4.3 Use of claim/argument, support and coherence</li> </ul>
• State the ways to make effective presentation in a seminar	(examiner) 4.2 Role of peers and commentator
commentator	4.1 Role of a presenter, an observer
observer, fellow friends and	Seminar Report (6)
• Explain the role of presenter,	Unit IV: Presentation and Evaluation of a
	papers and their claims.
	<ul> <li>Provide your critical reflection on the</li> </ul>
	you see any space for further research? What are they?
	conclusions drawn in these articles? Do
	articles? How far do you agree with the
	- What are the major findings of these
	Project work 6
	works.
	data analysis procedure adopted in these
	sample population, research method, tool/technique of data collection and
	- Discuss the methods and procedures:
	Project work 5
	the papers.
	critically reflecting on the findings of
	paper synthesizing the major themes,
	research area and develop a review
	published in the last 5 years in your
	- Find out any five standard papers
	arguments on their claim? Project work 4
	- What are your own stance and arguments on their claim?
	these articles?
	articles? What are the research gaps in
	- How do they establish the niche in these
	their works? How?
	<ul> <li>Do the authors establish a territory in</li> </ul>
	Do they have supporting details? What are they?
	introduction section of these articles.
	- Identify the topic sentence/ thesis in the

	4.4.4 Language
	4.4.5 Citations and references
	4.4.6 Presentation (establishing the
	issue, exploring the issue, and
	addressing the issue)
	4. 4.7 Quality of the power point
	slides
	Project work 7
	- Teacher provides some sample seminar
	papers and asks them to evaluate any
	two of them based on the criteria
	mentioned above. Students present their
	comments in a class seminar.
• Explore topics for ELT seminar	Unit V: Seminar in ELT (8)
• Make seminar presentations and address	5.1 Exploring contemporary ELT topics and
feedback	issues
	5.2 Identifying relevant reading resources
	(book/book chapters, research articles,
	reports)
	5.3 Peer and group presentations of the
	readings selected or assigned
	5.4 Writing the final draft and its
	presentation
	5.5 Reflecting on feedback and comments
	Project work 8
	- Students finalize their topics for the
	seminar and explore the issues. They
	present their progress in class and
	develop a seminar paper. Teacher
	provides feedback on the progress. It
	can be a final draft.
• Prepare a coherent and well-articulated	Unit VI: Writing and Presenting ELT
seminar report	Seminar Report (10)
• Use proper citation and referencing styles	6.1 Familiarizing with the format of the
(APA 7 <sup>th</sup> Edition)	seminar report
	6.2 Preparing the report
	6.3 Using appropriate language in a seminar
	report: word order, cohesion, use of
	linking device, breaking up long and
	clumsy sentences, removing redundancy,
	avoiding plagiarism
	6.4 Formatting a seminar report: preliminary
	pages, organizing chapters and
	pages, organizing enapters and

	structuring paragraphs, spacing and
	alignment, level of headings, margin,
	font, size, page numbering, appendix
	6.5 Citation, referencing style and edition of
	a final seminar report
	6.6 Organizing a seminar and presenting
	final reports
	6.7 Writing a reflection report about the
	conference
	NOTE:
	• At the end, students individually prepare a
	final report of the seminar paper on issues
	they have identified and explored and
	present it in the seminar for external
	evaluation.
	• Likewise, at the time of external
	evaluation (practical), the students have to
	present/ submit all the project works
	assigned from unit I to V for final
	evaluation.
	The subject teacher needs to
	prepare/maintain students' portfolio on the
	basis of the project works, their
	participation, and submit it to the external
	examiner.
Note: The figures in the parenthesis indicate of	

Note: The figures in the parenthesis indicate approximate teaching hours for respective units.

# 4. Instructional Techniques

The instructional techniques for this course are divided into two categories. The first category consists of general instructional techniques applicable to most of the units. The second category consists of specific instructional techniques applicable to the particular units.

# 4.1 General Instructional Techniques

Discussion

- Explanation and illustration
- Discovery and inquiry
- Self-study and small-scale research
- Group and pair works
- Read, discuss, write and share

# 4.2 Specific Instructional Techniques

After a couple of instructional sessions by the tutor on the theoretical aspects of seminar, seminar paper writing in general, and sessions in ELT issue and seminar in particular, students will be asked to take the lead in the course. In order to prepare for the seminar, it is important to identify the topic for the seminar. Thus, identification of a key issue in English education/English language teaching will be the starting point for students. The teacher can also present some sample topics in class and hold discussion on the issues. The teacher can encourage the students to pick up an issue from the samples given or can explore other debatable and controversial topics so that they can explore it in greater detail and practice their higher order thinking skills.

### **Some Sample Topics**

- 1) English as a medium of instruction in public schools of Nepal: Practical considerations
- 2) Multilingualism in English classroom
- 3) Social class and English language teaching
- 4) Information and communication technology (ICT) in English language classroom
- 5) Socio-cultural identity of English teachers in Nepal: How do they see themselves and how others see them?
- 6) Using authentic materials in ELT classrooms
- 7) ELT material development in the context of Nepal
- 8) Art-based pedagogy
- 9) Licensing and certification of English language teachers in Nepal
- 10) IELTS/TOEFL scores as the requirement to admit students in universities
- 11) Homework in ELT
- 12) Teachers feedback in ELT
- 13) Teacher motivation in English language teaching
- 14) Professional development in English language teaching
- 15) Literature in English language teaching

(Students are encouraged to explore new issues)

### To the teachers:

Invite students to bring topics like these and discuss what and how they would like to explore in them. The topic could be either in the form of a question or a statement. Once the topic is agreed between the students and the tutor, students will explore the topic in detail and prepare a seminar paper to be presented in class. Each student will choose a topic and prepare for the seminar. Students will need regular guidance and teacher should facilitate the process by asking students to report their progress in class on a regular basis. Once the journey of exploration is clear for the students they can work on their own and prepare a seminar presentation.

The presentation schedule will be shared with the students at the beginning of the semester and the students will be required to prepare a PowerPoint presentation for the seminar based on their exploration.

The seminar will be organized in an interactive mode. There will be a commentator who will critically review the slides of the PowerPoint presentation and share his/her observations in class after the presentation. This will be followed by a floor discussion and finally the tutor will sum up the discussion with his/her observations on the session.

## Mode of the Seminar

- a) Announcement of the presenters and their topics. Every class will have a Master of Ceremony (MC) who will make an announcement of the presenter and the commentator of the day.
- b) Presentation by the presenter
- c) Comments on the presentation by the commentator
- d) Floor discussion on the issue
- e) Response to the discussion by the presenter and the tutor
- f) Tutor's feedback to the presenter and commentator

Students are expected to email their presentation slides to their tutor and commentator at least one day before the presentation date.

## 5. Evaluation

# 5.1 Internal Evaluation 40% (Th: 15; Pr: 25)

Internal evaluation (theory) will be conducted by respective campus via written examination for 15 full marks.

Internal evaluation (practical) will be conducted by course teacher/tutor based on following activities:

	Total	25
6.	Comments made on the seminar paper delivered by peer/s	4 marks
5.	Seminar Presentation (presentation skills)	6 marks
4.	Quality of Power Point and contents in presentation	4 marks
3.	Assignments	3 marks
2.	Participation in the discussion	3 marks
1.	Attendance	5 marks

5.2 External Evaluation	60% (Th: 20, Pr: 40)
Written Examination	20
1. Objective questions (Multiple choice 1x5	5) = 5
3 Short 3 questions with 1 OR question x 5	<u>= 15</u>
	20

### Practical examination: 40%

For practical examination, the students have to present their seminar paper. After the presentation, the student will submit the seminar report to their external examiner. The report will then be evaluated by the tutor and an external examiner appointed by the Dean's Office. Likewise, the students have to submit the project works assigned in unit I to unit V and the tutor and the external examiner will evaluate them. The tutor has to maintain the portfolio of the students and should show it to the external examiner.

- a) Accomplishment of the project works assigned in unit I to V
- b) Relevance of the issue/topic to the local context
- c) Depth of exploration of the issues/topic with relevant literature
- d) Addressing the issue with personal tone and positionality
- e) Language of the report
- f) Organization of the report
- g) Citation and reference

Length of the report: 8000–12000 words (excluding references and appendices)

SN	Activities/parameters	Marks
1	Accomplishment of the project works assigned in unit I to V	5
	Relevance of the issue/topic to the local context	3
	Addressing the issue/ Depth of exploration	5
	Language of the report	5
	Organization of the report	5
	Citation and reference	3
	Oral presentation	8

Responding queries	6
Total	40

### **6.Recommended Books and References**

### **6.1. Recommended Books:**

- A & C Black (2005). *Give Great Presentations: How to speak confidently and you're your point*. London: A & C Black Publisher. (For unit I, unit IV)
- Bailey, S. (2015). Academic Writing: A Handbook for International Students. London and Newyork: Routledge.(For unit I, unit III) (HARD; 4<sup>th</sup> Ed)

Booth et al. (2008). *The Craft of Research*. USA: The University of Chicago Press.(For unit III) (HARD) (Kirt)

Jolles, R. L., (2005). How To Run Seminars And Workshops: presentation skills for consultants, trainers, and teachers. New Jersey: John Wiley and Son, Inc. (for unit I, II, unit IV, unit V)

Meyers, A. (2014). Longman Academic Writing Series: Essays to research papers. Pearson Education.(unit IV)

- Murray, R. and Moore, S. (2006). *The Handbook of Academic Writing*. Berkshire. Open University Press.(For unit I)
- Swales, J. M. & Feak, C. B. (2011). Academic Writing for Graduate Students. USA: The University of Michigan.(for unit III) (Kirt)

Thody, A. (2006). *Writing and Presenting Research*. London: Sage Publications. (For unit II, Unit IV, unit VI)

- Wallwork, A. (2011). English for Writing Research Papers. London: Springer. (For unit III)
- Whitaker, A. (2009). Academic Writing Guide: A step-by step guide to writing academic papers. Slovakia: City University. (For unit V)

#### **6.2. References**

As the course is fully student-centered and the focus will be on the discussion of the issues, there are limited prescribed textbooks. However, in order to be familiar with the current issues at the global ELT scenario and learn about how these issues are addressed, you are expected to read some of the references so that you can enrich yourself on the nature of the issues and their exploration procedures.

- Canagarajah, A. S. (2003). *Resisting Linguistic Imperialism in English Teaching*. Oxford: Oxford University Press
- Carter, R. and Nunan, D. (2001). *The Cambridge Guide to Teaching English to the Speakers of Other Languages*. Cambridge: Cambridge University Press.
- Crystal, D. (2002). English as a Global Language. Cambridge: Cambridge University Press.
- Davidson, J. and Moss, J. (Eds.) (2000). Issues in English Teaching. London. Routledge.
- Haaga, D. A. (2008). Peer Review of Term Papers in Graduate Psychology Courses. *Teaching of Psychology*, 20 (1), 28-32.
- Kim, Hye-Kyung. (2010). The Identity of Asian ESL Teachers: Negotiating "white" English, *TESOL Journal*, 7(1), 69-84.
- Nikolov, M. (2002). *Issues in English Language Education*. Bern. Peter Lang AG, European Academic Publishers.
- Spendlove, D. (2011). Putting Assessment for Learning into Practice. London.
- Spolsky, B. & Sung, K. (2015). Secondary School English Education in Asia. London. Routledge.

Geo. Eu. 540. Environmental Geography	
Course No: Geo. Ed. 546 (Elective)	Nature of course: Theoretical
Level: M. Ed.	Credit hours: 3
Semester: Fourth	Teaching hours: 48

# Geo. Ed. 546: Environmental Geography

### 1. Course Description

This course is designed to provide the students with the advanced knowledge of teaching environmental geography. It deals with the fundamental concepts of environmental geography, man and environment, environmental pollution, natural disaster and environmental degradation, global environmental issues and environmental management and sustainable development.

## 2. General objectives

The general objectives of this course are to

- describe the nature, scope and importance of environmental geography,
- impart knowledge about man and environment relationships,
- familiarize the students with global environmental issues,
- introduce the students with natural disaster and environmental degradation,
- acquaint the students with international, national and local level issues on environment and controlling measures, and
- make them able to analyze the ways of environmental management and sustainable development

Specific objectives	Contents
	Unit I: Introduction to Environmental Geography
<ul> <li>Introduce environmental geography, its nature and scope</li> <li>Explain the origin and evolution of environmental geography</li> <li>Describe the approaches to environmental geography</li> <li>Analyze relationship of</li> </ul>	Unit I: Introduction to Environmental Geography (4) 1.1 Meaning, nature and scope 1.2 Origin and evolution 1.3 Approaches 1.4 Relationship of environmental geography with other disciplines
• Analyze relationship of environmental geography with other disciplines	

	Ur	nitII:Man and Environment	(8)
• Explain the types of		Types of environment	(0)
environment		Factors of natural and cultural environments	
		Man- environment relationship: Determinisr	n
• Identify the factors of	2.5	Possibilism and Neodeterminism	11,
natural and cultural	h 1		rial ragion
environments	2.4	1	orial region,
• Analyze the relationships	h -	Hot desert region and Cold desert region	
between man and		Ecology	a
environment	2.6	Ecosystem: meaning, types, components and	energy flow
• Evaluate the human life in			
different environmental			
regions			
• Interpret the meaning of			
ecology			
• Infer the meaning, types,			
components and energy			
flow of ecosystem			
	Ur	nit III: Environmental Pollution: Causes, E	ffects and
• Describe the causes,		ontrolling Measures (8)	
effects and controlling	3.1		
measures of different		Water Pollution	
environmental pollution		Sound Pollution	
environmental politition	3.4	Land Pollution	
		Radiation Pollution	
		Socio-cultural Pollution	
		nit IV: Natural Disaster and Environmenta	1
• Identify the causes, effects		egradation	(12)
and controlling measures		Environmental degradation	(12)
of environmental	<b>H.1</b>	4.1.1 Deforestation: causes, effects and contr	rolling
			lonnig
degradation		measures	trolling
• Discuss the disaster		4.1.2 Desertification: causes, effects and con	uronnig
management cycle and its		measures	
practices in Nepal		4.1.3 Chemicalization: causes, effects and co	ontrolling
• Introduce the disaster	1 0	measures	
management cycle and its		Disaster management practices	1 1. 1
practices in Nepal	4.3	Causes, effects and controlling measures: La	
• Categorize the various		Flood, Soil Erosion, Glacial Lake Outburst,	Earthquake,
types of natural and man-		Volcanoes, Drought	
made hazards and explain		Atmospheric Hazard, Extra Planetary/Extra 7	Terrestrial
the causes, effects and		Hazard and Man-made hazards	
controlling measures of			
them			
tnem			

<ul> <li>Identify the major environmental issues</li> <li>Explain the causes and effects of ozone layer depletion</li> <li>Discuss global warming and its impact on man and environment</li> <li>Analyze the green-house effect and its impact on environment</li> <li>Identify adverse effects of acid rainfall</li> <li>Describe the causes and effects of carbon trading</li> <li>Analyze the loss of biodiversity and endangered species</li> <li>Discuss climate change and its impacts on people's livelihood</li> </ul>	Unit V: Global Environmental Issues (7) 5.1 Major environmental issues of the world 5.2 Ozone Layer Depletion 5.3 Global Warming 5.4 Green House Effect 5.5 Acid Rain 5.6 Carbon Trading 5.7 Loss of biodiversity and endangered species 5.8 Climate Change
<ul> <li>Introduce environmental management and sustainable development</li> <li>Identify the causes of soil and forest degradation and measures for conservation</li> <li>Discuss the ways of conservation biodiversity</li> <li>Illustrate the ways of watershed management</li> <li>Assess drinking water crisis in urban areas and ways for its solution</li> <li>Examine the role of GOs, NGOs and INGOs in sustainable development and environmental management</li> </ul>	<ul> <li>Unit VI: Environmental Management and Sustainable</li> <li>Development in Nepal (9)</li> <li>6.1 Concept of Environmental management and sustainable development</li> <li>6.2 Soil and forest degradation and their conservation</li> <li>6.3 Conservation of biodiversity</li> <li>6.4 Watershed management</li> <li>6.5 Crisis of drinking water and its management</li> <li>6.6 Role of GOs, NGOs and INGOs in sustainable development and environmental management</li> <li>6.7 Case study regarding the environmental issues in Nepal</li> </ul>

• Review of case study	
about the environmental	
issue of Nepal.	

Note: The figures within the parenthesis indicate the approximate teaching hours

# 4. Instructional Techniques

Two types of instructional techniques have been recommended. The first group comprises general instructional techniques applicable to most of the units. The second group includes instructional techniques to be applied to each of the specific units.

# 4.1 General Instructional Techniques

Varieties of techniques/methods can be applied for this course. The main techniques/ methods applicable to this course include lecture, discussion, question answer, student interaction, observation, class assignment and presentation.

Unit	Activities and instructional techniques			
Ι	Share the knowledge through lecture, discussion, question-answer and student			
	interaction			
II	Discussion on concept, types, factors and man environment relationship. Use of			
	charts to show the ecosystem.			
III	Discuss and discover the causes, effects and controlling measures of different			
	environmental pollution			
IV	Presentation of typology of environmental hazards and risk based on reports and			
	<b>books.</b> Assignment to students to prepare a report on hazard management.			
V	Review of global issues on environmental status from published reports and			
	materials available.			
VI	Present the status of degradation and practices for their conservation with a view of			
	sustainable development. Present the role of GOs, NGOs and INGOs on			
	environmental management. Assignment to students to prepare a review report based			
	on case studies on environmental issues.			

## 4.2 Specific Instructional Techniques

# 5. Evaluation

The achievement of the students will be assessed through internal and final/semester examination. Forty percent marks are allocated to internal examination and sixty percent for final/semester examination.

# 5.1 Internal Evaluation

Forty percent marks are allotted to internal evaluation. Internal evaluation will be conducted by course teacher based on the following activities:

Activities	Marks allotted
Attendance	5
Classroom activities	5
First assignment	10
Second assignment	10
Third assignment	10
Total	40

### **5.2 External Evaluation (Final Examination)**

Examination Division, office of the Dean, Faculty of Education will conduct final examination at the end of semester. Sixty percent of the marks are allotted to the final examination. The number and types of questions in the final examination will be as follows:

Types of questions	Total questions	Number of questions to be	Total
	to be asked	answered and marks allotted	marks
Group A: Multiple choice	10 questions	10 x 1 marks	10
Group B: Short answer	6 with 2 'or' questions	6 x 5 marks	30
Group C: Long answer	2 with 1 'or' question	2 x 10 marks	20
Total			60

#### 6. Recommended Books and Reference Materials

### 6.1 Recommended Books

- Allan, N. J. R. (1995). *Mountains at risk: Current issues in environmental studies*. New Delhi: Manohar. (Unit I, II, & III)
- Anderson J.M. (1981). Ecology for environmental science: Biosphere, ecosystems and man, London: Arnold. Unit I & II).
- Gupta, A. D. & Kapoor, A. N. (2004). *Principles of physical geography*. New Delhi: S. Chand and Company Ltd. (Unit II & III).
- International Federation of Red Cross and Red Crescent Societies, (2010). *World disaster report (Focus on urban risk)*. International Federation of Red Cross and Red Crescent Societies, ISBN 978-92-9139-156-1. (Unit I, II & III).
- Poudel, K.P. (2003). Watershed management in the Himalayas: A resource analysis approach. New Delhi: Adroit Publishers. (Unit II & IV).
- Paudyal, N.P. (2072 BS). *Environment geography*. Kathmandu: Shofist Publication. (Unit I, II, III, IV & V).
- Singh, S. N. (1993). *Elements of environmental geography and ecology*. Varanasi: Tara Book Agency. (Unit I, II, III, & V).
- Singh, S. (1991).*Environmental geography*, Allahabad: Prayag Pustak Bbhavan. (Unit I, II, III, & V)
- Uprety, B. K. (2003). *Environmental impact assessment: Process and practice*. Kathmandu: Mrs. Uttara Uprety. (Unit VI).

#### **6.2 Reference Materials**

- Awasthi, N.M. & Tiwari, R.P.L. (1995), *Paryavaran bhugool* (Environmental Geography). Bhopal: Madhya Pradesh Hindi Granth Academy.
- Goudie, A. (1984), The nature of the environment, Oxford Katerpring Co. Ltd.
- Huggett, R. J. (2007). *Fundamentals of geomorphology* (Second Ed.). New York: Taylor and Francis Group.
- Dhital, M. R. (2015). Geology of the Nepal Himalaya: Regional perspective of the classic collided orogen, Switzerland: Springer International Publishers.

Odum, E.P. (1971). Fundamental of ecology. Philadelphia: W.B. Sanders.

Saxena, H.M. (1994). *Prayavaranevn Paristhitiki Bhugool* (Geography of Environment and Ecology). Jaipur: Rajasthan Hindi Granth Academy.

Shakya, A. M. (1994). Bhautik bhoogol. Kathmandu: Curriculum Development Centre, T.U.

Singh, R.B. (ed.) (1989). Environmental geography. New Delhi: Heritage.

- Strahler, A.H. & Strahler A.N. (1977). *Geography and man's environment, between natural systems and man.* New York: John Wiley and Sons.
- UNDRR, (2015). *Sendai framework for disaster risk reduction 2015-2030*. United Nations: United Nations Office for Disaster Risk Reduction.
- Walter, E. W. (1985). *Ecology, impact assessment and environmental planning*. John Wiley & Sons.

Nature of course: Theoretical Credit hours: 3 Teaching hours: 48

### **1.** Course Description

This course is designed to provide the essential knowledge of agricultural geography to the student. It deals with the theoretical aspects of agricultural geography, systems of agriculture, and determinants of agricultural activities. In addition, it aims to develop ideas about selected models and innovations in agriculture, and methods and techniques of measurement applied in agricultural geography.

### 2. General Objectives

The general objectives of this course are to

- familiarize the meaning and concept of agricultural geography and explain its origin and evolution,
- acquaint the students with the knowledge of various approaches and systems of agricultural geography,
- recognize the relationship between physical environments, culture and political economy in the historic development of agriculture systems,
- enable the students to identify the determinants of agricultural systems,
- explain the models of agricultural location and new innovations in agriculture,
- develop skills to use techniques and tools of measurement in agriculture, soil profile and soil composition,
- enable the students to identify the changing pattern of agriculture with reference to Nepal, and
- investigate the current issues related to food and agricultural production.

Specific objectives	Contents
	Unit I: Introduction to Agricultural Geography
• Explain the concept and evolution of	(6)
agricultural geography	1.1 Concept and evolution
• Discuss the nature and scope of	1.2 Nature and scope
agricultural geography.	1.3 Approaches
• Describe the approaches of	1.4 Recent trends and practices
agricultural geography	
• Identify recent trends in agricultural	
geography	
	Unit II: Determinants of Agriculture
• Identify the natural/physical	(8)
determinants of agriculture	2.1 Natural/Physical determinants: Terrain,
• Analyze the socio-economic and	Climate, Soil and Water.
cultural, determinants of agriculture	2.2 Socioeconomic determinants: Demography,
	Culture &tradition, Infrastructure & Services,

<b></b>	
• Discuss the technological components	Institutions and Policies
of agricultural system	2.3 Technological knowhow
• Analyze the relationship between	2.4 Market
markets and agricultural production	
systems	
	Unit III: Agricultural Systems of the World
• Identify the criteria of agriculture	(10)
classification	3.1 Bases for classification of agriculture
• Examine the Whittlesey's	3.2 Whittlesey's world agriculture classification
classification of world agriculture	3.3 Major farming systems
systems	• Primitive gathering, slash and burn
• Analyze the locations and	farming
characteristics of farming systems of	• Intensive subsistence farming
the world	• Commercial farming: food and cash crops
	Livestock farming
	Agro-forestry
	• Eco-farming
	Unit IV: Models and Innovations in Agriculture
• Discuss the importance of models to	(6)
the study of agricultural geography	4.1 Importance of models in agriculture
• Describe the agricultural location	4.2 Agricultural location models
models proposed by Von Thunen and	Von Thunen
T. Haggerstrand	• T. Haggerstrand
• Analyze the new innovations in	4.3 New innovations in agriculture
agriculture	Green revolution
agriculture	<ul><li>Sustainable agriculture</li></ul>
	-
	• Genetically modified organism (GMO)
	Unit V: Pattern of Agriculture in Nepal
• Assess the agricultural systems in	(12)
Nepal	5.1 Agricultural systems in Nepal
• Explain the indigenous farming	5.2 Indigenous knowledge in farming systems
systems in Nepal	5.3 Organic farming
• Describe the importance of organic	5.4 Commercial farming
farming	5.5 Agricultural practices and food security
• Analyze the status of commercial	5.6 Production, consumption and marketing
farming	systems of selected crops
• Analyze the status of agricultural	5.7 Agriculture policies: Common agricultural
practices and food security in Nepal	policy (CAP, 2008), Agricultural perspective
• Examine the production, marketing	plan (APP, 1995-2015), National agricultural
and consumption systems of rice, tea	policy (NAP, 2004), Agricultural
and off-season vegetables	development strategy (ADS, 2014),
	Agriculture Insurance 2018, and Livestock
	Insurance 2014.

• Assess the agricultural policies of Nepal	5.8 Climate change and Nepalese agriculture
<ul> <li>Evaluate the impact of climate change on agriculture</li> </ul>	
	Unit VI: Measurement Techniques
• Measure soil profile and composition	(6)
• Explain the crop intensity, crop	6.1 Soil profile and composition
combination, crop diversification,	6.2 Crop intensity, combination, diversification,
carrying capacity, and densities	carrying capacity, and densities
• Prepare a report collecting vegetable	6.3 Study of fresh vegetables production and
marketing data of assigned area	supply system

*Note:* The figures within the parenthesis indicate the approximate teaching hours.

## 4. Instructional Techniques

Two types of instructional techniques have been used. The first group comprises general instructional techniques applicable to most of the units. The second group includes instructional techniques to be applied to each of the specific units.

# 4.1 General Instructional Techniques

Varieties of techniques/methods can be applied for this course. The main techniques/ methods applicable to this course include lecture, discussion, question-answer, student interaction, observation, class assignment and presentation.

# 4.2 Specific Instructional Techniques

Unit	Activities and instructional techniques		
Ι	Explain meaning, definition and nature and scope of agricultural geography. Discuss		
	on various approaches to agricultural geography including its recent trends using		
	charts.		
II	Describe the determinants of agriculture using charts. The students' experience will		
	also be shared.		
III	Whittlesey's classification of agriculture will be presented and major farming		
	systems of the world will be discussed		
IV	Models of Von Thunen and T. Haggerstrand in agricultural location and new		
	innovations will be discussed through the demonstration of figures and charts.		
V	Agricultural pattern of Nepal will be discussed highlighting some case studies.		
VI	Selected techniques of measurement in agriculture will be explained. Presentation of		
	students on their study on vegetable marketing system of assigned area.		

# 5. Evaluation

The achievement of the students will be assessed through internal and final/semester examination. Forty percent marks are allocated to internal examination and sixty percent for final/semester examination.

## 5.1 Internal Evaluation

Forty percent marks are allotted to internal evaluation. Internal evaluation will be conducted by course teacher based on the following activities:

Activities	Marks allotted
Attendance	5
Classroom activities	5
First assignment	10
Second assignment	10
Third assignment	10
Total	40

### **5.2 External Evaluation (Final Examination)**

Examination Division, office of the Dean, Faculty of Education will conduct final examination at the end of semester. Sixty percent of the marks are allotted to the final examination. The number and types of questions in the final examination will be as follows:

Types of questions	Total questions	Number of questions to be	Total
	to be asked	answered and marks allotted	marks
Group A: Multiple choice	10 questions	10 x 1 marks	10
Group B: Short answer	6 with 2 'or' questions	6 x 5 marks	30
Group C: Long answer	2 with 1 'or' question	2 x 10 marks	20
Total			60

### 6. Recommended Books and Reference Materials

### 6.1 Recommended Books

Grig, D. (2008). An introduction to agriculture: London: Oxford publication. (Unit I)

- Singh, J. & Dhillon, S. S. (2000). *Agricultural geography*. New Delhi: Tata McGraw- Hill Publishing Company. (Unit I, II, III, IV & VI)
- Hussain, M. (1979). Agricultural geography. New Delhi: Inter-India Publication. (Unit I & II)
- Morgan, W. B. & Munton, R. J. C. (1971). Agricultural geography, London: Methun. (Unit I)
- Macoyer, M. & Laurence R .(2006). A history of world agriculture: From the Neolithic to the current crisis. New York: Monthly Review Press. (Unit III)

Symon, L. (1964). Agricultural geography, London: G. Bill and Sons. (Unit I)

## 6.2 Reference Materials

- Frank, van T. (2009). What future for agriculture and food in an increasingly globalized world: Highlights from a recent symposium. (Ppt file accessed on the 6th May 2016.)
- Shailaja F, (2016). *Agricultural innovation and rural diversification*. Cambridge: Central Asia Forum. (Ppt file accessed on the 6th May 2016.)
- Brush, S. & Turner, B. L. (Eds.) (1987). *The natural of farming systems and views of their changes, in comparative farming systems.* New York: Guilford.
- Galt, R. (2014). Food system in an unequal world: pesticides, vegetables an agrarian capitalism in Costa Rica.

- Pokhrel, K.P. (2011). *Culture, climatic change and food security in Nepal: An ecological approach*. Kathmandu: GCP Pvt. Ltd.
- Nile, D. & Roff, R. J. (2008). Shifting agri-food system: The contemporary geography of food and agriculture; an introduction. Geo Journal.

Nature of course: Theoretical Credit hours: 3 Teaching hours: 48

## 1. Course Description

This course is designed to provide the students with the knowledge of settlement geography. It deals with the concepts of settlement geography and classification of settlement. It enables the students in dealing and analyzing with morphological and functional characteristics of both rural and urban settlements. And it also identifies problems or issues related to rural and urban settlements and develop the skills for settlement planning and mapping.

### 2. General Objectives

The general objectives of this course are to

- impart knowledge about the nature, scope and approaches of settlement geography,
- identify the basis for the classification of settlement,
- assess the theories on the hierarchy of settlements,
- enable the students in dealing and analyzing morphological and functional characteristics of rural and urban settlements,
- enable the students to explain the trends and pattern of urbanization, and
- familiarize the students with the major issues in rural and urban settlement.

Specific objectives	Contents	
• Describe the meaning and definition of	Unit I: Settlement Geography	(4)
settlement geography	1.1 Meaning and definition	
• Elucidate the nature and scope of	1.2 Nature and scope	
settlement geography	1.3 Approaches	
• Discuss on the development focus of the	1.4 Development focus of Settlement	
settlement geography	Geography	
• Trace out the development of permanent	1.5 Development of human settlement	
human settlement		
	Unit II: Settlement Classification and	
• Differentiate the types of rural settlements	Hierarchies	
• Classify human settlements on the basis of	(6)	
population size, function and forms	2.1 Types of settlement	
• Identify the settlement hierarchies	• Classification by population size	
• Illustrate the theories of settlement in	<ul> <li>Classification by functions</li> </ul>	
relation to the hierarchical structures	Classification by form	
proposed by Christaller and Losch	2.2 Settlement hierarchies	
	• Rank-size rule	
	• Law of primate city	
	2.3 Christaller & Losch theories on	
	hierarchic distribution	
	Unit III: Rural and Urban Settlement	
	(12)	

• Describe dichotomy between rural and	3.1 Urban-rural dictum
urban settlement	3.2 Rural Settlement
• Explain the historical development, factors	3.2.1 Historical development
of location and types of rural settlements	3.2.2 Settlement location
• Identify the morphological characteristics	3.2.3 Types (forms) and pattern of
of rural settlement	settlement
• Identify the pattern of settlement	3.2.4 Morphological characteristics
distribution	3.2.5 Distribution pattern
• Describe the characteristics of rural house	3.2.6 Rural house types
types	3.3 Urban Settlement
• Trace out the history of urban growth	3.3.1 History of urban growth/evolution
• Analyze location and pattern of urban	3.3.2 Urban location and pattern
settlement	3.3.3 Distribution and hierarchies
• Elucidate the fields of urban settlement	3.3.4 Urban fields
• Compare and contrast the concentric zone,	3.3.5 Urban structure: Theories
sector and multiple nuclei modes of urban	Concentric zone
structure.	Sector and
• Explain the characteristics of rural-urban	Multiple nuclei model
fringe	3.3.6 Rural-urban fringe
• Describe techniques identifying urban	3.3.7 Urban primacy
primacy	3.3.8 Urban function
• Classify towns on the basis of urban	
function	
	Unit IV: Urbanization Trends and Pattern
• Describe concept and meaning of	(14)
urbanization	4.1 Introduction of urbanization
• Elucidate the world urbanization trends	4.2 World urbanization trends
• Analyze urbanization trends, present status	4.3 Urbanization in Nepal
of urban network, hierarchy and pattern of	• Definition of urban places
urbanization in Nepal	Urbanization trend
• Explain urban network, urban system,	• Urban network
urban function, morphology and	• Primacy, Centrality and Rank-size
demographic characteristics of urban	• Hierarchy
centers	• Urban system and function
• Identify the land use and rural-urban	Locational arrangement/pattern
linkages of the urban centers	Demographic characteristics
	Morphology
	<ul> <li>Morphology</li> <li>Land use</li> </ul>
	• Land use
	<ul><li>Land use</li><li>Rural-urban linkage</li></ul>
• Analyze the issues/problems of rural and	<ul> <li>Land use</li> <li>Rural-urban linkage</li> </ul> Unit V: Settlement Planning and Mapping
• Analyze the issues/problems of rural and urban settlements	<ul> <li>Land use</li> <li>Rural-urban linkage</li> <li>Unit V: Settlement Planning and Mapping (12)</li> </ul>
urban settlements	<ul> <li>Land use</li> <li>Rural-urban linkage</li> <li>Unit V: Settlement Planning and Mapping (12)</li> <li>5.1 Issues/Problems of settlement: Rural and</li> </ul>
<ul><li>urban settlements</li><li>Describe the concept of settlement</li></ul>	<ul> <li>Land use</li> <li>Rural-urban linkage</li> <li>Unit V: Settlement Planning and Mapping (12)</li> <li>5.1 Issues/Problems of settlement: Rural and urban</li> </ul>
<ul><li>urban settlements</li><li>Describe the concept of settlement planning</li></ul>	<ul> <li>Land use</li> <li>Rural-urban linkage</li> <li>Unit V: Settlement Planning and Mapping (12)</li> <li>5.1 Issues/Problems of settlement: Rural and urban</li> <li>5.2 Settlement planning</li> </ul>
<ul><li>urban settlements</li><li>Describe the concept of settlement planning</li><li>Trace out the rural and urban planning</li></ul>	<ul> <li>Land use</li> <li>Rural-urban linkage</li> </ul> Unit V: Settlement Planning and Mapping (12) 5.1 Issues/Problems of settlement: Rural and urban 5.2 Settlement planning 5.3 Settlement planning initiation in Nepal
<ul> <li>urban settlements</li> <li>Describe the concept of settlement planning</li> <li>Trace out the rural and urban planning practices with reference to Nepal</li> </ul>	<ul> <li>Land use</li> <li>Rural-urban linkage</li> </ul> Unit V: Settlement Planning and Mapping (12) 5.1 Issues/Problems of settlement: Rural and urban 5.2 Settlement planning 5.3 Settlement planning initiation in Nepal <ul> <li>Small towns development program</li> </ul>
<ul> <li>urban settlements</li> <li>Describe the concept of settlement planning</li> <li>Trace out the rural and urban planning</li> </ul>	<ul> <li>Land use</li> <li>Rural-urban linkage</li> </ul> Unit V: Settlement Planning and Mapping (12) 5.1 Issues/Problems of settlement: Rural and urban 5.2 Settlement planning 5.3 Settlement planning initiation in Nepal

• Prepare a map of a local settlement	5.4 Settlement mapping (Using GIS, RS and GPS)
	5.5 Mapping of a local settlement

Note: The figures in the parentheses indicate the approximate periods.

# 4. Instructional Techniques

Two types of instructional techniques have been recommended. The first group comprises general instructional techniques applicable to most of the units. The second group includes instructional techniques to be applied to each of the specific units.

# 4.1 General Instructional Techniques

Varieties of techniques/methods can be applied for this course. The general techniques/ methods applicable to this course include lecture, question answer, discussion, observation, class assignment and presentation.

# 4.2 Specific Instructional Techniques

Unit	Activities and instructional techniques		
Ι	Introductory concepts of the settlement geography through discussion and		
	presentation.		
II	Discussion on the origin, evolution and patterns of settlements in relation to their		
	functions using Power-point presentation.		
III	Providing theoretical concepts settlements regarding their hierarchical structures and		
	rank size with illustrations and discussion.		
IV	Preparation of graphs on deal with emerging trends in world urbanization.		
	Presentation on the urban land use models. Calculation different indices related to		
	urbanization.		
V	Discussion on the importance of planning to address issues of rural and urban		
	settlements.		
	Project work on settlement mapping using GIS, RS and GPS.		

# 5. Evaluation

The achievement of the students will be assessed through internal and final/semester examination. Forty percent marks will be allotted to internal examination and sixty percent for final/semester examination.

# **5.2 Internal Evaluation**

Forty percent marks are allotted to internal evaluation. Internal evaluation will be conducted by course teacher based on the following activities:

Activities	Marks allotted
Attendance	5
Classroom activities	5
First assignment	10
Second assignment	10
Third assignment	10
Total	40

#### **5.2 External Evaluation (Final Examination)**

Examination Division, office of the Dean, Faculty of Education will conduct final examination at the end of semester. Sixty percent of the marks are allotted to the final examination. The number and types of questions in the final examination will be as follows:

Types of questions	Total questions	Number of questions to be	Total
	to be asked	answered and marks allotted	marks
Group A: Multiple choice	10 questions	10 x 1 marks	10
Group B: Short answer	6 with 2 'or' questions	6 x 5 marks	30
Group C: Long answer	2 with 1 'or' question	2 x 10 marks	20
Total			60

### 6. Recommended Books and Reference Materials

#### 6.1 Recommended Books

- Bajracharya, B. N. (2015). Promoting small towns for rural development: A view from Nepal. *Asia-Pacific Population Journal*, 10 (2), pp 27-50 (Unit V).
- Bowen, W.M & Gleeson, R. E. (2019). *The evolution of human settlement*: From Pleistocene origins to Anthropocene prospects. eBook by Palgrave Macmillan Retrieved from https:// doi.org/10.1007/978-3-319-95034-1\_4 (Unit I)
- Chisolm, M. (1966). *Rural settlement and land use*. London: Hutchinson and Co. (Unit I, II,III, & IV)
- Faraji, S. J.; Quingping, Z.; Valinoori, S. & Komijani, M. (2016). Urban primacy in urban system of developing countries; its causes and consequences. In *Human* 6(1), pp 34-44 (Unit III).
- GoN. (2015). *National urban development strategy 2015*. Kathmandu: Ministry of Urban Development (Unit V)
- Government of Nepal (GoN). (2013). Compact rural settlement development strategy for Nepal: A policy brief. Kathmandu: National Planning Commission (Unit V)
- Hammond, C. W. (1985). *Elements of human geography*. London: George Allen. (Unit I II, III, & IV)
- Hudson, F. S. (1981). *Geography of settlements*. New York: MacDonald and Evans. (Unit I, II, III, IV & V)
- Jnawali, D. (2004). *Rural urban interaction: A geographical perspective*. Kathmandu: Student's Books. (Unit III)
- Knowled, R. & Wareing, J. (1996). Economic and social geography. Delhi: Rupa & Co (Unit V)

- Li, M.; Vliet, J van; Ke, X & Verburg, P.H. (2019). Mapping settlement systems in China and their change trajectories between 1990 and 2010. *Habitat International* 94 (1-10), <u>http://www.elsevier.com/locate/habitatint</u> (Unit V).
- Pradhan P. (2003). Rural urban linkage. Kathmandu: RUPP/UNDP Nepal. (Unit III & V)
- Rinkesh (nd). Major global urban problems..., <u>https://www.conserve-energy-</u> <u>future.com/urbanization-problems.php</u> (Unit I)
- Shrestha, C. B.; Rijal, S. P. & Chidi, C. L (2018). *Settlement geography of Nepal*. Kathmandu: KEC Publication Pvt. Ltd.(Unit IV)
- Subedi, B. P. (2014). Urbanization in Nepal: Spatial pattern, social demography and development, In CBS (ed.) *Population Monograph of Nepal Vol. III (Economic Demography)*, Kathmandu: CBS (Unit IV)
- United Nations. (2015). World urbanization prospectus: The 2014 revision. New York: UN (Unit IV).
- Stone, K. H. (1965). The development focus of the geography of settlement, *Economic Geography*, 41(4), 346-355. Retrieved from <u>http://www.jstor.org/stable/141945</u> (Unit I)

### **6.2 Reference Materials**

Herfort, B.; Li, H.; Fendrich, S. Lautenbach, S & Zipf, A. (2019). Mapping human settlements with higher accuracy and less volunteer efforts by combining crowdsourcing and deep learning, Remote Sensing, 11, 1-21. Retrieved from <u>www.mdpi.com/journal/</u> <u>remotesensing</u>

https://rashidfaridi.com/2018/11/20/classification-of-cities-by-chauncy-d-harris/ https://rashidfaridi.com/2018/11/20/howard-nelsons-classification-of-cities/

- Khaniya. P.R (2059). *Af:tL e"uf]n* (Settlement geography). Kathmandu: Vidhyarthi PustakBhandar.
- Poudel, K. P. (2011). :yfgLo ljsf;df ef}uf]lns ;"rgf k|0ffnL (Geographic Information Systems in Local Development) Kathmandu: Nepal GIS Society.
- Shrestha, C. B. (2016). *Nepal: Cultural geography*. Kathmandu: Prakash Shrestah and Sunil Shrestha.
- Singh, R. L. & Kashi, N. S. (Eds.). (1975). *Readings in rural settlements geography*. Varanasi: Banaras Hindu University. (Unit III)
- Singh, U. (1982). Urban geography. Gorakhpur: Basundhara Prakashan.
- Tatem, A. J.; Noor, A.M. & Hay, S. I. (2004). Defining approaches to settlement mapping for public health management in Kenya using medium spatial resolution Satellite Imagery, Remote Sensing of Environment, 93, 42-52. Retrieved from <u>https://www.elseiver</u>.com/locate/rse
- Yadav, J. P. & Suresh, R. (1984). Rural settlement geography. Kanpur: Kitabghar.

## H. Ed. 546: Health Psychology

Course No: H.Ed. 546 (Elective)	Nature of course: Theoretical
Level: M.Ed.	Credit hour: 3
Semester: Fourth	Teaching hours: 48

## 1. Course Description

This course is designed to introduce the basic concepts of health psychology. It deals with the psychological basis of health, bio-psychosocial models and approaches to health, health-risk behaviour, illness perceptions and illness behaviour, health-enhancing behaviour, guidance and counselling, and improving quality of life. The course helps the students better understand various approaches to health psychology to apply concepts and approaches of health psychology in health education and promotion programmes.

# 2. General Objectives

# The general objectives of the course are as follows:

- To introduce concepts, scope and history of health psychology.
- To familiarize the students with biopsychosocial approaches to health, such as homeostasis, psychoneuroimmunology, stress, illness and social support
- To develop students' broader understanding of health-risk and health-enhancing behaviour
- To provide basic understanding of the mechanism of symptoms, perceptions and treatment-seeking behaviour of lay people
- To enable the students to apply skill of health counselling and to help people explore ways of improving quality of life

Specific Objectives	Contents
<ul> <li>Describe the concept need and importance of health psychology.</li> <li>Discuss history and scope of health psychology</li> <li>Explain body-mind relationship as psychological basis of health.</li> </ul>	<ul> <li>Unit 1: Introduction to Health Psychology (8)</li> <li>1.1 Concept of health psychology</li> <li>1.2 History of health psychology</li> <li>1.3 Scope of health psychology</li> <li>1.4 Need and importance of health psychology</li> <li>1.5 Psychological basis of health: Body-mind relationship</li> </ul>
<ul> <li>Explain link between the brain homeostasis and health</li> <li>Clarify the concept of psychoneuroimmunology in terms of nervous, endocrine and immune system, and diseases</li> <li>Explain relation between stress, anxiety and depression health and illness.</li> <li>Analyse personality, stress and illness link</li> <li>Explain coping with stress anxiety and depression</li> </ul>	Unit 2: Bio-psychosocial Approaches to Health (10)2.1Maintaining brain homeostasis and health2.2Psycho- neuro-immunology nervous, endocrine and immune system and health2.3Stress, health and illness 2.3.12.3.1Concept and types of stress anxiety and depression.2.3.2Stress as physiological response 2.3.32.3.4Stress and illness link 2.3.52.3.5Coping with stress anxiety and depression

•	Prevention of stress, anxiety and	2.3.6 Prevention of stress anxiety and
	depression.	depression.
•	Identify procedures of stress	2.3.7
	management training and apply	2.3.8 Stress management training
	technique of stress management in	2.4 Social support in stress anxiety and
	daily life.	depression.
•	Discuss roles of social support	2.5 Psychology of social support, emotional
	emotional intelligence, mindfulness/	intelligence, mindfulness/ meditation and resilience.
	meditation and resilience in stress and	resinence.
	illness	Unit 2. Hardth Diele and Hardth Emberging
•	Clarity the concept of health habit and health-risk behavior.	Unit 3: Health-Risk and Health Enhancing Behaviour (10)
	Illustrate concept and model of drug	3.1 Health Habit and Health Risk Behaviour
•	use and dependence	3.1.1 Concept of healthy and risky health
	Analyze the psychology of smoking	habit
•	and alcohol use	3.1.2 Unhealthy diet, over and under eating
•	Explain treatment strategy of alcohol	disorder/dieting
	and nicotine dependence	3.1.3. Health risk behavior of school children
•	Analyze cause and effects of	and its relation with health psychology.
	unprotected sexual behaviour	(smoking, alcohol substance use premature and
•	Discuss healthy diet, nutrition related	unprotected sexual behavior)
	behaviour	
•	Discuss healthy eating, exercise and	3.2 Health enhancing behaviour
	physical activity as health enhancing	3.2.1 Healthy diet and nutrition related
	behaviour	behavior
•	Identify and describe determinants of	3.2.2 Exercise and physical activity
	nutrition behaviour	related behaviour
•	Explain importance of physical activity	<ul><li>3.2.3 Good hygiene behaviour</li><li>3.2.4 Strategies for changing health</li></ul>
	related behaviours	3.2.4 Strategies for changing health risk behavior(cognitive,
•	Discuss importance of good hygiene	behavioral, motivational
	behaviours, and understanding health	emotional approaches)
	risk behaviopurs.	
•	Describe strategies for changing health	
_	risk behavior.	Unit 4. Illnorg Symmetry Dougontions
	Discuss concept of sickness and illness behaviour	Unit 4: Illness, Symptom, Perceptions, Interpretation and Responses (10)
		4.1 Concept of sickness and illness
•	Explain how people perceive and	behaviour
	analyze symptoms during illness	4.2 Meaning of symptoms perceptions and
•	Describe individual planning and taking action to symptoms and illness	interpretation
•	Analyze treatment seeking behaviour	4.3 Planning and taking action to
	and health service utilization.	symptoms and illness
	Explain communication between	4.4 Treatment-seeking behaviour and using
	patient and doctor/service during	health services
	medical consultation and treatment	4.5 Medical consultation and communication:
•	Explore impacts of illness on patients	patient, doctors/service provider and
	and their families	treatment
1		4.6 Impact of illness on patients and their
		families

<ul> <li>Discus concept of Guidance and counseling</li> <li>Describe scope and need of guidance and counselling.</li> <li>Illustrate approach and steps of guidance and counseling(Individual, group, mass</li> <li>Explain Need based guidance and counseling.</li> </ul>	<ul> <li>Unit 5 Guidance and counselling for promoting healthy behavior. (10)</li> <li>5.1Concept of guidance and counseling, and health counselling.</li> <li>5.2. Scope and need of guidance and counselling in health education</li> <li>5.3 Approach and steps of guidance and counselling(Individual, group, mass)</li> <li>5.4 Need based guidance and health counseling in school setting</li> </ul>
• Differentiate between guidance and counselling.	

# 4. Techniques

The instructional techniques for this course are divided into two groups. The first group comprises general instructional techniques applicable to most units and sub-units. At the same time, the second group consists of proposed specific instructional techniques applicable to specific units and topics.

# 4.1 General Instructional Techniques

- Lecture
- Presentation
- Question-answer
- Discussion
- Brain Storming

# 4.2 Specific Instructional Techniques

The following techniques will be used for active participation of students in learning process

Unit	Activities and instructional techniques		
1	Students will be divided into groups and they will be given assignments on three		
	themes: Scope of health psychology, body and mind relationship and historical		
	evolution of health psychology. Each group will prepare and present their		
	assignments in the class. After the presentation, teacher will clarify concepts and		
	provide feedbacks		
2	Discussion- will take in the on the topic stress anxiety and depression management		
	in the class., there will also be question-answer among students and teacher.		
3	Students will be divided into groups and assigned to prepare a paper related to		
	different areas of health risk and health enhancing behavior studying different		
	literatures. Then they will present their paper with power point presentation with		
	discussion. The teacher will provide the feedback.		

4	Guest lecture will be organized inviting experts from medical field and based on		
	the lecture students will participate in question answer regarding the illness		
	symptoms perception and interpretation.		
5	Role play method –Firs teacher will explain and demonstrate about the process of		
5	Role pluy method This teacher will explain and demonstrate about the process of		
	guidance and counselling. After demonstration, selected students will play the role		

## 5. Evaluation

## 5.1 Internal Evaluation 40%

Internal evaluation will be conducted by course teacher based on following activities:

•	Attendance	5 marks
•	Participation in learning activities	5 marks
٠	Fist assignments: Review	10 marks
٠	Second assignment: Mid-term exam	10 marks
•	Third assignment: Write term paper	10 marks
	Total	40 marks

## 5.2 External Examination (Final Examination) 60%

Examination Division, Office of the Dean, Faculty of Education will conduct final examination at the end of semester.

SN	Types of question	Marks
1	Objective type question(multiple choice 10 x 1	10
	mark)	
2	Short answer questions ( 6 questions x 5 marks with 2 OR questions)	30
3	Long answer questions (2 questions x 10 marks with 1 OR question))	20
Tota	al	60

## 6. Recommended Books and References 6.1 Recommended Books

- Allen, F. (2010). *Health psychology and behaviour*. New Delhi: Tata McGraw Hill Education Private Limited. (For unit I, IV and VI)
- Dhimal M, Bista B, Bhattarai S, Dixit LP, Hyder MKA, Agrawal N, Rani M, Jha AK. 2020. *Report of Non-Communicable Disease Risk Factors: STEPS Survey Nepal 2019.* Kathmandu: Nepal Health Research Council
- Friedman, H.S., and Silver, R.C. (Eds.) (2007). *Foundations of health psychology*. Oxford: Oxford University Press. (For unit II)
- Morrison, V. and Bennett, P. (2009). *Introduction to health psychology*. London: Pearson Prentice Hall. (For unit II, IV, V and VI)

- Neeraja, K.P. (2008). *Essential of mental health and psychiatric nursing* (Volume I). New Delhi: Jaypee Brothers Medical Publishers
- Ogden .J (2012) Health psychology, M.C Graw hill Foundation
- Oxford J, (2008) Community psychology challenges, controversies and Emerging consensus John Wiley and Sons Ltd.
- Taylor, S.E. (2012). *Health psychology* (9<sup>th</sup> ed.). New York: McGraw Hill Education. (For unit I, IV and VI).
- WHO (2023), How school systems can improve health and well-being, Health Promotion Department

### **6.2 References**

- Baer, R. A. (2003). Mindfulness training as a clinical intervention: a conceptual and empirical review. Clinical Psychology: *Science and Practice*, (10)2, 125
- Cohen, S. (2004). Social relationships and health. American Psychologist, 59, 676–684
- Kapur, M. (2011). *Counseling children with psychological problems*. New Delhi: Pearson Education
- Park, K. (2012). *Park's Textbook of Preventive and Social Medicine*. Jabalpur, India: M/S Banarsidas Bhanot
- Bannon. L,Mc Neese, J.F & Updegralf (2014)health psychology in introduction to behavior and Health(8th Ed) Delhi Cen gage learning.
- Lyons'A. C and Chamberlain, K. (2006)Health Psychology a Critical Introduction, Cambridge University press

### H. Ed. 547: Physical Exercise and Sports for Health Promotion

Course No.: H. Ed. 547 (Elective)	Nature of course: Theoretical and Practical
Level: M.Ed.	Credit hour: 3 (2 Th. and 1 Pr.)
Semester: Fourth	Teaching hour: 32+32=64

## **1.** Course Description

This course is designed to provide students with the experience of physical exercise and sports to improve their fitness and health. The course includes both theoretical and practical activities. It gives guidelines for physical activity as well as their importance in relation to health promotion. The students have to practice some exercises and sports in the course to promote lifelong participation in physical activity.

## 2. General Objectives

General objectives of this course are as follows:

- To acquaint the students with the knowledge of physical exercise and sports for health promotion and avoid sedentary behaviors.
- To develop understanding of the types of physical activities suitable for different groups concerned.
- To provide experience on different physical exercise and sports for th lifelong participation in physical activities.

Specific Objectives	Contents
Clarify of the concepts of	Unit 1: Physical Exercise and Sports 12
physical activity, physical	1.1 Concept of physical activity, exercise and sports
exercise and sports.	1.2 Historical development of physical activity as a
• Explain a brief history of	means to improve health
physical activity and	1.3 Burden of inactivity and sedentary behaviors
exercises as a means to	1.4 Social and public health significance of physical
improve health.	activity
• Identify the burden of	1.5 Effects of physical activity on health and disease
inactivity and sedentary life	(overall mortality, cardiovascular diseases,
to public health.	cancer, diabetes, osteoarthritis, osteoporosis,
• Discuss the significance of	obesity, mental health, health-related quality of
physical activity in social	life)
and public health and its	1.6 Meaning and components of physical fitness
effects on health and	(Health related and skill related fitness)
disease.	1.7 Measurement of physical activity and fitness
• Describe physical fitness	1.7.1 BMI (Body Mass Index)
and its components.	1.7.2 Waist circumference
• Identify various ways of	1.7.3 AAHPER Youth Fitness Test
measuring physical activity	1.7.4 Push-up Test
and fitness and measure	1.8 Maintenance of physical fitness
fitness according to them.	
• Summarize guidelines for	Unit 2: Physical Exercise and Sports for Different
physical activity.	AgeGroups12
• Identify the physical	century) 9hrs
exercises and sports	2.1 Guidelines for physical activity
requirements for different	2.2 Physical exercise and sports for growing
age groups including	children
children with special needs.	

<ul> <li>Identify various physiologic responses to episodes of exercise.</li> <li>Identify possible adverse effects of physical activity.</li> <li>Describe the trends of physical exercise and sports in Nepal and abroad.</li> </ul>	2.3 2.4 2.5 2.6 2.6.1 2.6.2 2.6.3 2.6.4	Physical exercise and sports for special needs children Physical exercise and sports for adolescents Physical exercise and sports for adults Physiologic responses to episodes of exercise Cardiovascular and respiratory systems related exercises Skeletal muscle related exercise Hormonal responses to exercise Immune responses to exercise
	2.7	Adverse effects of physical activity
	2.8	Trends of physical exercise and sports in Nepal
		and world
<ul> <li>Describe the meaning, process and effects of various daily physical exercises.</li> <li>Perform different daily physical exercises which are useful for health promotion</li> <li>perform different local/ indigenous games and sports.</li> </ul>	<ul><li>3.1</li><li>3.1.1</li><li>3.1.2</li></ul>	<ul> <li>B: Daily Physical Exercises in Promoting Health 8</li> <li>Meaning, process and effects of following daily exercises:</li> <li>Practice of various daily physical exercises (walking, jogging, cycling, dancing, yoga, gardening and household chores)</li> <li>local / indigenous games and sports(Telkasa, Dandibiyo, Kabaddi)</li> </ul>
Participate in and		: Practice of Games and Sports for Active Life
<ul> <li>demonstrate different skills of track and field, games and sports.</li> <li>Organize tournament of any of the games and sports within the group to develop confidence in handling the event in future.</li> </ul>	<b>32</b> 4.1 T 4.2 P 6 4 4 4 4 4.3 C	Frack and field (walking, running, jumping and hrowing) Participation in games for health and entertainment (any two) .2.1 Badminton .2.2 Basket Ball .2.3 Foot Ball .2.5 Table Tennis .2.6 Volley Ball Organization of a tournament in any of the games and sports

# 4. Instructional Techniques

The instructional techniques for this course are divided into two groups. The first group consists of general instructional techniques applicable to most of the units. The second group consists of proposed specific instructional techniques applicable to specific units or sub units or content.

## 4.1 General Instructional Techniques

- 5. Lecture and Discussion
- 6. Demonstration of skills
- 7. Participation in games
- 8. Video show

## 4.2 Specific Instructional Techniques

Unit Activities and Instructional Techniques
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1	The students themselves will measure their physical fitness using different techniques and test in groups with the help of the teacher. Each group will present their measurement to check whether they are right. It will be followed by teacher's feedback and suggestion.
2	The students will be given reading materials to prepare papers on physical exercises and sports for different age groups and they will also be asked to present in the plenary.
3	The students will be provided different options to perform different physical exercises. The students have to prepare their progress while performing those activities focusing on health promotion rather than the development of skills. The students will prepare record of each activity and present it in the class for discussion, which will be followed by teacher's responses.
4	The students will be asked to select at least two games as well as track and field events to practice. They will also be asked to organize a tournament so that every person will have experience of management. They also have to maintain the progress report and submit at the end and present in the class.

## 5. Evaluation

## Internal evaluation of theory part - 40% (25) of 65

Internal evaluation will be conducted by the subject teachers based on the following activities:

SN	Particular		Points
1	Attendance		2
2	Participation in classroom learning		3
3	First assignment: Writing and presentation on given topic		10
4	Second Assignment: Writing paper based on review of articles		10
		Total	25

### Internal evaluation of practical part 40% (15) of 25

SN	Particular	Points
1	Attendance	2
2	Participation in classroom learning	3
3	Second assignment: Organization of tournament	10
	Total	15

## External Examination (Final Examination) of theory part - 60% (40) of 65

Examination Division, Dean's Office, will conduct the final examination at the end of semester.

S.N	Types of question	Marks
1	Objective type question (Multiple choice 10x1 marks)	10
2	Short answer questions (6 questions x 5 marks with 2 OR questions)	30
	Total	40

### External evaluation of practical part

In addition to the theoretical examination, Examination Division, Dean's Office, will appoint an external examiner to conduct a practical examination. The marks distribution will be as follows:

SN	SN Evaluation activities	
1	Report of organization of tournament and sport	10
2	Viva Voce	
Total		20

### 6. Recommended Books and References 6.1. Recommended Books

- Ainsworth, B.E., & Macera, C.A. (2012). (Eds.). *Physical activity and public health practice*. Boca Raton, FL: Taylor & Francis Group, LLC. (Units I and II)
- Barrow, H.M., & McGee, M. R. (1988). A practical approach to measurement in physical education. Philadelphia: Lea and Febiger. (Unit I)
- Bunn, J. W. (Latest edition). *Scientific principles of coaching*. New Jersey: Prentice Hall, Englewood. (Unit I and II)
- Clarke, D.H., & Clarke, H.H. (1995). *Research process in physical education, recreation and health.* New Jersey: Prentice-Hall, Inc. (Unit I)
- Heyward, V. H. (1997). *Advanced fitness assessment and exercise prescription* (3<sup>rd</sup> ed.). USA: Human Kinetics. (Unit III and IV)
- Mathews, D. K. (1998). *Measurement in physical education*. Philadelphia: W.B. Saunders Company. (Unit I)
- Paluch, et al. (2012). History of physical activity contributions to public health. In B.E. Ainsworth and C.A. Macera (Eds.), *Physical Activity and Public Health*, 1-20, New York: CRC Presss. (Unit I)
- Troiano, R.P., & Buchner, D. M. (2012). National guidelines for physical activity. In B.E. Ainsworth and C.A. Macera (Eds.), *Physical Activity and Public Health*, 195-210, New York: CRC Press. (Unit I and II)
- U.S. Department of Health and Human Services. (1996). *Physical activity and health: A report of the surgeon general*. Atlanta, GA: Author. (Units I and II)

### 6.2. References

#### http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2047162/

- Ian Rollo, <u>http://www.nursingtimes.net/nursing-practice/clinical-zones/public-health/</u> <u>understanding-the-role-of-exercise-in-health-promotion/204154.article</u>
- Shrestha, R. P. (2003). Surveillance of risk factors for non-communicable diseases in Nepal. A WHO Funded Research Report, Society for Local Integrated Development Nepal (SOLID NEPAL).

## Hist. Ed. 546: History of Modern Japan (1868-1945)

Course No: Hist. Ed. 546 (Elective)

	Nature of course: Theoretical
Level: M. Ed.	Credit hours: 3
Semester: Fourth	Teaching hours: 48

### 1. Course Description

This Course aims to acquaint the students with the major events in the Japanese history from the time of Meiji Restoration (1868) to the end of  $2^{nd}$  world war. This course intends to focus of Meji Restoration and Meiji reforms especially the constitution of 1889, Japanese foreign policy and her relation with China and Korea relating the two most important wars in the Japanese history along with the Anglo Japan Alliance, the millstone in Japanese history. The  $1^{st}$  and  $2^{nd}$  world wars and Japan's success and her surrender in  $2^{nd}$  world war.

## 2. General Objectives

The general objectives of this course are as follows:

- To make the students familiar with Tokugawa rule in Japan and Meiji Restoration (End of Isolation).
- To familiarize the student with Meiji Reforms and Constitution.
- To enable the students in analyzing the Japanese foreign policy and the wars with China and Russia.
- To provide the students with depth knowledge of Japanese participation in the world war I and II.
- To familiarize the students with the major events in Korean History.

Specific Objectives	Contents
	Unit I: Background of Japanese
• Explain the Tokugawas rule in Japan	History (5)
• Analyze the causes of end of Isolation	1.1 Japan under Tokugawas
•	1.2 End of Isolation
	Unit II: Meiji Japan
Explain Meiji restoration	(8)
• Analyse the reforms in education, economy,	2.1 Meiji Restoration
industry and army under Meiji rule.	2.2 Reforms in Education, Economy,
• Critically examine the Meiji Constitution of 1889.	Industry and Army
5 5	2.3 Meiji Constitution 1889
	Unit III: Meiji Foreign Policy (8)
• Explain the relation between Japan and China	3.1 Japan and China
• Explain the Japanese Interest in Korea	3.2 Japan and Korea
• Analyze the causes of Sino Japan war 1894-95	3.3 Sino Japan war 1894-95
• State the causes and effects of Anglo Japan	3.4 Anglo Japan Alliance 1902
<ul><li>Alliance 1902</li><li>Critically analyze the causes and effects of Russo</li></ul>	3.5 Russo Japan war 1904-5
Japan war 1904-5	
	Unit IV: Japan and World war I
	and II (12)

• Evaluate the steps taken Japan to fulfill her	4.1 Japanese ambition in China and 21
ambition in China	Demands
• Critically examine the causes of 21 Demands	
• Explain Siberian intervention by Japan	4.2 Siberian Intervention
	4.3 Japanese Policy of New
	Order in Asia after I world war
• Analyse the policy of New Order in Asia by	4.4 Japanese success in the II world
Japan after I world war	war
<ul> <li>Evaluate the Japanese success in the II world war</li> </ul>	4.5 American intervention and
<ul> <li>Analyze critically why American intervention</li> </ul>	administration of Gen. Douglas
was necessary in Japan	Mac Author
<ul> <li>Evaluate the works of Gen. Douglas Mac Author</li> </ul>	
and end of U.S. military rule in Japan	4.6 End of U.S. military rule in Japan
	Unit V: Korea in the Far Eastern
	History (15)
• Explain the origin of Korea as a nation	5.1 Origin of Korea as a nation
<ul> <li>Evaluate the Japanese aggressive policy in Korea</li> </ul>	5.2 Japanese rule in Korea
	5.3 Division of Korea in 1948
• Analyze critically the division of Korea	5.4 Peoples Democracy in North
• Explain the Peoples Democracy in North Korea	Korea
	5.5 Constitutional Government in
• Introduce the constitutional government of South	South Korea
Korea	5.6 War between North and South
• Analyse the causes of the war between South and	Korea
North Korea	

Not: The figures within parenthesis indicate the approximate teaching hour for the respective units.

## **4. Instructional Techniques**

Two groups of instructional techniques have been recommended. The first group comprises common techniques applicable to most of the units. The second group includes such instructional techniques which should be applied to teach specific unit.

## **4.1General Instructional Techniques**

Due to the theoretical nature of the course, teacher directed, guided and instructed techniques will be mostly adopted. To impart the required knowledge of the concerned units the teacher will adopt the following methods and techniques.

- 4. Lecture
- 5. Discussion
- 6. Paper presentation of the project
- 7. Brain storming and buzz session
- 8. Report writing assignment

+2 Speeme instructional reeninques		
Units	Activities and Instructional Techniques	
Unit I: Background of	Group discussion	
Japanese History		
Unit II: Meiji Japan	Individual report writing and Group discussion	

### 4.2 Specific Instructional Techniques

Unit III : Meiji Foreign	Group report presentation	
Policy		
Unit IV: Japan and Home assignment and presentation		
World war I and II		
Unit V: Korea in the Far	Term paper	
Eastern History		
5. Evaluation		
5.1 Internal Evaluation 40%		
Internal evaluation will be conducted by course teacher based on following activities		
1) Attendance 5 Mark		
2) Participation in Learning activities 5 Mark		
3) First assignment 10 Marks		
4) Second assignment (Midterm exam) assessment 10 Marks		
5) Third assignment/ assessment 10 Marks		

Total

40 Marks

Unit wise activities and work for	or Internal evaluations
Units	Activities and work for internal evaluations
Unit I: Background of Japanese	Group discussion and presentation. (Participation in Learning
History	activities, 5)
Unit II: Meiji Japan	Individual report writing and presentation based on Meji period (1 <sup>st</sup> assignment ,5)
Unit III : Meiji Foreign Policy	List the Meiji foreign policy and compare with Nepalese foreign policy (1 <sup>st</sup> assignment, 5)
Unit IV: Japan and World war I and II	Present the videos of both World Wars and make different conclusions in tabular form (2 <sup>nd</sup> assignment 10)
Unit V: Korea in the Far Eastern	Book review in relation to Korea-Nepal (One book for 3 <sup>rd</sup>
History	assignment, 10)

## 5.2 External Evaluation (final examination) 60%

Examination Division, Office of the Dean, Faculty of Education will conduct the final examination at the end of the semester. The types and number of questions to be included in the final paper are as follows.

1)	Objective type question (multiple choice 10x1 point)	10 Marks
2)	Short answer question (6 questions with 2 or x5 points)	30 Marks
3)	Long answer questions (2 questions with 1 or $x = 10$ points)	20 Marks

3)	Long answer questions (2 questions with 1 or x 10 points)	20 Marks
	Total	60 Marks

**6.Recommended Books and References 6.1 Recommended Books** 

- Clyde, H.P. & Beers F.B. (1971). *The Far East: A History of Western Impact and Eastern Response 1830-1970.* New Jersey: Printice Hall Inc-Englewood Cliff. (Unit I and V)
- Fairbank, J.K., Reischaure, E.O. & Craig, A.M. (1972). *East Asia Tradition and Transformation*. Modern Asia Edition. (Unit I-V)
- Kumar, S. & Jain S. (1976). *Far East and Modern Times*. Delhi: S. Chand and Company. (Unit I-V)
- Reischarer, E.O (1978). *Japan the Story of a Nation*. Tokyo: Chaels E. Tuttle Company. (Unit I-V)
- Vinacke, H.M.(1978). A history of Far East in modern Times. New Delhi: Kalyani Publisher. (Unit V)

### 6.2 References

Butow, R.J.C. (1954). Japan's Decision to Surrender. Standford University Press.

- Dower, J.W. (1967). *Empire and Aftermath: Yoshida Shigeru and Japanese Experience 1878-*1954. Cambridge: Council on East Asian Studies, HarwardUnivesrsity Press.
- Hall, J.W. (1974). Japan from Pre History to Modern Times. Berkeley: University of California
- Jean, M. &Bergere, M. (1986). *China from the Opium war to 1911 Revolution*. Translated from the French by Anne Destennay. Delhi: Khosla Publishing House.
- Jones, F.C. (1972). Japan's New Order in East Asia: Its rise and Fsll 1937-1945. London: Oxford University Press.
- Nakane, C. (1972). Japanese Society. Berkeley: University of California Press.

#### Hist. Ed. 545: Administrative History of Nepal

Course No: Hist. Ed. 545 (Elective)

Level: M. Ed.

Semester: Fourth

Nature of course: Theoretical Credit hours: 3 Teaching hours: 48

#### 1. Course description

This course intends to acquaint the students with the major events of the administrative history

of Nepal. The course aims to provide the required knowledge of administrative history of ancient, medieval and modern Nepal. This course deals with the administrative system of ancient and medieval Nepal, as well as after the unification, Rana period, Panchayat period and post-modern period of Nepal

#### 2.General Objectives:

- To enable the students to make understanding of introduction of administration
- To enable the students with the knowledge of administration during ancient period
- To impart the knowledge of medieval period of Nepal
- To make familiarize the student the knowledge of administration after unification of Nepal
- To acquaint the knowledge of administration during the Rana System in Nepal
- To make the student familiar with the administration Development during 1951-2061
- To enable the students with the administration during Panchayat System
- To impart the knowledge of post democracy period administration (1990-2013)

## 3. Specific Objectives and Contents

Specific Objectives	Contents
	Unit I: Ancient period administration
• State the Nepalese	
administration with global	(6)
context	1.1 Introduction of Nepali
• Explain the administration	Administration
during Kirat period	1.2 Kirat period Administration
• Describe the administration during Lichchhavis	1.3 Lichchhavi period administration
Analyze the importance of     Panchali	1.4 Importance of Panchali
	Unit II: Medieval Period administration
• State he Malla administration	
• Acquaint the Baise state's	(6)
administration	2.1 Malla administration
	2.2 Baise states administration

• Familiarize administration of	
• Fainharize administration of Chaubise principalities	2.3 Chaubise principalities
<ul> <li>Describe the administration in</li> </ul>	administration
other major small states	
	2.4 Other major states administration
	(Makwanpur, Chaudandi and Vijayapur)
	Unit III: Administration After
• State the Administration during	Unification
Prithvinarayan Shah and after	(10)
5	3.1 Administration during
• Explain the administration	Prithvinarayan
during BhimsenThapa	Shah and after
	3.2 Administration during
	BhimsenThapa
• Evaluate the feature and	3.3 Feature and importance of Mluki
importance of Mluki Ain 1910	Ain 1010 D S
B.S	1910 B.S 3.4 Central Administration
• State the central administration	3.4 Central Administration
during Rana Period	3.5 GaudaAdministration and role of
• Explain the Gauda administration and role of	Badahakim
Badahakim	3.6 Local administration
<ul> <li>Describe the local administration</li> </ul>	
	Unit IV: Administration Development
	Unit IV: Administration Development during 1951-1961
• Evaluate the administration	Unit IV: Administration Development during 1951-1961 (10)
	during 1951-1961
• Evaluate the administration	during 1951-1961 (10)
• Evaluate the administration reform (Buch commission, Tank	during 1951-1961 (10) 4.1 Administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh
• Evaluate the administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha	during 1951-1961 (10) 4.1 Administration reform (Buch commission, Tank Prasad Achary,
<ul> <li>Evaluate the administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh Bahadur Thapa)</li> </ul>	during 1951-1961 (10) 4.1 Administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh BahadurThapa)
<ul> <li>Evaluate the administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh Bahadur Thapa)</li> <li>Analyze the civil service acts</li> </ul>	during 1951-1961 (10) 4.1 Administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh
<ul> <li>Evaluate the administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh Bahadur Thapa)</li> <li>Analyze the civil service acts 2013 B.S.</li> <li>State the central administration</li> <li>Explain the district</li> </ul>	<ul> <li>during 1951-1961 (10)</li> <li>4.1 Administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh BahadurThapa)</li> <li>4.2 The civil service acts 2013 B.S.</li> </ul>
<ul> <li>Evaluate the administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh Bahadur Thapa)</li> <li>Analyze the civil service acts 2013 B.S.</li> <li>State the central administration</li> <li>Explain the district administration</li> </ul>	<ul> <li>during 1951-1961 <ul> <li>(10)</li> <li>4.1 Administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh BahadurThapa)</li> </ul> </li> <li>4.2 The civil service acts 2013 B.S.</li> <li>4.3 Central administration</li> </ul>
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<ul> <li>Evaluate the administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh Bahadur Thapa)</li> <li>Analyze the civil service acts 2013 B.S.</li> <li>State the central administration</li> <li>Explain the district administration</li> <li>Describe the local administration</li> <li>Explain central administration</li> <li>Describe regional administration</li> <li>State zonal administration</li> </ul>	<ul> <li>during 1951-1961 <ul> <li>(10)</li> <li>4.1 Administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh BahadurThapa)</li> </ul> </li> <li>4.2 The civil service acts 2013 B.S.</li> <li>4.3 Central administration <ul> <li>4.4 District administration</li> <li>4.5 Local administration</li> </ul> </li> <li>Unit V: Administration during Panchayat System <ul> <li>(10)</li> <li>5.1Central administration</li> <li>5.2 Regional administration</li> <li>5.3 Zonal administration</li> </ul> </li> </ul>
<ul> <li>Evaluate the administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh Bahadur Thapa)</li> <li>Analyze the civil service acts 2013 B.S.</li> <li>State the central administration</li> <li>Explain the district administration</li> <li>Describe the local administration</li> <li>Describe regional administration</li> <li>State zonal administration</li> <li>State district administration</li> </ul>	<ul> <li>during 1951-1961 <ul> <li>(10)</li> <li>4.1 Administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh BahadurThapa)</li> </ul> </li> <li>4.2 The civil service acts 2013 B.S.</li> <li>4.3 Central administration <ul> <li>4.4 District administration</li> <li>4.5 Local administration</li> </ul> </li> <li>Unit V: Administration during Panchayat System <ul> <li>(10)</li> <li>5.1Central administration</li> <li>5.2 Regional administration</li> <li>5.4 District administration</li> <li>5.5 Local administration</li> </ul> </li> </ul>
<ul> <li>Evaluate the administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh Bahadur Thapa)</li> <li>Analyze the civil service acts 2013 B.S.</li> <li>State the central administration</li> <li>Explain the district administration</li> <li>Describe the local administration</li> <li>Describe regional administration</li> <li>State zonal administration</li> <li>State district administration</li> <li>Explain local administration</li> </ul>	<ul> <li>during 1951-1961 <ul> <li>(10)</li> <li>4.1 Administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh BahadurThapa)</li> </ul> </li> <li>4.2 The civil service acts 2013 B.S.</li> <li>4.3 Central administration <ul> <li>4.4 District administration</li> <li>4.5 Local administration</li> </ul> </li> <li>Unit V: Administration during Panchayat System <ul> <li>(10)</li> <li>5.1Central administration</li> <li>5.2 Regional administration</li> <li>5.3 Zonal administration</li> <li>5.4 District administration</li> <li>5.5 Local administration</li> </ul> </li> </ul>
<ul> <li>Evaluate the administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh Bahadur Thapa)</li> <li>Analyze the civil service acts 2013 B.S.</li> <li>State the central administration</li> <li>Explain the district administration</li> <li>Describe the local administration</li> <li>Describe regional administration</li> <li>State zonal administration</li> <li>State district administration</li> <li>Explain local administration</li> <li>Explain local administration</li> <li>Analyze the decentralization</li> </ul>	<ul> <li>during 1951-1961 <ul> <li>(10)</li> <li>4.1 Administration reform (Buch commission, Tank Prasad Achary, Bedanand Jha and Bhesh BahadurThapa)</li> </ul> </li> <li>4.2 The civil service acts 2013 B.S.</li> <li>4.3 Central administration <ul> <li>4.4 District administration</li> <li>4.5 Local administration</li> </ul> </li> <li>Unit V: Administration during Panchayat System <ul> <li>(10)</li> <li>5.1Central administration</li> <li>5.2 Regional administration</li> <li>5.4 District administration</li> </ul> </li> </ul>

• Explain the main feature of Muluki Ain of 2020 AD	
	Unit VI: Post Democracy period administration (1990-2013) (6)
<ul> <li>Analyze the Administration Reform Commission 2048 B.S.</li> <li>Evaluate the Local Governance Act 2055 B.S.</li> <li>Explain the decentralization</li> </ul>	<ul><li>6.1 Administration reform commission</li><li>2048 B.S.</li><li>6.2 Local Governance Act 2055 B.S.</li></ul>
<ul> <li>during post democracy period</li> <li>Describe the local governance during post democracy period</li> </ul>	<ul><li>6.3 Decentralization during post</li><li>democracy</li><li>6.4 Local governance</li></ul>

Note: The figures within parenthesis indicate the approximate teaching hours for the respective

units.

#### 4. Instructional Techniques

Two groups of instructional techniques have been recommended. The first group comprises common techniques applicable to most of the units. The second group includes such instructional techniques which should be applied to teach specific unit.

#### 4.1General Instructional Techniques

Due to the theoretical nature of the course, teacher directed, guided and instructed techniques will be mostly adopted. To impart the required knowledge of the concerned units the teacher will adopt the following methods and techniques.

- Lecture
- Discussion
- Paper presentation of the project
- Brain storming and buzz session
- Report writing assignment
- 4.2 Specific Instructional Techniques

Units	Activities and Instructional Techniques
Unit I: Introduction Administration	Group discussion
Unit II: Ancient period administration	Home assignment
Unit III: Medieval Period administration	Report writing and presentation
Unit IV: Administration After Unification	Report writing
Unit V: Administration during Rana period	Case study
Unit VI: Administration Development during 1951-	Group discussion
2061	
Unit VII: Administration during Panchayat System	Group discussion with resource person
Unit VIII: Post Democracy period administration	Discussion with resource person
(1990-2013)	
Unit IX: Newly Adopted Constitution 2072	Book Review

5.1 Internal Evaluation 40%	
Internal evaluation will be conducted by course teacher base	ed on following activities
6) Attendance	5 Marks
7) Participation in Learning activities	5 Marks
8) First assignment	10 Marks
9) Second assignment (Midterm exam) assessment	10 Marks
10) Third assignment/ assessment	10 Marks
Total	40 Marks
5.2 External Evaluation (final examination) 60%	
Examination Division, Office of the Dean, Faculty of Education	ation will conduct the final
examination at the end of the semester. The types and numb	per of questions to be included
in the final paper are as follows.	
4) Objective type question (multiple choice 10x1 point)	10 Marks
5) Short answer question (6 questions with 2 or x5 points)	30 Marks
6) Long answer questions (2 questions with 1 or x 10 points)	20 Marks
Total	60 Marks

## Unit wise activities and work for internal evaluation

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Units	Activities and work for internal
	evaluations
Unit I: Ancient period administration	Write your reflection based on Ancient
	period administration and present in class
	(Participation in Learning activities, 1)
Unit II: Medieval Period administration	List out Medieval Period administration
	and its' features (1 <sup>st</sup> assignment, 1)
Unit III: Administration After Unification	Prepare flow chart to show Administration
	After Unification (1 <sup>st</sup> assignment, 2)
Unit IV: Administration Development	Prepare timeline to show Administration
during 1951-2061	Development during 1951-2061 (2 <sup>nd</sup>
	assignment)
Unit V: Administration during Panchayat	Make report administration system of
System	Panchayat period and present in class (3 <sup>rd</sup>
	assignment 3)
Unit VI: Post Democracy period	Invite resource persons to presents Post
administration (1990-2013)	Democracy period administration (1990-
	2013) (3 <sup>rd</sup> assignment)

#### 6. Recommended books and References

#### **6.1 Recommended books**

- Bhattarai, G (2059). *Ranakalin Jilla Prashasan Ma Wadahakimharu ko Bhumika*. Kathmandu: Nepal Ra Asiyali Anusandhan Kendra.
- Khanal, R. (2006). Local Self Governance in Nepal. Lalitpur: Smriti Books.

Kumar, S. (1967). Rana polity in Nepal. Bombay: Asia Publishing House.

- Pangeni, B (2065). Nepal Ko Prashasanik Itihas (Bhag II): Palpa Gauda Prashashan ka Dui Dashak (1861-1881 B.S). Kathmandu: Shraddha SharasthaPrakashan.
- Paudyal, M. P. (1989). Administrative Reform in Nepal. Delhi: National Book Organization.
- Shrestha, T.N.(1976). *The Concept of Local government and Decentralization*. Kathamandu: Ratna Pustak Bhandar.
- Shrestha, T. N. (2005). *Nepalese Administration: a Historical Perspective*. Kathmandu: Ratna Pustak Bhandar.
- Thapa, K. B. (1988). Main Aspects of Social, Economic and Administrative History of Modern Nepal. Kathmandu: MisAmbikaThapa.
- Upadhyaya, S.P. (2069) 4<sup>th</sup> edit., *Nepal Ko Samajik, Arthik Tatha Prashasanik Itihas*, Kathmandu: Ratna Pustak Bhandar.
- Vaidya, T. R. and Bajrachary, B. R. (2055). *Madhyakalin Nepal Ko Prashanik Itihas*. Kathmandu: Nepal Ra Asiali Anusandhan Kendra.
- Vaidya, T.R. Manadhar T. R. (2053). *Adhunik Nepal KoPrashasanikItihas*(1768-1951). Kathmandu: Nepal Ra Ashiyali Anusandhan Kendra.

#### **6.2 References**

Agrawal, H. N. (1976). The administrative system of Nepal. Delhi: Vikash Publishing House.

Local Governance Act 2055 and Civil Service Act 2069 B.S. (Third Ammendment)

Pant, S. and Dutta (2057). Aspect of Decentralization in Nepal. Lalitpur:SajhaPrakashan.

#### ICT. Ed. 548: Machine Learning

Course No.: ICT. Ed. 548 (Elective)
Level: M.Ed.
Semester: Fourth

Nature of course: Theoretical + Practical Credit hours: 3 (1T+2P) Teaching hours: 64 (32+32)

#### **1.** Course Description

This course provides machine learning (ML) and data processing fundamentals, enabling students to use ML in a variety of applications. Starting with data processing and visualization, the course covers supervised and unsupervised ML algorithms, recommendation systems, and NLP basics. After completion this course, students will be ready to apply ML to real-world situations and understand text data processing.

#### 2. General Objectives of the Course

Following are the general objective of this course:

- To expose students to the fundamentals of data processing at ML.
- To enhance students' data visualization skills using ML tools and algorithms.
- To assist students to implement supervised and unsupervised machine learning algorithms competently.
- To enable students to formulate recommendations on ML.
- To enable the student to manipulate textual data.
- To allow students to comprehend the fundamentals of NLP.

#### **3.** Specific Objectives and Contents

Specific Objectives	Contents	
• To make students able to	Unit 1: Data Processing and Inferential Statistics (14)	
clean data.	1.1 Review of NumPy Arrays, data analysis with Pandas, Data	
• To understand capabilities	Cleansing, Data Operations.	
and limitations of inferential	1.2 Various forms of distribution, z-score, p-value, One-tailed and	
statistics.	two-tailed tests, Type 1 and Type 2 errors, confidence interval,	
• To explore various types of	Correlation, Z-test vs T-test, F distribution, chi-square	
errors.	distribution	
	1.3 Chi-square for the goodness of fit, The chi-square test of	
	independence, ANOVA.	
	Practical Works	
	Write programs related to data cleaning, correlation, various tests	
	and distributions.	
• Understand concepts of	Unit II: Presenting Data Analysis (12)	
data analysis and	2.1 Data mining, Presenting an analysis, Studying the Titanic,	
presentation	Controlling the line properties of a chart.	
• Able to write programs to	2.2 Creating multiple plots, Playing with text, Styling your plots, Box	
draw various kind of	plots, Heatmaps, Scatter plots with histograms, scatter plot matrix	
charts.	2.3 Area plots, Bubble charts, Hexagon bin plots, Trellis plots, 3D	
• Understand strength and weakness of various charts.	plot of a surface.	
weakness of various cliants.	-	
	Practical Works	

	• Write programs to create various types of charts.	
<ul> <li>Explore the concept of machine learning.</li> <li>Understands types of machine learning algorithms.</li> <li>Demonstrate classification and prediction algorithms.</li> </ul>	Unit III: Supervised Learning       (12)         3.1 Machine learning, Different types of machine learning, Working of Classification Algorithms, classification vs. prediction.         3.2 Linear regression, Decision trees, Logistic regression, naive Bayes classifier         3.3 Concept of Ensemble Methods, Making predictions with random forest.         Practical Works         Write programs to implement various classification and prediction algorithms.	
<ul> <li>Understand basic concepts of clustering.</li> <li>Demonstrate various clustering algorithms.</li> <li>Demonstrate various recommendation algorithms.</li> </ul>	<ul> <li>Unit IV: Unsupervised Learning (12)</li> <li>4.1 Clustering, Types of clustering algorithms, Measures of Similarity.</li> <li>4.2 K-means clustering, K-medoid Clustering, Hierarchical Clustering. Applying Segmentation with k-means Clustering.</li> <li>4.3 Generating Recommendations, Collaborative vs. Content Based Recommendation, Collaborative Filtering.</li> <li>Practical Works</li> <li>Write programs to implement various clustering and recommendation algorithms.</li> </ul>	
<ul> <li>Understand concept of text mining.</li> <li>Demonstrate steps of text mining.</li> <li>Understand concepts of big data.</li> <li>Demonstrate MapReduce and Hadoop in handling Big Data.</li> </ul>	<ul> <li>Unit V: Text Mining and Big Data (14)</li> <li>5.1 Preprocessing data, Creating a wordcloud, Word and sentence tokenization, Parts of speech tagging, Stemming and lemmatization.</li> <li>5.2 The Stanford Named Entity Recognizer, Performing sentiment analysis on world leaders using Twitter.</li> <li>5.3 Hadoop, Python MapReduce, File handling with Hadoopy, Pig, Python with Apache Spark</li> <li>Practical Works</li> <li>Write programs to solve NLP and Big data related problems</li> </ul>	

## 4. Instructional Techniques

The instructional techniques for this course are divided into two groups. First group consists of general instructional techniques applicable to most of the units. The second group consists of specific instructional techniques applicable to specific units.

## **4.1 General Techniques**

• Providing the reading materials to the students to familiarize the units.

• Lecture, question-answer, discussion, brainstorming, practical, and buzz session.

#### **4.2 Specific Instructional Techniques**

Unit	Activity and instructional techniques	<b>Teaching Hours (32)</b>
I-V	Use python to implement the data processing,	
	visualization, and machine learning related	
	problems.	

Note: Specific Instructional Techniques may or may not require for each of the units mentioned in course outline.

#### 5. Evaluation

#### a. Evaluation (Internal Assessment and External Assessment):

Nature of	Internal	External	Semester	Total Marks
course	Assessment	Practical	Examination	
		Exam/Viva		
Theory	40%	20%	40%	100%

*Note*: Students must pass separately in internal assessment, external practical exam / viva and or semester examination.

#### b. Evaluation for Part I (Theory)

#### i. Internal Evaluation 40%

Internal evaluation will be conducted by course teacher based on following activities:

1) Attendance	5 points
2) Participation in learning activities	5 points
3) First assessment ( written assignment)	10 points
4) Second assessment ( Term examination )	10 points
5) Third assessment ( Internal Practical Exam/Case Study)	10 points
Total	40 points

#### c. External Evaluation (Final Examination) 40%

Examination Division, office of the Dean, Faculty of Education will conduct final examination at the end of semester.

- 1) Objective type question (Multiple choice 10questionsx1mark) 10 marks
- 2) Short answer questions (6 questions with 2 OR x 5 marks) 30 marks

Total	 40
marks	

Nature of the	Semester final examination by	Total percent
course	External Examiner	
Practical	20	100

#### d. Evaluation for part II (practical) 20%

#### **6.3.1 Practical Examination Evaluation Scheme**

a)	Extern	al assessment20
	i)	Record book 4
	ii)	Laboratory work exam/Case
	iii)	VIVA

#### **Recommended Books**

Madhavan, S. (2015). Mastering Python for data science: Explore the world of data science

through Python and learn how to make sense of data. Packt Publ.

Raschka, S., & Mirjalili, V. (04). Python machine learning: Machine learning and deep

learning with Python, scikit-learn, and TensorFlow (Second edition, fourth release,[fully

revised and updated]). Packt Publishing.

Artasanchez, A., & Joshi, P. (2020). Artificial intelligence with Python: Your complete guide

to building intelligent apps using Python 3.x (Second edition). Packt.

## ICT. Ed. 549: Cloud Computing

Course No.: ICT. Ed. 549 (Elective) Level: M.Ed. Semester: Fourth Nature of course: Theoretical + Practical Credit Hour: 3 (2+1) Teaching Hour: 64 (32+32)

#### 1. Course Description

This course aims to provide students with a deep understanding of cloud computing concepts and technologies. The course covers a wide range of topics, from the fundamentals of cloud computing to advanced cloud security practices. Through a combination of theoretical knowledge and practical hands-on tasks, students will gain the skills necessary to effectively design, implement, and manage cloud-based solutions.

#### 2. General Objective:

The general objectives of this course are as follows:

- To explore the concept, services model and deployment model of cloud computing its role in modern technology.
- To explore major cloud platforms like AWS, Azure, and Google Cloud to deploy and manage applications.
- To gain skills to how virtualization optimizes resource usage and supports cloud services.
- To gain practical skills in automating tasks, scaling resources, and optimizing application performance in the cloud.
- Discover essential security practices to safeguard data, applications, and infrastructure in the cloud environment.
  - **3.** Course Outlines:

Specific Objectives Contents		Hrs.
<ul> <li>Discuss concept of cloud computing and its uses in education.</li> <li>Compare cloud services models</li> <li>Discuss the cloud deployment model.</li> <li>List the challenges of cloud implementation in education.</li> </ul>	<ul> <li>Unit 1: Introduction to Cloud Computing <ol> <li>Overview of Cloud Computing</li> <li>Cloud Computing in Education System</li> <li>Cloud Service Models: IaaS, PaaS, SaaS</li> <li>Cloud Deployment Models: Public, Private, Hybrid and Community Cloud</li> </ol> </li> <li>Benefits and Challenges of Cloud Computing in education system</li> <li>Cloud Service Providers and Market Landscape</li> <li>Practical Work/Case study</li> </ul>	8T+2P

	• Set up a basic cloud account with a popular cloud	
	provider and explore the provided services and	
	features	
<ul> <li>Explore the AWS cloud computing platforms and features</li> <li>Explore the Azure cloud computing platforms and features</li> <li>Explore the GCP cloud computing platforms and features and features</li> </ul>	<ul> <li>Unit 2: Cloud Computing Platforms and Practices</li> <li>2.1 Amazon Web Services (AWS): EC2 (Elastic Compute Cloud), S3 (Simple Storage Service), Lambda, DynamoDB</li> <li>2.2 Microsoft Azure: Virtual Machines, App Service, Storage, Kubernetes Service</li> <li>2.3 Google Cloud Platform (GCP): Compute Engine, App Engine, Cloud Storage, Cloud Functions, Kubernetes Engine</li> <li>Practical Work/Case study</li> <li>Among three services provider Accessing cloud portal</li> <li>Working with Command Line interface and PowerShell</li> <li>Calculate pricing of service and subscription</li> </ul>	6T+4P
	Observing security center	
	Compare storage services	
<ul> <li>Define the concept virtualization technologies.</li> <li>Demonstrate the hypervisors and containerization.</li> <li>Define the hardware and software to use in virtualization.</li> <li>Monitoring the virtual machines</li> <li>Work on virtualization platforms</li> <li>Access cloud virtual machines</li> </ul>	<ul> <li>Unit 3: Virtualization</li> <li>b. Virtualization Technologies</li> <li>c. Hypervisors (Type 1 and Type 2)</li> <li>d. Containerization</li> <li>e. Hardware and software virtualization.</li> <li>f. Virtual machine monitors (VMMs).</li> <li>g. Virtualization Platforms: VMware vSphere, Microsoft Hyper-V.</li> <li>Practical Work/Case study</li> <li>Create Virtual Machines (VMs)</li> <li>Install appropriate OS in cloud VMs</li> <li>Setup Virtual Network interface in VMs</li> <li>Setup and configure IP address parameters</li> <li>Access machine with Remote Desktop Protocol and SSH</li> </ul>	5T+8P
<ul> <li>Deploy the IAM.</li> <li>Use the storage services and data management.</li> <li>Work on Network services and virtual private clouds</li> </ul>	<ul> <li>Unit 4: Cloud Manage Services</li> <li>4.1 Identity and Access Management (IAM)</li> <li>4.2 Storage Services and Data Management</li> <li>4.3 Networking Services and Virtual Private Clouds (VPCs)</li> <li>4.4 Database Services and Data Warehousing</li> <li>4.5 Content Delivery Networks (CDNs)</li> <li>Practical Work/Case study</li> </ul>	8T+9P

• Explore the data	• setup and configure domain controller	
services and data	<ul> <li>setup and configure RBAC</li> </ul>	
warehousing.	<ul> <li>setup and evaluate policies</li> </ul>	
Define CDNs	<ul> <li>Setup and configure server message block (SMB)</li> </ul>	
	<ul> <li>Synchronize and migrate location of file</li> </ul>	
	<ul> <li>Configure extension for storage backup</li> </ul>	
	<ul> <li>Achieving storage</li> </ul>	
	Unit 5: Cloud Security	
	5.1 Cloud Security Challenges: Cloud Security	
Apply security practices	Challenges, Identity and access management,	
to IAM and root users	Network security	
• Determine network	5.2 Security Measures in Cloud Computing: Encryption	
	and key management, Security groups and access	
segmentation strategies	controls, Intrusion detection and prevention systems,	
• Design flexible	Security audits and monitoring.	
authorization model	5.3 Cloud Security Providers and Services: IAM, Azure	
• Design secure workload	Active Directory. Google IAM	
and application	Practical Work/Case study	
• Encrypt data at rest	• Implement identity, access and security	<b>5</b> 77 - 010
• Implement access	• Implement end-to-end encryption for data at rest	5T+9P
policies for encryption	and in transit, configure firewall rules, and design	
	a disaster recovery plan for a cloud-based	
keys	application.	
	<ul> <li>Collect telemetry data from cloud and on- premises</li> </ul>	
	-	
	<ul> <li>Implement security services</li> <li>Implement data access and protection</li> </ul>	
	Implement data access and protection	
	Collect metrics and logs from resource	
	Integrate SIEM and ITSM tools	
	• Implementing access policies for encryption keys	
	• Setup alert and actions	
	Enable security features for resource	

#### 4. Instructional Techniques

The instructional techniques for this course are divided into two groups. First group consists of general instructional techniques applicable to most of the units. The second group consists of specific instructional techniques applicable to specific units.

#### **4.1 General Techniques**

• Providing the reading materials to the students to familiarize the units.

• Lecture, question-answer, discussion, brainstorming, practical, and buzz session.

#### **4.2 Specific Instructional Techniques**

Unit	Activity and instructional techniques	Teaching Hours (32)
III-VII	Perform the given practical activities using	
	major three cloud services provider Amazon	
	Web Services, Microsoft Azure, Google	
	Cloud Platform (GCP) or other market	
	compatible cloud services provider.	

Note: Specific Instructional Techniques may or may not require for each of the units mentioned in course outline.

## 5. Evaluation

## 5.2 Evaluation (Internal Assessment and External Assessment):

Nature of	Internal	External	Semester	Total Marks
course	Assessment	Practical	Examination	
		Exam/Viva		
Theory	40%	20%	40%	100%

*Note*: *Students must pass separately in internal assessment, external practical exam / viva and or semester examination.* 

## 5.3 Evaluation for Part I ( Theory)

## 5.3.1 Internal Evaluation 40%

Internal evaluation will be conducted by course teacher based on following activities:

6) Attendance	5 points
7) Participation in learning activities	5 points
8) First assessment ( written assignment)	10 points
9) Second assessment ( Term examination )	10 points
10) Third assessment ( Internal Practical Exam/Case Study)	10 points
Total	40 points

#### 5.4 External Evaluation (Final Examination) 40%

Examination Division, office of the Dean, Faculty of Education will conduct final examination at the end of semester.

- 3) Objective type question (Multiple choice 10questionsx1mark) 10 marks
- 4) Short answer questions (6 questions with 2 OR x 5 marks) 30 marks

Total	40
marks	

#### 5.5 Evaluation for part II (practical) 20

#### Practical Examination Evaluation Scheme

1.	Record book	4	
2.	Laboratory work exam/Case	8	
3.	VIVA	8	
	Total		20

# 6. Recommended books and reading materials (including relevant published articles in national and international journals)

#### 7. Reference materials

- Erl, T., Puttini, R., & Mahmood, Z. (2013). *Cloud computing: Concepts, technology, & architecture*. Prentice Hall.
- Buyya, R., Broberg, J., & Goscinski, A. (2013). *Cloud Computing: Principles and Paradigms*. Wiley.
- Bahga, A., & Madisetti, V. (2014). Cloud computing: A hands-on approach. Self published, Arshdeep Bahga & Vijay Madisetti.
- Marinescu, D. C. (2013). *Cloud computing: Theory and practice*. Elsevier, Morgan Kaufmann.
- Rittinghouse, J. W., & Ransome, J. F. (2010). *Cloud computing: Implementation, management, and security.* CRC press.
- Information Resources Management Association (Ed.). (2015). *Cloud technology: Concepts, methodologies, tools, and applications*. Information Science Reference, an imprint of IGI Global.

Nature of course: Theoretical Credit hours: 3 Teaching hours: 48

#### **1.** Course Description

This course is concerned with the optimal allocation of scarce resources and optimal strategies. It helps to find the best solution through probability analysis by Markov chains and apply appropriate strategies to find the value of game. This course also helps to find the optimal solutions for assignment and transportation problems by linear and nonlinear methods. Beside these this course helps to apply different types of forecasting models in the field of education.

#### 2. General Objective

The general objectives of this course are as follows:

- To make students able to explain the nature and phases of operations research
- To enable the students to understand techniques of solving problems of Markov chains.
- To make the students familiar with various methods of queuing theory and game theory.
- To make students able to deal with linear, non-linear and transportation problems.
- To familiarize students with the basic concepts of inventory models and its application.
- To enhance students to use time series models and fit the causal models in education and research.

#### 3. Specific Objectives and Contents

	Objectives	Contents
•	Explain the origin, concept, and nature. Illustrate phases of operations research (OR). Describe the problems that lead to Markov Chain and formulate the process. Use the theory of probability to analyze problems by using Markov Chain including Ergodic chain Determine the steady state condition and absorbing Markov Chains	<ul> <li>Unit I: Concept of Operation Research</li> <li>(2)</li> <li>1.1Origin, concept and nature of operation research</li> <li>1.2 Phases of Operation Research</li> <li>Unit II: Markov Chains</li> <li>(7)</li> <li>2.1 Formulation of processes as a Markov Chain</li> <li>2.2 Probability analysis by Markov Chains</li> <li>2.3 Ergodic Markov Chains</li> <li>2.4 Determination of Steady- State Conditions</li> <li>2.5 Absorbing Markov Chains and</li> </ul>
•	Describe queuing system and its characteristics Classify various symbols, notations and queuing models.	Their Analysis. Unit III: Queuing Theory (6) 3.1 Queuing system and its characteristics

<ul> <li>Describe Poisson's proceed distribution to the study of quantum of the study of quantum of the distribution of times</li> <li>Explain Poisson's queue and the study of quantum of quantum of the study of quantum of quantum of the study of quantum of quantum of quantum of quantum of quantum of quantum of the study of quantum of qua</li></ul>	ueuing theory. of interval and service their characteristics.	<ul> <li>3.2 Classification of queuing models, symbols and notations</li> <li>3.3 Poisson's process and exponential distributions</li> <li>3.4 Distribution of interval and service times</li> <li>3.5 Classification of queues: Poisson's queue and their characteristics.</li> <li>Unit IV: Dynamic</li> </ul>
<ul> <li>Solve non-linear programm</li> <li>State standard form of transportation problem.</li> <li>Use linear programming transportation problem.</li> <li>Explain various types transportation</li> <li>Explain various methods of problems.</li> <li>Use enumeration, LPP transported to the solution of ast</li> </ul>	ing problems. portation problem. portation problem with formulation of the portation problem and on problem solving transportation portation and Hungarian	Programming, Transportation and Assignment Problem(11) 4.1 Introduction to Linear Programming 4.2Non-linear programming methods 4.3 The transportation problem 4.3.1 Standard form 4.3.2 Steps of transportation problem 4.3.3 LPP of the transportation problem 4.4 Types of transportation problem 4.5 Methods of solving of transportation problem 4.5.1 North-West Corner Method 4.5.2 Vogel's Approximation Method 4.6 Assignment problem 4.7 Methods of solving assignment problem 4.7.1 Enumeration method 4.7.2 Linear programming method 4.7.3 Transportation method 4.7.4 Hungarian method.
• Explain the meaning of gam	e	Unit V: Game Theory (8)
• Describe various types of ga		5.1 Introduction
• Describe various types of	strategies used in two	5.2 Types of game
person zero –sum game		5.2.1 Competitive games
• Explain expected value of a	-	5.2.2 Matrix game 5.2.3Two person zero sum game
<ul><li>Solve the matrix game using</li><li>Solve the game by probability</li></ul>	-	5.3 Strategies in games 5.3.1 Pure strategy

•	Solve the game by graphic. Solve the game by LPP and algebraic methods.	<ul> <li>5.3.2 Mixed strategy</li> <li>5.3.3 Mini-max and maximin strategy</li> <li>5.3.4 Related theorems</li> <li>5.4 Expected value of a game,</li> <li>5.4.1 Optimal strategies</li> <li>for non-strictly determined</li> <li>games</li> <li>5.4.2 Theorem related to optimal strategies (Games without saddle point)</li> <li>5.4 Methods of Solution to the Games</li> <li>5.5.1 Method 1: Saddle Point Method</li> <li>5.5.2 Method 2: Probability Method</li> <li>5.5.3 Method 3: Rule of Dominance.</li> <li>5.5.4 Method 4: Graphic Method</li> <li>5.5.5 Method 5: Method of LPP</li> <li>5.5.6 Method 6: Algebraic Method</li> </ul>
•	Clarify the concept basic to inventory models. Derive the formula and solve economic lot size inventory problems related to uniform rate of demand, infinite production rate and having no shortage Derive the formula and solve economic lot size inventory problems related to different rate of demand, in different production cycles, infinite production rate and having no shortage Derive the formula and solve economic lot size inventory problems related to uniform rate of demand, finite rate of replenishment having no shortage	<ul> <li>Unit VI: Inventory and Replacement Models (6)</li> <li>6.1 Basic concepts to inventory models</li> <li>6.2ModelI: Uniform rate of demand, infinite production rate and having no shortage</li> <li>6.3ModelII: Different rate of demand, in different production cycles, infinite production rate and having no shortage</li> <li>6.4ModelIII: Uniform rate of demand, finite rate of replenishment having no shortage</li> </ul>

<ul> <li>Explain the meaning of forecasting.</li> <li>Explain the different types of forecastingmodels used in the field of education.</li> <li>Use timeseries models in education.</li> <li>Fit the causal models using simple and multiple models of forecasting.</li> </ul>	Unit VII: Forecasting (8) 7.1 Introduction 7.2 Forecasting models 7.2.1 Qualitative models 7.2.2 Timeseries models 7.2.2 Timeseries models 7.2.3 Moving Averages, 7.2.4 Exponential Smoothing 7.2.5 Trends projection 7. 3CausalModels 7.3.1 Simple Regression model, 7.3.2 Goodness of fit
	e

*Note: The figures in the parentheses indicate the approximate teaching hours allocated to respective units.* 

## 4. Instructional Techniques

The instructor will select the method or methods of instruction most suitable for a particular topic. It is quite acceptable to select more than one method and combine them into a single period of instruction whenever it is needed. The general and specific instructional techniques are described below.

## 4.1 General Instructional Techniques

Following general instructional techniques will be adopted according to the need and nature of the lesson:

- Lecture with illustration,
- Discussion,
- Question-answer
- Collaborative learning

#### **4.2 Specific Instructional Techniques**

Units	Activities and Instructional Techniques	
Ι	• Classroom discussion in internet browsing for the steps of OR with support of teachers.	
Π	<ul> <li>Discussion about the situation where Markov chain is applicable.</li> <li>Exercise on the use probability techniques in solving Markov chain problems.</li> </ul>	
III	• Group discussion on the exercises of fitting data into computer determining the shape of queuing system (Poisson, normal, exponential)	

IV	• Individual assignment on the use linear programming and non-linear programming problems
	• Group discussion and individual assignment on solving transportation and assignment problems.
V	• Discussion on solution of exercises on the use of linear programming while solving game theory problem.
VI	• Exercise on the use of calculus to find the optimal order size, optimal order time, lead time and use them in solving practical problems.
VII	• Discussion to generate the time series models from the previous data and use to estimate and establish the causal relationship

#### 5. Evaluation

#### 5.1 Internal Evaluation (40%)

Internal evaluation will be conducted by course teacher based on following activities:

	Total	40 marks
•	Third assessment(written test	10 marks
•	Second assessment(written test)	10 marks
٠	First assessment(assignment)	10 marks
•	Participation in learning activities	5 marks
٠	Attendance	5 marks

### 5.2 External Examination (60%)

Examination Division of the Dean Office, Faculty of Education will conduct final examination at the end of the semester .The number of questions and marks allocated to different types of questions will be as follows:

٠	Objective questions 10 (multiple choice)	(10 × 1)	10
	marks		
٠	Short answer questions 6 with 2 OR question	ons $(6 \times 5)$	30 marks
•	Long answer questions 2 with 1 OP question	$(2 \times 10)$	20 marks

## Long answer questions 2 with 1 OR question (2×10) 20 marks Total 60 marks

#### 6. Recommended Books and References

#### **6.1. Recommended Books**

Gupta, P. K. &Hira, D. S (2007). *Operations research*(4<sup>th</sup>Ed.). Delhi: Sultan Chand and Sons (Units I-V)

Shamling, J. (1989). *Operations research*, US: Macmillan (Units I-V) Sharma, J. K. (2012). *Operations research*. Delhi: Macmillan India Limited (Units III-VI) Vohra N. D. (2007). *Quantitative techniques in management*. 3 Ed. New Delhi: Tata McGraw-Hill. (Unit VII)

#### 6.2. References

Brown, R. F., & Brown B. W. (1992). *Finite mathematics*. New York: Ardsley House Publishers, Inc.

Pandit, R. P. (2011). An introduction to operations research. Kathmandu: Indira Pandit.

Swarup, K; Gupta, P. K. & Mohan, M. (2009). *Operations research*. Delhi: Sultan Chand and Sons.

Bronson, R. (1983). *Theory and problems of operation research, Schaum's Series*. Singapore: McGrow-Hill Book Company.

Hiller, F. S. &Liberman, G. J. (2001). *Introduction to operations research* (7th Ed). New York: McGraw-Hill

#### 4. Course Description

This course is designed to provide wider knowledge and skills on the use of Information and Communication Technology (ICT) in Mathematics Education. It comprises a range of skills varyingfrom basic literacy to handling mathematical software, explicitly Latex, GeoGebra and Mathematicawhile teaching various mathematics courses at tertiary and graduate levels. The course is divided in five major units. It starts with basic digital literacy and then introduces cloud storage applications (apps). Then the course introduces a theoretical and practical understanding of latex interface. Finally, the course focuses on developing software-integrated teaching skills to edify mathematical concepts using GeoGebra and Mathematica/Maple/MATLAB.

#### 5. General Objectives

The general objectives of the course are as follows:

- To apply and work with basic digital literacy skills.
- ✤ To utilize web technology as a communication tool.
- To produce mathematical text in a Latex environment.
- ✤ To prepare instructional methods using GeoGebra tools.
- ✤ To demonstrate instructional methods using scientific computing tools.

#### 6. Content Details

#### Unit I: Digital Literacy [10 hrs.]

Learning Outcomes		Contents
•	Apply features of word processing to	Word processing, Spreadsheets and
	design a term paper, proposal, and	PowerPoint
•	thesisreport Apply Spreadsheets for basic mathematical computing andgraphing Apply PowerPoint for presentations	<ul> <li>a) Text Formatting, sections, and page breaks</li> <li>b) Level of headings, captions, TOC, andreferences</li> <li>c) Track and comment</li> <li>d) Working with spreadsheets</li> <li>e) Working with PowerPoint Presentation</li> </ul>

#### Unit II: Web Technology (10 hrs.)

Learning Outcomes	Contents
• Use text and media related tools to design text, graphics, and media	<ul><li>a) Email and Blog</li><li>b) Cloud Storage tools</li><li>c) Web communication and</li></ul>
<ul> <li>relatedfiles</li> <li>Store/share digital files in webapplications</li> <li>Develop collaboration and communication skills using webapplications.</li> </ul>	collaborationtools

#### Unit III: Latex Interface (10 hrs.)

Learning Outcomes	Contents
<ul> <li>To use latex to prepare term paper,proposal, and thesis report</li> <li>To use latex to develop mathematicsrelated documents</li> </ul>	<ul> <li>a) Document structure in Latex</li> <li>b) Packages in Latex</li> <li>c) Typing and developing math text</li> <li>d) Adding pictures</li> <li>e) Formatting reports</li> <li>f) Generating table of content of report</li> <li>g) Citation and Bibliography in Latex.</li> </ul>

#### Unit IV: GeoGebra [20 hrs.]

Learning Outcomes	Contents
To use GeoGebra to	<b>Basics of 2D mathematics</b>
developGeometry,	a) Point, line,
• Algebra, Spreadsheet, CAS, and	equation, function,
Probability related work	inequalities
<ul> <li>To develop GeoGebra based teachingmodels for school-related 3D figures</li> </ul>	<ul> <li>b) Polygon, Circle</li> <li>Basics of 3D mathematics</li> <li>a) Prism, Pyramid, Cone, Cube</li> </ul>

#### Unit V: Mathematica/Maple/MATLAB for Teaching Mathematics [30hrs.]

Learning Outcomes	Contents
• To use high-level numerical	Use of
languageto develop mathematics	Mathematica/Maple/MATLAB to
specific	develop and solve problems related
teaching resources on	to
• 2D and 3D Graphics	a) 2D and 3D Graphics
Algebra and Trigonometry	b) Algebra and Trigonometry
Geometry	c) Geometry
• Calculus (Differential and Integral)	d) Calculus (Differential and Integral)
Probability and Statistics	e) Probability and Statistics

#### Vi) Instructional Techniques

- Lecture cum Demonstration
- Visualization
- Lab work (Individual work)

- Group work
- Case study
- Project work

#### iv) Evaluation

#### 5.1 Internal Evaluation of theory part 15 marks (40 %) of 35 Marks

Internal evaluation will be conducted by the course teacher based on the following activities:

Attendance	2 marks
Participation in learning activities	3 marks
• First assessment (assignment/practical work)	10 marks
Total	15 Marks

#### 5.2 Internal evaluation of practical part 25 (40%) of 65 marks

Internal evaluation of practical part will be conducted by the course teacher based on the following activities:

Attendance	2 marks
Participation in learning activities	3 marks
• Assessment (based on practical work)	10 marks
Practical work	10 marks
Total	25 Marks

#### 5.3 External Evaluation of theory part 20 Marks (60 %)

Examination Division, Office of the Dean, Faculty of Education will conduct the finalwritten and practical examination at the end of the semester as follows.

#### Written Examination [20 Marks]

Multiple Choice items 5 questions.	$5 \times 1 = 5$ Marks
Short answer questions 3 items with one OR question.	$3 \times 5 = 15$ Marks
Total	20 Marks

#### **Practical Examination** [40 Marks]

The external examiner appointed by the Office of the Dean, Faculty of Education will conduct the practical examination.

#### Marking Criteria of external examination

Lab work (practical examination)	30
Viva-voce	10
Total	40 Marks

v) Recommended and References 6.1 Recommended Books Hastings, C., Mischo, K., & Morrison, M. (2015). Hands-on start to Wolfram Mathematica. WolframMedia. (Unit V)
Hall, J. & Lingefjard, T. (2016). Mathematical Modeling Application with GeoGebra. Wiley. (UnitIV)
Krishnan & Krishna (2003). LaTex Tutorials. Indian TEX Users Group, India (Unit III)

https://support.office.com/ (Unit I)

https://support.google.com/ (Unit II)

#### **6.2. Reference Books**

- Ruskeepaa, H. (2009). Mathematica navigator mathematics, statistics and graphics (3<sup>rd</sup> Eds.). AcademicPress. (Unit V)
- Anastassiou, G. A. & Iatan, I. F. (2013). *Intelligent Routines: Solving Mathematical Analysis withMatlab, Mathcad, Mathematica, and Maple.* Springer. (Unit V)

Wagon, S. (2010). Mathematica in action: Problem solving through visualization and computation.

Springer. (Unit V)

Walter & Jiri (2004). Solving - problems in scientific computing usingMaple and Matlab, Springer-Verlag. (Unit V)

नेपा.शि. १४१ : भाषिक सम्पादन कला	पाठ्यांशको प्रकृति : सैद्धान्तिक/प्रयोगात्मक
पाठ्यांश सङ्ख्या : नेपा.शि. ४४४ (ईच्छाधिन)	क्रे.आ. : ३ (सैद्धान्तिक २ + प्रयोगात्मक १)
तह : एम. एड.	जम्मा पाठघन्टी : ३२+३२ = ६४
सेमेस्टर : चौथो	

## १. पाठ्यांश परिचय

यो पाठ्यांश सम्बन्धित तहका विद्यार्थीहरूमा भाषा सम्पादन कौशलसम्बन्धी क्षमता अभिवृद्धि गर्ने उद्देश्यले तयार पारिएको हो । यसमा पाँचवटा एकाइ छन् । यी एकाइमा प्रस्तुत विषयवस्तुबाट भाषा सम्पादनको सैद्धान्तिक परिचयका साथै यसका आधारभूत पक्ष र प्रक्रियासम्बन्धी प्रायोगिक सिप विकासमा विद्यार्थीहरूको सक्रिय सहभागिता रहने अपेक्षा राखिएको छ ।

## २. साधारण उद्देश्य

यस पाठ्यांशका साधारण उद्देश्यहरू यसप्रकार छन् :

- लिखित अभिव्यक्तिको परिचयसहित यसका प्रकार एवम् विविध प्रकृतिका लेखन सिप क्षमता अभिवृद्धि गर्ने,
- अनुच्छेदको सैद्धान्तिक अवधारणाका साथै विविध स्वरूपका अनुच्छेद लेखनमा अभ्यस्त बनाउने,
- भाषा सम्पादनका सैद्धान्तिक पक्षका साथै यसका प्रकार वर्णन गर्न अभिप्रेरित गर्ने,
- भाषा सम्पादनका आधारभूत पक्षसँग परिचित हुँदै विधा र विषयअनुरूप पाण्डुलिपिको भाषा सम्पादनकलामा दक्ष तुल्याउने,
- भाषा सम्पादन प्रक्रियाका विविध स्वरूपको अभ्यासमा सक्षम बनाउने,
- छपाइ शुद्धिका चिह्नको प्रयोग गरी भाषा सम्पादनको मस्यौदा निर्माण, त्यसको परिमार्जन र प्रस्तुति क्षमता बढाउने ।

## ३. विशिष्ट उद्देश्य एवम् पाठ्यविषय

	विशिष्ट उद्देश्य	पाठ्यविषय	
•	लिखित अभिव्यक्ति र मौखिक	एकाइ एक : लिखित अभिव्यक्ति	( <b>90</b> )
	अभिव्यक्तिको भिन्नता छुट्याउन,	9.9 लिखित अभिव्यक्ति र मौखिक अभिव्यक्ति	
•	लिखित अभिव्यक्तिका व्यावहारिक,	१.२ लिखित अभिव्यक्तिका प्रकार	
	सृजनात्मक, प्राज्ञिक र	१.२.१ व्यावहारिक अभिव्यक्ति	
	सम्पादनात्मक प्रकारको परिचय	१.२.२ सृजनात्मक अभिव्यक्ति	
	दिन,	१.२.३ प्राज्ञिक अभिव्यक्ति	
•	अनुच्छेद लेखनका संरचनात्मक (	१.२.४ सम्पादनात्मक अभिव्यक्ति	
	आदि, मध्य र अन्त्य) ढाँचासँग	<b>१.३ अनुच्छेद लेखन</b>	
	परिचित भई विभिन्न प्रकारका	१.३.१ अनुच्छेदको परिचय	
	अनुच्छेद रचना गर्न,	१.३.२ अनुच्छेदको संरचना	
•	अनुच्छेदमा व्याकरणिक र कोशीय	१.३.३ अनुच्छेदका प्रकार	
	संसक्तिका विविध पक्षको प्रयोग	१.४ सङ्कथनमा संसक्ति व्यवस्था	
	गर्न,	१.४.१ व्याकरणिक संसक्ति	

•	संसक्तिका दृष्टिले विभिन्न	१.४.२ कोशीय संसक्ति
	प्रकृतिका अनुच्छेदको भाषिक	१.४.३ संसक्तिका दृष्टिले विभिन्न प्रकृतिका
	संशोधन र सम्पादन सिपको क्षमता	अन्च्छेदको भाषिक संशोधन र सम्पादनको
	विकास गर्न ।	अभ्यास
•	भाषा सम्पादनको अर्थ र परिभाषा	एकाइ दुई : भाषा सम्पादनको सैद्धान्तिक परिचय
	बताउन,	(90)
•	भाषा सम्पादनको प्रयोजन र	२.१ भाषा सम्पादनको अर्थ र परिभाषा
	मह <b>Œ</b> व निर्धारण गर्न,	२.२ भाषा सम्पादनको प्रयोजन र महŒव
•	भाषा सम्पादकमा अन्तर्निहित	२.३ भाषा सम्पादकमा अन्तर्निहित गुण
	गुणको वर्णन गर्न,	२.४ पाण्डुलिपि लेखन, भाषा संशोधन र भाषा
•	पाण्डुलिपि लेखन, संशोधन (प्रुफ)	सम्पादन
	र भाषा सम्पादनको भिन्नता	२.५ भाषा सम्पादनको स्वरूप
	औंल्याउन,	२.४.१ लिखित सामग्री सम्पादन
•	भाषा सम्पादनका लिखित, मौखिक	२.४.२ मौखिक सामग्री सम्पादन
	र चित्रात्मक स्वरूप पहिचान गर्न,	२.४.३ चित्र सम्पादन
•	भाषा सम्पादनका विविध प्रकारका	२.६ भाषा सम्पादनका प्रकारहरू
	विशेषता वर्णन गर्न ।	२.६.१ भाषा सम्पादन
		२.६.२ संरचना सम्पादन
		२.६.३ विषयवस्तु सम्पादन
		२.६४ विकासात्मक सम्पादन
•	भाषा सम्पादनका आधारभूत पक्षको	एकाइ तीन : भाषा सम्पादनका आधारभूत पक्ष (
	परिचय दिन,	90)
•	विधा, विषयवस्तु, विचार, भाव र	३.१ भाषा सम्पादनका आधारभूत पक्षको परिचय
	संरचना अनुरूपताका आधारमा	३.२ शब्दचयन : शीर्षक, विधा, विषयवस्तु, विचार,
	शब्दचयन गरी पाण्डुलिपि सम्पादन	भाव, संरचना अनुरूपता
	गर्न,	३.३ वाक्यसंरचना : व्याकरणात्मक र आलङ्कारिक
•	व्याकरणात्मक र आलङ्कारिक	३.४ सङ्कथनात्मक सचेतता : विचारको
	संरचना केलाई तदनुरूप	एकरूपता र प्रवाह, क्रमिकता र पूर्वापर
	वाक्यरचना सम्पादन गर्न,	सङ्गति, स्वीकार्यता र सूचनात्मकता,
•	वैचारिक एकरूपता र प्रवाह,	मौलिकता, तार्किता र स्पष्टता
	क्रमिकता, पूर्वापर सङ्गति,	३ ४ भाषिक परिष्कार : वर्णविन्यास, लेख्यचिह्न,
	स्वीकार्यता आदिमा सङ्कथनात्मक	शैली र ढाँचा
	सचेतता अँगाली पाण्डुलिपिको 	३.६ छपाइ शुद्धिका चिह्नको परिचय र प्रयोग :
	भाषा सम्पादन गर्न,	हटाउने र थप्ने, अनुच्छेद बदल्ने र गाभ्ने, प्रायोग र प्रार्थित कर्वे, जन्म प्रार्थन र
•	वर्णविन्यास, लेख्यचिह्न, शैली र जन्म	पदयोग र पदवियोग गर्ने, तल, माथि, दायाँ र
	ढाँचा	

	( विधा र विषय) अनुकूल	बायाँ लैजाने, स्पष्ट पार्ने, छड्के बनाउने र
	पाण्ड्लिपिको भाषा सम्पादन गर्न,	गाढा बनाउने, एकोहोरो र दोहोरो उद्धरण दिने ।
	छपाइ शुद्धिका निर्धारित चिह्नको	
	प्रयोग गरी पाण्ड्लिपिको भाषा	
	सम्पादन गर्न ।	
	भाषा सम्पादन प्रक्रियाको परिचय	एकाइ चार : भाषा सम्पादन प्रक्रिया (१०+९+१९)
•	नापा सम्पादग प्रायम्पायम् पारपप दिन,	४.१ भाषा सम्पादन प्रक्रियाको परिचय
	चयनीय पाण्डुलिपिको गहन	४.२ पाण्डुलिपि चयन
•	अध्ययन गरी सम्पादनका प्रकार र	४.२.१ पाण्डुलिपिको गहन अध्ययन
	मानदण्ड निर्धारण गर्न,	४.२.२ सम्पादनको प्रकार निर्धारण
	मानदण्ड निवारण गन, पाण्डुलिपि सम्पादनका प्रारम्भिक	<ul><li>४.२.२ सम्पादनको प्रकार निर्वारण</li><li>४.२.३ सम्पादनको मानदण्ड निर्माण</li></ul>
•	पाण्डुालाप सम्पादनका प्राराम्मक पक्षका साथै निर्देशनात्मक टिपोट	
		४.३ पाण्डुलिपिको प्रारम्भिक सम्पादन
	गर्न,	४.३.१ प्रारम्भिक रेखाङ्कन : शब्द, वाक्य, चित्र
•	विषयवस्तु र पाठविन्यासका	आदि ४३२ चिर्नेलनगर निर्णन
	सहसम्बन्धका आधारमा पाण्डुलिपि सम्पनन सर्व	४.३.२ निर्देशनात्मक टिपोट
	सम्पादन गर्न,	४.४ विषयवस्तु र पाठविन्यासको सहसम्बन्ध
•	वर्णविन्यास, लेख्यचिह्न र छपाइ	संशोधन ४४० विसम्ब विस्तर अपिति विस्तर र और पिरने
	शुद्धिका चिह्न प्रयोग गरी विभिन्न	४.४.१ विषय, विधा, शीर्षक, चित्र र शैलीको
	चरणमा पाण्डुलिपिको सम्पादन गर्न,	अनुकूलताको सम्पादन ४४२ व्हिन्टिन्ट जन्म जन्म निर्मान
•	प्रकाशन योग्य पाण्डुलिपिका	४.४.२ दृष्टिविन्दु, छन्द, लय, विचलन, बिम्ब,
	प्राविधिक पक्ष हेरी त्यसलाई अन्तिम	प्रतीकको औचित्यका आधारमा सम्पादन
	रूप दिन,	४.४.३ अनुच्छेदको ऋमिकता र पूर्णताको 
•	कागजमा छापिएपछि पनि छुटेका	सम्पादन
	भाषिक त्रुटि र क्याम्पसनको सूक्ष्म	४.५ भाषा संशोधन :
	निरीक्षण गर्न ।	४.४.१ वर्णविन्यास र लेख्य चिह्नहरूको प्रयोग
		४.४.२ छपाइ शुद्धिका चिह्नको उपयोग
		४.६ प्रकाशन योग्य पाण्डुलिपि (प्रेस रेडी कपी)
		४.६.१ पृष्ठाकार, अक्षराकार, शीर्षस्थान, स्थान,
		फोटो, चित्र (क्याप्सन) आदि सजावटको
		अन्तिम छनोट
		४.६.२ भाषाको छुटपुट त्रुटिको अन्तिम संशोधन
		र आलेख तयारी
		४.७ छपाइ अवस्थाको सम्पादन : छुटेका भाषिक
		त्रुटि र क्याप्सनको सूक्ष्म निरीक्षण
•	एकल वा बहुसहपाठीद्वारा मस्यौदा	एकाइ पाँच : समीक्षा, परिमार्जन र प्रस्तुति (
	समीक्षा गरी दिएका सुभावका	$\zeta + \Theta = \Theta \chi$
	आधारमा पाण्डुलिपि परिमार्जन गर्न,	५.१ सहपाठी सम्पादन र समीक्षा

<ul> <li>प्रस्तुति ढाँचाको पालना गरी</li> </ul>	५.१.१ सम्पादित पाण्डुलिपिको मस्यौदा कक्षामा
निर्धारित सङ्ख्या र पृष्ठमा	प्रस्तुति
पाण्डुलिपि सम्पादन गरी अन्तिम	५.१.२ सम्पादित पाण्डुलिपिको मस्यौदामा
रूप दिन ।	सामूहिक समीक्षा
	५.१.३ सामूहिक समीक्षाबाट प्राप्त संशोधनका
	प्रमुख बुँदा निर्धारण
	५.१.४ सामूहिक समीक्षाबाट प्राप्त बुँदाका
	आधारमा पाण्डुलिपिको परिमार्जन
	५.२ पाण्डुलिपि सम्पादन र प्रस्तुति
	५.२.१ पाण्डुलिपि सम्पादनको प्रस्तुतिगत ढाँचाको
	पालना
	५.२.२ निर्धारित सङ्ख्या र पृष्ठमा सम्पादित कृतिको
	प्रस्तुति

## ४. प्रायोगिक क्रियाकलाप र शिक्षण प्रविधि

प्रायोगिक क्रियाकलाप र शिक्षण प्रविधिलाई दुई समूहमा विभाजन गरिने छ :

साधारण शिक्षण प्रविधि २. विशिष्ट शिक्षण प्रविधि

## ४.१ साधारण शिक्षण प्रविधि

प्रत्येक एकाइमा आवश्यकताअनुसार शिक्षकद्वारा सम्बन्धित विषयवस्तुको प्रस्तुति, व्याख्यान, छलफल, प्रश्नोत्तर गराई विद्यार्थीहरूलाई तत्सम्बन्धी अभ्यास गर्न लगाइने छ ।

## ४.२ विशिष्ट शिक्षण प्रविधि

एकाइ	क्रियाकलाप	
एक	<ul> <li>पालैपालो व्यक्ति विद्यार्थीलाई विषयक्षेत्रसँग सम्बद्ध अनुच्छेदको ढाँचा निर्माण गरी कक्षामा प्रस्तुत गर्न लगाउने र बाँकी विद्यार्थीलाई कक्षामा प्रस्तुत गरिएको अनुच्छेदमा व्याकरणिक र कोशीय संसक्ति खोज्न प्रोत्साहित गर्ने,</li> </ul>	
दुई	<ul> <li>एउटा समूहलाई भाषा सम्पादनको स्वरूपका विशेषता र अर्को समूहलाई भाषा सम्पादनका विभिन्न भेदका विशेषता निर्धारण गर्न लगाउने,</li> </ul>	
तीन	<ul> <li>समूहगत रूपमा भाषा सम्पादनका आधारभूत पक्षहरूमध्ये विधा, विषयवस्तु, विचार, भाव, संरचना र शैलीअनुरूप पाण्डुलिपिको भाषा सम्पादन गर्न लगाउने,</li> </ul>	
	<ul> <li>विद्यार्थीलाई एकल वा समूहगत रूपमा त्रुटिपूर्ण अनुच्छेद दिई त्यसमा छपाइ शुद्धिका चिह्न प्रयोग गरी भाषा सम्पादन गर्न प्रेरित गर्ने,</li> </ul>	
चार	<ul> <li>तोकिएका कृतिको गहन अध्ययन गरी त्यसका वर्णविन्यास, लेख्यचिह्न, शैली र ढाँचा सम्पादन गर्न प्रोत्साहित गर्ने,</li> </ul>	
	<ul> <li>कृतिभित्र रहेका त्रुटि निराकरणका लागि छपाइ शुद्धिका चिह्न प्रयोग गरी भाषा संशोधन गर्न लगाउने,</li> </ul>	

पाँच	• व्यक्तिगत वा सामूहिक रूपमा निर्धारित कृतिको मस्यौदा समीक्षा गराई	
	त्यसलाई परिमार्जन गर्न अभिप्रेरित गर्ने,	
	• प्रयोगात्मक परीक्षाका लागि वैयक्तिक रूपमा निर्धारित कृति सम्पादन गरी	
	प्रस्तुत गर्न लगाउने ।	

## ४. मूल्याङ्कन प्रक्रिया

मूल्याङ्कन दुई प्रकारले गरिने छ :

(9) आन्तरिक मूल्याङ्कन : यसका निम्ति चालिस प्रतिशत अङ्क निर्धारण गरिएको छ । आन्तरिक मूल्याङ्कन कक्षा शिक्षणसँगै गरिने छ । यसको वितरण निम्नानुसार रहेको छ :

क.सं.	क्रियाकलाप	अङ्क
٩	उपस्थिति	X
२	सिकाइ कियाकलापमा सहभागिता	X
n	पहिलो आन्तरिक परीक्षा	٩٥
४	दोस्रो आन्तरिक परीक्षा	٩٥
X	तेस्रो आन्तरिक परीक्षा	१०
	४०	

## आन्तरिक मूल्याङ्कन (४० प्रतिशत)

## उपस्थिति र कक्षा सहभागिता

- (क) सेमेस्टर प्रणालीमा ८० प्रतिशत उपस्थिति अनिवार्य हुने छ । ९० प्रतिशतसम्म उपस्थिति हुने विद्यार्थीलाई ४ अङ्क र ९० प्रतिशतभन्दा माथि उपस्थित हुने विद्यार्थीलाई ४ अङ्क प्रदान गरिने छ ।
- (ख) कक्षा सहभागिताको ४ अङ्कमध्ये सम्बन्धित विषय शिक्षकले विद्यार्थीको कक्षा कार्यकलाप मूल्याङ्कन गरी अङ्क प्रदान गर्ने छन् ।

## आन्तरिक मूल्याङ्कन प्रक्रिया

- (क) पहिलो आन्तरिक परीक्षाका लागि विषय शिक्षकले अध्ययनपत्र लेखन, पुस्तक समीक्षा, लेख पुनरावलोकन, कुनै विषय शीर्षक केन्द्रित अध्ययनपत्र तयारी, ज्ञान/प्रतिभा परीक्षणमध्ये भाषा सम्पादन प्रक्रियासँग सम्बद्ध कुनै कार्य गर्न लगाउने छन्।
- (ख) दोस्रो आन्तरिक परीक्षाका लागि विषय शिक्षकले परियोजना कार्य, अवस्था/घटना अध्ययन, गोष्ठी, क्षेत्रकार्य, व्यक्तिगत वा समूहगत प्रतिवेदन लेखन, द्वितीयक स्रोत सामग्रीमा आधारित अध्ययनपत्र लेखन, पूर्वाध्ययन, पुनरावलोकन र अभिलेखीकरण आदिमध्ये भाषा सम्पादन प्रक्रियासँग सम्बद्ध कुनै कार्य गर्न लगाउने छन् ।
- (ग) तेस्रो आन्तरिक परीक्षाका लागि विषय शिक्षकले आन्तरिक सुधार परीक्षाका रूपमा ६० पूर्णाङ्कको लिखित परीक्षा लिने छन् ।
- (घ) जतिसुकै पूर्णाङ्कमा परीक्षा लिएको भए पनि विषय शिक्षकले अन्त्यमा प्रत्येक आन्तरिक परीक्षालाई १० पूर्णाङ्कमा रूपान्तर गर्ने छन् ।
- (ङ) आन्तरिक मूल्याङ्कन प्रक्रियामा अनुपस्थित वा अनुत्तीर्ण विद्यार्थी बाह्यपरीक्षाका लागि स्वतः अयोग्य हुने छ ।

(२) बाह्य मूल्याङ्कन : यसका निम्ति साठी प्रतिशत अड्क निर्धारण गरिएको छ । बाह्य मूल्याङ्कन डिन कार्यालयले निर्धारण गरेको सेमेस्टर प्रणालीअनुसार हुने छ । यसका लागि निम्नानुसारको प्रश्नयोजना रहेको छ । १ क्रेडिट आवरको प्रयोगात्मक परीक्षाका निम्ति चार र पाँच एकाइको उपयोग गरिने छ ।

क.सं.	परीक्षाको	प्रश्नको किसिम		अङ्क
	किसिम			
٩	सैद्धान्तिक	वस्तुगत प्रश्न	(90×9 . 90)	१०
२	सैद्धान्तिक	विषयगत प्रश्न	(६× ४ . ३०)	३०
		(कुनै दुईवटा प्रश्नमा अथवा)		
ર	प्रयोगात्मक	आन्तरिक परीक्षक 灯		२०
		बाह्य परीक्षक १४ 🚽	(20)	
जम्मा				६०

#### बाह्य परीक्षा (६० प्रतिशत)

प्रयोगात्मक कार्यकलापका लागि विद्यार्थीले कृति छनोट, पठन, प्रारम्भिक सम्पादन, भाषा संशोधन, प्रेस रेडी कपी र भाषिक शुद्धता कायम गरी तोकिएको ढाँचामा कम्तीमा २४ पृष्ठ हुने गरी रङ्गीन गाता र पाठको आवश्यकताअनुसार चित्र, नक्सा आदि समेत भएको सम्पादित कृति समीक्षात्मक रूपमा कम्प्युटर टङ्कण गरी विभागमा प्रस्तुत गर्नुपर्ने छ। यस्तो सामग्रीको मूल्याङ्कन त्रि.वि. शिक्षाशास्त्र सङ्काय, डिनको कार्यालयद्वारा निर्धारण गरिएको नियमअनुसार हुने छ।

#### पाठ्यसामग्री

किस्टल, डेभिड र डेरेक डेभी (सन् १९६९), इन्भेस्टिगेटिङ इङ्गिलस स्टाइल, लङ्गम्यान । घिमिरे, दिनेश (२०७९), प्राज्ञिक लेखन : प्रक्रिया र प्रयोग, इन्टेलेक्च्य्अल्ज ब्क प्यालेस । त्रिपाठी, वास्देव (२०६४), साहित्य सिद्धान्त : शोध तथा सजनविधि, पाठ्यसामग्री पसल । बुक्स, ब्रियान एस. र ज्याक जेड (सन् २००४), सिजर्स, दि आर्ट अफ एडिटिङ, एलिन यान्ड बेकन। बन्ध्, चूडामणि (२०७१), अन्सन्धान तथा प्रतिवेदन लेखन, रत्न प्स्तक भण्डार । ब्लोमर्ट, जुन (२००४), डिस्कोर्स अ क्रिटिकल इन्ट्रोडक्सन, सियुपी । भण्डारी, पारसमणि (२०७४), प्राज्ञिक लेखन तथा सम्पादन, विद्यार्थी पुस्तक भण्डार म्याकर्थी, मेकेल (सन्, १९९१), डिस्कोर्स एनालाइसिस फर ल्याङ्ग्वेज टिचर्स, क्यम्ब्रिज युनिभर्सिटी प्रेस । लम्साल, रामचन्द्र र खनाल, राजेन्द्र (२०७८), प्राज्ञिक तथा सृजनात्मक लेखन र सम्पादन, सनलाइट पब्लिकेसन । वस्ती, शरच्चन्द्र (२०६४), हाम्रो भाषा, एकता प्रकाशन । हार्टली जी. (सन् २००८), एकेडेमिक राइटिंग एन्ड पब्लिसिंग, राउट्लेज सिल्भान बार्नेट र विलियम इ. काइन (सन् २०११), अ सर्ट गाइड ट् राइटिङ अबाउट लिटरेचर, डोर्लिङ किन्डर्स्ली (इन्डिया) लिमिटेड । (नेपाल सरकार, पाठ्यक्रम विकास केन्द्र, कान्तिपुर र गोरखापत्रद्वारा तयार पारिएका शैली पुस्तिकाहरू ।)

नेपा.शि. ५४६ : ऐतिहासिक भाषाविज्ञान र नेपाली भाषा	पाठ्यांशको प्रकृति : सैद्धान्तिक
पाठ्यांश सङ्ख्या : नेपा.शि. ४४६ (ईच्छाधिन)	के.आ. : ३
तह : एम. एड.	जम्मा पाठघन्टी : ४८
सेमेस्टर : चौथो	

## 9. पाठयांश परिचय

यस पाठ्यांशमा दिइएका पाठ्यवस्तुबाट ऐतिहासिक भाषाविज्ञान, भाषिक वर्गीकरण र भारोपेली भाषापरिवार, नेपाली भाषाको उत्पत्ति र विकासऋम, नेपालमा बोलिने विभिन्न भाषा परिवारका भाषासहित भाषिक परिवर्तनका विविध पक्षको जानकारी गराउने अपेक्षा गरिएको छ । यो पाठ्यांश मूलतः पाँच एकाइमा विभाजित छ । यसमा ऐतिहासिक भाषाविज्ञानको परिचय, संसारका भाषाको पारिवारिक वर्गीकरण, नेपाली भाषाको उत्पत्ति र विकासऋम, नेपालमा बोलिने भाषापरिवार र तिनका वक्ता, क्षेत्र आदिको जानकारीका साथै भाषिक परिवर्तनसँग सम्बद्ध विषयवस्तु राखिएका छन् ।

## २. साधारण उद्देश्य

यस पाठ्यांशका साधारण उद्देश्यहरू यसप्रकार छन् :

- ऐतिहासिक भाषाविज्ञानका विभिन्न पक्षको जानकारी गराउने,
- संसारका भाषाको पारिवारिक वर्गीकरण गर्ने आधारसँग परिचित बनाउने,
- भारोपेली भाषापरिवारको विकासक्रम र महत्त्वका बारेमा वर्णन गर्न सक्ने तुल्याउने,
- नेपालका भाषा तथा नेपाली भाषाका भाषिकाको परिचय दिन सक्ने क्षमता अभिवृद्धि गराउने,
- नेपालमा बोलिने विभिन्न परिवारका प्रमुख भाषासँग परिचित गराउने र
- भाषिक परिवर्तन र त्यससँग सम्बन्धित विविध पक्षको उपयुक्तता पहिल्याउन लगाउने ।

## ३. विशिष्ट उद्देश्य तथा पाठ्यविषय

विशिष्ट उद्देश्य	पाठ्यविषय
<ul> <li>ऐतिहासिक भाषाविज्ञानको परिचय</li> </ul>	एकाइ एक : ऐतिहासिक भाषाविज्ञान (
दिन,	<b>८</b> )
<ul> <li>ऐतिहासिक भाषाविज्ञानको क्षेत्र र</li> </ul>	9.9 ऐतिहासिक भाषाविज्ञानको परिचय
सीमा औंल्याउन,	१.२ ऐतिहासिक भाषाविज्ञानको क्षेत्र र सीमा
<ul> <li>ऐतिहासिक भाषाविज्ञानका पूर्वीय,</li> </ul>	१.३ ऐतिहासिक भाषाविज्ञानका उपलब्धि
पाश्चात्य र समग्र उपलब्धिको वर्णन	9.३.१ भाषिक अध्ययनको पूर्वीय उपलब्धि
गर्न,	<b>१.३.२ भाषिक अध्ययनको पाश्चात्य उपल</b> ब्धि
• ऐतिहासिक भाषाविज्ञान र तुलनात्मक	१.३.३ ऐतिहासिक भाषाविज्ञानको समग्र उपलब्धि
भाषाविज्ञानको सम्बन्ध स्पष्ट पार्न,	<ol> <li>१ ४ ऐतिहासिक र त्लनात्मक भाषाविज्ञानको सम्बन्ध</li> </ol>
<ul> <li>ऐतिहासिक पद्धतिका आधारमा भाषिक पुनर्निर्माण प्रक्रिया ठम्याउन ।</li> </ul>	9.५ भाषाको ऐतिहासिक अध्ययन पद्धति
नुगागमाथ प्रायत्था <b>उ</b> म्याउन ।	٩. <b>४.</b> ٩ बाह्य पुनर्निर्माण
	<b>१.</b> ४.२ आन्तरिक पुनर्निर्माण
• पारिवारिक र संरचनात्मक आधारमा	एकाइ दुई : संसारका भाषाको वर्गीकरण (८)
संसारका भाषाको वर्गीकरण प्रक्रिया	२.१ भाषाको पारिवारिक तथा संरचनात्मक
बताउन,	वर्गीकरणका आधारहरू

विशिष्ट उद्देश्य	पाठ्यविषय
<ul> <li>संसारका प्रमुख भाषापरिवारको परिचय दिन,</li> <li>भारोपेली परिवारको नामकरण, सतम र केन्तुम वर्गीकरणका आधारसहित प्रमुख भाषाको परिचय दिन,</li> <li>आर्यभाषा र यसको विकासक्रमको स्वरूप र प्रवृत्ति औंल्याउन,</li> <li>आर्धुनिक आर्यभाषा र नेपाली भाषाको सम्बन्ध निर्धारण गर्न ।</li> <li>नेपाली भाषाको परिचय दिन,</li> <li>नेपाली भाषाको उत्पत्तिका सम्बन्धमा स्वदेशी र विदेशी विद्वान्का मतको चर्चा गर्न,</li> </ul>	पाट्यविषय २.१.१ पारिवारिक वर्गीकरण २.१.२ संरचनात्मक वा आकृतिमूलक वर्गीकरण २.२ संसारका प्रमुख भाषापरिवार २.३ भारोपेली परिवार २.३.१ भारोपेली परिवारको नामकरण २.३.२ भारोपेली परिवारको नामकरण २.३.२ भारोपेली परिवारको समय र मूल प्रयोक्ता २.३.३ भारोपेली परिवारका भाषाको वर्गीकरण २.३.४ केन्तुम् वर्गका भाषाहरू २.३.४ केन्तुम् वर्गका भाषाहरू २.३.६ आर्यभाषा र यसको विकासक्रम २.३.७ आधुनिक आर्यभाषा र नेपाली भाषा एकाइ तीन : नेपाली भाषाको उत्पत्ति र विकासक्रम ( १२) ३.१ नेपाली भाषाको परिचय ३.२ नेपाली भाषाको उत्पत्तिसम्बन्धी मतमतान्तर ३.२.१ विदेशी विद्वान्का मतहरू
चचा गन, • प्राचीन, मध्यकालीन र आधुनिक नेपाली भाषा र तिनका विशेषता ठम्याउन, • भाषा र भाषिकाको अन्तर छुट्याई नेपालीका क्षेत्रीय र सामाजिक भााषिकाका विशेषता निर्धारण गर्न ।	<ul> <li>३.२.२ स्वदेशी विद्वान्का मतहरू</li> <li>३.३ नेपाली भाषाको विकासक्रम</li> <li>३.३.१ प्राचीन नेपाली भाषा र त्यसका विशेषता</li> <li>३.३.२ मध्यकालीन नेपाली भाषा र त्यसका विशेषता</li> <li>३.३.३ आधुनिक नेपाली भाषा र त्यसका विशेषता</li> <li>३.४ नेपालीका भाषिका र तिनका विशेषता</li> <li>३.४.२ नेपाली भाषाका क्षेत्रीय भाषिकाका विशेषता</li> <li>३.४.३ नेपाली भाषाका सामाजिक भाषिकाका</li> </ul>
<ul> <li>नेपालमा बोलिने भारोपेली परिवारका भाषाहरूको परिचय दिन,</li> <li>नेपालमा बोलिने भोटचिनियाँ परिवारका भाषाहरूको जानकारी दिन,</li> <li>नेपालमा बोलिने आग्नेली, द्रबिडेली र एकल परिवारका भाषाको वर्णन गर्न,</li> <li>उल्लिखित भाषा परिवारभित्रका प्रमुख भाषाका वक्ता, क्षेत्र, शिक्षा, सञ्चार,</li> </ul>	विशेषता एकाइ चार : नेपालमा बोलिने भाषा परिवारहरू (१०) ४.१ नेपालमा बोलिने भारोपेली परिवारका भाषाहरू ४.२ नेपालमा बोलिने भोटचिनियाँ परिवारका भाषाहरू ४.३ नेपालमा बोलिने आग्नेली परिवारको भाषा ४.४ नेपालमा बोलिने द्रबिड परिवारको भाषा ४.४ नेपालमा बोलिने एकल परिवारको भाषा

विशिष्ट उद्देश्य	पाठ्यविषय
व्याकरण, कोश आदिको स्थिति तथा	४.६ उल्लिखित भाषापरिवारभित्रका प्रमुख भाषाका
उपलब्धिको सङ्क्षिप्त परिचय दिन ।	वक्ता, क्षेत्र, शिक्षा, सञ्चार, व्याकरण, कोश
	आदिको अवस्था तथा उपलब्धिको सङ्क्षिप्त
	परिचय
<ul> <li>भाषिक परिवर्तनको परिचय दिन,</li> </ul>	एकाइ पाँच : भाषिक परिवर्तन (१०)
<ul> <li>भाषिक परिवर्तनका प्रकार बताउन,</li> </ul>	५.१ भाषिक परिवर्तनको परिचय
<ul> <li>ध्वनिपरिवर्तनका कारण र दिशा</li> </ul>	५.२ भाषिक परिवर्तनका प्रकार
बताउन,	५.३ ध्वनिपरिवर्तन (कारण र दिशा)
• रूपात्मक परिवर्तनको प्रक्रिया बताउन,	४.४ रूपात्मक परिवर्तन
• वाक्यात्मक परिवर्तनका कारण स्पष्ट	४.४ वाक्यात्मक परिवर्तन
पाने,	४.६ अर्थगत परिवर्तन
<ul> <li>अर्थगत परिवर्तनका सम्भावना</li> </ul>	४.७ भाषिक भूगोल र भाषिक आगमन
ओंल्याउन,	४.८ भाषिक सम्मिलन : पिजिन र क्रेओल
<ul> <li>भाषिक भूगोल, आगमन, पिजिन र क्रेओलका विशेषता ठम्याउन,</li> </ul>	४.९ भाषिक मृत्यु
• भाषिक मृत्युको प्रक्रिया निर्धारण गर्न ।	

## ४. प्रायोगिक कियाकलाप र शिक्षण प्रविधि

प्रायोगिक क्रियाकलाप र शिक्षण प्रविधिलाई दुई समूहमा विभाजन गरिने छ :

**१. साधारण शिक्षण प्रविधि २. विशिष्ट शिक्षण प्रविधि** 

## ४.९ साधारण शिक्षण प्रविधि

प्रत्येक एकाइमा आवश्यकताअनुसार शिक्षकद्वारा सम्बन्धित विषयवस्तुको प्रस्तुति, व्याख्यान, छलफल, प्रश्नोत्तर गराई विद्यार्थीहरूलाई तत्सम्बन्धी अभ्यास गर्न लगाइने छ ।

## ४.२ विशिष्ट शिक्षण प्रविधि

एकाइ	क्रियाकलाप
एक	<ul> <li>ऐतिहासिक भाषाविज्ञानका पूर्वीय, पाश्चात्य र समग्र उपलब्धिबारे समूह कार्य दिई कक्षामा प्रस्तुत गर्न लगाउने,</li> </ul>
दुई	<ul> <li>समूहगत रूपमा संसारका प्रमुख भाषापरिवारको उत्तर टिपोट गर्न लगाई कक्षामा प्रस्तुत गर्न लगाउने र एकअर्का समूहबिच छलफल गराउने,</li> </ul>
तीन	<ul> <li>व्यक्तिगत रूपमा नेपाली भाषाको विकासक्रमको रूपरेखा गृहकार्यका रूपमा तयार गरी कक्षामा प्रस्तुत गर्न लगाउने,</li> <li>ससाना समूहमा नेपाली भाषाका विभिन्न क्षेत्रीय भाषिकाका सामाजिक भेदहरूका शब्द, पदावली र वाक्य तहका उदाहरण सङ्कलन गरी कक्षामा प्रस्तुत गर्न लगाउने,</li> </ul>
चार	<ul> <li>नेपालमा बोलिने विभिन्न भाषापरिवारका भाषाका बारेमा समूहगत रूपमा सङ्क्षिप्त सेमिनार पत्र तयार गरी कक्षामा प्रस्तुत गर्न लगाउने,</li> </ul>

पाँच	• विद्यार्थीले एकल रूपमा टिपेका भाषिक परिवर्तनसम्बन्धी तथ्यलाई कक्षामा
	प्रस्तुत गर्न लगाई परस्परमा छलफल गराउने ।

## ५. मूल्याङ्कन प्रक्रिया

मूल्याङ्कन दुई प्रकारले गरिने छ :

(9) आन्तरिक मूल्याङ्कन : यसका निम्ति चालिस प्रतिशत अङ्क निर्धारण गरिएको छ । आन्तरिक मूल्याङ्कन कक्षा शिक्षणसँगै गरिने छ । यसको वितरण निम्नानुसार रहेको छ :

क.सं.	ीक्रयाकलाप	अङ्क	
٩	उपस्थिति	X	
२	सिकाइ कियाकलापमा सहभागिता	X	
<b>ə</b>	पहिलो आन्तरिक परीक्षा	१०	
४	दोस्रो आन्तरिक परीक्षा	१०	
X	तेस्रो आन्तरिक परीक्षा	१०	
	जम्मा		

#### आन्तरिक मूल्याङ्कन (४० प्रतिशत)

## उपस्थिति र कक्षा सहभागिता

- (क) सेमेस्टर प्रणालीमा ८० प्रतिशत उपस्थिति अनिवार्य हुने छ । ९० प्रतिशतसम्म उपस्थिति हुने विद्यार्थीलाई ४ अड्क र ९० प्रतिशतभन्दा माथि उपस्थित हुने विद्यार्थीलाई ४ अङ्क प्रदान गरिने छ ।
- (ख) कक्षा सहभागिताको ४ अङ्कमध्ये सम्बन्धित विषय शिक्षकले विद्यार्थीको कक्षा कार्यकलाप मूल्याङ्कन गरी अङ्क प्रदान गर्ने छन् ।

## आन्तरिक मूल्याङ्कन प्रक्रिया

- (क) पहिलो आन्तरिक परीक्षाका लागि विषय शिक्षकले अध्ययनपत्र लेखन, पुस्तक समीक्षा, लेख पुनरावलोकन, कुनै विषय शीर्षक केन्द्रित अध्ययनपत्र तयारी, ज्ञान/प्रतिभा परीक्षणमध्ये कुनै कार्य गर्न लगाउने छन्।
- (ख) दोस्रो आन्तरिक परीक्षाका लागि विषय शिक्षकले परियोजना कार्य, अवस्था / घटना अध्ययन, गोष्ठी, क्षेत्रकार्य, व्यक्तिगत वा समूहगत प्रतिवेदन लेखन, द्वितीय स्रोत सामग्रीमा आधारित अध्ययनपत्र लेखन, पूर्वाध्ययन, पुनरावलोकन र अभिलेखीकरण आदिमध्ये कुनै कार्य गर्न लगाउने छन् ।
- (ग) तेस्रो आन्तरिक परीक्षाका लागि विषय शिक्षकले आन्तरिक सुधार परीक्षाका रूपमा ६० पूर्णाङ्कको लिखित परीक्षा लिने छन् ।
- (घ) जतिसुकै पूर्णाङ्कमा परीक्षा लिएको भए पनि विषय शिक्षकले अन्त्यमा प्रत्येक आन्तरिक परीक्षालाई १० पूर्णाङ्कमा रूपान्तर गर्ने छन् ।
- (ङ) आन्तरिक मूल्याङ्कन प्रक्रियामा अनुपस्थित वा अनुत्तीर्ण विद्यार्थी बाह्यपरीक्षाका लागि स्वतःअयोग्य हुने छ ।

## २. बाह्य मूल्याङ्कन

बाह्य मूल्याङ्कनका लागि ६०% अङ्कभार छुट्याइएको छ । उक्त मूल्याङ्कनका लागि त्रि.वि. शिक्षाशास्त्र सङ्काय, डिनको कार्यालयद्वारा सत्रान्तमा परीक्षा लिइने छ । सो परीक्षामा सोधिने प्रश्नको प्रकृति, ढाँचा र त्यसको अङ्कभार निम्नानुसार हुने छ :

प्रश्नको प्रकृति	सोधिने प्रश्न	उत्तर दिनुपर्ने प्रश्न सङ्ख्या	प्रतिप्रश्न छुद्याइएको अङ्क	पूर्णाङ्क
	सङ्ख्या			
समूह 'क' : बहुवैकल्पिक प्रश्न	१०	१०	٩	१०
समूह 'ख' : छोटो उत्तर	Ę	Ę	X	३०
आउने प्रश्न	(कुनै			
	दुईवटा			
	प्रश्नमा			
	अथवा)			
समूह 'ग' : लामो उत्तर	्२	२	१०	२०
आउने प्रश्न	(कुनै एउटा			
	प्रश्नमा			
	अथवा)			

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## 9. पाठयांश परिचय

प्रस्तुत पाठ्यांश कोशविज्ञानसम्बन्धी ज्ञान र सिपको विकास गर्ने उद्देश्यले तयार पारिएको हो । यस पाठ्यांशमा जम्मा पाँच एकाइ छन् । यीमध्ये कोशको परिचय र वर्गीकरण, कोशविज्ञान र अन्य विषयसँग यसको सम्बन्ध, कोशनिर्माण परम्परा, कोशसम्पादन योजना र प्रक्रिया तथा कोशसम्पादनका समस्याजस्ता विषयवस्तु समावेश गरिएका छन् ।

## २. साधारण उद्देश्य

यस पाठ्यांशका साधारण उद्देश्यहरू यसप्रकार छन् :

- कोशको परिचय, प्रयोजन र वर्गीकरण गर्न सक्षम बनाउने,
- कोशविज्ञानको परिचय दिई कोशविज्ञानसम्बन्धी आधारभूत अवधारणा प्रस्तुत गर्न सक्षम तुल्याउने,
- कोशविज्ञान र अन्य विषयका बिचको सम्बन्ध निर्धारण गर्ने सिप आर्जन गर्न लगाउने,
- पूर्वीय र पाश्चात्यका साथै नेपाली कोशनिर्माण परम्पराको रूपरेखा औंल्याउन सक्षम बनाउने,
- कोशसम्पादनको योजना र प्रक्रियासहित कोशमा समावेश गरिने सामग्रीको जानकारी गराउने,
- कोशनिर्माणका समस्या पहिचान गराई एकभाषी, द्विभाषी र बहुभाषी कोशका समस्या औंल्याउने क्षमता बढाउने ।

## ३. विशिष्ट उद्देश्य तथा पाठ्यविषय

विशिष्ट उद्देश्य	पाठ्यविषय
• कोशको परिचय दिई यसको प्रयोजन	एकाइ एक : कोशको परिचय र वर्गीकरण (
बताउन,	६)
• कोशवर्गीकरणका आधारहरू प्रस्तुत	9.9 कोशको परिचय
गर्न,	१.२ कोशको प्रयोजन
• विश्वकोश र शब्दकोशका बिचको	<b>१.३ कोशवर्गीकरणका आधारहरू</b>
अन्तर छुट्याउन,	<b>१.४ विश्वकोश र शब्दकोशका बिचको अन्तर</b>
• प्राचीन र आधुनिक शब्दकोशको तुलना	<b>१.५ प्राचीन र आध्</b> निक शब्दकोशको त्लना
गर्न ।	3 3
• कोशविज्ञानको आधारभूत परिचय दिन,	एकाइ दुई : कोशविज्ञान र अन्य विषयसँग यसको सम्बन्ध (
<ul> <li>कोशविधान शास्त्र र कोशविधान</li> </ul>	९)
विज्ञानको अन्तर छटुयाउन,	२.१ कोशविज्ञानको आधारभूत परिचय
• कोशविज्ञानको उपयोगिता प्रस्तुत गर्न,	२.१.१ कोशविधान शास्त्र
• अन्य विषयसँग कोशविज्ञानको सम्बन्ध	२.१.२ कोशविधान विज्ञान
औंल्याउन ।	२.२ कोशविज्ञानको उपयोगिता

विशिष्ट उद्देश्य	पाठ्यविषय
	२.३ अन्य विषयसँग कोशविज्ञानको सम्बन्ध
	२.३.१ भाषाविज्ञान
	२.३.२ व्याकरण
	२.३.३ साहित्य
	२.३.४ भूगोल
	२.३.४ समाजविज्ञान
	२.३.६ शिक्षाशास्त्र
	२.३.७ भाषाशिक्षण
• पूर्वीय र पाश्चात्य कोशनिर्माण	एकाइ तीन : कोशनिर्माण परम्परा (१०)
परम्पराको रूपरेखा निर्धारण गर्न ,	३.१ पूर्वीय कोशनिर्माण परम्परा
• एकभाषी, द्विभाषी र बहुभाषी नेपाली	३.२ पश्चिमी कोशनिर्माण परम्परा
कोशनिर्माणको परम्परा प्रस्तुत गर्न,	३.३ नेपाली कोशको विकासक्रम
• नेपाली भाषा र नेपालका भाषाको	३.३.१ नेपाली कोशनिर्माणको पृष्ठभूमि
कोशनिर्माणको स्थिति औंल्याउन ।	३.३.२ नेपाली एकभाषी कोशनिर्माण परम्परा
	३.३.३ नेपाली द्विभाषी कोशनिर्माण परम्परा
	३.३.४ नेपाली बहुभाषी कोशको निर्माण परम्परा
	३.४ नेपाली भाषा र नेपालका भाषाको कोशनिर्माणको स्थिति
• कोशसम्पादनको योजना निर्माण गर्न,	एकाइ चार : कोशसम्पादन योजना र प्रक्रिया (
<ul> <li>कोशसम्पादनका लागि सामग्री</li> </ul>	११)
सङ्कलनको स्रोत र पद्धति निर्धारण	४.१ कोशसम्पादन योजना
गर्न,	४.२ सामग्री सङ्कलनका स्रोत र पद्धति
<ul> <li>कोशको पूर्वभाग, मूल भाग र उत्तर</li> </ul>	४.३ कोशको स्वरूप
भागको चिनारी गराउन,	४.३.१ पूर्व भाग
<ul> <li>कोशसम्पादनका प्रथम, द्वितीय र तृतीय चरणका प्रक्रियाको कार्य</li> </ul>	४.३.२ मूल भाग
बताउन,	४.३.३ उत्तर भाग
• विद्यालय तहको कुनै	४.४ कोशसम्पादनका प्रक्रिया
पाठ्यपुस्तक ⁄ विधाँ	४.४.१ प्रथम चरण : प्रविष्टि चयन र निर्धारण
/ पाठ छनोट गरी नमुना कोशनिर्माण	४.४.२ द्वितीय चरण : प्रविष्टि विधान,
गर्न ।	शीर्षशब्दको स्वरूप, वर्णविन्यास, उच्चारण, स्रोत, व्युत्पत्ति, व्याकरण निर्देशन तथा
	स्रोत, व्युत्पात, व्याकरण निवशन तथा अर्थविधानका विविध तरिकाको प्रस्तुति
	४.४.३ तृतीय चरण : प्रविष्टि अनुक्रम विन्यास,
	चिह्न प्रयोग, पूर्वापर समन्वय र संयोजन
	४.४ नमुना कोशनिर्माण (विद्यालयको तहको कुनै पाठ्यपुस्तक/विधा/पाठमा आधारित)

विशिष्ट उद्देश्य	पाठ्यविषय
• कोशसम्पादनसम्बन्धी समस्याका प्रमुख	एकाइ पाँच : कोशसम्पादनका समस्या (८)
क्षेत्रहरू पहिचान गर्न,	५.१ कोशसम्पादन समस्याका प्रमुख क्षेत्र
• एकभाषी कोश, द्विभाषी कोश र	५.१.१ सामग्री सङ्कलन
बहुभाषी कोशसम्पादनका समस्या औंल्याउन ।	५.१.२ प्रविष्टि चयन
आल्याउन् ।	५.१.३ अनुक्रम व्यवस्था
	५.९.४ वर्णविन्यास (हिज्जे) व्यवस्था
	५.१.४ मानक उच्चारण
	५.९.६ प्रविष्टि विधान
	५.१.७ अर्थविधान
	५.२ एकभाषी कोशका समस्या
	५.३ द्विभाषीकोशका समस्या
	५.४ बहुभाषी कोशका समस्या

## ४. प्रायोगिक क्रियाकलाप र शिक्षण प्रविधि

प्रायोगिक क्रियाकलाप र शिक्षण प्रविधिलाई दुई समूहमा विभाजन गरिने छ :

साधारण शिक्षण प्रविधि
 त्विशिष्ट शिक्षण प्रविधि ।

# ४.१ साधारण शिक्षण प्रविधि

प्रत्येक एकाइमा आवश्यकताअनुसार शिक्षकद्वारा सम्बन्धित विषयवस्तुको प्रस्तुति, व्याख्यान, छलफल, प्रश्नोत्तर गराई विद्यार्थीहरूलाई तत्सम्बन्धी अभ्यास गर्न लगाइने छ ।

# ४.२ विशिष्ट शिक्षण प्रविधि

एकाइ	ीक्रयाकलाप
एक	<ul> <li>जोडी समूहमा विश्वकोश र शब्दकोशका बिचको अन्तर पहिल्याई प्राचीन र आधुनिक कोशको तुलना गर्न लगाउने,</li> </ul>
दुई	<ul> <li>सामूहिक रूपमा अन्य विषयसँग कोशविज्ञानको सम्बन्धबारे एकएक</li> </ul>
	अनुच्छेद लेख्न लगाई कक्षामा प्रस्तुत गराउने,
तिन	<ul> <li>ससाना समूहमा एकाइ तीनका उपशीर्षकहरूमा आधारित भई सङ्क्षिप्त</li> </ul>
	प्रकारका गोष्ठीपत्र तयार गरी कक्षामा प्रस्तुत गराई अर्को समूहले प्रस्तुत
	गरेको पत्रप्रति टिप्पणी गर्न लगाउने,
चार	<ul> <li>व्यक्तिगत रूपमा विद्यालय तहको कुनै पाठ्यपुस्तक/विधा/पाठमा</li> </ul>
	आधारित भई २५० शब्द नघटाई नमुना कोशनिर्माण गर्न लगाउने,
पाँच	<ul> <li>जोडी समूहमा कोशसम्पादनसँग सम्बन्धित समस्याहरूको सूची बनाई</li> </ul>
	कक्षामा प्रस्तुत गर्न लगाउने ।

# ५. मूल्याङ्कन प्रक्रिया

मूल्याङ्कन दुई प्रकारले गरिने छ :

(9) आन्तरिक मूल्याङ्कन : यसका निम्ति चालिस प्रतिशत अङ्क निर्धारण गरिएको छ । आन्तरिक मूल्याङ्कन कक्षा शिक्षणसँगै गरिने छ । यसको अङ्क वितरण योजना यसप्रकार हुने छ :

क.सं.	क्रियाकलाप	अङ्क
٩	उपस्थिति	X
ર	सिकाइ कियाकलापमा सहभागिता	X
٦ <b>२</b>	पहिलो आन्तरिक परीक्षा	१०
8	दोस्रो आन्तरिक परीक्षा	٩٥
X	तेस्रो आन्तरिक परीक्षा	٩٥
	जम्मा	४०

## आन्तरिक मूल्याङ्कन (४० प्रतिशत)

## उपस्थिति र कक्षा सहभागिता

- (क) सेमेस्टर प्रणालीमा ८० प्रतिशत उपस्थिति अनिवार्य हुने छ । ९० प्रतिशतसम्म उपस्थिति हुने विद्यार्थीलाई ४ अङ्क र ९० प्रतिशतभन्दा माथि उपस्थित हुने विद्यार्थीलाई ४ अङ्क प्रदान गरिने छ ।
- (ख) कक्षा सहभागिताको ४ अड्कमध्ये सम्बन्धित विषय शिक्षकले विद्यार्थीको कक्षा कार्यकलाप मूल्याङ्कन गरी अङ्क प्रदान गर्ने छन् ।

## आन्तरिक मूल्याङ्कन प्रक्रिया

- (क) पहिलो आन्तरिक परीक्षाका लागि विषय शिक्षकले अध्ययनपत्र लेखन, पुस्तक समीक्षा, लेख पुनरावलोकन, कुनै विषय शीर्षक केन्द्रित अध्ययनपत्र तयारी, ज्ञान/प्रतिभा परीक्षणमध्ये कुनै कार्य गर्न लगाउने छन् ।
- (ख) दोस्रो आन्तरिक परीक्षाका लागि विषय शिक्षकले परियोजना कार्य, अवस्था/घटना अध्ययन, गोष्ठी, क्षेत्रकार्य, व्यक्तिगत वा समूहगत प्रतिवेदन लेखन, द्वितीय स्रोत सामग्रीमा आधारित अध्ययनपत्र लेखन, पूर्वाध्ययन, पुनरावलोकन र अभिलेखीकरण आदिमध्ये कुनै कार्य गर्न लगाउने छन् ।
- (ग) तेस्रो आन्तरिक परीक्षाका लागि विषय शिक्षकले आन्तरिक सुधार परीक्षाका रूपमा ६० पूर्णाङ्कको लिखित परीक्षा लिने छन् ।
- (घ) जतिसुकै पूर्णाङ्कमा परीक्षा लिएको भए पनि विषय शिक्षकले अन्त्यमा प्रत्येक आन्तरिक परीक्षालाई १० पूर्णाङ्कमा रूपान्तर गर्ने छन् ।
- (ङ) आन्तरिक मूल्याङ्कन प्रक्रियामा अनुपस्थित वा अनुत्तीर्ण विद्यार्थी बाह्यपरीक्षाका लागि स्वतः अयोग्य हुने छ ।
- (२) बाह्य मूल्याङ्कन

बाह्य मूल्याङ्कनका लागि ६०% अङ्कभार छुट्याइएको छ । उक्त मूल्याङ्कनका लागि त्रि.वि. शिक्षाशास्त्र सङ्काय, डिनको कार्यालयद्वारा सत्रान्तमा परीक्षा लिइने छ । सो परीक्षामा सोधिने प्रश्नको प्रकृति, ढाँचा र त्यसको अङ्कभार निम्नानुसार हुने छ :

प्रश्नको प्रकृति	सोधिने	उत्तर दिनुपर्ने	प्रतिप्रश्न	पूर्णाङ्क
	प्रश्न	प्रश्न सङ्ख्या	छुट्याइएको अङ्क	
	सङ्ख्या			

समूह 'क' : बहुवैकल्पिक	१०	٩٥	٩	१०
प्रश्न				
समूह 'ख' : छोटो उत्तर	ح <b>و</b> ار)	مو <sub>ما</sub>	X	३०
आउने प्रश्न	(कुनै			
	दुईवटा			
	प्रश्नमा			
	अथवा)			
समूह 'ग' : लामो उत्तर	2	<i>२</i>	٩٥	२०
आउने प्रश्न	(कुनै एउटा			
	प्रश्नमा			
	अथवा)			

## पाठ्यसामग्री

अधिकारी, हेमाङ्गराज (२०६४), *सामाजिक र प्रायोगिक भाषाविज्ञान,* रत्न पुस्तक भण्डार । कत्रे, एस.एम (सन् १९८०), *कोशविज्ञान,* (हिन्दी अन्. सरोजिनी शर्मा), केन्द्रीय हिन्दी संस्थान ।

जुगुस्ता र अन्य (सन्, १९०१), म्यानुअल अफलेक्सिकोग्राफी, मुटो ।

टर्नर, आर.एल. (सन्, १९३१), ए कम्प्यारिटिभ एन्ड एरिमोलजिकल डिक्सनरी अफ नेपाली ल्याङ्ग्वेज, लन्डन ।

ढकाल, शान्तिप्रसाद (२०६७), प्रायोगिक भाषाविज्ञान, शुभकामना प्रकाशन ।

तिवारी, भोलानाथ (सन्, १९७९), कोशविज्ञान, शब्दाकार ।

दाहाल, वल्लभमणि (२०३३), नेपाली भाषा र कोश, नेपाली भाषा अधिगोष्ठी, नेराप्रप्र. ।

पराजुली, कृष्णप्रसाद (२०६६), नेपाली उखान र गाउँखाने कथा, नेराप्रप्र ।

नेपाल प्रज्ञा-प्रतिष्ठान (२०७४), *नेपाली बृहत् शब्दकोश,* संशोधित, परिबर्धित दसौं संस्क., नेपाल प्रज्ञा-प्रतिष्ठान्र ।

भण्डारी, पारसमणि र अन्य (२०६७), प्रायोगिक भाषाविज्ञानका प्रमुख आयाम, विद्यार्थी पुस्तक भण्डार । यादव, योगेन्द्रप्रसाद र अन्य (सन्, १९९८), लेक्सिकोग्राफी इन नेपाल, नेराप्रप्र ।

रविन्सन, डि.एफ.एल. (सन्, १९६८), म्यानुअल अफ बाइलिङ्गुअल डिक्सनरिज, सि.आइ.एल ।

लैन्डव, एस.टी. (सन्, १९८४), डिक्सनरिज : द आर्ट एन्ड काफ्ट अफ लेक्सिकोग्राफी, सियुपी. ।

लम्साल, रामचन्द्र (२०५७), कोशविज्ञान र नेपाली कोश, शारदा लम्साल ।

सह, आर.ए. (सन्, १९८२), ऐन इन्ट्रोडक्सन टु लेक्सिकोग्राफी, सि.आइ.आइ.एल ।

## P. Ed. 546: History of Physical Education and Games

Course No.: P. Ed. 546 (Elective)	Nature of course: Theoretical
Level: M. Ed.	Credit Hours: 3
Semester: Fourth	Teaching hours: 48

## **1.** Course Description

This course is designed to provide students the knowledge of the historical development of physical education and games. It is also designed to acquaint the students with the knowledge of national and international organizations involved in the development of games and sports. The course contents are of five units where the first three units are related to the history of physical education in some Asian and European countries along with the USA and the rest two units are concerned with national and international organizations involved in games and sports.

## 2. General Objectives

The general objectives of this course are as follows:

- To develop an understanding among the students about the historical aspects of physical education in selected Asian and European countries along with the USA.
- To acquaint the students with the knowledge of national and international organizations of physical education and games.

## 3. Specific Objectives and Content

Specific Objectives	Contents
<ul> <li>Explain the causes of the dark period in physical education.</li> <li>Discuss Asceticism and Scholasticism as milestones for the development of physical education.</li> </ul>	<ul> <li>Unit: I Review of Ancient period of physical education (10)</li> <li>1.1 (Primitive age to 5<sup>th.</sup> Century) Greece, Rome, Hindakush (Nepal, India) China, Egypt.</li> <li>1.2 Middle Age (including Dark-age) and renaissance period of Physical Education (Period of 6th to 14th Century)</li> <li>1.3 Causes of the dark period in physical education 1.3.1 Asceticism 1.3.2 Scholasticism 1.3.3 Cessation of Olympic</li> </ul>
<ul> <li>Discuss the modern history of physical education in selected Western countries.</li> <li>Describe the development of physical education in selected Asian countries.</li> </ul>	Unit: II Modern Age of Physical Education century)(8)2.1 Germany 2.2 Sweden 2.3 Denmark 2.4 China 2.5 India 2.6 Japan.3
<ul> <li>Discuss the role of national organizations in promoting games and sports in Nepal.</li> <li>Mention different sports competitions which are being</li> </ul>	Unit: III National Organizations and Activities of Sports (15) 3.1 Ministry of Education (CDC) 3.2 Ministry of Youth and Sports (Review; Structure, Act, and Policy)

organized at the school level and national level.	<ul> <li>3.3 National Sports Council</li> <li>3.4 National Level Sports Competition</li> <li>3.5 School-Level Sports (Birendra Shield, President Cup)</li> <li>3.6 Some Popular Personalities in Physical Education and Sports</li> </ul>
<ul> <li>Explain the history of sports competition at the international and global levels.</li> <li>Discuss some international organizations of games and sports.</li> <li>Describe the participation of Nepal in different international games.</li> </ul>	Unit:IVInternationalSportsandNepal'sparticipation(15)4.1 Olympics:Winter, Summer, Paralympic, and Special Olympic4.2 Asian games4.3 SAG4.4 Universiade4.5 World Cup of selected games (Football, Cricket, Volleyball)

## 4.1 General Instructional Techniques

The general instructional techniques to be used while teaching this course are as follows:

- Lecture cum discussion
- Demonstration
- Participation and practice
- Discussion and project work.
- Group work
- Library work.

### 4.2 Specific Instructional Techniques

Unit	Activity and Instructional Techniques
Ι	• The teacher will explain the causes of the dark period in physical education and games in its history.
II	• The students will be given reading materials to prepare papers on the historical development of physical education in different countries to present in the class.
III	<ul> <li>The teacher will conduct a seminar on the modern history of physical education in China, India, Japan, and South Korea.</li> <li>Students will be asked to prepare papers regarding the seminar.</li> <li>The teacher will facilitate the students differently.</li> </ul>
IV	• The students will be sent to different organizations to collect information on their activities and they will be asked to present in the group.

V	• The teacher will provide different reading materials to the students and they will be asked to prepare notes on international organizations and
	the participation of Nepalese athletes in the international games. The students will present their notes in the class.

#### 5. Evaluation

### 5.1 Internal evaluation 40%

Internal evaluation will be conducted by subject teachers based on the following activities:

SN	Particular	Marks
1	Attendance	5
2	Participation in learning activities	5
3	First assessment: Article review/ book review/ open book test/ unit test etc	10
4	Second assessment: Midterm test	10
5	Third assessment: Project work/survey/seminar/workshop/presentation	10
	Total	40

### 5.2 External Examination (Final Examination) 60%

Examination Division, Office of the Dean, Faculty of Education will conduct the final examination at the end of the semester (proposed).

S.N	Types of question	Marks
1	Objective type question (Multiple choice 10x1 marks)	10
2	Short answer questions (6 with two OR questions x 5 marks)	30
3	Long answer questions (2 with one OR questions x 10 marks)	20
	Total	60

#### 6. Recommended Books and References

#### **Recommended Books**

- Hackensmith, C.W. (1966). *History of physical education*. New York: Harper & Row Publishers. (Unit I to III)
- Wuest, D. A., & Charles, A. B. (1992). *Foundations of physical education and sport.* New Delhi: B. I. Publications. (Unit I, II, III, and V)

## References

- Baruwal, H. B. (2041). *Historical development of physical education and Nepal*. Kathmandu: Pinnacle Publication.
- Baruwal, H. B., Shrestha, S. B., Bhatta Datta, T. D., Shrestha, M. K. & Poudel, T. R. (2075). *Foundation of physical education.* Kathmandu: Pinnacle Publication.
- Sherchan, L. (2012). *Foundations of physical education and sports*. Kathmandu: Quest Publication.
- Nepalese athletes in Olympic movement (2008). Kathmandu: Nepal Olympic Committee.

Nature of course: Theoretical Credit hours: 3 Teaching hours: 48

## **1.** Course Description

Level: M. Ed. Semester: Fourth

This course intends to provide knowledge on the sociology of sports. Particularly, the contents related to sports sociology, the linkage between social institutions and sports, women, and sports, linkage of social stratification with sports in society are respectively given in the five units.

## 2. General Objectives

The general objectives of this course are as follows:

- To equip the students with the knowledge of sports sociology.
- To develop the feeling of cooperation and competition among the students.

## 3. Specific Objectives and Content

3. Specific Objectives	4. Contents
<ul> <li>Describe sports sociology, its scope, and importance.</li> <li>Discuss sports as a social phenomenon and an element of culture.</li> <li>Delineate sport sociology as an academic discipline.</li> <li>Explain the historical perspective of the sociology of sports.</li> <li>Analyze the different sociological theories related to</li> </ul>	<ul> <li>Unit: I Sports Sociology (12)</li> <li>1.1 Concept of sports sociology</li> <li>1.2 Scope and importance of sports sociology</li> <li>1.3 Sports as a social phenomenon and an element of culture</li> <li>1.4 Sports sociology as an academic discipline</li> <li>1.5 Sociological exploration: Theories and paradigms</li> <li>1.6 Application of ICT for Sports Globalization</li> </ul>
<ul> <li>games and sports.</li> <li>Explain social institutions in participation in games and sports.</li> <li>Delineate the role of sports in socialization, regulating institutions, and religion.</li> </ul>	<ul> <li>Unit: II Social Institutions and Sports (10)</li> <li>2.1 Role of Social Institutions in participation in games and sports</li> <li>2.2 Socialization through Sports</li> <li>2.3 Sports as regulating the institution of society.</li> <li>2.4 Sports and Religion</li> <li>2.5 Rise of Sports for Social Welfare</li> </ul>
<ul> <li>Explain the meaning of leadership in physical education.</li> <li>List the qualities of a leader.</li> <li>Discuss the need and importance of leadership training in physical education.</li> </ul>	<ul> <li>Unit: III Sports Leadership (8)</li> <li>3.1 Concept and characteristics of leadership</li> <li>3.2 Qualities of a Leader</li> <li>3.3 Leadership Training through Physical Education</li> <li>3.4 Need and Importance of Leadership in Physical Education.</li> <li>3.5 Geriatric Sports</li> </ul>

		3.6 Women and children in sports
•	Describe the meaning of social	Unit: IV Sports and Social Stratification (10 hrs)
	stratification and social class.	5.1 Concept and nature of social class
•	State the criteria for class	5.2 Criteria of class distinctions
	distinctions	5.3 Concept of social stratification
•	Discuss the effects of	5.4 Extent and effect of (racial and ethnic, gender,
	stratification on participation	age, and socio-economic) stratification on
	and achievement in sports.	participation and achievement in sports.
•	Interpret democratization in	5.5 Democratization in Sports
	sports.	
•	Explain the trends and analyze	Unit: V Trends and Issues Concerning Sports in
	issues concerning sports in	Society (8)
	society.	6.1 Sports Aggression and Violence
		6.2 Professional Sports
		6.3 Sports Tourism
		6.4 Sports Economy
1		6.5 Sports Politics
		6.6 Sports Culture

## 4.1 General Instructional Techniques

The general instructional techniques to be used while teaching this course are as follows:

- Lecture cum discussion
- Demonstration
- Participation
- Project work
- Presentation
- Library study
- Guest lecture
- Seminar/workshop/presentation

## 4.2 Specific Instructional Techniques

Unit	Activity and Instructional Techniques		
Ι	The students will be involved in reviewing books, reports, papers and let them present and discuss in the class.		
II	The students will be provided reference books to initiate group works on given topics for presentation and discussion.		
III	The students will be explained about leadership by showing examples of various sports personalities.		
IV	Women activists related to sports will be invited as the guest lecture for group discussion and participation		
V	The students will be asked to discuss social stratification and social class which will affect participation and achievement in sports.		

VI	<sup>7</sup> I The students will be given an individual assignment on given topics, they will	
asked for preparing papers on the given topic and they will also be aske		
	present and discuss in the class.	

#### 5. Evaluation

#### 5.2 Internal evaluation 40%

Internal evaluation will be done by subject teachers based on the following activities:

S.N.	Particular	Marks
1	Attendance	5
2	Participation in learning activities	5
3	First assessment: Article review/ book review/ open book test/ unit test etc	10
4	4 Second assessment: Midterm test	
5	Third assessment: Project work/survey/seminar/workshop/presentation	10
Total		

### 5.2 External Examination (Final Examination) 60%

The examination Division of the Dean's office will conduct the final examination at the end of the semester.

S.N	Types of question	Marks
1	Objective type question (Multiple choice 10x1 marks)	10
2	Short answer questions (6 with two OR questions x 5 marks)	30
3	Long answer questions (2 with one OR questions x 10 marks)	20
	Total	60

#### 6. Recommended Books and References

#### 6.1 Recommended Books

- Wuest, D. A. & Charles, A. B. (1992). Foundations of physical education and sport. New Delhi: B. I. Publications. (Unit I and II)
- Freeman, W. H. (1988). *Physical education and sports in changing society.* New Delhi: Surjeet Publication. (Unit IV to VI)
- Maclver, R. M. (1945). *Society: a textbook of sociology.* New York: Farrar and Rinehar. (Unit II to V)
- Stewart, E. W. (1978). *Sociology: the human science.* New York: Mc. Graw. Hill Book Company. (Unit II to V)
- Lay, J. W. and Gerald S. K. (1981). *Sport, culture, and society*. London: Macmillan Company. (Unit II to V)

#### **6.2 References**

Davis, B., Bull, R., Roscoe, J. & Roscoe, D. (2000). *Physical education and the study of sport*. Spain: Mosby Harcourt Publishers Limited.

Vidya, B., & Sachdera, D.R. (1987). An introduction to sociology. Allahabad: Kitab Mahal.

### 1. Course Description

This course aims to acquaint students with "Advanced Electronics" skills and knowledge. The goal of this course is to help students develop advanced knowledge and comprehension of many aspects of electronics. The course covers resonance, differential, and operational amplifier circuits, as well as their applications and frequency response, arithmetic circuits, TTL circuits, IC fabrication, and optical fiber waveguides.

### 2. General Objectives

The general objectives of the course are as follows:

- To provide the students with adequate theoretical knowledge of electronics.
- To develop problem solving skills in students in electronics.
- To provide the students with adequate theoretical knowledge of optoelectronics.
- To facilitate the students with in depth knowledge in designing circuit of different oscillators.

## 3. Specific Objectives and Contents

Specific Objectives	Contents
Introduce the LCR circuit.	Units I: Resonance     (8)
• Define quality factor (Q)	1.1 Introduction to LCR circuit
• Explain series resonance circuit and	1.2 Definition of quality factor (Q)
obtain the relation of bandwidth for it.	1.3 Series resonance and bandwidth of the
Calculate voltage across inductor and	series resonant circuit
capacitor at resonance.	1.4 Parallel resonance circuit and
• Derive impedance and admittance of the	bandwidth of the parallel resonance
LCR- series circuit	circuit
	1.5 Condition for maximum impedance
	1.6 Impedance variation with frequency

•	Explain parallel resonance circuit and	and universal resonance curves
	obtain the bandwidth for it, admittance at	1.7 The general case-resistance present in
	anti resonance	both capacitive and inductive branches
•	Find the condition for maximum	
	impedance by varying capacitor/	
	frequency/ inductor	
•	Discuss the variation of impedance/ phase	
	angle with frequency and plot the	
	variations.	
•	Describe bandwidth of anti-resonance	
	circuits, and relation of it with the general	
	case-resistance present in both capacitive	
	and inductive branches.	
•	Solve some related numerical problems.	
•	Define differential amplifier	Units II: Differential and Operational
•	Explain the circuit diagram of differential	Amplifier Circuits (8)
	amplifier using Bipolar Junction Transistor	2.1 Introduction of ideal differential
	(BJT) and calculate the voltage gain of the	amplifier (BJT)
	amplifiers in all mode.	2.2 Common mode parameters
•	Solve simple numerical examples related	2.3 Practical differential parameters and its
	to gain/ common mode rejection ratio	types
	(CMRR) of differential amplifier.	2.4 Introduction to operational amplifiers
•	Define operational amplifier	2.5 Voltage stability and gain in inverting
•	Discuss the characteristic of the ideal	and non-inverting mode.
	Operational amplifier	
•	Explain the circuit diagram of operational	
	amplifier to stabilize voltage in inverting	
	and non-inverting mode.	
•	Calculate voltage gain of the operational	
	amplifies in inverting and non-inverting	
	mode.	
•	Solve some related numerical problems.	
	1	

Discuss Barkhausen's criterion for	Units III: Application of Operational
oscillation as revision.	Amplifier & Frequency
<ul> <li>Explain the theory, construction and</li> </ul>	response (8)
• Explain the theory, construction and concept of Wein Bridge Oscillator using	3.1 Review of Barkhausen criterion for
	oscillation: oscillator
operational amplifier in non-inverting	3.1.1 Wien bridge Oscillator
configuration.	3.1.2 RC-phase shift oscillator
• Calculate oscillating frequency and	3.2 Definition and basic concepts of
relation between gain and feedback factor	decibel and logarithmic plot
of the Wein Bridge oscillator.	3.3 Series capacitance and low frequency
• Explain the theory, construction and	
concept of RC-phase shift oscillator using	<ul><li>response</li><li>3.4 Shunt capacitance and high frequency</li></ul>
operational amplifier in inverting	response
configuration.	response
• Design oscillator for the given frequency	
with the available values of capacitor and	
resistors.	
• Discuss the basic concepts of decibel	
scale and linear plot, semi-linear plot and	
logarithmic plot	
• Describe the use of series capacitance for	
low frequency response devices and	
calculate the upper cut off frequency	
• Explain the use of shunt capacitance for	
high frequency response devices and	
calculate the lower cut off frequency	
• Solve some related numerical problems.	
• Explain Half adder/full adder and	Units IV: Arithmetic Circuits(4)
controlled inverter circuit as revision	4.1 Review of binary addition and
• Describe operation and circuit of adder/	subtraction and arithmetic building
subtractor	blocks
• Discuss the concept of binary	4.2 The adder and subtractor
multiplication and division	4.3 Binary multiplication and division.
• Solve some related numerical problems.	

• Discuss the digital integrated circuits	Units V: TTL Circuits (6)	
knowledge in 74xx series.	5.1 Digital integrated circuits: 7400	
• Explain circuit operation of two input	Devices	
TTL NAND gate	5.2 Two input TTL NAND gate	
• Illustrate the different TTL parameters as	5.3 TTL parameters	
floating inputs, worst-case input/output	5.4 AND-OR-INVERTER gates	
voltage, compatibility, sourcing and	5.5 Three state TTL devices: positive and	
sinking, noise immunity	negative logic	
• Describe the circuit operation of AND-		
OR-INVERTER gates (AOI)		
• Discuss the operation of TTL devices and		
concept of positive and negative logic		
• Solve some related numerical problems.		
• Explain the IC fabrication techniques	Units VI: IC Fabrication (4)	
• Describe fabrication of pnp/npn BJT,	6.1 Monolithic integrated circuit	
junction diodes, concept of metal	technology	
semiconductor contacts and its fabrication	6.2 Fabrication of bipolar transistor, IC	
technique fabrication techniques for IC	Diodes, metal semiconductor contacts,	
registers.	IC registers.	
• Explain optical fiber waveguide and its	Units VII: Optical Fiber Waveguides	
type,	(10)	
• Describe the advantage and disadvantage	7.1 Introduction	
of Step index fiber.	7.2 Optical Fiber Waveguides:	
• Discuss the related parameters on step	7.2.1 Step Index Fiber	
index fiber as, numerical aperture, fiber	7.2.2 Graded Index Fiber	
acceptance angle, total acceptance angle,	7.2.3 W-index fiber	
maximum possible modes of propagation	7.2.4 Inter-modal dispersion and	
etc.	maximum pulse broadening	
• Describe the advantage and disadvantage	7.3 Losses in fiber	
of graded index fiber.	7.3.1 Bending losses	
• Explain inter-modal dispersion and	7.3.2 Intrinsic fiber losses	
maximum pulse broadening	7.3.3 Bending/micro-bending losses	
	7.3.4 Scattering losses/ absorption	

• Discuss the losses in fiber like bending	losses
losses, intrinsic fiber losses,	7.4 Fiber joining
bending/micro-bending losses and	7.4.1 Permanent/temporary
scattering losses/ absorption losses	7.4.2 Single fiber connectors
• Describe permanent and temporary fiber	7.5 Measurement of fiber characteristics
joining.	7.5.1 Fiber attenuation measurement
• Explain single fiber connectors as	7.5.2 Fiber dispersion measurement
demountable connector and beam	7.6 Fiber materials and fiber cables
expander	
• Discuss multi fiber connectors as	
$2 \times 2$ , $7 \times 7$ fiber coupler	
• Describe the measurement of fiber	
characteristics as fiber attenuation	
measurement and fiber dispersion	
measurement	
• Explain the use of glass and plastic as	
fiber material	
• Discuss the glass fiber manufacturing	
technique as double crucible, chemical	
vapor deposition technique	
• Compare goodness/badness of plastic and	
glass fiber.	
• Discuss different types of fiber as coated	
fibers BICC design.	
• Solve some related numerical problems.	

*Note:* The figures in the parentheses indicate the approximate teaching hours for the respective units.

## 4. Instructional Techniques

The instructional techniques for this course are divided into two groups. First group consists of general instructional techniques applicable to most of the units. The second group consists of specific instructional techniques applicable to specific units.

## **4.1 General Instructional Techniques**

Lecture method discussion method demonstration method collaborative method problem solving internet search and preparation of charts

Units	Activities and Instructional Techniques
Unit III	Project work
Unit V	Group work
Unit VI	Field work and report writing
Unit VII	Presentation

#### 4.2 Specific Instructional Techniques/Activities

*Note*: *The teachers may decide the project work related to the course work* 

#### **5.Evaluation**

#### **5.1 Evaluation (Internal Assessment and External Examination)**

Nature of course	Internal Assessment	Semester Examination	Total Marks
Theory	40 Marks	60 Marks	100 Marks

*Note*: *Students must pass separately in internal assessment and semester examination.* 

#### **5.2.Internal Evaluation**

Internal evaluation will be conducted by course teacher based on following

activities:

1.	Attendance	5 Marks
2.	Participation in learning activities	5 Marks
3.	First assignment (written assignment)	10 Marks
4.	Second assignment (Project work/ report writing and presentation)	10 Marks
5.	Third assignment/ Term exam	10 Marks
	Total	40 Marks

**Note:** First assignment/assessment might be book review /article review, quiz, home assignment etc. according to nature of course. Second assignment/assessment might be project work, case study, seminar, survey/field study and individual/group report writing, term paper based on secondary data or review of literature and documents etc. and third assignment will be term exam.

### 40 Marks

5.3.	External Evaluation (Final Examination)	60 Marks
	Examination Division, office of the Dean, Faculty of Education will conduct final	
	examination at the end of semester. The marks distribution will be	
7.	Objective questions (Multiple Choice Questions 10 x 1mark)	10 Marks
8.	Subjective short questions (6 questions with 2 'OR 'questions x 5 marks)	30 Marks
9.	Subjective long questions (2 questions with 1 'OR 'questions x 10 marks)	20 Marks
	Total	60 Marks

Total

#### **Recommended Books Reference**

#### **Recommended Books**

- Bogart, T. F. (1995). Electronics Devices and Circuits. New Delhi: Universal Book Stall. (For Unit-II & III)
- Malvino, A.P., & Leach, D.P. (2011). Digital Principles and Application. New Delhi: Tata Mc Graw Hill Publishing Company Ltd. (For Unit-IV & V)
- Milliman, J., & Grabel, A. (1987). Microelectronics. New York: McGraw Hill International edition. (For Unit- VI)
- Ryder, J. D. (1955). Network, Lines and Fields. New Delhi: Prentice Hall of India. (For Unit-I)
- Wilson, J., & Hawkes, J. F. (2001). Optoelectronics and Introduction. New Delhi: Prentice Hall. (For Unit- VII)

#### **Reference Books:**

- Jain, R. P. (1991). Modern Digital Electronics. New Delhi: Tata McGraw Hill Publishing Company Ltd.
- Khere, R. P. (2004). Fiber Optics and Optoelectronics. New Delhi: Oxford University Press Ltd.
- Malvino, A. P., & Bates, D. J. (2012). Electronic Principles. New Delhi: Tata McGraw Hill Publishing Co.
- Sarkar, C. K., & Sarkar, D. C. (2001). Optoelectronics and Fiber Optics Communication. New Delhi: New Age International (P) Limited

## 1. Course Description

This course is intended to acquaint students with "Advanced Solid-State Physics." This course aims to give future science teachers skills in Solid State Physics that will allow them to teach with confidence at a higher level. Electrons in bands, semiconductors, fermi surfaces, metals, magnetism, superconductivity, and transport phenomena are all covered in this course.

## 2. General Objectives

The general objectives of the course are as follows:

- To provide the students with adequate theoretical knowledge of solid-state physics.
- To equip students with problem solving skills in solid state physics.
- To develop knowledge in superconductivity.

## 3. Specific Objectives and Contents.

Specific objectives	Contents	
• Describe Bloch function and Bloch	Unit I: Electrons in Bands(8)	
theorem.	1.1 Bloch theorem	
• Explain nearly free electron model,	1.2 Nearly free electron model	
origin of the energy gap	1.3 Kronig-Penny model	
• Calculate the magnitude of the energy	y 1.4 Wave equation of electron in periodic	
gap.	potential	
• Discuss the Kroning-Penny model and	1.5 Number of orbitals in a band	
calculate the energy gap at the zone		
boundary.		
• Illustrates the wave equation of electron		
in periodic potential leading to the		
central equation.		

<ul> <li>Explain the number of orbitals in a band and concept of occupied states band structures leading material to be insulator, semimetal and metal.</li> <li>Solve some related numerical problems.</li> </ul>	
<ul> <li>Explain general properties of semiconductors as conduction band, valence band, band gap, direct and indirect band gap, effective mass.</li> <li>Describe effective masses in semiconductors.</li> <li>Explain statistics of carrier concentration in intrinsic and extrinsic semiconductors.</li> <li>Discuss the basic types of impurity levels in semiconductors</li> <li>State the impurity conductivity and discuss donor states and acceptor states.</li> <li>Explain statistics of carrier concentration in extrinsic semiconductors.</li> <li>Discuss thermal ionization of donors and acceptors.</li> <li>Discuss thermal ionization of donors and acceptors.</li> <li>Solve some related numerical problems.</li> </ul>	Unit II: Semiconductors(5)2.1 General properties of semiconductors2.2 Effective masses in semiconductors2.3 Carrier statistics in thermal equilibrium Intrinsic and extrinsic semiconductors2.3.1 Intrinsic carrier concentration2.3.2 Impurity levels in semiconductors- Donor levels- Acceptor levels- Capture levels- Deep levels2.3.3 Impurity conductivity: Donor states, Acceptor states2.3.4 Statistics of extrinsic semiconductors2.4 Thermal ionization of donors and acceptors2.5 Thermoelectric effect
• Explain the concept of reduced zone scheme, periodic zone scheme and extended zone scheme as the requirement for the development of fermi surfaces in the free electron.	<ul> <li>Unit III: Fermi Surfaces and Metals (8)</li> <li>3.1 Introduction to energy and band structures: Fermi surfaces in the free electron system</li> <li>3.2 Calculation of energy Bands:</li> <li>3.2.1 Tight binding approximation</li> <li>3.2.2 Pseudopotential methods</li> </ul>

•	Describe the construction of fermi	3.3 Construction of fermi surfaces in	
	surfaces in a first zone, a second zone	alkali metals	
	and a third zone.	3.4 Motion of electrons in a static	
•	Discuss the calculation of energy bands	magnetic field	
	using tight binding approximation and	3.4.1 Electron orbits	
	Pseudopotential methods.	3.4.2 Hole orbits	
•	Explain the concept of construction of	3.4.3 Open orbits	
	fermi surfaces in alkali metals.		
•	Describe the different types of orbits		
	that electrons move in a static magnetic		
	field.		
•	Solve some related numerical problems.		
•	Discuss Langevin's theory, Weiss	Unit IV: Magnetism (8)	
	Molecular Field Theory of Para	4.1 Review on Para/and ferromagnetism	
	magnetism and domain theory of	4.2 Ferromagnetic order	
	Ferromagnetism.	4.2.1 Curie point and the exchange	
•	Explain Curie point and exchange	e integral	
	integral and exchange energy.	4.2.2 Temperature dependence of the	
•	Discuss the temperature dependence of	f saturation magnetization	
	saturation magnetization lowest order	4.2.3 Saturation magnetization at	
	magnetization deviation and relation	absolute zero	
	between the lowest order magnetization	4.3 Magnons	
	deviation with temperature.	4.3.1 Quantization of spin waves	
•	Describe saturation magnetization at	4.3.2 Thermal excitation of magnons	
	absolute zero	4.4 Ferrimagnetic order	
•	Explain magnon and derive dispersion	4.4.1 Curie temperature and	
	relation for spin wave in one dimension	susceptibility of ferrimagnets	
	with nearest-neighbor interactions and	4.4.2 Iron garnets	
	dispersion relation for ferromagnetic		
	cubic lattice.		
•	Discuss the quantization of spin wave.		
•	Illustrate thermal excitation of magnons		
	and relation of the fractional change of		

	magnetization with temperature (Bloch	
	$T^{3/2}$ law).	
•	Explain ferrimagnetic order by using the	
	concept of ferrites with spinel crystal	
	structure and characteristics of ferrites.	
•	Describe Curie temperature and	
	susceptibility of ferrimagnets and find	
	the relation between susceptibility with	
	temperature	
•	Discuss the concept of iron garnets.	
•	Solve some related numerical problems.	
•	Explain the general properties of	Unit V: Superconductivity (9)
	Superconductor.	5.1 General properties of superconductor
•	Discuss thermodynamic properties on	5.2 Thermodynamic properties of
	superconducting material as entropy,	Superconductor
	specific heat, thermal conductivity and	5.3 Electrodynamics of superconductor
	isotope effect	5.4 Two characteristic length scales in
•	Explain electrodynamics of	Superconductors
	superconductor.	5.4.1 London penetration length
•	Derive the London equation and	5.4.2 Coherence Length
	calculate London penetration depth.	5.5 Flux quantization in superconducting
•	Calculate the coherence length.	ring
•	Differentiate between penetration depth	5.6 Josephson tunneling
	and the coherence length.	5.6.1 DC Josephson effect
•	Elaborate flux quantization in a	5.6.2 AC Josephson effect
	superconducting ring and calculate the	5.7 High temperature superconductor
	flux though the ring.	5.8 Applications of superconductivity
•	Discuss Josephson superconductor	
	tunneling.	
•	Describe DC Josephson effect and	
	calculate current density.	

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*Note:* The figures in the parentheses indicate the approximate teaching hours for the *respective* units.

The instructional techniques for this course are divided into two groups. First group consists of general instructional techniques applicable to most of the units. The second group consists of specific instructional techniques applicable to specific units.

## 4.1 General Instructional Techniques

Lecture method, discussion method, demonstration method, collaborative method, problem solving, internet search.

## 4.2 Specific Instructional Techniques/Activities

Units	Activities and Instructional Techniques
Unit II	Project work and presentation
Unit V	Field work and report writing

## 5. Evaluation

### 5.1 Evaluation (Internal Assessment and External Examination)

Nature of	Internal	Semester	Total Marks
course	Assessment	Examination	
Theory	40 Marks	60 Marks	100 Marks

Note: Students must pass separately in internal assessment and semester examination.

## 5.1.1 Internal Evaluation

#### 40 Marks

Internal evaluation will be conducted by course teacher based on following

activities:

1.	Attendance	5 Marks
2.	Participation in learning activities	5 Marks
3.	First assignment (written assignment)	10 Marks
4.	Second assignment (Project work/ report writing and presentation)	10 Marks
5.	Third assignment/ Term exam	10 Marks
	Total	40 Marks

**Note:** First assignment/assessment might be book review /article review, quiz, home assignment etc. according to nature of course. Second assignment/assessment might be project work, case study, seminar, survey/field study and individual/group report writing, term paper based on secondary data or review of literature and documents etc. and third assignment will be term exam.

	5.1.2 External Evaluation (Final Examination)	60 Marks
	Examination Division, office of the Dean, Faculty of Education will	conduct final
	examination at the end of semester. The marks distribution will be	
7.	Objective questions (Multiple Choice Questions 10 x 1mark)	10 Marks
8.	Subjective short questions (6 questions with 2 'OR 'questions x 5 marks)	30 Marks
9.	Subjective long questions (2 questions with 1 'OR 'questions x 10 marks)	20 Marks
	Total	60 Marks

### **Recommended Books and Reference**

#### **Recommended Books**

Kittel, C. (1996). Introduction to Solid State Physics (7<sup>th</sup> ed.). New Delhi: John Wiley India Pvt. Ltd. (For Unit-I, II, III, IV, &V)

Ziman, J.M. (1979). *Principles of Theory of Solids*. Cambridge: Cambridge University Press. (For Unit-VI)

#### References

Ashcroft, N. W., & Mermin, N. D. (1976). *Solid State Physics*. New York: Holt Rinehart and Winston.

Dekker, A. J. (1965). Solid State Physics. New York: Printice Hall.

Elliot, R. J., & Gibson, A. F. (1974). An Introduction to Solid state Physics and its Application. India: Macmillan.

Hall, H. E. (1974). Solid State Physics. India: Wiley

Ibach, H., & Luth, H. (1991). Solid State Physics. New Delhi: Narosa Publishing House

Pillai, S.O. (2012). Solid State Physics. New Delhi: New age international Pvt. Ltd.

Saxena, A. K. (2010). Solid State Physics: An Introduction to Solid State ElectronicDevices. India: Wiley

- Srivastava, J.P. (2001). *Elements of Solid-State Physics*. New Delhi: Prentice Hall of India Pvt. Ltd.
- Walter, A. H. (1970). Solid State Theory. New York: Dover Publication Inc.
- Ziman, J.M. (1979). *Principles of Theory of Solids*. Cambridge: Cambridge University Press

Credit: 3 Teaching hours: 48

#### **1.** Course Description

This comprehensive course delves into the complicated world of elections, providing students with a deep understanding of the foundational concepts, diverse types, practical systems, and institutional frameworks that shape the electoral landscape. As an essential element of democratic governance, elections play a pivotal role in determining the course of a nation's future. Through a blend of theoretical insights, practical examples, and interactive activities, this course equips students with the knowledge and skills to navigate the complexities of electoral politics.

#### 2. General Objectives

The general objectives of this course are as follows:

- To provide students with a clear understanding of the fundamental concepts and principles of elections, including their role in democratic societies and the significance of citizen participation.
- To familiarize students with various types of elections, such as majority, proportional representation, mixed system and enabling them to differentiate between these types and comprehend their importance in shaping governance.
- To equip students with comprehensive knowledge about the electoral system implemented in Nepal, including its structure, components, and the ways it impacts representation and political dynamics in the country.
- To enable students to understand the role and functions of the Election Commission in Nepal, helping them appreciate its significance in ensuring free, fair, and transparent elections and maintaining the integrity of the electoral process.
- To provide students with an in-depth understanding of the constitutional and legal framework that governs elections in Nepal, enabling them to analyze and interpret relevant laws and provisions that shape the electoral landscape of the country.

Specific Objectives	Contents
• Explain the concept, meaning, definition, and	Unit 1: Concept of Election (8)
importance of election in democratic society	1.1 Definition and importance of
• Describe the historical background of election	election in democratic society
• Describe role of election in governance	1.2 Historical background of election
• Explain the key principles of election along with adult franchise, free and fair election, secret ballot, regular and periodic election, party system, independent electoral management body, voter education, peaceful transition of power, electoral integrity with code of conduct, accessible and inclusive election	<ul><li>1.3 Role of election in governance</li><li>1.4 Key principles of democratic election</li></ul>

### 3. Specific Objectives and Contents

<ul> <li>Understand the distinction between direct and indirect elections; advantages and disadvantages of both systems.</li> <li>Examine the differences between plurality and majority systems in elections and evaluate the significance of achieving an actual majority versus a plurality of votes.</li> <li>Explore the concept of proportional representation in elections, focusing on the equitable distribution of seats based on the percentage of votes a party receives. Critically assess the challenges and benefits of proportional representation in various political contexts.</li> <li>Comprehend the mechanics of the Single Transferable Voting (STV) system, and evaluate the impact of STV on political outcomes and party dynamics.</li> <li>Investigate the Party-List Proportional Representation system, where voters choose a party rather than individual candidates.</li> <li>Examine the intricacies of hybrid electoral systems, such as the Mixed-Member Proportional (MMP) and Additional-Members' Systems.</li> </ul>	Unit 2: Types of elections (10) 2.1 Direct and Indirect 2.2 Plurality and majority systems 2.3 Proportional representation 2.4 Single transferable voting system 2.5 Party-list proportional representation 2.6 Hybrid systems, mixed-member proportional or additional- members' systems.
<ul> <li>Understand the evolution of Nepal's electoral system by examining key historical events and milestones that have shaped its current state.</li> <li>Explore the intricacies of Nepal's electoral politics within the framework of the Constitution of 2072 BS, including the roles of various federal and provincial institutions.</li> <li>Analyze the processes and significance of federal elections in Nepal, covering the election of the President, Vice-president, Prime Minister, and members of the House of Representatives and National Assembly.</li> <li>Examine the electoral dynamics of Nepal's provincial level, focusing on the election of members for Provincial Assemblies and the subsequent appointment of Chief Ministers.</li> <li>Gain insight into the grassroots level of Nepal's electoral system by studying local level elections and their impact on community governance.</li> <li>Critically assess the flaws and weaknesses within Nepal's electoral process and explore potential reforms aimed at improving transparency, fairness, and overall efficiency.</li> </ul>	<ul> <li>Unit 3: Electoral System Used in Nepal (10)</li> <li>3.1 Electoral history of Nepal</li> <li>3.2 Electoral Politics under the Constitution of Nepal 2072 BS</li> <li>3.2.1 Federal (President, Vice- president, Prime Minister, House of Representatives, and National Assembly),</li> <li>3.2.2 Provincial election (Provincial Assembly, Chief Minister)</li> <li>3.2.3 Local level election</li> <li>3.2.4 Defects and reforms of the electoral process</li> </ul>

	Comprehensively analyze the structure, authority, and	Unit 4: Election
•	responsibilities of the Election Commission of Nepal,	Commission of
	critically evaluating its composition, powers, and	Nepal (6)
		<b>I</b> ()
	functions in the context of the country's electoral	4.1 Composition, powers and
	system.	functions: A critical study
٠	Identify and examine the pivotal roles played by the	4.2 Major role of election
	Election Commission within Nepal's election system,	commission in the
	highlighting its significance in ensuring fair, transparent,	election system
	and efficient electoral processes.	4.3 Election crime and
•	Explore the legal framework surrounding election-	punishment
	related offenses in Nepal, investigating the types of	4.4 Electoral literacy
	election crimes, their consequences, and the judicial	
	measures undertaken to maintain the integrity of the	
	electoral process.	
•	Assess the importance of voter education and awareness	
	in the context of Nepal's electoral landscape, focusing	
	on strategies employed by the Election Commission to	
	enhance electoral literacy and encourage informed	
	participation among citizens.	
•	Understand the foundational principles and provisions	Unit 5: Constitutional and
	within the Nepalese Constitution that establish the	legal framework
	framework for conducting elections in the country.	regarding elections
•	Familiarize oneself with the comprehensive legal	of Nepal (14)
	framework governing elections in Nepal, including the	5.1 Constitutional framework
	relevant acts, rules, regulations, codes of conduct, and	for election in Nepal
	established procedures, as well as the directories and	5.2 Legal framework for
	policies that guide the electoral process.	elections in Nepal
	Explain the various electoral systems utilized in Nepal,	(Election related Acts,
•	comprehending their characteristics and implications on	
		Rules and Regulation.
	· · · ·	Rules and Regulation, Code of Conduct.
	representation, accountability, and overall democratic	Code of Conduct,
	representation, accountability, and overall democratic functioning.	Code of Conduct, Directories, Procedures,
•	representation, accountability, and overall democratic functioning. Acquire a clear understanding of the entire election	Code of Conduct,
•	representation, accountability, and overall democratic functioning. Acquire a clear understanding of the entire election process in Nepal, from voter registration and candidate	Code of Conduct, Directories, Procedures, and Policies) 5.2.1 Electoral
•	representation, accountability, and overall democratic functioning. Acquire a clear understanding of the entire election process in Nepal, from voter registration and candidate nomination to polling, vote counting, and result	Code of Conduct, Directories, Procedures, and Policies)
	representation, accountability, and overall democratic functioning. Acquire a clear understanding of the entire election process in Nepal, from voter registration and candidate nomination to polling, vote counting, and result declaration.	Code of Conduct, Directories, Procedures, and Policies) 5.2.1 Electoral systems
	representation, accountability, and overall democratic functioning. Acquire a clear understanding of the entire election process in Nepal, from voter registration and candidate nomination to polling, vote counting, and result declaration. Explore how ethical conduct and adherence to codes of	Code of Conduct, Directories, Procedures, and Policies) 5.2.1 Electoral systems 5.2.2 Election process
	representation, accountability, and overall democratic functioning. Acquire a clear understanding of the entire election process in Nepal, from voter registration and candidate nomination to polling, vote counting, and result declaration. Explore how ethical conduct and adherence to codes of conduct are ensured during elections in Nepal,	Code of Conduct, Directories, Procedures, and Policies) 5.2.1 Electoral systems 5.2.2 Election process 5.2.3 Implementation of code of conduct
	representation, accountability, and overall democratic functioning. Acquire a clear understanding of the entire election process in Nepal, from voter registration and candidate nomination to polling, vote counting, and result declaration. Explore how ethical conduct and adherence to codes of conduct are ensured during elections in Nepal, understanding the mechanisms in place to prevent unfair	Code of Conduct, Directories, Procedures, and Policies) 5.2.1 Electoral systems 5.2.2 Election process 5.2.3 Implementation of code of conduct 5.2.3 Voter rights and
•	representation, accountability, and overall democratic functioning. Acquire a clear understanding of the entire election process in Nepal, from voter registration and candidate nomination to polling, vote counting, and result declaration. Explore how ethical conduct and adherence to codes of conduct are ensured during elections in Nepal, understanding the mechanisms in place to prevent unfair practices and promote a fair electoral environment.	Code of Conduct, Directories, Procedures, and Policies) 5.2.1 Electoral systems 5.2.2 Election process 5.2.3 Implementation of code of conduct 5.2.3 Voter rights and responsibilities
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•	representation, accountability, and overall democratic functioning. Acquire a clear understanding of the entire election process in Nepal, from voter registration and candidate nomination to polling, vote counting, and result declaration. Explore how ethical conduct and adherence to codes of conduct are ensured during elections in Nepal, understanding the mechanisms in place to prevent unfair practices and promote a fair electoral environment. Recognize the rights and responsibilities bestowed upon voters in Nepal, including the right to vote and its significance in the democratic process, as well as the	Code of Conduct, Directories, Procedures, and Policies) 5.2.1 Electoral systems 5.2.2 Election process 5.2.3 Implementation of code of conduct 5.2.3 Voter rights and responsibilities 5.2.4 Case studies and
•	representation, accountability, and overall democratic functioning. Acquire a clear understanding of the entire election process in Nepal, from voter registration and candidate nomination to polling, vote counting, and result declaration. Explore how ethical conduct and adherence to codes of conduct are ensured during elections in Nepal, understanding the mechanisms in place to prevent unfair practices and promote a fair electoral environment. Recognize the rights and responsibilities bestowed upon voters in Nepal, including the right to vote and its significance in the democratic process, as well as the civic responsibilities associated with participating in	Code of Conduct, Directories, Procedures, and Policies) 5.2.1 Electoral systems 5.2.2 Election process 5.2.3 Implementation of code of conduct 5.2.3 Voter rights and responsibilities 5.2.4 Case studies and practical
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critically evaluating challenges faced, successful	
strategies implemented, and the overall impact on	
democratic governance.	

The instructional techniques in this course are divided into two groups. The first group consists of the general instructional techniques commonly applicable to most of the units and the second group consists of the specific techniques applicable to a specific unit.

## **4.1 General Instructional Techniques**

- Lecture
- Discussion
- Question-answer
- Critical thinking strategies
- Inquiry
- Interaction

## **4.2 Specific Instructional Techniques**

Self study, group discussion, visual aid
Sorting activity, case study, comparative analysis
Guest lecture, group discussion, case study
Panel discussion, mock election commission
Timeline activity, constitution and legal analysis,
visit website: election.gov.np

## 5. Evaluation

5.1 Internal Evaluation 40%

Internal evaluation will be conducted by course teacher based on following activities:

S.N.	Nature of Questions	Points
1.	Attendance	5
2.	Participation in learning activities	5
3.	First assessment	10
4.	Second assessment	10
5.	Final assessment	10

5.2 External Evaluation (Final Examination) 60 %

Examination Division, office of the Dean, Faculty of Education will conduct final examination at the end of semester.

S.N.	Nature of Questions	Number of Questions	Points
1.	Objective type question (Multiple choice)	10× 1	10
2.	Short answer questions (6 with 2 or questions $\times$ 5 points)	6× 5	30
3.	Long answer questions (2 with one or questions $\times$ 10 points)	2×10	20
	Total	18	60

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- Pokharel, B., & Rana, S. (2013). *Nepal: vote for peace*. New Delhi: Cambridge University Press India Pvt. Ltd.

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- कानुन तथा न्याय मन्त्रालय (२०७२), *नेपालको संविधान २०७२,* काठमाडौँ : नेपाल सरकार, कानुन तथा न्याय मन्त्रालय ।
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- निर्वाचन आयोग (२०७०ख), *संविधानसभा सदस्य निर्वाचन, २०७०, पहिलो हुने निर्वाचित हुने निर्वाचनको परिणाम पुस्तिका* । काठमाडौँ : निर्वाचन आयोग, नेपाल ।
- निर्वाचन आयोग (२०७०ग), *संविधानसभा सदस्य निर्वाचन, २०७०, समानुपातिक निर्वाचन प्रणली तर्फको निर्वाचन परिणाम पुस्तिका* । काठमाडौँ : निर्वाचन आयोग, नेपाल ।
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- राष्ट्रिय महिला आयोग तथा शान्तिमालिका, (२०७०), राजनीतिक दलको विधान तथा संविधानसभाको निर्वाचन ( २०७०) का लागि जारी गरिएको घोषणापत्रको लैङ्गिक विश्लेषण, काठमाडौँ : राष्ट्रिय महिला आयोग नेपाल तथा शान्तिमालिका ।
- निर्वाचन आयोगले समयसमयमा प्रकाशन गर्ने निर्वाचनसँग सम्बन्धित ऐन, नियमावली, आचारसंहिता, निर्देशिका, कार्यविधि, नीति तथा निर्वाचन परिणाम पुस्तिका (स्रोत : https://election.gov.np/np/page/election-related(बिधक)

Nature of Course: Theoretical Credit hours: 3 Teaching hours: 48

### **1.** Course Description

This course is designed to provide students with comprehensive knowledge about the interrelationships between population and environment. It intends to provide an extensive knowledge of global environment issues, policies and programme with special reference to Nepal. It covers interrelationships between population and environment, population and natural resources, population and environment pollution as well as environment degradation, hazards and environment management aspects.

### 2. General Objectives

General objective of this course are as follows:

- To make students familiar with interrelationships between the population and environment.
- To enable the students to address the major environmental problems created by rapid population growth.
- To provide students with wider knowledge on major global and national efforts made for environmental protection and management.
- To acquaint students with the organisations and agencies involved in the preservation and protection of environment.

## **3. Specific Objectives and Contents**

Specific Objectives	Contents
	Unit I. Interrelation of Population
<ul> <li>Illustrate the concept and types of environment.</li> <li>Show the relation between ecology and eco-system</li> <li>Describe the relationship between human and natural resources</li> <li>Discuss the approaches for studying environment.</li> </ul>	<ul> <li>Environment and Natural Resources (10)</li> <li>1.1 Concept and types of environment</li> <li>1.2 Ecology and eco-system (An integrated cycle)</li> <li>1.3 Relationship between human and natural resources</li> <li>1.4 Approaches for studying environment</li> </ul>
<ul> <li>Explain the concept and types of environmental degradation.</li> <li>Differentiate between pollution and degradation of environment.</li> <li>Describe the issues of environmental degradation in different sectors.</li> </ul>	Unit II: Population Growth and Environmental Degradation (10)2.1Concept and types of environmental degradation2.2Difference between environmental pollution and degradation2.3Environmental degradation2.3.1Land 2.3.22.3.3Water

<ul> <li>growth on environment sectors.</li> <li>Discuss the carrying capacity of earth on different natural resources.</li> <li>2.3 Effects of population growth on environmental degradation due to: 2.4.1 poverty 2.4.2 crowd/noise 2.4.3 land encroachment/overuse 2.4.4 over exploitation of natural resources 2.5 Carrying capacity of earth</li> <li>Describe the environmental status and issues globally.</li> <li>Discuss different international environment related organizations.</li> <li>List the roles of major international environment related organizations.</li> <li>List the roles of major international environment related organizations.</li> <li>1.1 Global Status, Problems and Efforts (10)</li> <li>3.1 Environmental status and issues 3.1.1 Global warming 3.1.2 Ozone layer depletion 3.1.3 Acid rain 3.1.4 Green house effects 3.1.5 Loss of biodiversity 3.1.6 Rising sea level</li> <li>3.2 International Environment Conference</li> <li>3.2.1 Rio-declaration 3.2.2 Earth Summit 1 &amp; II 3.2.3 Kyoto Protocol 3.2.4 Ramshar (fraq) Wetland declaration 3.2.5 World Conservation Congress (WCC)</li> <li>3.2.6 UN Framework conservation on climate change 21st conference of parties (COP 21 and 2015)</li> <li>3.3 Major international environment related organisations</li> <li>3.3.1 International environmental related organisations</li> <li>3.3.1 International Union for the Conservation of Nature and Natural Resources (IUCN)</li> <li>3.3.2 World Wildlife Fund for Nature Resources (UCN)</li> <li>3.3.3 International Centre for Integrated Mountain Development (ICIMOD)</li> <li>3.3.4 United Nations Environmental Programme (NEP).</li> <li>Discuss the periodical environmental policies and strategies in Nepal.</li> <li>Netates tatus of population and environment in Nepal.</li> <li>Discuss the different conservative and</li> <li>2 Current environmental policies and strategies in different periodic plans Nepal</li> <li>4.2 Current environmental policies and plans</li> </ul>		
<ul> <li>2.4 Effects of population growth on environmental degradation due to: 2.4.1 poverty 2.4.2 crowd/noise 2.4.3 land encroachment/overuse 2.4.4 over exploitation of natural resources 2.5 Carrying capacity of earth 2.5 Carrying capacity of earth 2.5 Carrying capacity of earth 2.1 II Global Status, Problems and Efforts (10)</li> <li>Discuss different international conferences on environmental issues. 3.1.1 Global warming 3.1.2 Ozone layer depletion 3.1.3 A cid rain 3.1.4 Green house effects 3.1.5 Loss of biodiversity 3.1.6 Issing sea level 3.2.1 Rio-declaration 3.2.2 Earth Summit I &amp;II 3.2.3 Kyoto Protocol 3.2.4 Ramshar (Iraq) Wetland declaration 3.2.5 World Conservation Congress (WCC)</li> <li>3.2.6 UN Framework conservation on climate change 21st conference of parties (COP 21 and 2015)</li> <li>3.3.1 International Union for the Conservation of Nature and Natural Resources (IUCN)</li> <li>3.3.2 World Wildlife Fund for Nature (WWF)</li> <li>3.3.3 International Centre for Integrated Mountain Development (ICIMOD)</li> <li>3.3.4 United Nations Environmental policies and strategies in Nepal.</li> <li>Discuss the periodical environmental addition ad environment in Nepal.</li> <li>Discuss the different conservative and</li> <li>2.4 Current environmental policies and strategies in Kepal.</li> <li>2.4 Outent environmental policies and parse</li> <li>4.2 Current environmental policies and parse</li> </ul>	• Illustrate the effects of population	2.3.4 Air
<ul> <li>Discuss the carrying capacity of earth on different natural resources.</li> <li>2.4 Effects of population growth on environmental degradation due to: 2.4.1 poverty</li> <li>2.4.2 crowd/noise</li> <li>2.4.3 land encroachment/overuse</li> <li>2.4.4 over exploitation of natural resources</li> <li>2.5 Carrying capacity of earth</li> <li>Unit III Global Status, Problems and Efforts (10)</li> <li>3.1.1 Global Marming</li> <li>3.1.2 Ozone layer depletion</li> <li>3.1.3 Acid rain</li> <li>3.1.4 Green house effects</li> <li>3.1.5 Loss of biodiversity</li> <li>3.1.6 Rising sea level</li> <li>3.2.1 Rio-declaration</li> <li>3.2.2 Earth Summit I &amp;II</li> <li>3.2.3 Kyoto Protocol</li> <li>3.2.4 Ramshar (Iraq) Wetland declaration</li> <li>3.2.5 World Conservation Congress (WCC)</li> <li>3.3 Major international environment related organisations</li> <li>3.3.1 International environment related organisations</li> <li>3.3 International environment related organisations</li> <li>3.3 Major international Conference of parties (COP 21 and 2015)</li> <li>3.3 Major international environment related organisations</li> <li>3.3.1 International Centre for Integrated Mountain Development (ICIMOD)</li> <li>3.3.4 United Nature and Natural Resources (IUCN)</li> <li>3.3.3 International Centre for Integrated Mountain Development (ICIMOD)</li> <li>3.3 United Nations Environmental Policies and Programme (UNEP).</li> <li>Discuss the periodical environmental policies and strategies in Nepal.</li> <li>Discuss the different conservative and</li> <li>Porgramme (INEP).</li> </ul>	growth on environment sectors.	2.3.5 Climate/Weather
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number of a sector in Neural	• Discuss the different conservative and	4.2 Current environmental policies and plans
protected sectors in Nepal	protected sectors in Nepal	

• State the problems faced during policy	4.3 Status of population and environmental
implementation in Nepal.	condition
• Assess the hazards of environmental	4.4 Different conservation and protection areas
degradation.	of Nepal
	4.4.1 Nepal National Trust for Nature
	Conservation
	4.4.2 Department of National Parks and
	Wildlife Conservation
	4.4.3 National Zoo Management
	4.5 Problems faced during policy
	implementation in buffer zones of Nepal
	4.6 IEE and EIA practice in Nepal
	4.7 Assessment of environmental hazards
	4.7.1 Land slide
	4.7.2 Soil erosion
	4.7.3 Flood
	4.7.4 Desertification
	4.7.5 Earth quake
• State the needs and approaches for	Unit V: Needs and Efforts in
environmental management	<b>Environmental Management (8)</b>
• Explain the needs of assessment of	5.1 Needs and approaches for environmental
environmental impact	management
• Elaborate the concept of 4 Rs in	5.2 Environmental impacts assessment (EIA)
environmental management	5.3 Concept of 4 Rs (Reduce, Recess, Reuse
• Describe the concept of 5 Ps regarding	Recycle of natural resources
the management of environment	5.4 Concept of 5 P (Planning, Protection,
, č	Prevention, Promotion, and Production of
	Natural resources.

*Note: The figures in the parentheses indicate the approximate teaching hours for the respective units.* 

The instructional techniques for this course are divided into two groups. The first group consists of general instructional techniques applicable to most of the units. The second group consists of proposed specific instructional techniques applicable to particular units.

## 4.1 General Instructional Techniques

- Lecture
- Document review
- Discussion
- Collaborative works/learning
- Brainstorming
- Presentation
- Guest speech
- Project work
- Collaborative learning

• Interaction

# **4.2 Specific Instructional Techniques**

Unit	Activities and Instructional Techniques		
Ι	• The students will be asked to consult the references regarding the concept and types of environment.		
	• Teacher and students will discuss on the topic of ecology and ecosystem.		
	• The students will work in group in the topic of population growth, migration and development.		
	• The instructor and students will discuss regarding different approaches of studying		
	environment and types of resources.		
II	• The students will be divided into different groups and prepare on assignment by each		
	group on the given topics of resources.		
	• The teacher will summarise at the end of their group works and presentation		
III	• The students will be divided into groups and discuss in different status and issues		
	related to global environment		
	• The teacher will discuss in the class about the international conferences and the role of international organisations in the environment related issues.		
IV	• The teacher will discuss on the policies and strategies related to environment in the context of local areas.		
	• The students will collect the materials related to conserved and protected areas of Nepal and discuss in class.		
	• The students will be divided into groups and assignment will be given on environmental hazard observed in local areas.		
V	• The teacher will discuss in the class regarding the needs and efforts for environmental		
	management		
	• The students will discuss in the groups regarding the concept of 4 R and 5P		

# 5 Evaluation

### 5.1 Internal Evaluation 40%

Internal evaluation will be conducted by the subject teachers based on the following aspects:

S.N	Particular	Marks
1	Attendance	5
2	Participation in learning activities	5
3	First assessment: Article review/ book review/ open book test/ unit test, etc.	10
4	4 Second assessment: Midterm test	
5	Third assessment: Project work/case study/field	
	study/survey/seminar/workshop	
Total		40

# 5.2 External Examination (Final Examination) 60%

Examination Section, Office of the Dean, Faculty of Education will conduct final examination at the end of semester.

S.N	Types of question	Marks
1	Objective type questions (Multiple choice questions 10x1 mark)	10
2	Short answer questions (6 questions with 2 OR questions x 5 marks)	30
3	Long answer questions (2 questions with one OR questions x 10	20
	marks)	
Total		60

#### 6 Recommended books and references

#### **6.1 Recommended Books**

- Dahal, M. K & Dev, R. D (1998). Environment and sustainable development issues in Nepalese prospection. Kathmandu: NEFAS (Unit I-IV)
- IUCN (2000). Environment source book: Kathmandu: IUCN (Unit I-V)
- Sharma, R. C. (1998). *Population resources environment and quality of life*. New Delhi: Dhanapat Rai and Sons. (Unit I-III)
- Singh, J & Singh, D. (ND). *An introduction on earth and environment*. Varanasi: EDSC (Unit II & III)

#### **6.2 Reference Materials**

- Baruwal, H. B. & Pokhrel, H.P (2068). *Teaching health and environment science*. Kathmandu: Pinnacle Publication.
- Dhakal, S. N. (2006). *Environment education and community health*. Kathmandu: Ratna Pustak Bhandar. Unit 1, II, III and VI)
- IUCN (2000). Environment source book. Kathmandu: IUCN
- UNFPA (1991). Population resources and environment. USA

Nature of Course: Theoretical Credit hours: 3 Teaching hours: 48

#### 1. Course Description

This course is designed to give students an overview of public health. It deals with determinants of public health, epidemiology as analytical methods of public health, prevention and control of diseases. It also emphasizes on environmental health and social health issues. It also intends to provide students with an overview of health care systems. Throughout the course, students will be actively engaged in discussion and group work, and analysis of public health issues that promote a greater understanding of public health as system and its interdisciplinary connection to other fields.

### 2. General Objectives

General objectives of this course are as follows:

- To provide the students with the understanding of determinants, function and historical evolution of public health.
- To enable the students to apply epidemiologic tools and methods in analysing the public health problems.
- To develop basic understandings of control and prevention of communicable and non-communicable diseases among the students.
- To familiarize the students with environmental health problems and their management
- To give the students an overview of social health issues such as alcoholism, drug addiction, consumer health and social exclusion.

Specific Objectives	Contents
<ul> <li>Specific Objectives</li> <li>Clarify the concept of health and public health.</li> <li>Explain key determinants of public health.</li> <li>Illustrate core functions of public health.</li> </ul>	Contents Unit I. Introduction to Public Health (5) 1.1 Concept of health and public health 1.2 Determinants of public health 1.2.1 Biological status 1.2.2 Social and cultural environment 1.2.3 Built and natural environment 1.2.4 Political environment 1.3 Core functions of public health 1.3.1 Assessment
<ul><li>Clarify concept of epidemiology</li><li>Calculate incidence, prevalence, case</li></ul>	1.3.2 Policy development 1.3.3Assurance Unit II: Epidemiology as an Analytical Tools and Methods of Public
<ul> <li>fatality and mortality rates/ratio</li> <li>Apply epidemiological study methods in analysing the public health problems</li> </ul>	Health(8)2.1 Concept of epidemiology2.2 Measurement of morbidity2.2.1 Incidence and prevalence rate

### **3. Specific Objectives and Contents**

<ul> <li>Explain epidemiological study methods</li> <li>Illustrate key issues and tools of global burden of diseases and quality of life</li> <li>Discuss factors contributing to health and epidemiologic transition</li> </ul>	<ul> <li>2.2.2 Case-fatality rate</li> <li>2.3 mortality rate/ratio</li> <li>2.3 Epidemiological study methods</li> <li>2.3.1 Descriptive study</li> <li>2.3.2 Case-control study</li> <li>2.3.3 Cohort study</li> <li>2.3.4 Randomized controlled trial (RCT)</li> <li>study</li> <li>2.4 Issues and tools of global burden of disease and quality of life</li> <li>2.5 Factors contributing to health and epidemiologic transition</li> </ul>
<ul> <li>Classify communicable disease by modes of transmission.</li> <li>Illustrate host-agent-environment triads with suitable examples.</li> <li>List down vaccine preventable diseases and immunization coverage in Nepal.</li> <li>Explain prevention and control methods of vector borne diseases such as malaria and dengue.</li> <li>Discuss methods of controlling and preventing water/faecal borne diseases.</li> <li>Delineate methods of controlling and preventing ARI and TB.</li> <li>Define chronic and hereditary diseases</li> <li>Illustrate risk factors of non-communicable diseases.</li> <li>Identify methods and techniques of controlling and preventing and preventing cancer, diabetes and blood pressure.</li> </ul>	Unit III. Control and Prevention of Disease(10)3.1 Concept of communicable diseases3.2 Classification of communicable diseases by major modes of transmission3.3 Host-Agent-Environment triads3.4Vaccinepreventablediseases immunization coverage in Nepal3.5 Control and prevention of vector borne diseases Malaria Dengue3.6 Control and prevention of water borne diseases:Diarrhoea, Dysentery and Typhoid3.7 Control and prevention of ARI, swine flu and TB3.8 Non-communicable diseases3.8.1 Concept of non-communicable, chronic and hereditary diseases3.8.2 Risk factors of non-communicable diseases3.8.3 Prevention and control of cancer, diabetes, blood pressure
<ul> <li>Explain the concept environment health and sanitation</li> <li>Explain biological, chemical and physical hazards of environmental population</li> <li>Discuss the prevention of air and water pollution for public health</li> <li>Identify natural disaster in Nepal and their impacts on public health</li> <li>State methods required for prevention of air and water pollution</li> <li>Describe concept of climate change and its impact on human health</li> </ul>	<ul> <li>Unit IV. Environmental Health (10)</li> <li>4.1 Concept of environment health and sanitation</li> <li>4.2 Health hazards of environmental pollution</li> <li>4.2.1 Biological hazards</li> <li>4.2.2 Chemical hazards</li> <li>4.2.3 Physical hazard</li> <li>4.3 Prevention of air and water pollution</li> <li>4.4 Natural disaster and their impacts on public health</li> <li>4.5 Climate change and its impact on human health</li> </ul>

<ul> <li>Outline principles and practices of solid waste management in urban areas</li> <li>Describe the challenges and problems of occupational health and its management</li> <li>State the measures to be applied for protecting the health of the workers</li> </ul>	<ul> <li>4.5 Principles and practices of solid waste management in urban area</li> <li>4.6 Occupational health</li> <li>4.6.1 Occupational diseases</li> <li>4.6.2 Health hazards of agriculture workers</li> <li>4.6.3 Health problems due to the pesticides and lead poisoning</li> <li>4.6.4 Measures for heath protection of workers</li> </ul>
<ul> <li>Discuss factors contributing alcoholism and drug addictions</li> <li>Analyse current policy and strategies of the government for the prevention of alcohol and drug abuse</li> <li>Outline situation of food security and malnutrition in Nepal</li> <li>Suggest ways for preventing malnutrition.</li> <li>Delineate the concept of consumer's health and role to promote consumers' health.</li> <li>Discuss roles of consumer protection law and consumer rights in the health of consumers</li> <li>Describe strategies adopted by government and international community to reduce social disparity</li> </ul>	<ul> <li>Workers</li> <li>Unit V: Public Health Approaches to Social Health Problems (10)</li> <li>5.1 Factors contributing alcoholism and drug addiction</li> <li>5.2 Policy and strategies for prevention of alcohol and drug abuse</li> <li>5.3 Problem of food security and malnutrition in Nepal</li> <li>5.4 Prevention of malnutrition</li> <li>5.5 Concept of consumerism, consumer health and protection</li> <li>5.6 Concept of social exclusion in health</li> <li>5.7 Strategies for reducing social disparity and social exclusion in health</li> </ul>
<ul> <li>and social exclusion in health</li> <li>State the concept of health care systems</li> <li>Explain the types of health care system in Nepal</li> <li>Illustrate organizational structure of health services in Nepal</li> <li>Mention principles of primary health care</li> <li>Discuss situation of primary health care services in Nepal</li> </ul>	Public VI. Health and Health Care Service(5)6.1 Concept of health care systems6.2 Types of Health care system in Nepal6.3 Organizational structure of health services in Nepal (Federal, Provincial and Local)6.4 Principles of primary health care6.5 Primary health care services in Nepal

*Note: The figures in the parentheses indicate the approximate teaching hours for the respective units.* 

# 4. Instructional Techniques

The instructional techniques for this course are divided into two groups. The first group consists of general instructional techniques applicable to most of the units. The second group consists of specific instructional techniques applicable to specific units.

# 4.1 General Instructional Techniques

- Lecture
- Document review
- Discussion
- Collaborative works/learning
- Brainstorming
- Presentation
- Guest speech
- Project work
- Collaborative learning
- Interaction
- Research based learning activities

# 4.2 Specific Instructional Techniques

Unit	Activities and Instructional Techniques		
Ι	• Teacher and students discuss the concept of public health using mate cards.		
	<ul> <li>The teacher distributes meta-card and marker to each student and assigns them write factors affecting health and diseases within 10 minutes. After completion the teacher sticks major determinants of public health like biological, social, cultural environment, natural and political environment on different places of board. Then the students are asked to stick their points under the related major determinants.</li> <li>The teacher discusses with factors affecting health and diseases on the bases of students work.</li> </ul>		
Π	• Students are asked to consult material related to epidemiology and measurement of morbidity and mortality.		
	• Students present the concept of epidemiology and calculate morbidity and mortality on the board with the help of formula.		
III	<ul> <li>Students are given home assignment in different titles like the classification of communicable diseases by principal modes of transmissions, Host-Agent-Environment Triads, prevention of communicable diseases and hazards of non communicable diseases and their prevention.</li> <li>They present in class followed by discussion.</li> </ul>		
IV	<ul> <li>Students review about health hazards due to environmental pollutions, measures to control water and air pollution.</li> </ul>		
	• A guest lecture is organized on impacts of natural disaster and climate change and their management.		
	<ul> <li>They present in the class followed by discussion</li> </ul>		
	<ul> <li>Students visit any industrial estate and fill up of a form based on observation and enquiry about occupational hazards and their measures for preventions.</li> <li>Students discuss based on their report.</li> </ul>		
V	<ul> <li>Students discuss based on their report.</li> <li>Organiza on access compatition on public health approaches to accise health</li> </ul>		
v	• Organize an essay competition on public health approaches to social health problems in different titles based on the contents of unit.		
	• A discussion will be held after competition and comments will be provided to		
	improve the quality of essay based on the coverage of contents.		
VI	• Students visit Health Post or hospital and fill up form health services using survey		
	based on enquiry and observation.		
	• They present the report in class followed by discussion.		
	• Teacher discusses about types of health service and primary health care based on		
	the students report.		

### 5. Evaluation

### 5.1 Internal Evaluation 40%

Internal evaluation will be conducted by the subject teachers based on the following aspects:

S.N	Particular	Marks
1	Attendance	5
2	Participation in learning activities	
3	First assessment: Article review/ book review/ open book test/ unit test, etc.	
4	Second assessment: Midterm test	
5	Third assessment: Project work/case study/field	
	study/survey/seminar/workshop	
Total		40

### 5.2 External Examination (Final Examination) 60%

Examination Section, Office of the Dean, Faculty of Education will conduct final examination at the end of semester.

S.N	Types of question	Marks
1	Objective type questions (Multiple choice questions 10x1 mark)	10
2	Short answer questions (6 questions with 2 OR questions x 5 marks)	30
3	Long answer questions (2 questions with one OR questions x 10	20
	marks)	
Total		60

### 6. Recommended books and references

### 6.1 Recommended Books

- McKenzie, J.F., Pinger, R.R. & Kotecki, J.E (2005). *An introduction to community health ( 5<sup>th</sup> edition*) Boston: Allyn and Bacon. (For unit I and IV)
- Schneider, M. (2011). *Introduction to public health*. New Delhi: Jones & Bartlett India Pvt. Ltd. (For Unit I and II)
- Tulchinsky, T.H, & Varavikova, E. A. (2009). *The new public health* (Second Edition). San Diago, California: Elsevier Academic Press. (For unit I, II, III and IV)
- Park, K. (2012). *Park's Textbook of Preventive and Social Medicine*. Jabalpur, India: M/S Banarsidas Bhanot (For Unit II, III, IV and V)

# **6.2 Reference Materials**

- Budhathoki, C.B. and Wagle, B.P. (2069 BS). *Community health and organisation* (Nepali). Kathmandu: Pinnacle Publication 2011). *Sanitation and hygiene master plan, Nepal*
- Castello, J. & Haggart, M. (2003). *Public Health and Society*. New York: Palgrave MacMillan
- DoHS (2013). Annual report of health services. Ministry of Health and Population, Department of Health Services. GoN (. (For Unit II)
- Healey, B.J., & Walker, K.T. (2009). *Introduction to occupational health in public health practice*. San Francisco: Jossey-Bass

Lopez, A.D. et al. (2006). Global burden of disease and risk factors. New York: World Bank

- Susman, S., & Ames, S.L. (2008). *Drug abuse, concept and cessation*. New York: Cambridge University Press. (For Unit IV)
- Tchobanglous, G., & Kreith, F. (2002). *Handbook of solid waste management*. New York: McGrahill Companies.

WHO (2013). Community based Dengue vector control. ADB and WHO

DoHS/MoHP (2079). Annual Report. Department of Health Services 2077/78 (2020/21)

SN. Ed. 546: Multiple Intelligence Approach to Teaching Children with Special Needs			
Course No: SN. Ed. 546	Nature of course: Theoretical		
Level: M. Ed.	Credit Hours: 3		
Semester: Fourth	Teaching Hours: 48		

### **1.** Course Description

This course provides a general understanding of Multiple Intelligence (MI)) approach to the development of instructional planning for children with diverse needs. The main purpose of this course is to enhance the teaching skills of learners today with the use of multiple intelligence theory in teaching. It acknowledges different people's strengths and abilities for the development of curriculum /instructional planning. Further, it explores children's various intelligences in areas previously ignored in the traditional classroom.

#### 2. General Objectives

The general objectives are stated below-

- To provide learners with a deeper understanding/knowledge of MI theory and its components.
- To enable learners to apply the key principles of MI theory in designing lesson plans for diverse learners.
- To develop students' skills in strengthening particular area(s) of intelligence for students with exceptionality.

#### 3. Specific Objectives and Content

Specific Objectives	Contents
<ul> <li>Clarify the foundational concept of MI and IEP approaches</li> <li>Discuss the types of MI based on Gardner's insights</li> <li>Highlight the major components of MI</li> <li>Explain the Relationship of MI Theory to Other Intelligence Theories</li> <li>Ascertain key issues of Multiple Intelligence</li> </ul>	UNIT I: Multiple Intelligence Approach (10) 1.1 Foundation of Multiple Intelligence Approach 1.2 Theoretical Basis for MI Theory 1.3 Types of Intelligences: Gardner 1.4 Components of Multiple Intelligences 1.5 Relationship of MI Theory to Other Intelligence Theories 1.6 Issues of Multiple Intelligence
<ul> <li>Describe various intelligences in children. List the key components of MI theory.</li> <li>Discuss the application of MI theory with references to the identification,</li> </ul>	<ul> <li>NIT II: MI Theory &amp; Personal Development (10)</li> <li>2.1. Describing Intelligence in Children</li> <li>2.2. Components of MI Theory</li> </ul>

<ul><li>tapping, and development of intelligence in children.</li><li>Mention activators and deactivators of</li></ul>	<ul> <li>2.3. Application of MI Theory</li> <li>Identifying Multiple Intelligences</li> <li>Tapping MI Resources</li> <li>Developing Multiple Intelligences</li> <li>2.4. Activators and Deactivators of Intelligences</li> </ul>
<ul> <li>Illustrate the concept of multimodal teaching.</li> <li>Explain the role of MI teachers in developing instructional strategies for children with special needs.</li> <li>Identify key materials and methods used in teaching MI.</li> <li>Explain the ways to prepare lesson plans by using the MI approach.</li> <li>State the role of MI theory in the development of IEP</li> <li>Describe the major areas of MI and</li> </ul>	<ul> <li>UNIT III: MI and Curriculum</li> <li>Development (10)</li> <li>3.1. Concept of Multimodal Teaching</li> <li>3.2. The MI Teacher</li> <li>3.3. Key Materials and Methods of Teaching</li> <li>MI 3.4. Preparing Lesson Plans by Using the</li> <li>MI Approach</li> <li>3.5. MI Theory in the Development of IEPs</li> <li>3.6. MI and Thematic Instruction</li> </ul>
<ul> <li>thematic instruction</li> <li>Explain the ways to grasp students' attention</li> <li>List out the areas of students' transition Discuss classroom rules for proper conduct through a multiple intelligence approach</li> <li>Describe the strategies to manage challenging behaviors</li> <li>Explain the efforts towards building a model MI school</li> </ul>	<ul> <li>UNIT IV: MI Approach and Classroom Management (8)</li> <li>4.1. Gaining Students' Attention</li> <li>4.2. Preparing for Transitions</li> <li>4.3. Communicating Class Rules</li> <li>4.4. Managing Individual Behaviors</li> <li>4.5. A Model MI School: The Key Learning Community</li> </ul>
<ul> <li>Discuss MI theory as a growth paradigm. Identify the leading individuals with disabilities as role models.</li> <li>Draw the implications of MI theory for special needs education.</li> <li>Differentiate Standardized Testing and Authentic Assessment</li> <li>Highlight the critical notes about MI theory</li> </ul>	<ul> <li>UNIT V: MI Theory and Special Needs</li> <li>Education (10)</li> <li>5.1 MI Theory as a Growth Paradigm</li> <li>5.2 Individuals with a Disability as Role</li> <li>Models</li> <li>5.3 Implications of MI Theory for Special</li> <li>Needs Education</li> <li>5.4 Standardized Testing and Authentic</li> <li>Assessment</li> <li>5.5 MI Theory and Its Critics</li> </ul>

*Note: The figures in the parentheses indicate approximate teaching hours for the respective units.* 

### 4. Instructional Techniques

Two types of instructional techniques are suggested. The first one contains general instructional techniques applicable to most of the contents. The second consists of specific instructional techniques applicable to specific content.

## 4.1 General Instructional Techniques

- Introductory multimedia –projector presentation on each topic of the units by the teachers.
- Use of lecture-cum discussion, question-answer, quiz, and brainstorming for the theoretical contents.
- Presentation on each unit by students.
- Case study and project work
- Review of journal articles of each unit.

# 4.2 Specific Instructional Techniques

For this course, the following instructional techniques are suggestive as specific instructional techniques:

- Classroom presentation by the students
- Case study
- Project works
- Group work activities
- Guided individual study
- Tutorial support on different content

Units	Specific Instructional Techniques		
Unit I MI Approach	Classroom Presentation		
	Students will prepare power point presentation on the MI approach		
	and they will present their PowerPoint text in the classroom		
	followed by discussion and teacher's feedback.		
Unit II MI Theory &	Case Study		
Personal	Students will visit special school/resource room class /inclusive		
Development	classroom settings to explore students' personal development as		
	applied to meet students' needs, abilities, and interests. The cases		
	will be presented in the class followed by discussion and teacher's		
	feedback.		
Unit III MI and	Project Work		
Curriculum	The groups of students will visit an inclusive classroom setting /		
Development	special school or community-based rehabilitation (CBR) centers.		
	They will observe and compare the general lesson plan		
	development strategy with MI instructional planning approach. The		
	students will prepare a lesson plan or a plan of action by using the		
	MI approach for children with disabilities or diverse needs. And		

	students will present their report in class followed by a discussion		
	and the teacher's comments		
Unit IV	Presentation by Resource Persons		
	Invite professionals, Experts, or other related resource persons of		
	MI to boost the knowledge of the students.		
Unit V MI Theory	Brainstorming and Group –Work		
and Special Needs	Activities A brief brainstorming activity on the implication of MI		
Education	theory for Special Needs Education will be carried out. The students		
	will be asked to work in groups about the implications of MI		
	techniques in preparing instructional strategies for children with		
	special needs. The group will present their activities on MI		
	instructional strategies in preparing IEP as followed by the		
	teacher's feedback and comments.		

### 5. Evaluation

Two types of assessment techniques, namely internal and external, will be carried out to appraise the academic achievement of students in this course. Internal and external assessment procedures will carry 40 and 60 percent weight correspondingly. Detail description of assessment procedures will be as follows:

#### 5.1 Internal Assessment 40%

The concerned teacher will carry out the internal assessment of the students based on the distribution of marks as stated below:

Total	40 marks
• Third assessment (Written examination)	10 marks
• Second assessment (School visit and report submission)	10 marks
• The first assessment (Literature review and presentation)	10 marks
• Participation in learning	05 marks
• Attendance	05 marks

#### 5.2 Semester/Final Examination 60%

Examination Division, Dean's Office, Faculty of Education will conduct semester/final examination at the end of each semester. The distribution of marks for the types of questions to be asked in the final examination is as follows:

- Objective type questions (10 Multiple choice items x 1 marks) 10 marks
- Short answer questions (6 questions with 2 "or" questions x 5 marks) 30 marks
- Long answer questions (2 questions with 1 or question x 10 marks) 20 marks Total 60 marks

#### 6. Recommended Books References Materials

### **6.1 Recommended Books**

- Barbara, D.B. & Cynthia M. H. (2006). *Writing Measurable IEP Goals and Objectives*. (2nd edition). New York: Attainment Co., Inc. (For units 1 and 2)
- Armstrong, T. (2006). *Multiple Intelligences in the Classroom (3rd edition)*. Alexandria: Association for Supervision in the Classroom. (For all units)

#### **6.2 References Materials**

- Gardner, H. (1993b). *Multiple intelligences: The theory in practice*. New York: Basic Books. (For units 1,2 and 3)
- Gardner, H. (1999). Intelligence reframed: *Multiple intelligences for the 21st century*. New York: Basic Books. (For unit 5)
- Gardner, H. (2006a). *Multiple intelligences: New horizons in theory and practice*. New York: Basic Books. (For units 3,4 and 5)